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Why is the Rotary Foundation's End Polio program Rotary's No.1 Global Project?

Polio survivor Paul Alexander lived most of his life in an iron lung. After contracting the disease that left him paralysed from the neck down at the age of six, and unable to breathe on his own, Paul was placed in a metal cylinder known as an iron lung, where he spent the majority of his 78 years. Despite this, he earned two university degrees, practiced law for 30 years, wrote a memoir using a pencil in his mouth to type on a computer and, in his early 70s he became a social media star on TikTok (Polio Paul/ironlungman).

Relatively unknown to younger generations, Polio (poliomyelitis) is a virus that has been eradicated in virtually every country, with Australia officially declared polio-free in 2000.

World Health Organization (WHO) statistics show more than 3,000 people died from polio in the US the same year Paul caught the disease. Polio is a highly contagious viral infection that invades the gastrointestinal tract and nervous system. One in 200 polio infections leads to permanent paralysis; of those, it's estimated 10-15% die when their breathing muscles become immobilised.

In his early years, Paul learned a technique called 'glossopharyngeal breathing', otherwise known as 'frog breathing' - a technique that is learned by gulping air into the lungs using your lips, tongue and throat as the main pump. This gulping action looks like a frog gulping, hence the nickname.

When he took the exam to be admitted as a lawyer, he wasn't able to use his iron lung, so he "frog breathed" his way through the gruelling exam in his wheelchair. He went on to become a lawyer in Dallas and Fort Worth, USA and would represent his clients in court in a modified wheelchair that held his paralysed body upright. Then he'd return to the machine. Thanks to intensive global vaccination campaigns, the disease has been largely kept at bay for decades. Post-polio syndrome - often referred to as the forgotten disability - often returns decades after a patient has recovered from polio. Paul's millions of followers from around the world thought him an inspiration for others. Paul was the oldest person who lived his life in an iron lung; he died on 9 April 2024 aged 78.

Data snapshot of 2023 Polio eradication activities—400 million children vaccinated, an estimated 650,000 cases of paralysis prevented, estimated 60,000 lives saved, Wild Polio transmission restricted to Afghanistan and western Pakistan (4 cases so far in 2024) and a decline in circulating Vaccine Derived Polio Virus (cVDPV2) thanks to a new vaccine, political commitment and community-based vaccination efforts.

This year, our Club donated \$4000 to continue the fight to eliminate Polio from Earth.





2023-2024 EXECUTIVE TEAM AND BOARD OF DIRECTORS

IMAGES FRONT PAGE

From Top Left (clockwise):

- Lili Osario at Mexican Cooking Class
- Erfan Abidi and niece Rasa at Adelaide Airport (on the safe arrival of brother Wahab’s family from Afghanistan)
- Club members at “Rotary D9510 says NO to Domestic Violence” Walk 2023
- Rotary/Rotaract Quiz Night 2023
- Wahab Abidi’s family enjoying Afghan Pamir Council grand opening in February 2024
- Cuppa Conversation walk to Morialta Falls (which resulted from a chance comment to Rob McLennan that migrants don’t get out of the city centre to explore SA’s beauty spots)
- Peace Pole unveiling at Clovelly Park Primary School
- One of our many BBQs that produce funds to invest in local and overseas projects
- Tree planting in the Adelaide parklands as part of our Community/Environment projects
- Study tour to meet the Rotary and Rotaract Club members of Timor Leste, and view past and future project sites
- Christmas Croquet Challenge between Rotaract Adelaide City and Rotary Adelaide Light



President	Yvette Reade
President-Elect	Yvette Reade
Secretary	Di Lane
Treasurer	Bruce McDonald
Immediate Past President	John Wotherspoon

