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Date: 7th November 2016

Issue No : 1616

Berita Pudu

PROGRAMME FOR TODAY

Speaker: PDG Kirenjit Kaur
Subject: Polio Plus
Duty Table: Rtn Patrick Lee
Fellowship: Rtn Lawrence Kwan
Finemaster: PP Alex Chang
Introducing: PP Richard Liew
Thanking: PDG Dr Paul Lee

PROGRAMME FOR NEXT WEEK

Speaker: IPP Dato' Muslim Ayob Subject: Rotary Beyond The Club Duty Table: Rtn C T Heng

Duty Table: Rtn C T Heng Fellowship: Rtn Angela Cheong Finemaster: Rtn Edwin Chiam Introducing: PE Jeff Yap Thanking: PAG Gary Lim

NOVEMBER – THE ROTARY FOUNDATION MONTH

DIARY OF EVENTS—NOVEMBER 2016					
Tue, 1st Nov	6.30 pm	Youth Service Committee Meeting	RSC, Bukit Kiara, KL		
Wed, 2nd Nov	10.00 am	HANDING OVER OF 2 AMBULANCES	St John Ambulans, KPS		
Wed, 2nd Nov	6.30 pm	50th Anniversary Gala Dinner Comm Meeting	RSC, Bukit Kiara, KL		
Thurs, 3rd Nov	6.30 pm	Club Service Committee Meeting	RSC, Bukit Kiara, KL		
Sat, 5th Nov	3.00 pm	Rotaract Board of Directors Meeting	Elilai Restaurant, KL		
Mon, 7th Nov	12.45 pm	Weekly Meeting	Furama Hotel, KL		
Tue, 8th Nov	6.30 pm	50th Anniversary Exhibition Committee Meeting	U Café, Sg Wang Plaza		
Tue, 8th Nov	7.30 pm	50th Anniversary Fellowship Dinner Comm Mtg	U Café, Sg Wang Plaza		
Wed, 9th Nov	6.00 pm	50th Anniversary Committee Meeting	Unique Restaurant, PJ		
Wed, 9th Nov	6.30 pm	International Service Committee Meeting	RSC, Bukit Kiara, KL		
Thurs, 10th Nov	6.30 pm	Community Service Committee Meeting	Faber Towers, KL		
Sat, 12th Nov	6.30 pm	R C PERLIS CHARTER NIGHT	Tasoh Lake Resort		
Mon, 14th Nov	12.45 pm	Weekly Meeting	Furama Hotel, KL		
Tue, 15th Nov	6.30 pm	Vocational Service Committee Meeting	RSC Bukit Kiara, KL		
Wed, 16th Nov	6.30 pm	50th Anniversary Gala Dinner Comm Meeting	RSC Bukit Kiara, KL		
Mon, 21st Nov	12.45 pm	Weekly Meeting	Furama Hotel, KL		
Tue, 22nd Nov	6.30 pm	50th Anniversary Exhibition Committee Meeting	Unique Restaurant, PJ		
Tue, 22nd Nov	7.30 pm	50th Anniversary Fellowship Dinner Comm Mtg	Unique Restaurant, PJ		
Wed, 23rd Nov	6.00 pm	50th Anniversary Committee Meeting	Unique Restaurant, PJ		
Thurs, 24th Nov		DISTRICT INTERACT CONFERENCE	PKLN, Mantin		
Mon, 28th Nov	12.45 pm	Weekly Meeting	Furama Hotel, KL		
Wed, 30th Nov	6.00 pm	Board of Directors Meeting	Unique Restaurant, PJ		

EDITORIAL

group of alumni, highly established in their careers, got together to visit their old university professor. Conversation soon turned into complaints about stress in work and life.



Offering his guests coffee, the professor went to the kitchen and returned with a large pot of coffee and an assortment of cups - porcelain, plastic, glass, crystal, some plain looking, some

glass, crystal, some plain looking, some expensive, some exquisite - telling them to help themselves to the coffee.

When all the students had a cup of coffee in hand, the professor said:

"If you noticed, all the nice looking expensive cups were taken up, leaving behind the plain and cheap ones. While it is normal for you to want only the best for yourselves, that is the source of your problems and stress.

Be assured that the cup itself adds no quality to the coffee. In most cases it is just more expensive and in some cases even hides what we drink.

What all of you really wanted was coffee, not the cup, but you consciously went for the best cups... And then you began eyeing each other's cups.

Now consider this: Life is the coffee; the jobs, money and position in society are the cups. They are just tools to hold and contain Life, and the type of cup we have does not define, nor change the quality of Life we live.

Sometimes, by concentrating only on the cup, we fail to enjoy the coffee.

