

Rotary



ROTARY  
SERVING  
HUMANITY

*50 Years of Service*



*1966 - 2016*  
*Rotary Club of Puducherry*

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Date : 9th January 2017  
Issue No : 1622

# Berita Pudu

## PROGRAMME FOR TODAY

Speaker: Professor Dr Cyril Gunapala  
Subject: Preventive Health and Nutrition  
Duty Table: Rtn Laura Lee  
Fellowship: Rtn Steven Ho  
Finemaster: PE Jeff Yap  
Introducing: PP Richard Liew  
Thanking: PP Ng Sim Bee

## PROGRAMME FOR NEXT WEEK

Speaker: District Governor Darul Abdullah  
Subject: District Governor's Official Address  
Duty Table:  
Fellowship:  
Finemaster:  
Introducing:  
Thanking:

## JANUARY – VOCATIONAL SERVICE MONTH

### DIARY OF EVENTS—JANUARY 2017

Sat, 7th Jan	3.00 pm	Rotaract Board of Directors Meeting	Elilai Restaurant, KL
Mon, 9th Jan	12.45 pm	Weekly Meeting	Furama Hotel, KL
Tue, 10th Jan	6.00 pm	Youth Service Committee Meeting	RSC, Bukit Kiara, KL
Thurs, 12th Jan	6.00 pm	Club Service Committee Meeting	RSC, Bukit Kiara, KL
Sun, 15th Jan	2.00 pm	<b>District Governor's Meeting with AG, President, Secretary and Treasurer</b>	Furama Hotel, KL
Sun, 15th Jan	3.00 pm	<b>District Governor's Meeting with Interactors and Rotaractors</b>	Furama Hotel, KL
Sun, 15th Jan	6.00 pm	<b>Fellowship Dinner with District Governor Club Assembly</b>	Residence of Pres Sandy
Mon, 16th Jan	12.45 pm	Weekly Meeting <b>District Governor's Official Address</b>	Furama Hotel, KL
Wed, 18th Jan	6.00 pm	Incoming Board of Directors Meeting	Residence of PE Jeff
Wed, 18th Jan	6.00 pm	International Service Committee Meeting	RSC, Bukit Kiara, KL
Thurs, 19th Jan	6.00 pm	Community Service Committee Meeting	Faber Towers, KL
Wed, 25th Jan	6.00 pm	Board of Directors Meeting	Unique Restaurant, PJ
Thurs, 26th Jan	6.00 pm	Vocational Service Committee Meeting	RSC, Bukit Kiara, KL

## EDITORIAL

### **G**IFTS THAT DO NOT COST A SEN

#### **THE GIFT OF LISTENING**

But you must really listen. No interrupting, no planning your response. Just listening.

#### **THE GIFT OF AFFECTION**

Be generous with appropriate hugs, kisses, pats on the back and holds. Let these small actions demonstrate the love you have for your family and friends.

#### **THE GIFT OF LAUGHTER**

Clip cartoons. Share articles and funny stories. Your gift will say, "I love to laugh with you."

#### **THE GIFT OF A WRITTEN NOTE**

It can be a simple "Thanks for the help" note or a Thank You card. A brief, handwritten note may be remembered for a lifetime.

#### **THE GIFT OF A COMPLIMENT**

A simple and sincere, "You did a super job" or "That was a wonderful meal" can make someone's day.

#### **THE GIFT OF A FAVOUR**

Every day, go out of your way to do something kind.

#### **THE GIFT OF SOLITUDE**

There are times when we want nothing better than to be left alone. Be sensitive to those times and give the gift of solitude to others.

#### **THE GIFT OF A CHEERFUL DISPOSITION**

The easiest way to feel good is to extend a kind word to someone. It's not that hard to say, Hello or Thank You. Be cheerful and happy.

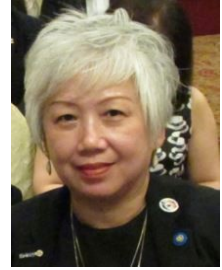
Warmest Regards.

