

Rotary's 4 Way Test

**Jon R. Schulz
Paonia, Colorado
June 20, 2024**

Rotary

The 4 Way Test

For everything we think, say and do:

1 Is it the truth?

2. Is it fair?

3. Does it build goodwill and better friendships?

4. Does it benefit all?

My Truth

- **Knowing stuff**
- **Working Premise**

Our Truth

- It is a complex, messy process.
- **We develop our sense of truth by accepting what people important to us have told us.**
- **We also develop that sense of truth from direct experience (hot stove)**

The 4 Way Test is supported by:

- **The Golden Rule**
- **The Laws of Ecology**
- **Systems Science**
- **Darwin**
- **Brain Science**
- **Game theory**
- **Quantum Physics**
- **Common Sense**

Golden Rule

- **Treat others as you want to be treated**
- This is Spirituality 101- instructions for living from at least 13 major religions
- Jesus commanded Christians to love one another.
- **It's always a matter of choice.**

Law of Ecology

Create Conditions Conducive to More Life

- **Everything is deeply interrelated**
- **Ecosystems function by flows, cascades, and cycles of matter, energy, and information**
- **Local/current/solar based energy.**
- **Cooperation/Partnership**
- **Diversity**
- **Dynamic Balance**

Systems Science

- **It is impossible to optimize/maximize any PART of any system without destroying that system.**

Darwin

- **Darwin said that human societies will evolve through caring and cooperation, NOT competition.**

Brain Science

- Otherwise known as the science of cognition
- **Has proven that humans are pre-wired and hard-wired for empathy**
- **Has established that underlying our beliefs are unconscious “frames” that control much of our thinking.**

Game Theory

- Is about understanding human behavior
- **Has proven that you are more likely to succeed if you play nice than if you play nasty**
- **Playing nice includes being forgiving but not allowing yourself to be a pushover**

Quantum Physics

- **Has repeatedly proven that nothing is separate from anything else**

Common Sense

**“Everybody does better
if everybody does better”**

Quantum Physics

- **Physicists discovered something else they hated and tried to disprove.**
- **Matter as the ultimate reality in the universe does not exist; it's all energy**

Creation

Cognitive scientists in Chile concluded that if something is physical, that it is matter in the world, three things must be true about it:

1. There is a **invisible energy pattern** for its existence (a blueprint)
2. There is a **process** by which the un-manifest creative energy of the universe (God, the field, source, The Great mystery, etc.) is precipitated into that pattern, and
3. There is a form of invisible **consciousness** that manages that process in an ongoing manner.

States of Consciousness

- **Consciousness levels can be assessed using kinesiology (muscle testing)**
- **A logarithmic scale of consciousness from 0 to 1000 has been developed.**
Power vs. Force by David Hawkins

Levels of Consciousness

- Logarithmic scale- 0 -1000
- **0-200** Not life affirming – mostly about Survival
- **200-500** Life Affirming. About Integrity, Courage, & the Well being of others
- **>500** Unconditional Love, Spiritual Awareness
- **700 – 1000** Enlightenment & Salvation of Humanity

Determining truth

- How does it feel in your body
- Use muscle testing (kinesiology)
- Does it meet the 4 way test?
 - Is it fair?
 - Does it create goodwill?
 - Does it benefit all?

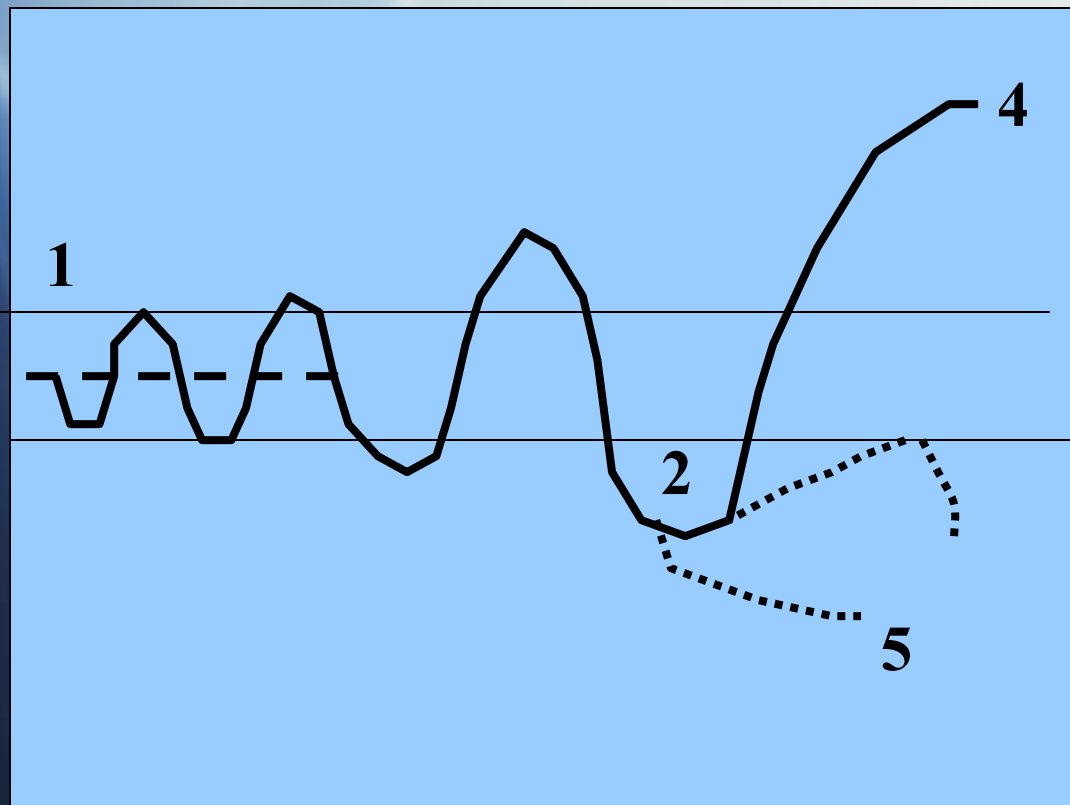
An Invocation

- **May everything in our information commons come ever closer to TRUTH**
- **May everything we feel, think, say, and do be FAIR.**
- **May everything we feel, think, say, and do be generate GOODWILL and BETTER FRIENDSHIPS**
- **May everything we feel, think, say, and do always be BENEFICIAL TO ALL OTHERS and to all life.**

End

Thank You

The Dynamics of Change



1. Stable

2. Crisis

4. New Stable State

5. Death