



The Kindness Challenge



Small acts. Big impact. Stronger community.

Complete at least 10 acts in a month and enter to win a \$25 gift card. Scan QR code for the Monthly Challenge, additional details and how you can submit your card.

1 Smile at someone 	2 Say hello to someone new 	3 Learn someone's name 	4 Welcome someone new 	5 Check in on a friend
6 Give a compliment 	7 Leave an encouraging note 	8 Thank a teacher 	9 Thank a first responder 	10 Share a kind word
11 Help a neighbor 	12 Hold the door open 	MONTHLY CHALLENGE Scan QR code or visit website.	13 Pick up litter 	14 Invite someone to join you
15 Volunteer your time 	16 Thank someone who helps you 	17 Recognize a volunteer 	18 Do something kind anonymously 	19 Make someone smile
21 My act of kindness _____	22 I can make a difference by... _____	20 Call or visit someone 	23 My kindness idea _____	24 Help someone in need



TOGETHER, WE CAN CREATE A KINDER AND MORE CONNECTED ANDOVER.

THANK YOU FOR HELPING SPREAD KINDNESS!



Scan QR code for details & how you can submit your card to win!

Your Name: _____ Year of Birth: _____

Email: _____ Phone #: (_____) _____

How did you find out about this? _____