**PAG Mike Tung**



## PRESIDENT'S MESSAGE

**R**otary International will be celebrating 100 years of the establishment of the Rotary Foundation in 2017. We know that the Rotary Foundation is about "Doing Good", often from a monetary aspect. But do you know that in Hong Kong, there are volunteers collecting leftovers from the wet market so that they can cook food for the homeless? Even food from events that was left untouched is collected.



Arch Klumph, planted the seed for today's Foundation in 1917 and the first donation received was USD26.50. Today it has expanded and is supported by Rotarians throughout the world to become one of the world's leading humanitarian foundations. In Arch Klumph's words, he reminded us all that "*We should not live for ourselves alone, but for the joy in doing good for others*". (The History of The Rotary Foundation can be found at <http://centennial.rotary.org/en/history-rotary-foundation>).

Rtn. Laura Lee and I will be joining Rotarians from our Sister Club of Dhonburi for the Rotary Foundation Centennial Celebration in Atlanta this coming June, 2017. Districts are looking to a contribution of USD26.50 from each member as a symbolic support for the Foundation – that was the amount of the first ever donation to the Rotary Foundation back in 1917. From this small amount, today the Foundation has become a powerful force benefitting the lives of many around the globe.

On a side note, we are honored to have received a donation of RM10,000 for our PRCCF from our former member Ms Sharon Lim and her husband Mr Wong Vee Woo. We too are touched that our former PP Aaron Ong has also donated RM25,000 towards our PRCCF. Their donations will be capitalized for our Scholarship Programme. Their thoughtful generosity reminds us of what Arch C. Klumph said in 1917 that "*It seems eminently proper that we should accept endowments for the purpose of doing good in the world.*"

I salute their generosity and their thoughtfulness and would like to say a **BIG THANK YOU**.

**“ROTARY SERVING HUMANITY”**

**Sandy Soh Kwee Tin**  
**President RY 2016-2017**



## PUDU NEWS

### Record of Meeting on: 19th December 2016

Visiting Rotarians		Club	Statistics	
AG Lim Poh Huu Rotaractor Kelvin Nair Rotaractor Dev Ananthuraj		R C Puchong Centennial Rotaract Club of Pudu Rotaract Club of Pudu	Guests Visiting Rotarians Club Members Total Present	10 1 18 29
Guests		Host	Collections	
Mr Ryan Tiu Mr Bryant Khor Mr Tan Hooi Sin Ms Teow Chiau Yen Ms Khoo Chai Yik Ms Lee Shi Ting Ms Yeo Chiew Mei Ms Venice Tan		PAG K H Low Club Club Club Club Club Club Club	Birthdays/Anniversaries Fines	RM
			Paying Diners	RM 330.00
			Raffles & Others	
			Total (RM)	RM 330.00

## CLUB PROCEEDINGS

### MEETING CALLED TO ORDER

SAA Darren Yong called the meeting to order at 1.15 pm on behalf of President Sandy Soh. He welcomed all guests and Rotarians. He then led in the singing of the National Anthem and proposed the Loyal Toast.

### ANNOUNCEMENTS

1) There will be no meeting on 2nd January 2017 as it is a public holiday

### INTRODUCING THE SPEAKER

PE Jeff Yap introduced the guest speaker Mr Bryant Khor.

### THANKING THE SPEAKER

Rtn Darren Yong thanked Mr Bryant Khor for a very informative and educational presentation. President Sandy then presented a Certificate of Appreciation and a memento to Mr Bryant Khor.



## SPEAKER'S CV



### CV OF MR BRYANT KHOR

Bryant Khor and Joycelyn started their Beauty career during their first year degree while studying Food Science and Nutrition at KL while they were 20 years old. They were just ordinary youngsters with very little knowledge about entrepreneur and beauty care.

Bryant started to learn as a beauty school marketer/sales while Joycelyn started to learn beauty skills from her trainer during the weekends and in the evenings.

Instead of looking for a good job after graduation, they were thinking of entrepreneurship after graduation.

