

Club Charter Date

June 22, 1995

Club Number

30893

District

2452 Rotary International

RI President

*Barry Rassau Rotary Club
of East Nassau New
Providence, Bahamas*

District Governor

Dr. Michel Jazzar

Assistant Governor

Najat Francis

RCBC Officers

2018 - 2019

President

Mona Jarudi

Incoming President

Adib Mounla

Vice President

Edouard Rassie

IPP

Rabab Safieddine

Secretary

Olga Feghali

Treasurer

Mohamad Baltaji

Directors

*Mimi Hamam
Nada Maalouf
Habib Saba*

RCBC Website

www.rcbcebanon.org
[www.facebook.com/
beirutcosmopolitan](https://www.facebook.com/beirutcosmopolitan)

MARHABA EDITOR

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“Letter from the Editor”

IN MEMORIUM

I am dedicating this editorial to the memory of a very dear friend and fellow Rotarian, Past President Walter Day. His sudden departure left a big void in the hearts of people who loved and worked with him. Walter loved Lebanon and made it his home away from home. He loved Aley, the beautiful town where he spent most of his life, educating generations at the Universal College. He loved the people of that town and never wasted an opportunity to show them how much they meant to him. And he was a Rotarian who embodied all the values of Rotary and Service Above Self.



There is no limit to the adjectives that describe the man. He was generous and thoughtful. He was armed with a savvy judgment and great sense of humor. He was perceptive and intuitive. He was a supporter of the arts, and a great educator. And above all he was a humanitarian and a great human being!

Walter, you will be remembered for your kindness, your smile and your dedication to the vision and mission of Rotary!

Rest in peace dear Friend... you live in our hearts and in the hearts of all those who loved you!

P Mona Jarudi

Halloween Fundraising Dinner

Tuesday October 30, 2018





Dinner Meeting with her Excellency Christina Lassen, Ambassador of the European Union to Lebanon

Tuesday November 6, 2018

The Ambassador of the European Union to Lebanon, Christina Lassen, held a presentation entitled "EU-Lebanon relations – a strategic partnership". Ambassador Lassen highlighted that the EU's relations with neighbouring countries, including with Lebanon, was built on the founding principles of cooperation, peace and security and a shared commitment to the universal values of democracy, rule of law and respect for human rights. The EU Lebanon Association Agreement was signed in 2006 and set the basis for a relationship based on common value and interests, regular political, security, economic and social dialogue and substantial development and humanitarian assistance. Since, then EU's relations with Lebanon had deepened and become more strategic with a long-term and comprehensive approach. When signing the Partnership Priorities in 2016, the EU and Lebanon decided to intensify the cooperation in four areas: security and counter-terrorism, governance and the rule of law, economic growth and job creation (including strengthening the private sector), and migration and mobility.



Ambassador Lassen described EU efforts with regard to the priorities highlighting that progress in these four areas will contribute to the long-term stability and development of Lebanon. Highlighting the important work of the Rotary Club in building people-to-people relations, Ambassador Lassen concluded that the EU-Lebanon relationship was not only a relationship between governments, but also with partners, organizations, communities and individuals from all parts of society.

Beirut Marathon

Sunday November 11, 2018

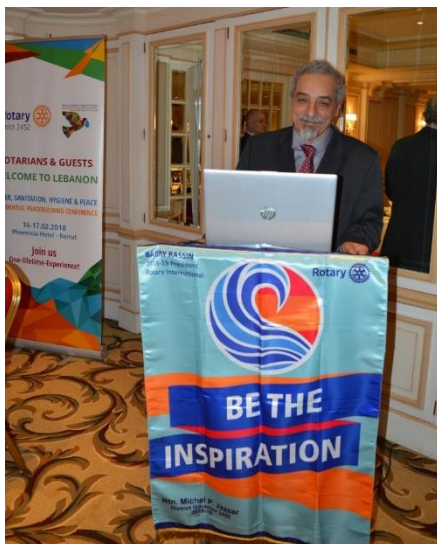
In support of Polio Eradication in the world, RCBC together with RC Beirut Metropolitan participated in the annual Beirut Marathon, an event that attracts people from all ages and walks of life, in a great atmosphere of sportsmanship, fun and enthusiasm.



Our Rotary Clubs walked under the banner of End Polio Now. It was a memorable walk for a great cause!



District Governor visit to RCBC



On November 13, 2018 the District Governor (D2452) Dr. Michel Jassar and the Assistant Governor Mrs. Najat Francis paid an official visit to our club. Presentations by the different committees chairpersons were given in the presence of RCBC and BCRAC members.



It was a very informative and productive meeting highlighted by the positive closing remarks of the District Governor who is a close friend and supporter of our club.

Thank You DG Jazzar and AG Najat for your visit!



Business meeting with Coach Johnny El Ghouli

Tuesday November 27, 2018

"Fixing Life, How to make emotions work for you"

The meaning we give to emotions makes each individual react and feel differently. What meaning is given to a certain emotion depends on early experiences, parental and cultural values and beliefs.

To feel better and / or to achieve goals one has to be aware of the meaning assigned to the emotion and find another meaning that serves the person better. The process of giving meaning, Coach Johnny calls making an emotion as opposed to having an emotion.

So emotional intelligence depends mainly on the awareness that emotions are individualistic and to learn processes of changing their meaning. All emotions, anger, sadness, jealousy etc. stem from two core emotions, namely, love and fear. Knowing that one can ask:

What is it that I love and cannot have or want more of? And what is it that I fear to lose? What do I fear could happen to me?

This process aims at looking at any situation from a different perspective and hopefully finding solutions and coping skills that were not available before.



Banner Exchange

On behalf of RC Essen - Gruga (D 1900) RCBC PP and VP Edward Rassie presented the German club banner to RCBC President with the promise of future relations between both Clubs.



On November 13, the President of Rotary Club Freiburg, Germany visited our club and exchanged banners with RCBC President.



REACHING OUT

On October 5, PP Mounir Jabre attended the Handover Ceremony of RC Koura.



REACHING OUT

In support of LeBAM, forty people from our Club went to the concert and movie fundraising event, which was a great success.



REACHING OUT

On Monday November 26, RCBC was represented in the dinner meeting of RCB hosting Rotarian Elizabeth Villiger Linley from Limassol.





Also present was the beloved PDG Christina Covotsou-Patroclou.

Many Happy Birthday Returns

Michel Mansour - November 05

Sylva Guiragossian - November 10

George Theodory - November 10

Sona Kourtian - November 17

The End