COMMITTEE DIRECTORS

Club Administration	Richard Jarrett
Community Service	Paige Honor
Vocational and Youth Service	Alison Carter to Richard Jarrett
International Service	Paul Jupp
Fundraising & Fellowship	Rob McLennan and Di Lane
Rotary Foundation	Fred Field
Membership	Rob McLennan
Public Relations	Yvette Reade
Master of Ceremonies	Stuart Marshall
Rotaract Liaison	Alison Carter to Richard Jarrett
Newsletter Editor	Di Lane
Webmaster	Richard Jarrett
Child Protection/Public Officer	Fred Field



Image top left: Rotary International Theme 2023-2024

Photo left: ROTARY INTERNATIONAL PRESIDENT Gordon R. McNally

Photo right: DISTRICT 9500 GOVERNOR Craig & Kiki Dowling

PRESIDENT’S REPORT 2023-2024

by Yvette Reade, President

It has truly been my pleasure to serve as President of Adelaide Light this year. I thank all members sincerely for their unending support, encouragement and excellent ideas.

A healthy and vibrant club is only achievable if its members are actively engaged and committed to our Club’s projects and programs—as well as being available to help raise the money necessary for our projects to be funded. This being said, a healthy club also needs lots of fun, camaraderie and “Friends” of the Club to enjoy spending time together in thinking, planning and undertaking projects.

I also need to say “thank you” to all our member’s partners. I know every club takes away some “family” time, and it is very much appreciated that all member’s absences from the home result in the gain for many local and international communities that we serve.

Fundraising

Our fundraising team of Rob McLennan, John Wotherspoon and Di Lane work tirelessly to generate funds through Bunnings BBQs, wine sales, Christmas tree and cake sales, bottle recycling and social events. Other income this year has been generated through Quiz Nights (thanks to Paige Honor and the Community Services team) and a Mexican Cooking Class which was also a load of fun and, ultimately, very delicious (thanks, Lili Osario).



Above: 2023-24 Club Changeover— President Yvette hands a Certificate of Appreciation to PP John Wotherspoon

Below left: A monthly Cuppa Conversation meeting for migrants, this time held at Fibonacci café in the Botanic Park

Recognitions

Two of our projects were entered into the Premier’s/Service Clubs Association of SA Awards in 2023. Our Club received a \$100 cheque for the Social Inclusion Award for “Refugee Mentoring” plus we received a \$600 cheque for winning the same category for our “Cuppa Conversation—Migrant Inclusion and Welcoming” which has been expanded by Lili Osario and her South American contacts (see P8 for details).

Our Club was pleased to present a Paul Harris Fellow award to Paige Honor at last year’s Changeover for her services to Community Service, and Sapphire pins were awarded to John Wotherspoon, Angus Tuck and Richard Jarrett (see P16).

Congratulations

Congratulations to Erfan and Manizha Abidi on the birth of their beautiful daughter Nahid on 3 May 2024. It’s been 10 years since the last Club member (Feisar Joya) welcomed a baby into their family.

Below: The delighted Abidi family— L-r member Erfan, Tawhid holding baby Nahid, Zahid, Manizha and Mowahid. The extended family of grandparents and cousins were also overjoyed with the birth of Nahid.



PRESIDENT’S REPORT 2023-2024 contd.

Walk Against Domestic Violence

On Saturday 25 November 2023, our club participated in the inaugural public awareness campaign “Rotary District 9510 Walk Against Domestic Violence”. A parade along King William Street from Victoria Square to the Women’s Memorial Gardens was attended by over 1,000 people to raise awareness of domestic violence in our community.

Our members wore the campaign’s purple DV shirts and walked as part of a large group through the city to listen to eight guest speakers including District Governor 9510 Craig Dowling. The event was MC’d by our Club member Rob McLennan. For our District 9510’s first Walk against domestic violence, it was a great success.



Timor Leste Clean Water Projects

The past two years, our International Services team has been concentrating on helping communities closer to Australia—and Timor Leste’s need for easier access to clean water, basic infrastructure and sports facilities in schools. A team of three members—John Wotherspoon, Kirsti Kankkunen and Rob McLennan—paid their own way to join a D9560 (Northern Australia & Timor Leste) tour of Timor Leste to view our Club’s completed projects (ie multi-function court in a primary school) and to scope out future clean water projects in two villages. Access to these villages—especially after torrential rains—was challenging to say the least, but well worth the effort (see P10-11 for details).