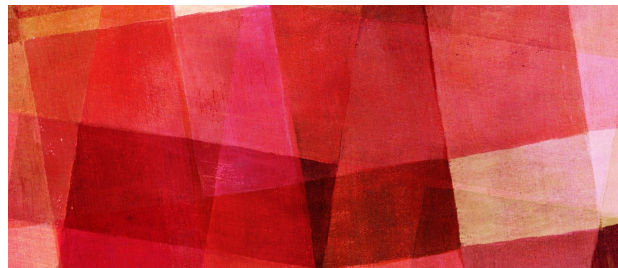
They decided to look for a business with low risks and low start up capital which was suitable for young people.

They started their beauty academy in 2010 at the age of 24.

This year is their 6th anniversary.

They hope to provide more opportunities for young people below 30 years old to start their own beauty business

## SPEAKER'S TEXT



### AN ALTERNATIVE CAREER FOR AU35

What Artistique Beauty School Can Do?



### HOW WE STARTED



- We started while studying degree in food science and nutrition with zero experience in this field
- we decided to start my own career during our first year degree at KL.

### HOW WE STARTED



- We know the needs of AU35 because we started with our own need.
- We started facial business and then further with make up career

### WE STARTED WITH SMALL BEAUTY ROOM



### AU35 ARTISTIQUE'S IBEAUTICIANS



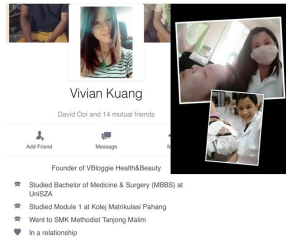
PHD  
BIOTECH

PROMOTER &  
ADMIN CLERK



## SPEAKER'S TEXT

### AU35 ARTISTIQUE'S IBEAUTICIANS



**MEDICAL  
STUDENT**



**ADMIN CLERK &  
GRADUATED ACCT**



**ARTISTIQUE PLAYGROUND  
KOREAN VS AMERICAN M/UP**



### CLASS AT DIFFERENT LOCATION...



**Do you know about Artistique Playground figure?**

**428 clients**  
(less than 5 months)

**Artistique Playground**

Klang	Setapak	Ara Damansara
20 may (90 clients)	18 july (14 clients)	2 Oct (15 clients)
5 june (97 clients)	19 sept (12 clients)	Seremban
25 june (95 clients)		6 aug (14 clients)
9 july (87 clients)		K. Jerebanggan
31 july (85 clients)	5 Sept (20 clients)	9 sept (12 clients)
7 aug (42 clients)		
21 aug (90 clients)		
11 sept (40 clients)		
16 sept (20 clients)		
25 sept (25 clients)		

**Coming soon**

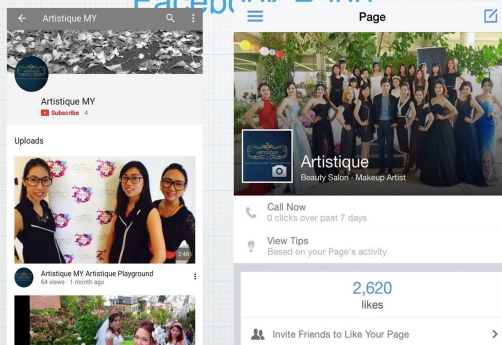
Klang/Setia Alam	Puchong 10 oct (available)
23 Oct (available)	Setapak: 12 Oct (available)

**Artistique Playground**

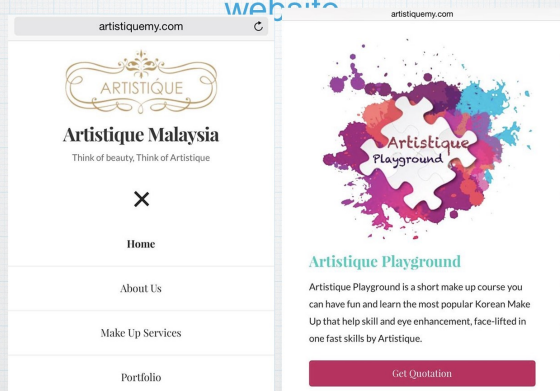
## SPEAKER'S TEXT

What to do to help everyone  
get more acceptance from  
public...

