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eBulletin #

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Date : 11th July 2016 Issue No : 02

PROGRAMME FOR TODAY

Speaker:	Mr Lawrence Fong
Subject:	"Acupuncture — Why the Needle?
Duty Table:	Rtn C T Heng
Fellowship:	PE Jeff Yap
Finemaster:	PAG Gary Lim
Introducing:	PP Dato' Dr Lee Hoo Teong
Thanking:	PP Michael Yeow

Rotarians' Birthdays (July)

06th — Rtn Elaine Tan
21st — PP Kumar Tharmalingam
22nd — IPP Dato Muslim Ayob
27th — PP Ng Sim Bee
28th — PP Phang Poke Shum
29th — President Sandy Soh

Berita Pudu

PROGRAMME FOR NEXT WEEK

Speaker:	PP Kumar Tharmalingam
Subject:	Golden Anniversary Lecture
Duty Table:	Rtn Elaine Tan
Fellowship:	Rtn Angela Cheong
Finemaster:	Rtn Sarkunan
Introducing:	PP Quah Sek Cheng
Thanking:	PP Ng Sim Bee

Spouses' Birthdays (July)

04th — Ann Devi (Rtn Sarkunan) 25th — Ann Sui Thin (PP Tan Sri Dato' Soong)

Wedding Anniversaries (July)

19th — PP Robert Tan and Ann Veronica 27th — PP Ng Sim Bee and Ann Siew Leng

CLUB DIARY OF EVENTS—JULY 2016

Date	Time	Programme	Venue
Г			
Mon, 04th July	12.45 pm	Weekly Meeting	Shangri-La Hotel, KL
Tues, 05th July	6.30 pm	Installation Committee Meeting	PE Jeffrey's Residence
Mon, 11th July	12.45 pm	Weekly Meeting	Shangri-La Hotel, KL
Mon, 11th July	6.00 pm	50th Anniversary Committee Meeting	Unique Seafood Rest, PJ
Tue, 12th July	6.30 pm	Club Service Committee Meeting	RSC, Bukit Kiara, KL
Fri, 15th July	6.30 pm	Fellowship Dinner for Sister Clubs	Marco Polo Restaurant
Sat, 16th July	6.30 pm	50th Installation Dinner	Shangri-La Hotel, KL
Mon, 18th July	12.45 pm	Weekly Meeting	Shangri-La Hotel, KL
Mon, 25th July	12.45 pm	Weekly Meeting	Shangri-La Hotel, KL
Fri, 29th July	2.00 pm	Interact Coordinating Council Meeting	SMK Methodist, KL

EDITORIAL

Friendship is one of the most beautiful relationships in the world. Our friends are our pillars of strength and give us the much needed support and comfort that we all seek in life. Spending time with true friends is one of the greatest joys in the world. What are the lessons in life that friendship teaches us?



TRUST

The word "Trust " is very important in any relationship and it is true for friendship. In fact, the very foundation of friendship between two people is based on mutual trust and understanding. The trust grows as the friendship matures. We also trust the judgement of our friends, having the confidence in them.

SHARING

Another key factor of friendship is mutual sharing between friends .In fact friendship usually gives us the first lesson in "sharing" in our lives. From our lunch boxes in school to office gossips, everything seems better when shared with a friend. Sharing teaches us to be unselfish and generous and is one of the sweetest aspects of friendship.

ACCEPTANCE

One of the best things about friendship is that in front of your friends you can be truly the person you are and they will accept and love you for who you are. True friendship can cross the narrow barriers of religion, race or creed.

BELIEVE

Friends have faith in you and your ability even you have stopped believing in yourself. Friends always share in our dreams. Good friends act as valuable guides.

Rotary provides many opportunities for us to make new friends and to foster close relationships with our Rotary friends, through our Avenues of Service meetings, club fellowship activities, firesides, club project activities, District Assemblies and District Conferences. While it is important to have friends it is equally important to know how to maintain their friendship. The seeds of friendship need to be sowed deep and the plant needs to be carefully and tenderly nurtured to bear a great fruit.

"Friendship isn't about whom you have known the longest... It's about who came, and never left your side".

Warmest Regards PAG Mike Tung

PRESIDENT'S MESSAGE

ver the past few weeks I was able to travel with few of my fellow Rotarians to attend the installation ceremonies of 3 of our sister clubs; namely RC Singapore West, RC Dhonburi (Thailand), and RC Mandaluyong (Manila). I must say that we treasure the unforgettable experiences of their warm welcome and generous hospitality. Our hosts



all did a superb job organizing these events. I observed that cultural differences aside, we do seem to share similar goals. One thing for sure is that their positive energy and passion certainly resemble that of our own Club.