Report as well as any other new initiatives that are approved.

Together we will implement and promote the 2024-25 Rotary International theme for the year ahead to “The Magic of Rotary” – chosen by Rotary International President Stephanie Urchick.

My special thanks to the Board of Directors and their teams for their efforts; and the members and “Friends” of the Club for their ongoing support of our projects and events.



Top: Club participation down King William Street, Adelaide

Above: MC Rob McLennan and DG Craig Dowling addressing the crowd

Bottom: the DV participants from many organisations meeting at the Women’s Memorial Gardens near the Parade Grounds

The coming year

As I will be continuing as President into my second consecutive year, I look forward to working with our hugely supportive and dedicated members on the projects noted in this Annual



CLUB ADMINISTRATION

by Richard Jarrett, Director

Club Service covers all aspects of club administration and relies on input from a number of our members.

For the last year, the Club has been meeting for breakfast on the 2nd Thursday of each month at the South Terrace Croquet Club; on the 4th Thursday of each month for dinner at the Kent Town Hotel and this has proved to be an excellent move. In between, we meet on a Thursday morning at the White Picket Café and chat over coffee - it's a very relaxed get together that allows retired members who don't wish to get up early or drive late at night to attend (we often enjoy the company of PP Graham Smith at these meetings). Across 22 meetings for the year, attendance from 1 June 2023 to 31 May 2024 fluctuated from 9-25 members, averaging 13.9 per meeting.

Our Club maintains an online presence across several platforms. Our webmaster, Richard Jarrett, maintains our formal club website on ClubRunner, where member records, photos and stories are maintained; and now includes an extensive list of Friends. This allows us to maintain email contact with members and friends and is where Di Lane does an excellent job as Editor of our weekly Newsletters and does the BBQ rosters. John Wotherspoon maintains our more outward-looking website at rotaryadelaidelight.org, while several others (usually Kirsti Kankkunen, Paige Honor, Lili Osario or Katey Halliday) post regularly to our Facebook page.

Dean Sullivan supplies a varied array of speakers, while Rob McLennan maintains the links with our venues and also takes and collects orders for our breakfast meetings.

Club Service is also responsible for keeping a record of volunteer hours across the year. Hours for the following activities are shown (estimates in some cases), with a total of 1249 volunteer hours across the period 1 June 2023 to 31 May 2024, an increase of 40% over the previous year:

- Barbecues: For the period, the Club ran 15 barbecues and participated in four joint barbecues with either RC of Norwood or RC of Adelaide Parks at Bunnings Mile End (645 hours).
- Bread Run: The bread run, ferrying bread from Bakers Delight in North Adelaide to



the Adelaide Day Centre, was able to function on 43 Sundays (43 hours).

- Christmas Tree Sales: This year trees were sold over three weekends at just one venue, Bunnings Kent Town (108 hours).
- Fred's Van: has become a regular activity, with four people involved on a Wednesday evening every three weeks (204 hours).
- Mentoring: Members spent time with our refugee families, primarily in English language practice (49 hours).
- Cuppa Conversation: This is our Club's award-winning welcome program for recent arrivals in Australia and has been held on nine occasions this year, with Lili Osorio undertaking the organisation of different cafes around the city or special

Top: Informal Coffee Conversations at the White Picket Café allows retirees to attend at a reasonable hour of the day. L-r Honorary member PP Graham Smith with members John, Carol, Alison, Rob and Bruce

Middle: DG Craig Dowling's official visit was an early morning meeting at the South Terrace Croquet Club

Bottom: An evening meetings at the Kent Town Hotel with guest speaker Tanya Kaplan OAM on Australian/Turkey relationships

events like a walk to Morialta Falls and the input of contacts into our WhatsApp social media tool to keep migrants informed (170 hours).