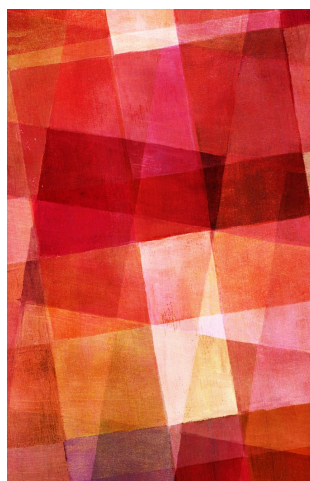
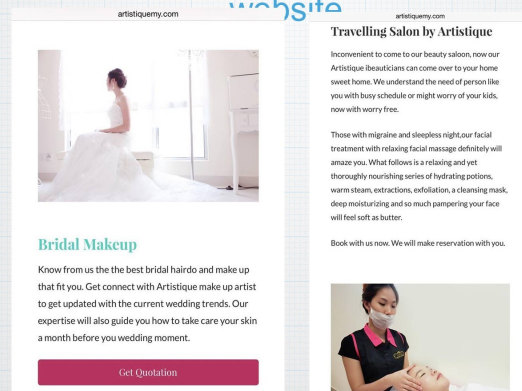
We do Artistique channel in  
youtube and post our info at  
Facebook Page



From social medias to our new  
website



From social medias to our new  
website



WHAT AU35  
NEED

- skills and communications
- after graduated guidance
- self employed opportunity

WE ARE WORKING  
TOWARD THE **BEST** IN  
BEAUTY CAREER AND  
**CONNECT** MORE PEOPLE  
THRU BEAUTY.



THINK OF BEAUTY CAREER , THINK OF ARTISTIQUE



## CLUB MEETING ON 19TH DECEMBER 2016





## CLUB MEETING ON 19TH DECEMBER 2016



# PRESENTATION BY AG LIM POH HUU

## 5-year Membership Trend



## Gender and Age Trends

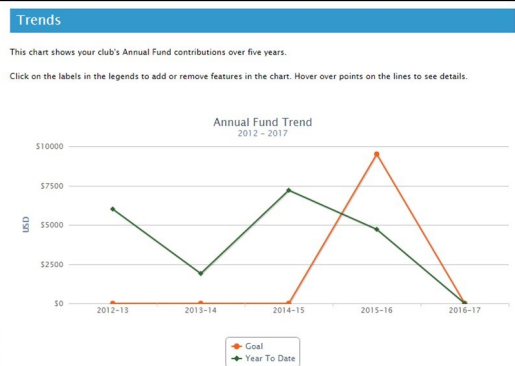
**Gender Trends** [View Details](#)

	2014-15 TOTAL	2015-16 TOTAL	2016-17 YEAR TO DATE
Male	82% (37)	80% (32)	81% (35)
Female	18% (8)	20% (8)	19% (8)
Unreported	0% (0)	0% (0)	0% (0)

**Age Trends** [View Details](#)

	2014-15 TOTAL	2015-16 TOTAL	2016-17 YEAR TO DATE
29 and under	0% (0)	3% (1)	2% (1)
30 - 39	0% (0)	3% (1)	2% (1)
40 - 49	2% (1)	5% (2)	5% (2)
50 - 59	9% (4)	10% (4)	9% (4)
60 - 69	4% (2)	3% (1)	2% (1)
70 and over	2% (1)	3% (1)	2% (1)
Unreported	82% (37)	75% (30)	77% (33)