I am grateful to PE Jeff and our exuberant PP Gary for leading a group to attend the installation ceremony of our sister club of RC Songkla (Thailand). Our Rotarians were as usual very warmly welcomed and looked after. I wish I could have been there with them to savour their friendship and fellowship.

I believe that it is our obligation to continue to build upon the strong bond of friendship that existed between us and our sister clubs. I will certainly try to attend and support any forthcoming activities of our sister clubs. It would be very nice if more Rotarians can participate too in future.

Let me once again extend our Club's appreciation to all our sister clubs for making such visits a memorable and worthwhile experience. You all have been such wonderful hosts and I treasure their hospitality and FRIENDSHIP.

"ROTARY SERVING HUMANITY"

Sandy Soh Kwee Tin President RY 2016-17

PUDU NEWS

Record of Meeting on: 04th July 2016					
Visiting Rotarians	Club	Statistics			
President Rina Goon AG Lim Poh Huu Rtn Iswaran	R C Puchong Centennial R C Puchong Centennial R C Seremban	Guests Visiting Rotarians Club Members Total Present Collections	12 3 30 45		
Guests Zi Ying Ms Veronique Pearcey Mr Ho Yon Hoe Ms Thai Siew Fong Ms Sharon Lim 7 guests	Host President Sandy Soh	Birthdays/Anniversaries Fines	RM —		
	President Sandy Soh Rtn Steven Ho Rtn Steven Ho	Paying Diners	RM 760.00		
	Rtn Wong Shu Yi PP Alex Chang	Raffles & Others	RM —		
		Total (RM)	RM 760.00		

CLUB PROCEEDINGS

MEETING CALLED TO ORDER

INTRODUCING THE SPEAKER

PDG Dr Paul Lee introduced President Sandy Soh.

- SAA Darren Yong called the meeting to order at 12:45 pm
- Sang Negaraku—no loyal toast (in fasting month)
- SAA handed over to President Sandy Soh
- President welcomes all present
- President went on to deliver her Official Address
- Meeting adjourned at 1.30 pm

THANKING THE SPEAKER

IPP Dato' Muslim thanked President Sandy Soh for sharing her forthcoming projects for RY 2016-2017 and for taking on the leadership of the Club and hopefully to maintain the 5-star status.

SPEAKER'S CV

PERSONAL INFORMATION

Name: Sandy Soh Kwee Tin
Age: 57 years old
Family: 10 brothers and sisters, 3 children and 3 grandchildren.
A dedicated women entrepreneur who is constantly seeking for challenges.

EDUCATION BACKGROUND

6 years in Jinjang South Chinese Primary School

WORK EXPERIENCE

2016- A women entrepreneur. Founder of Sofresh Marketing Sdn Bhd where we supply premium quality fresh fruit juices to Hotels, Airline, Cafes and HORECA throughout Malaysia.

1996- Partnership and Co-founder in the fruit juice industry that cater to Hotels and HORECA.

1994- Founder of a Restaurant Citidiners, it was the famous place for lunch and dinner in City Center.

1991- As a General Manager for The Overseas Group of Restaurant.

1984- As an Assistant Manager for Ming Court. Assist the opening of 10 restaurants and promoted as Manager over the 15 years.

1975- Waitressing service.

HONOURS AND ACTIVITIES

2016- A member of Malaysia Association of Hotels (MAH).
2016-2017- President of the Rotary Club of Pudu.
2013-2014- Awarded Best Vocational Service Project Award.
2013/2014- Selected as a Vocational Service Director
2012/2013- Selected as a Treasurer
2010/2011- Selected as a Club Service Director.
2004-2005- Awarded the Best Attendance Award.
2004- Became a member of the Chef Association of Malaysia (CAM).
2004- Became a member of the Malaysia Food & Beverage Association (MFBEA).
1996-1997- Became a Rotarian.

SPEAKER'S TEXT

I know it's will be challenging to be President of a voluntary organization but I promise to do my best for our Club.

Our installation Dinner on 16th July is proceeding well and many thanks to PE Jeffery Yap and his very hard working Installation Committee.