My thanks to all the members, volunteers and "Friends" for their continued contributions to the smooth running of the Club.

CLUB ADMINISTRATION contd.



A quick snap-shot of our Rotary year

BBQ photos: it takes a great deal of organisation and people-power to staff the three shifts of Bunnings BBQ's each month. We appreciate our volunteer's time and efforts undertaking our major fundraising activity that makes it possible to fund our local and international projects

Middle top: Our long-time Treasurer Bruce McDonald (with cash in hand) is a hardworking member of our Board as is John Wotherspoon who, with Rob McLennan, fill their homes with boxes of wines to resell and add to our Club's fundraising efforts

Top right: Rob McLennan is our "all-rounder" being the MC and D9510 Media Liaison Officer at Rotary Expo's radio announcer (through Coast FM); procurer and deliverer of BBQ supplies in multiple eskies; helping John pick up and deliver boxes of fundraising wines to buyers; our Club's Fundraising, Fellowship and Membership Director—it's a very long list.

Middle right: Erfan Abidi receiving a Unesco Achievement Award at Government House for being an advocate for human rights—especially for women and children at risk in Afghanistan (pictured with wife Manizha and Katey Halliday)

Bottom four photos: Planting 350 trees/native grasses for the Adelaide City Council in North Adelaide helped by Cuppa Conversationists



COMMUNITY SERVICE

by Paige Honor, Director

This report highlights our collective efforts and accomplishments in serving our community with dedication and compassion. As Rotarians, we are guided by the principle of "Service Above Self," and this year has been a testament to our unwavering commitment to this ideal.

As we reflect on the past year, we are filled with gratitude and pride for what we have accomplished together. We look forward to continuing our mission to serve and uplift our community in the years to come.

Cuppa Conversation

Begun by past director Kirsti Kankkunen over two years ago, and this year spearheaded by Lili Osorio, this award-winning initiative has grown considerably.

Cuppa Conversation is a monthly meet-up where Adelaide Light invites recent arrivals in Adelaide to come and have morning tea with us to socialise and use their conversational English in a welcoming atmosphere.

Cuppa Conversation's Premier's Award

Below: President Yvette accepting the Premier's Award and \$600 prize money from (left) Lesley Siegloff, Zonta rep on National Council of Women and (right) Fiona Dorman, President, National Council of Women SA



We use our Rotary social network via WhatsApp to invite participants - who are currently studying English at schools and universities or are recent arrivals into Adelaide - to come along and practice their English and to network with others. Currently, we have over 170 WhatsApp members.

In late 2023, Cuppa Conversation's "Migrant Inclusion and Welcoming Project" was nominated for the SA Premier's Community Service "Social Inclusion" Award and won its category. In May 2024, the \$600 award prize money was spent hiring two buses for a trip to Victor Harbour, Port Elliot and Goolwa with 46 migrant attendees and seven Rotarians.

Fred's Van

Our regular once-a-month rotation on Fred's Van is going strong with a roster bursting at the seams. This goes to show what a rewarding experience our participation is in making sandwiches, sausages, and bags of food come together in the kitchen to satisfy people living on the streets of Adelaide.

Knowing we've made a difference to someone's life by alleviating some worry by handing out food is very fulfilling. We are looking forward to continuing our trips to Gawler place in the future.

Cuppa Conversation events

Top: Cuppa Conversation bus trip to the Victor Harbour, Port Elliot and Goolwa and (below) one of the usual monthly coffee catch-ups at a café and (bottom) Kirsty and helper Lu at Fred's Van



COMMUNITY SERVICE contd.