## Foundation Givings



## Progress of Presidential Citation

**Rotary PRESIDENTIAL CITATION DASHBOARD 2016 - 2017**  
DISTRICT 3300

Club ID	Club Name	Presidential Citation	Mandatory Activities	Membership	Foundation Grtg	Order Tool Adoption	Humanitarian Service	New Generations	Public Image
16022	Marina Kuala Lumpur	N	1	2	0	0	0	0	2
77527	Sekin Kuantan Offaga	N	0	2	0	0	0	0	0
88508	Mont Kiara Gateway	N	1	2	0	0	0	0	0
88508	Nisa Central	N	0	1	0	0	0	0	0
91576	Pantai Valley	N	0	1	0	0	0	0	0
16228	Petaling	N	1	2	0	0	0	0	0
87657	Petaling	N	1	1	0	0	0	0	2
16230	Petaling Jaya	N	1	0	0	0	0	0	1
16232	Port Dickson	N	1	2	0	0	0	0	0
29628	Port Klang	N	1	2	0	0	0	0	0
47564	Puchong Central	N	0	2	0	0	0	0	0
16233	Pudu	N	1	2	0	0	0	0	0
16234	Selangor Jaya	N	0	1	0	0	0	0	0
84026	Selangor	N	0	1	0	0	0	0	0
26770	Seremban	N	1	1	0	0	0	0	0

**Achieved 4 out of 6 categories**

## Membership Development and Retention

Clubs must achieve 2 of the following 3 goals

<b>Net gain in membership</b>	
1 July membership:	40
Current member count:	43
Club size as of 1 July	Small
Goal: small club = net 1 and large club = net 2	3
<b>Improve member retention rate</b>	
Last year's member retention rate:	83%
Current year's member retention rate:	100%
Goal: Improve rate by 1% or more	17%
<b>Induct new members under age of 40**</b>	
Club size as of 1 July	Small
Goal: small club = 2 and large club = 4	0
<b>Membership goals achieved</b>	
Achieve 2 or more goals for award	2

## Foundation Givings

<b>Support our Foundation - Club Contribution</b>	Goal: Contribute US\$536 or more	\$0.00
<b>Support our Foundation - Member Contributions</b>	Existing members	40
	Members contributing US\$26.50	0
Goal: Each member contributes at least US\$26.50		N
<b>Contribute to PolioPlus Fund</b>	Goal: Contribute US\$2,650 or more	\$0.00
<b>Contribute to Annual Fund</b>	Goal: Contribute a minimum of US\$100 per capita	\$0.00
<b>Attain five-year high giving to the Foundation</b>		
Minimum contribution of US\$26.50 per member		N
Five-year high total club giving		N
Goal Achieved		N
<b>Increase Benefactors and Bequest Society</b>		
Increase in Benefactors:		0
Increase in Bequest Society members:		0
Goal: Increase both recognition counts by 1 or		N
<b>Foundation Giving goals achieved</b>		
Achieve 3 or more goals for award		0