"The happiest people don't have the best of everything. They just make the best of everything."

Live simply. Love generously. Care deeply. Speak kindly.

May these be the attributes of every Rotarian.

Warmest Regards.

PAG Mike Tung

PRESIDENT'S MESSAGE

n 2nd November 2016, YB Senator Datin Paduda Chew Mei Fun officiated the handing over of two ambulances donated by the Rotary Club of Pudu. This event was held at the St John Ambulans Malaysia Selangor HQ in Klang.



Our former member, Albert Lim, worked hard to help with the press arrangements. The whole event was well supported by our Rotarians and their spouses and I thank them for their support.

This event, with the presence of the press, enabled us to simultaneously broadcast our 50th Year Celebration. The key members of the Organizing Committee were there to meet the press. Organizing Chairman, PAG KH Low gave a rundown of past and current events of the Club. The forthcoming exhibition at the Sungai Wang Plaza was highlighted.

Datin Paduka Chew Mei Fun mentioned the challenges of not having sufficient ambulances to meet the need to transport seriously ill patients to the hospital in an emergency. Moreover many patients requiring these services come from the lower income and disadvantaged groups. The donation of the two ambulances by the Rotary Club of Pudu is therefore much appreciated.

This project would not have been possible without PP Choo Jee Sam and the many who donated generously. Once again I would like to thank you all.

"ROTARY SERVING HUMANITY"

Sandy Soh Kwee Tin President RY 2016-2017

PUDU NEWS

Record of Meeting on: 31st October 2016						
Visiting Rotarians	Club	Guests Visiting Rotarians Club Members Total Present	4 18 22			
Guests Mr Chee Tack Kong Ms Vone Kwan Ms Emily Khoo Rtn Jim Elliott	Host President Sandy Soh President Sandy Soh Rtn Elaine Tan Club	Collections Birthdays/Anniversaries Fines Paying Diners Raffles & Others Total (RM)	RM 38.00 RM 150.00 RM 188.00			

CLUB PROCEEDINGS

MEETING CALLED TO ORDER

Acting SAA PP Richard Liew called the meeting to order at 1.15 pm on behalf of President Sandy Soh. He welcomed all guests and Rotarians. He then led in the singing of the National Anthem and proposed the Loyal Toast.

ANNOUNCEMENTS

- 1) The 50th Anniversary Gala Dinner Committee Meeting will be held on Wednesday, 2nd November 2016 at the Royal Selangor Club, Bukit Kiara at 6.30 pm.
- 2) The Official Handing Over Ceremony of 2 Ambulances will be held on Wednesday, 2nd November 2016 at 11 am at the St John Ambulans Malaysia, Kawasan Pantai Selangor, Klang. It will be officiated by YB Senator Datin Paduka Chew Mei Fun, Deputy Minister of Women, Family and Community Development.

INTRODUCING THE SPEAKER

PE Jeff Yap introduced the guest speaker Rtn Jim Elliott.

THANKING THE SPEAKER

PP Ng Sim Bee thanked Rtn Jim Elliott for a very enlightening and educational presentation. Rtn Jim has shared some heart warming stories of scuba therapy for the physically and mentally challenged. President Sandy Soh then presented a Certificate of Appreciation and a memento to Rtn Jim Elliott



SPEAKER'S CV



RTN JIM ELLIOTT

He is the Founder & President of Diveheart. Jim Elliott left a successful media career and founded Diveheart in 2001. As President, he does not draw a salary and as an instructor trainer he has helped facilitate adaptive scuba programs around the world. He is co-author of the Diveheart Adaptive Scuba Training program and is a leader on forwarding Scuba Therapy research around the world. As a Rotarian, he lives by the motto of "Service Above Self" and works with Rotarians and other service organizations worldwide to grow adaptive scuba programs that serve children, adults and veterans with disabilities in the communities where they live.

What does Diveheart do?

Diveheart provides scuba diving instruction, opportunities and adventures to children, adults and veterans with disabilities.

Where is Diveheart located?

Diveheart's headquarters are in Downers Grove, Illinois near Chicago. Our first international chapter has been launched in the U.K. and we have chapters across the United States. Diveheart works with individuals, clubs, recreation groups, hospitals, and veteran organizations throughout the U.S. as well as in Mexico, Israel, Australia, the Caribbean, China, South America and more. Diveheart's mailing address is: 900 Ogden Avenue #274, Downers Grove, IL 60515. Diveheart's office is located at 5100 Main Street, Downers Grove, IL 60515

Where do you dive?

Many of our diving adventures take place in the lakes and oceans of the world, but our diving instruction and many programs happen in community pools including those in recreation or rehab centers, high schools, hotels, hospitals and more.