This year's RI theme is "ROTARY SERVING HUMANITY'. We hope that this year we will be able to offer help to those in need and make a difference. For example we will continue to build and support our youth, not in monetary terms, but hopefully to be able to encourage them to have a happy and optimistic view of our world.

We are studying the possibility of working with the YWCA to encourage and recruit the Youth for Training Courses. We will also sponsor young Single Mothers for part-time courses to help them develop skills that will enable them to work and be financially independent.

Also on our programme, we hope to organize a trip to LEGOLAND for selected orphanages together with Rotarian's family and friends.

We hope by end of July this year we can launch a project to assist the Chinese Community to apply for loans provided by the Government for Micro Credit facility amounting to RM20,000 per applicant.

For Our Tri-Club project with our sister clubs from Bangkok and Singapore this year we are helping Spastic Children for training as our project.

On 7th August we will conduct our first of two annual visits to our adopted Jenjarom Old Folks home.

We also hope to continue with our successful joint meetings with other Rotary Clubs this year for some of our regular meetings.

This year being our 50th Year, we are planning a meaningful celebration of our Golden Jubilee on 9 to 12 of December 2016. We will launch our donation of 2 Ambulances to St John's Ambulance during December. The countdown has begun under our capable organizing Chairman PP KH Low so please block out your calendar to celebrate this special event together and make this a memorable year.

CLUB MEETING ON 4TH JULY 2016













CLUB MEETING ON 4TH JULY 2016













CLUB MEETING ON 4TH JULY 2016











INTERACT CLUB OF SMK (P) PUDU I U DAY HELP COLLEGE@METRO PUDU, 2ND JULY 2016











INSTALLATION OF R C MANDALUYONG 7TH JULY 2016







DISTRICT NEWS

My Fellow Rotarians

Happy Rotary New Year!

Welcome to the start of the 2016-17 Rotary year!

I congratulate IPDG Siti Subaidah for taking the district to new heights and have passed the mantel to Sham and I, and in 12 short months we will be doing likewise to DGE Mano and Mangalam!

RI President John Germ has challenged each of us to **Serve Humanity through Rotary.** Service to Humanity is nothing new to us Rotarians as this has been the main focus of Rotary for the past 111 years.

Rotary members around the globe are serving humanity by providing clean water to underdeveloped communities, promoting peace in conflict areas, and strengthening communities through basic education and literacy. We are also "This Close" to eradicating Polio and can be rightly proud of our Foundation and its successes. Lets us ensure that this will be the year for us to Put an End to this Global disease. We believe that every club in our district is unique.and the community it serves is also unique. Therefore, all clubs seek out the needs of their communities and provide what they need. Strengthen your clubs, and remember our Rotary Foundation which does so much and promote our image. We, as the District will be there to lend a hand whenever needed.

Finally, on a personal note, I just want to say how humbled and proud my wife Sham and I are to be representing our district as your Governor this year. We have a fantastic district and we are looking forward to getting to know you better and see firsthand some of the great projects and fundraisers you are doing.

So let's make 2016/17 the best year yet for our Clubs, the communities we serve and our District as we **Serve Humanity through Rotary.**

Yours in Rotary Service,

All for One and One for All

Darul Abdullah District Governor RY2016-17



TRF to recognize some individual Rotarians

Behind every great foundation

During our centennial celebration, we are taking time to recognize some of the individual Rotary members who make The Rotary Foundation a force for good in the world.

Read about a few of these donors, who have given generously to advance the Foundation's work of providing clean water, fighting disease, promoting peace, supporting education, saving mothers and children, growing local economies, and eradicating polio.



Terrence and Barbara Caster

"The Rotary Foundation is a valued partner in our family's immediate and long-term philanthropy. For more than 100 years, Rotary has consistently provided good to the world – through access to health care, education, clean water, and hope to those in need."

The Casters are pleased to work with Rotary to build communities from within, to support a more peaceful world.

§ Arch Klumph Society Foundation Circle, Bequest Society Level 2

§ Rotary Club of La Mesa, California, USA



Sir Emeka Offor

"We have been called to serve others and give our time and resources in order to alleviate human suffering. When I give to The Rotary Foundation, I know it's supporting wonderful efforts like PolioPlus, which has helped to protect 2.5 billion children from the ravages of polio. As Rotarians, we cannot rest until the job is done."