# PRESENTATION BY AG LIM POH HUU

## Online Tools Adoption

### Percentage of members with skills and interests in My Rotary

Goal: 50% or more 11.63%

### Number of Initiatives posted on Rotary Showcase

Goal: 1 or more 0

### Contribute to or maintain a project on Rotary Ideas

Goal: 1 or more 0

### Number of club members participating in Discussion Groups on My Rotary

Goal: 2 or more 0

### Online Tool Adoption goals achieved

Achieve 2 or more goals for award 0

## Humanitarian Service

### Rotary Community Corps sponsored

Goal: 1 or more RCCs 0

### One or more club members in Rotarian Action

Goal: 1 or more members Y

### Sponsor a Global Grant or District Grant funded project

Goal: 1 or more projects N

### One or more club members attend Grant Management Seminars\*

Goal: 1 or more members Y

### Implement a project with a Rotary service partner\*

Goal: 1 or more projects Y

### Partner on a project with a corporate or government entity\*

Goal: 1 or more partnerships Y

### Partner with at least 5 clubs in your region on a project\*

Goal: 5 or more clubs N

### Humanitarian Service goals achieved

Achieve 3 or more goals for award 4

## New Generations

### Rotaract Clubs sponsored

Goal: 1 or more Rotaract Clubs 1

### Community-based Rotaract Clubs sponsored

Goal: 1 or more Rotaract Clubs 1

### Interact Clubs sponsored

Goal: 1 or more Interact Clubs 8

### 1 or more Rotarians mentor Rotaractors/Interactors\*

Goal: 1 or more Rotarian mentors Y

### Rotaractors/Interactors involved in club projects and events\*

Y

### Sponsor or host a Rotary Youth Exchange student\*

Goal: 1 or more students N

### Sponsor a RYLA event participant\*

Goal: 1 or more participants N

### New Generations goals achieved

Achieve 3 or more goals for award 5

## Public Image

### Host event informing community about TRF centennial\*

Y

### Project covered in local media\*

Y

### Local media involved with event, project, or

Y

### Public Image goals achieved

Achieve 1 or more goals for award 3



## BIRTHDAYS & ANNIVERSARIES

### ROTARIANS' BIRTHDAYS (JANUARY)

04th—PDG Dr Paul Lee  
15th—PP Datuk Y K Chew  
20th—PP Alex Chang  
20th—Rtn Dr C C Wong  
22nd—PAG Gary Lim

### SPOUSES' BIRTHDAYS (JANUARY)

08th—Ann Carven (Rtn C T Heng)  
10th—Ann Datin Esther (PP Dato' Dr Lee Hoo Teong)  
16th—Ann Rowena (PAG Gary Lim)  
19th—Ann Juliet (Rtn Patrick Lee)

### WEDDING ANNIVERSARIES (JANUARY)

07th—PP Dato' Rosemarie and Spouse Eng Lee  
27th—PP Dato' Muslim Ayob and Ann Raja Azma  
28th—PP Choo Jee Sam and Ann Suit Yong

## ANNOUNCEMENTS



Event: **RYLA 2017**

Date: 2nd—5th March 2017

Venue: AIU Irsyad International School, Alor Setar, Kedah

OC: Rotary Club of Alor Star

Event: **82ND R I DISTRICT 3300 CONFERENCE**

Date: 12th—14th May 2017

Venue: Bayview Beach Resort, Penang

## DISTRICT NEWS



**R.Y.L.A.**  
**2017**

***Take Charge & Unleash Your Potential***

**Organised by**  
**Rotary Club of Alor Star**  
**2-5 MARCH, 2017**  
**AIU IRSYAD INTERNATIONAL SCHOOL,**  
**ALOR SETAR, KEDAH, MALAYSIA**



## DISTRICT NEWS



+ **REGISTRATION**  
RM350.00

+ **WELCOME  
DINNER**  
RM100.00

+ **ACCOMODATION**

RM280 NET  
(Superior twin sharing)

RM350 NET  
(Deluxe twin sharing)

PLEASE VISIT  
[3300dgnewsletter.org](http://3300dgnewsletter.org)

# 82<sup>ND</sup>

RY 2016-17

# DISTRICT CONFERENCE

RI DISTRICT 3300

**BAYVIEW  
BEACH HOTEL  
PENANG**

12-14 May 2017

**Rotary**  
Districts 3300, Malaysia



**ROTARY  
SERVING  
HUMANIT**

## ROTARY INTERNATIONAL NEWS

### Indian Surgeons bring relief to underserved patients in Rwanda



Hundreds of people gather in an open-air courtyard at University Central Hospital in Kigali, Rwanda. Men in suits, women in flowered dresses, even prisoners in pink and orange gowns are waiting to find out if they will receive medical care. Some have no visible signs of injury. Others arrived on crutches, with arms in slings, or with catheters protruding from their clothing. Several have swollen, broken limbs: injuries that should have been mended long ago but were neglected because of the country's long surgical-ward backlog, or simply poverty.

Emmanuel Mugatyawe, 36, sits on the ground as a friend fills out his yellow admissions form. He has been waiting two months for an operation to repair a broken leg – now infected – that he sustained when a car plowed into his motorbike.

“These are not routine cases; there are very few fresh injuries,” says Shashank Karvekar, an orthopedic surgeon and member of the Rotary Club of Solapur, India, after he and his Rwandan colleague Joel Bikoroti examine several dozen patients, scheduling many for surgery. Over the next eight days, a team of 18 specialized doctors (12 of whom are Rotarians) will perform surgeries on 268 Rwandan patients, including procedures in orthopedics and urology. The trip, initiated by District 3080 (India) and hosted by District 9150 (Central Africa), is funded by The Rotary Foundation with support from the Rwandan government. It's the fourth medical mission to Rwanda that the two districts have organized since 2012. This time, among the volunteers is K.R. Ravindran, the first sitting RI president to take part in the mission.