Refugee Mentoring

With Club member Erfan Abidi's immediate family and parents safe from Afghanistan and its Taliban rule, this past year Erfan has worked tirelessly and persistently to bring his brother Wahab and his family of eight to the safety of Adelaide after hiding in Pakistan for over a year. After endless paperwork, fear, uncertainty, set-backs and continual

Refugee Mentoring

Above: Brothers Erfan and Wahab; below: sisters-in-law Manizha (left) and Wahida; right: grandfather Abdulla with two of his grand-daughters; below: the whole family reunited after 906 days



problems with procuring visas, Wahab and his wife Wahida and their six children arrived in Adelaide on 6 February 2024. At the airport, it was a very emotional experience watching the family embrace with tears of joy and to welcome them to their new home. With Erfan's thanks to State and Federal Governments, our Rotary Club for providing funds for the family's flights to Australia and the emotional support from friends, the time and energy spent on their evacuation to Australia was worth every second.

Before their arrival, Erfan and many of our Club members (along with other friends) helped to set up Wahab's new home - filling it with furniture, clothing and household goods. Since the family's arrival, the children have settled in to school and are making a strong start in learning more English and settling into their new community in Adelaide.

Catherine House

Our support of Catherine House continued this year with a working



bee undertaken to rid the gardens of last year's winter weed growth.

Anangu Pitjantjatjara Yankunytjatjara (APY) Lands Project

Our scoping of a project in the APY lands continues. A highlight from this last year is a visit from a group of kungas (young women) from the APY lands who came to Adelaide to learn about advocacy. As well as meeting Erfanullah Abidi to hear his story, and visiting the dental clinic via Margie Steffens, the kungas shared a video outlining their idea for a kunga pulka room (young women's space). This idea is still in development.

The Bread Run

Surplus bread delivery to organisations in need originated with the late Bob Angove, Adelaide Light Past President and City Councillor. Each Sunday, club members collect leftover bread from North Adelaide Baker's Delight, taking it to Adelaide Day Centre (also called the Moore Street Centre). This project quietly ticks along under Richard Jarrett's diligent supervision.

Domestic Violence Projects

This year, the committee has added a number of domestic violence projects to its agenda. Rob McLennan and John Wotherspoon have joined the District's committee which is responsible for organising the successful 'Rotary Says No To Domestic Violence' walk which occurred on 25 November 2023. Another project proposed by John Wotherspoon is "DV Phone Safe" - the collection of mobile phones which are given to domestic violence survivors. These phones are a vital lifeline to those needing communication and safety. We are looking forward to more involvement in this project in the future.



INTERNATIONAL SERVICE

by Paul Jupp, Director

Timor Leste projects

This year our committee progressed two projects in Timor Leste and scoped out a significant water project to be undertaken next Rotary year.

In May 2024, three RCAL members - John Wotherspoon, Kirsti Kankkunen and Rob McLennan - joined a 9-day D9560 (Northern Australia/Timor Leste) tour of Timor Leste to view completed and potential projects.

Birthing Centre water project



Our first Timorese project undertaken was sited in Dato Tolu. Our Club's AUD\$3,500 water tank and piping project contribution for the town's Birthing Centre was supported by the D9560 Rotary Club of Dili Lafaeke. The project supplied the local community with a new tank to fit their existing stand and the connection fittings from a natural spring 950m up the hill to the local Birthing Centre. The project has been completed successfully (on time and on budget). It was hoped that we could inspect the finished project during the recent study tour by three members of our Club in May 2024, but this was not possible due to bad road conditions following torrential rain.

Multifunction Court

The Rotary Club of Dili Lafaeke also helped deliver on a multifunctional sports court in a primary school in Kakeuren Village in Dato Tolu, Fohorem Administrative Centre. The project was funded by RC Adelaide Light to a total of AUD\$5,267. The court was officially opened by members of the study tour this year and a plaque was installed to commemorate our Club's involvement and contributions.

Kindergarten supplies

A donation of AUD\$200 was also made for kindergarten supplies at the request of Karen Kankkunen, the partner of PDG 9560 Martti Kankkunen.

