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Tile & Stone

For questions about the race,
please contact:

Keith and Libby Kun,
race directors, at:
frank5krun@gmail.com
or 603-505-1636

Registration Form

Make checks payable to "Frank H. Donovan 5K."
Send to Libby Kun, 44 Park Street, Wilmington MA
01887. Paper registrations need to be postmarked
NO LATER THAN 7/26/19.

Preregistration - \$20 (paper or online),
\$10 for children 12 and under

Race Day Registration - \$25, cash or check, at
gazebo on Drake Field. (\$10 for 12 and under)

(first name) (last name)

(street address)

(city) (state) (zip)

(email)

(age on race day) (gender) (DOB month/day/year)

(phone #) (shirt size – youth S, M, L or adult S, M, L, XL)

Release and Waiver (unsigned waivers will be rejected):
I hereby for myself, my heirs, executors, and administrator,
waive and release any and all rights and claims for damages
I may have against the sponsors, coordinating groups, and
any individual associated with the "Pittsfield Balloon Rally's
Frank H. Donovan 5K," their representatives,
successors, and assigns, and will hold them harmless for
any and all injuries suffered in connection with this event. I
attest that I am physically able to compete in this event.
Further, I hereby grant full permission to any and all of the
foregoing to use my likeness in all media including
photographs, pictures, recordings, or any other record of
this event for any legitimate purpose.

(signature) (date)

(signature of parent/guardian if under 18) (date)



Frank H. Donovan 5K

August 4, 2019

9:00 am

Drake Field - Pittsfield, NH



Walkers and families welcome –
low price for children 12 and under!

USATF Certified Course

Chip Timing provided by
Granite State Race Services



Frank H. Donovan

Frank was a long-time member of the Rotary Club and a regular volunteer at the annual Balloon Rally. He helped with planning the Rally's 5K for many years, and he believed in encouraging everyone to enjoy exercise.

Dear runners,

This year, we strive to bring a more personal touch to the race for our participants. We do this because *running* is personal – it takes commitment, motivation, and often inspiration. For us, our inspiration came from losing Frank, Libby's dad, to pancreatic cancer. Soon after he passed away, we made a promise to ourselves that we would run the 2011 Balloon Rally 5K, a race that was so close to Frank's heart. As non-runners at the time, we needed this inspiration to train for the race. In 2016, we became the directors of the race, and this year we invite you to celebrate your own inspirations on race day. We'll have stickers out for you on race morning, and you will be able to make one (or many) to identify what (or who) inspires you on your running journey. Wear your inspirations and carry them with you while you run!

Here's to an uplifting and empowering race for all!

Sincerely, Libby and Keith

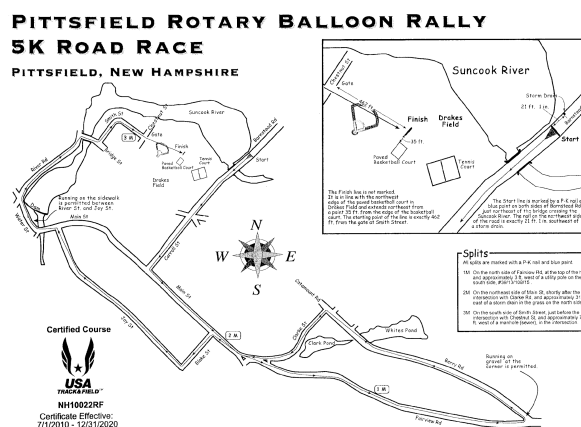
Register for the race at **lightboxreg.com.**

Online registration closes at
12:00pm on Friday, Aug. 2nd.

*A paper registration form is provided
on the back of this brochure.*

Race t-shirts guaranteed for
all participants registered
by July 14th!

For more information about the race and the course map, or to learn more about the whole weekend of fun associated with the Rally, visit **suncookvalleyrotary.org** and click on "Hot Air Balloon Rally."



**\$100 cash prize for the
top overall male and female and
awards in each age category.**

*Proceeds from the race
will benefit the
Frank H. Donovan Scholarship Fund
to help support deserving local high
school students who are pursuing
post-secondary education.*



Congratulations to Tucker Wolfe, recipient of the 2018 Frank H. Donovan Scholarship for \$1500! Tucker is attending the University of Utah and pursuing a degree in Construction Engineering.

Directions to the Race:

Take Rt. 28 to Barnstead Road (Rt. 107) in Pittsfield. Park along Barnstead Road and walk to the gazebo inside Drake Field to register on the day of the race or pick up your bib and t-shirt. The starting line is at the bridge on Barnstead Road.