

# Registration Form

Make checks payable to “**Frank H. Donovan 5K.**”  
Send to Libby Kun, 44 Park Street, Wilmington MA  
01887. Paper registrations need to be postmarked  
NO LATER THAN 7/26/19.

**Preregistration** - \$20 (paper or online),  
\$10 for children 12 and under

**Race Day Registration** - \$25, cash or check, at  
gazebo on Drake Field. (\$10 for 12 and under)

\_\_\_\_\_  
(first name) (last name)

\_\_\_\_\_  
(street address)

\_\_\_\_\_  
(city) (state) (zip)

\_\_\_\_\_  
(email)

\_\_\_\_\_  
(age on race day) (gender) (DOB month/day/year)

\_\_\_\_\_  
(phone #) (shirt size – youth S, M, L or adult S, M, L, XL)

**Release and Waiver** (unsigned waivers will be rejected):  
I hereby for myself, my heirs, executors, and administrator,  
waive and release any and all rights and claims for damages  
I may have against the sponsors, coordinating groups, and  
any individual associated with the “Pittsfield Balloon  
Rally’s Frank H. Donovan 5K,” their representatives,  
successors, and assigns, and will hold them harmless for  
any and all injuries suffered in connection with this event. I  
attest that I am physically able to compete in this event.  
Further, I hereby grant full permission to any and all of the  
foregoing to use my likeness in all media including  
photographs, pictures, recordings, or any other record of  
this event for any legitimate purpose.

\_\_\_\_\_  
(signature) (date)

\_\_\_\_\_  
(signature of parent/guardian if under 18) (date)

***Thank you to our  
SPONSORS!***

**Northeast Delta Dental**

**Runner's Alley**

**Kentek Laser**

**Clark's Grain Store**

**Epping Well & Pump**

**Frekey's Dairy Freeze**

**Grappone**

**Joe Darrah Enterprises**

**Main Street Grill and Bar**

**NEMO**

**Shirtmasters**

**Suncook Valley Rotary Club**

**T.C.'s Service Center**

**Tile & Stone**

**For questions about the race,  
please contact:**

Keith and Libby Kun,  
race directors, at:  
frank5krun@gmail.com  
or 603-505-1636



**Frank H. Donovan 5K**

**August 4, 2019**

**9:00 am**

**Drake Field - Pittsfield, NH**



***Walkers and families welcome –  
low price for children 12 and under!***

**USATF Certified Course**

Chip Timing provided by  
Granite State Race Services



Frank H. Donovan

Frank was a long-time member of the Rotary Club and a regular volunteer at the annual Balloon Rally. He helped with planning the Rally's 5K for many years, and he believed in encouraging everyone to enjoy exercise.

Dear runners,

This year, we strive to bring a more personal touch to the race for our participants. We do this because *running* is personal – it takes commitment, motivation, and often inspiration. For us, our inspiration came from losing Frank, Libby's dad, to pancreatic cancer. Soon after he passed away, we made a promise to ourselves that we would run the 2011 Balloon Rally 5K, a race that was so close to Frank's heart. As non-runners at the time, we needed this inspiration to train for the race. In 2016, we became the directors of the race, and this year we invite you to celebrate your own inspirations on race day. We'll have stickers out for you on race morning, and you will be able to make one (or many) to identify what (or who) inspires you on your running journey. Wear your inspirations and carry them with you while you run!

Here's to an uplifting and empowering race for all!

Sincerely, Libby and Keith

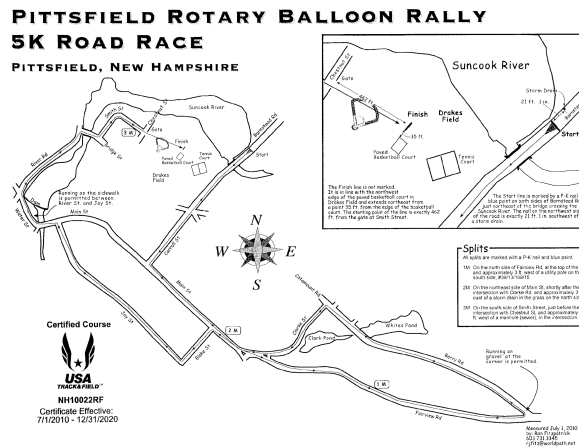
## Register for the race at [lightboxreg.com](http://lightboxreg.com).

Online registration closes at 12:00pm on Friday, Aug. 2<sup>nd</sup>.

*A paper registration form is provided on the back of this brochure.*

Race t-shirts guaranteed for all participants registered by July 14<sup>th</sup>!

For more information about the race and the course map, or to learn more about the whole weekend of fun associated with the Rally, visit [suncookvalleyrotary.org](http://suncookvalleyrotary.org) and click on "Hot Air Balloon Rally."



**\$100 cash prize for the top overall male and female and awards in each age category.**

*Proceeds from the race will benefit the Frank H. Donovan Scholarship Fund to help support deserving local high school students who are pursuing post-secondary education.*



Congratulations to Tucker Wolfe, recipient of the 2018 Frank H. Donovan Scholarship for \$1500! Tucker is attending the University of Utah and pursuing a degree in Construction Engineering.

### Directions to the Race:

Take Rt. 28 to Barnstead Road (Rt. 107) in Pittsfield. Park along Barnstead Road and walk to the gazebo inside Drake Field to register on the day of the race or pick up your bib and t-shirt. The starting line is at the bridge on Barnstead Road.