A few buildings down on the University Central Hospital's campus (referred to as CHUK), Rajendra Saboo, 1991-92 Rotary International president, is busy coordinating the last-minute logistics of the mission. The 82-year-old from Chandigarh, India, has done this many times. After finishing a post-presidential term on the Board of Trustees, Saboo and his wife, Usha, began to look for ways to participate in the type of hands-on service they had long encouraged of their fellow Rotarians.

## ROTARY INTERNATIONAL NEWS

They wanted to help India, a country that often receives outside assistance, make a stronger global contribution. It didn't take long for Saboo to focus on medicine. He found that many local doctors had trained or worked in limited-resource settings similar to what they would find in Africa. "Our doctors are medically very strong," Saboo explains. "And because India also does not have infrastructure of the highest level, they've learned how to innovate."

Saboo's first mission, to Uganda, took place in 1998 and focused on cataract surgeries and corrective operations to help disabled polio survivors. Organized with Rajiv Pradhan, a pathologist and past governor of District 3130, it consisted of doctors from Saboo's district (3080) and Pradhan's.

Today, Saboo recalls the mission as a life-altering experience – one so successful that the two soon arranged a trip to Ethiopia. That visit marked the start of an 18-year partnership that has brought more than three dozen surgical missions to 12 African countries, as well as Cambodia and six of India's least developed states. Over time, the missions have increased in frequency to four per year, while adding specialties such as plastic surgery, urology, and gynecology. Saboo has been on almost every trip. "Raja Saboo is absolutely full of energy," says Pradhan. "He's constantly thinking of new ways to support medical missions. Even at this age, he's working 12 hours a day."

Rwanda, a compact central African country with mountainous topography that often draws comparisons to Switzerland, is perhaps best-known for its darkest moment: the slaughter of up to a million citizens, mostly members of the Tutsi minority, in the 1994 genocide. Twenty-two years later, it's one of the fastest-growing economies in Africa. Kigali, its capital, is among the tidiest cities on the continent. Since 1994, life expectancy has more than doubled in Rwanda while maternal and child mortality rates have fallen.

Rwanda still faces public health challenges, however. Access to surgery is among them. According to *The Lancet*, an estimated 5 billion people, including nine out of 10 residents of lower- and middle-income countries, do not have access to "safe, affordable surgical and anesthesia care when needed." In these countries, the British medical journal notes, 143 million additional surgical procedures are needed every year. Although most Rwandans are covered by national health insurance, which gives them access to low-cost care, many people living in rural areas cannot afford to get to a public health facility. Moreover, surgery is only available in five of the country's public hospitals, and many patients must wait to be referred from local health centers or district-level facilities.

Aside from a minority of patients who can afford private care, complex cases wind up at one of two public hospitals in Kigali: CHUK and Rwanda Military Hospital, which also hosted doctors from the mission. A persistent shortage of surgeons means there's typically a long waiting list. According to Faustin Ntirenganya, who heads the department of surgery at CHUK, the hospital employs just 10 surgeons and three anesthesiologists – a staffing shortage that, at times, means a backlog of up to 1,000 cases. Despite a growing number of surgical residents at Rwanda's national university, the lure of better-paying jobs abroad makes holding on to specialists difficult, Ntirenganya says. "Our biggest challenge is numbers," he says. "Our limited team cannot handle the needs of the whole population."