Sir Emeka's generosity at Rotary reflects his commitment to child and maternal health, peace, and basic education and literacy. "Giving for the Foundation's centennial year is my way of advancing Rotary's work throughout the world." § Arch Klumph Society Platinum Trustees Circle

§ Rotary polio ambassador

§ Rotary Club of Awka G.R.A., Anambra State, Nigeria



William R. and Nancy J. Gray

"Our Rotary work in developing countries has enabled us to see the impact the Foundation's programs have and to meet the people leading the efforts to create and build peace. That's why we were pleased to establish a named endowed fund that supports the Rotary Peace Centers. It's our way of saying thank you and honoring Rotary members and their families. The Rotary Foundation belongs to all of us. We have a joint opportunity and responsibility to make it strong."

- § Major Donor Level 3, Bequest Society Level 5
- § Endowment/major gifts adviser, 2013-15
- § Rotary Club of Cataraqui-Kingston, Ontario, Canada



Jason "Archi" and Betty Hsu

"Taiwan's history shows us that peace does not come naturally or easily. It takes effort to create peace, and it takes effort to sustain peace. Experiencing war has led us to cherish the peaceful developments of today; it is why we support the Rotary Peace Centers."

Archi believes the centers "will play an increasingly important role helping achieve a more peaceful world during our Foundation's second century of doing good."

- § Arch Klumph Society Foundation Circle
- § Rotary Peace Centers Major Gifts Initiative Committee, 2011-15
- § Rotary Club of Taoyuan, Taiwan



Marilyn Masiero

"When I moved, I didn't know anyone until I was invited to join a Rotary club. Then I knew I had found a new home. Rotary is nonpolitical and shows no bias to creed or religion. In this complex world, it is very nice to have a place where that is clearly understood — an oasis in the middle of turmoil.

"I support Rotary's endowment because it is crucial that the Foundation's programs continue well into the future and continue making the world a better place."

- § Major Donor Level 3, Bequest Society Level 3
- § District governor, 2015-16
- § Rotary Club of Larchmont, New York, USA



Frank H. and Judith H. Rothermel

"We are fortunate to be living during the best time in history. Polio is nearly eradicated; most of the world's children have access to clean water, attend primary school, and have been vaccinated against measles; 80 percent of the world has electricity; and nearly half can access the internet. This progress is in part due to The Rotary Foundation's participation in these areas. By giving to The Rotary Foundation, we'll make even more possible."

- § Arch Klumph Society Chair's Circle
- § Endowment/major gifts adviser, 2013-17
- § Rotary Club of Knoxville, Tennessee, USA



Carlos E. and Martha Sandoval Delgado

"When we contribute to the Annual Fund, we know it's supporting efforts like global grants, which bring Rotary members in two or more countries together to work on sustainable projects. There is no other charity that can provide the same reliability, transparency, and scope of work.

"Through our contributions, Rotary changes lives in tangible and measurable ways. We are pleased to be making another significant gift to celebrate The Rotary Foundation's centennial."

§ Arch Klumph Society Chair's Circle

- § Regional Rotary Foundation coordinator, 2016-17
- § Rotary Club of San Nicolás de los Garza, Nueva León, Mexico



Oswaldo K. Takata

"When I was 17, my father became ill and I had to support my eight younger brothers. I know how difficult life can be for many. The world needs a serious and trustworthy organization that is able to help those in need.

"It's an honor for my family and me to be able to support The Rotary Foundation, which has been changing lives all over the world for years. It has opened up a door to impactful giving that would not be possible otherwise, and made me realize that together, we are stronger."

§ Arch Klumph Society Chair's Circle

§ Rotary Club of São Paulo-Sudeste, Brazil



Ravi and Rajyalakshmi Vadlamani

"In our journey with Rotary during the past three decades, we've witnessed up close the magic that is possible through the Foundation. We've led or hosted more than 20 groups of professionals who've traveled abroad to learn or teach about their vocation.

"Witnessing the power of The Rotary Foundation to build international relationships led us to create named endowment funds to support and strengthen it in perpetuity."

- § Major Donor Level 4
- § Endowment/major gifts adviser, 2013-16
- § Rotary Club of Guntur, Andhra Pradesh, India

Reproduced from TRF Centennial

THOTS FOR THE WEEK

NEVER GIVE UP ON A DREAM JUST BECAUSE OF THE TIME IT WILL TAKE TO ACCOMPLISH IT. THE TIME WILL PASS ANYWAY.









DON'T GIVE UP JUST BECAUSE THINGS ARE HARD.