With what types of disabilities do you work?

We can work with virtually any type of disability. Our participants include individuals who have paraplegia, quadriplegia, amputation(s), vision and/or hearing impairment, Post Traumatic Stress Disorder, Down syndrome, autism, cerebral palsy, spina bifida, and many other types of physical and cognitive disabilities. Our dive instructors and buddies have undergone rigorous adaptive diving instruction in order to be able to dive with and assist individuals with disabilities.

How is Diveheart operated and funded?

Diveheart is volunteer-driven. With the exception of some part-time staff, everyone including the founder/president of Diveheart is a volunteer. What this means is that the vast majority of the funding we receive through grants and from our generous sponsors and donors, focuses on our programs.

Who can dive, and how long does it take?

Only moments compared to other activities. The learning curve for scuba diving alongside our specially trained instructors and dive buddies is almost immediate. Our divers don't even have to know how to swim in order to enjoy scuba diving.

SPEAKER'S TEXT













CLUB MEETING ON 31ST OCTOBER 2016













CLUB MEETING ON 31ST OCTOBER 2016













PRESS CONFERENCE OF THE ROTARY CLUB OF PUDU'S 50TH ANNIVERSARY CELEBRATIONS
AT ST JOHN AMBULANS MALAYSIA, KAWASAN PANTAI SELANGOR, KLANG
WITNESSED BY YB SENATOR DATIN PADUKA CHEW MEI FUN
DEPUTY MINISTER OF WOMEN, FAMILY AND COMMUNITY DEVELOPMENT
ON WEDNESDAY, 2ND NOVEMBER 2016













OFFICIAL HANDOVER OF TWO FULLY EQUIPPED AMBULANCES TO ST JOHN AMBULANS MALAYSIA, KAWASAN PANTAI SELANGOR, KLANG OFFICIATED BY YB SENATOR DATIN PADUKA CHEW MEI FUN DEPUTY MINISTER OF WOMEN, FAMILY AND COMMUNITY DEVELOPMENT ON WEDNESDAY, 2ND NOVEMBER 2016













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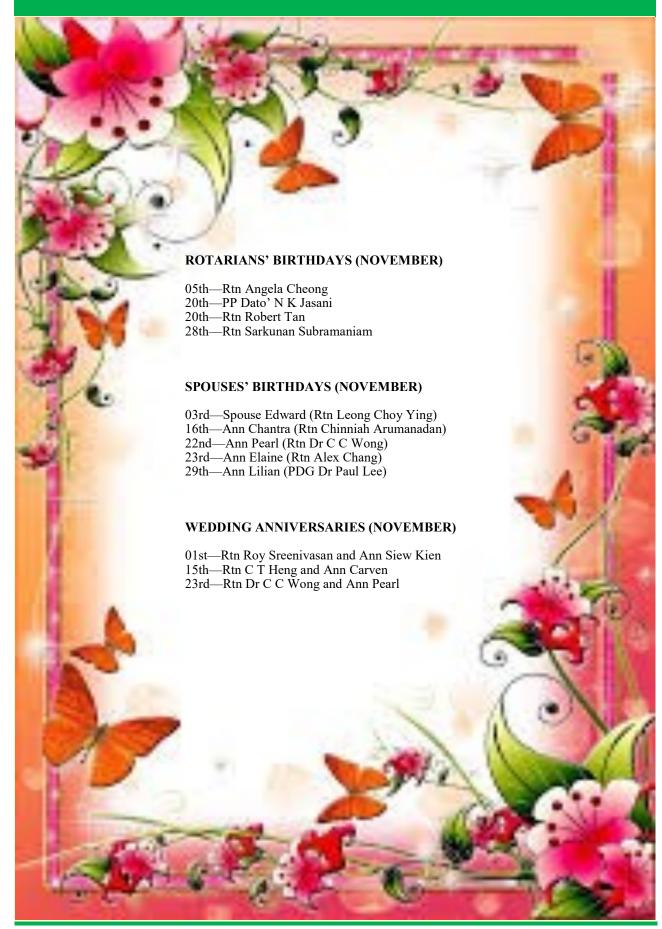








BIRTHDAYS & ANNIVERSARIES



ANNOUNCEMENTS



Event: CHARTER INSTALLATION OF THE ROTARY CLUB OF PERLIS

Date: Saturday, 12th November 2016

Time: 6.30 pm

Venue: Tasoh Lake Resort OC: Rotary Club of Perlis

Event: 49TH DISTRICT INTERACT CONFERENCE

Date: 24th-27th November 2016

Time: 11.30 am

Venue: PKLN Mantin, Seremban OC: Rotary Club of Senawang

Event: 2016 BANGKOK ROTARY INSTITUTE

Date: 2nd-4th December 2016

Venue: Centara Grand Bangkok Convention Centre

Event: 50TH ANNIVERSARY FELLOWSHIP DINNER

Date: Friday, 9th December 2016 Time: 7.00 pm

Venue: Unique Ballroom, Section 13, PJ

PAG Mike Tung OC:

Event: 50TH ANNNIVERSARY EXHIBITION, TRI CLUB PROJECT AND SCHOLARSHIP

PRESENTATION

Date: Saturday, 10th December 2016

Time: 11.00 am

Venue: Lower Ground Floor, Sungei Wang Plaza, KL PP Dato' Muslim Ayob and PAG Gary Lim

Event: 50TH ANNNIVERSARY GALA DINNER

Date: Saturday, 10th December 2016

Time: 7.00 pm

Venue: V E Hotel & Residences, Bangsar South, KL

PP Kumar Tharmalingam OC:

Event: DISTRICT ROTARACT CONFERENCE

Date: 5th—8th January 2017

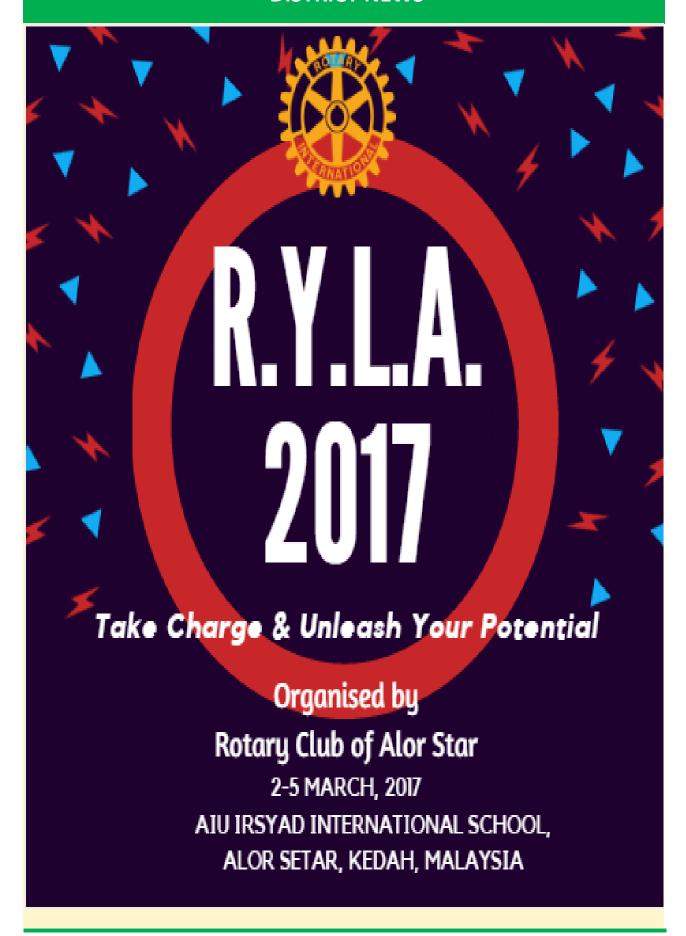
Venue: World Resort Hotel, Pulau Langkawi

District Rotaract Committee OC:

DISTRICT NEWS



DISTRICT NEWS



ROTARY INTERNATIONAL NEWS

THE ROTARY FOUNDATION'S CENTENNIAL YEAR — 2016-17

2016

The centennial celebration begins at the Rotary International Convention in Seoul, Korea, 28 May to 1 June

2017

The celebration culminates at the Rotary International Convention in Atlanta, Georgia, USA, 10-14 June

www.rotary.org/foundation100

THE ROTARY FOUNDATION



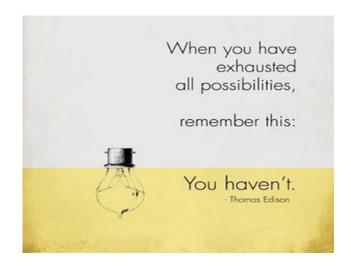
YEARS OF DOING GOOD IN THE WORLD





THOTS FOR THE WEEK

NEVER GIVE UP ON
A DREAM JUST
BECAUSE OF THE
TIME IT WILL TAKE
TO ACCOMPLISH IT.
THE TIME WILL
PASS ANYWAY.





"They wanna see you do good, but never better than them. Remember that."



DON'T GIVE UP JUST BECAUSE THINGS ARE HARD.

THOTS FOR THE WEEK