The Rotary mission helps meet the high demand. In four trips to Rwanda, Saboo's teams have conducted nearly 900 surgeries. For some patients, the mission represents a final chance. Michel Bizimungu, who had been out of work since rupturing a patellar tendon playing soccer last October, was told his case could be handled only at Rwanda's top private hospital, at a price far beyond his means as a cleaner. Then his case was referred to Asit Chidgupkar, an orthopedic surgeon and member of the Rotary Club of Solapur. Although Chidgupkar had never encountered this specific injury, and CHUK lacked some needed equipment, including biodegradable screws and suture anchors, Chidgupkar devised a plan. The next day, in a four-hour procedure involving three separate incisions, he repaired Bizimungu's knee. Chidgupkar called the procedure an "absolute improvisation." (He later presented the case at an orthopedic conference in India, and he keeps in touch with Bizimungu, who updates him periodically on his recovery.) "It's one of my most memorable cases," he says.

The mission also provides training. Mission doctors teach cutting-edge surgical techniques to local physicians, medical students, and residents. During surgery, the visiting doctors demonstrate techniques and learn from host country doctors. Bosco Mugabo, a fourth-year resident in surgery at the University of Rwanda who assisted Chidgupkar with Bizimungu's operation, says the opportunity was invaluable. "There are some tricks and hints that you don't learn from school," he says. "You learn them from a specific surgeon."



## ROTARY INTERNATIONAL NEWS

With this in mind, Saboo worked with local health authorities to slightly modify the Rwanda mission. At a dinner in Kigali, he announced plans to invite 10 Rwandan doctors to India for three-month stints of training there – part of an effort to boost local capacity in a more sustainable manner. The next mission to Rwanda will also be smaller and focus more on teaching two in-demand specialties: reconstructive urology and anesthesiology. In addition, 20 Rwandan children will undergo open-heart surgery in Saboo's home city of Chandigarh. With travel funds from the Rwandan Ministry of Health, 30 Rwandan children have already received such operations there. According to Emmanuel Rusingiza, one of only two pediatric cardiologists in Rwanda, the country's high rate of rheumatic heart disease, which generally results from untreated cases of strep throat, means the country has a waiting list of more than 150 children. "A big number of them are passing away," he says. "It's a very hard situation."

As the mission in Kigali winds down, Saboo is already looking forward to the next one. With more Indian districts interested in sending doctors, and African districts interested in hosting them, he expects the number of trips to increase, even if his own attendance becomes less frequent.

Many mission participants, both first-timers and veterans, say they plan to return, though it sometimes entails a significant personal and professional sacrifice. Karvekar, whose own son underwent heart surgery in India just days before he traveled to Kigali, is one of them. "I'd wanted to go on one of these trips for a while," he says, noting that the mission was his longest absence from his family's private clinic, where he's the only orthopedic surgeon on staff. "There were a lot of challenging cases, but fortunately we were able to do them well and, I think, give the patients a good result."

"It is totally a labor of love," adds Saboo, speaking for himself as well as the team of doctors. "When they come here, there's no compensation. They come purely because they want to extend their services to humanity beyond their own borders."

Source: Jonathan W. Rosen in The Rotarian

## THOTS FOR THE WEEK

**IF IT IS IMPORTANT  
TO YOU, YOU WILL  
FIND A WAY.**

**IF NOT  
YOU'LL FIND  
AN EXCUSE**

Make your life a  
masterpiece, imagine no  
limitations on what you  
can be, have or do.

BRIAN TRACY

BRAINTACY.COM

**WHEN YOU  
FEEL LIKE  
QUITTING  
THINK ABOUT  
WHY YOU  
STARTED**

**MAKE UP YOUR  
MIND THAT NO  
MATTER WHAT  
COMES YOUR  
WAY, NO MATTER  
HOW DIFFICULT,  
NO MATTER HOW  
UNFAIR, YOU  
WILL DO MORE  
THAN SIMPLY  
SURVIVE. YOU  
WILL THRIVE  
IN SPITE OF IT.**

JOEL OSTEEN

SUCCESS.com

**DISCIPLINE  
IS DOING  
WHAT NEEDS  
TO BE DONE,  
EVEN IF  
YOU DON'T  
WANT TO  
DO IT.**

**THE WORLD BREAKS EVERYONE,  
AND AFTERWARD, SOME ARE  
STRONG AT THE BROKEN PLACES.**

ERNEST HEMINGWAY

SUCCESS.com

## THOTS FOR THE WEEK