Potential potable Water Supplies for Suai and Lookeu Foho

The International Committee and Club have recently initiated two village water supply projects in Sulamali and Lookeu Foho near Suai (Sue-aye) on Timor's south-west coast. Significant work has been done in conjunction with District D9510 and D9560 Rotary Club of Dili Lafaeke and D9560 Provisional Rotaract Club of Covalima. In preparation, AUD\$500 was provided for water testing to aid the development of the project as part of the D9560 May 2024 study tour. On advice from the District Grants Committee, the project may be the subject of a Global Grant.

Scoping the project and pursuit of other partner Clubs will be a key focus of our International Committee during the next Rotary year. While in Timor last month, our Club's three D9560 study tour participants with John Wotherspoon's oversight inspected the two village well situations and consulted with villagers, Timor Rotary partners and local authorities.



Above: Multifunction court during construction; below: The finished, Rotary-branded court; bottom: Rotarians and local invited guests at the unveiling of the Court



In both village projects, quality-tested water would be pumped from an existing well to a new tank on a high spot away from each village then gravity flow in a kilometre of pipework to public taps situated through the village.

Below: An existing well inspected at Sulamali as part of our future water project



ROTARY DISTRICT 9560 STUDY TOUR OF TIMOR LESTE

by PP John Wotherspoon

Club colleagues, Kirsti, Rob and I joined District 9560's Timor Lesté study tour 6-14 May 2024 to discover its culture, history and Rotary activity. Adelaide Light worked with 9560 in 2022 when Kirsti's father, Martti Kankkunen was its District Governor and we contributed to her mother's DG Partner water supply project at Manatuto. We've since funded two other projects (*see Paul Jupp's International report*) - a birthing centre water supply at Dato Tolu in the Covalima region near Timor's south coast; and a Multi-function court for soccer or basketball at Same (*pronounced Sar-may*) in Timor's mountainous central region.

Our tour visited many situations seeking Rotary support with education and training featuring strongly as we were garlanded with 'tais' (*woven cotton scarf gifts*). While touring, our particular focus was a water supply for each of two villages, Sulamali and Lookeu Foho near Suai (*Sue-aye*), on Timor's south west coast (*see Paul's report*).

Timor Lesté is one of our closest neighbours just north-west of Darwin. A Portuguese colony from 1520 till 1975, the country enjoyed just nine days of independence before Indonesia invaded and ruled for 24 years - during which 45% of Timorese were killed. In 1999, after a 78% vote for Timor Lesté's independence, Indonesia inflicted the country with a 'scorched earth' departure. So, they're now a new young democracy with 62% of the population under age 24 and only 8% over 54. Despite their urgent national restoration needs, we found the Timorese happy, enthusiastic and optimistic. Their most pressing needs are education and training and basic needs such as clean water supplies, sanitation and roads.

Rotary is thriving there. From 2000, Rotary clubs were established which proved crucial timing to help them emerge from decades of conflict, striving to rebuild and develop infrastructure, social institutions and economy. Rotary International quickly recognised Timor's

humanitarian and community development needs, facilitating the formation of Rotary and Rotaract clubs to address these challenges as Rotarians worldwide began contributing.

RYLA is booming and many young Timorese view Rotaract and Rotary Clubs a 'door of opportunity' to strengthen their network from local, national and even international levels. It offers experiences and self-confidence for young Timorese to be a 'Global Leader' in the near future.

China has also been active with loans for road construction. We heard extensive Chinese road building used local labour and, while some skills transferred, the local management of design, construction and maintenance was probably limited as is ongoing funding. Roads are mostly reliable along the north coast but less so to the south through the mountains with some truly terrible patches due to tropical weather and limited maintenance capacity. It's hot and humid, especially in the wet season when torrential rain is common.

Timor is 98% Catholic and adult literacy is just 58%. English and Indonesian are the working languages along with native Tetum and some residual Portuguese. Less than 30% of children under age six receive early childhood education and 42% of people live below the poverty line. Despite all their challenges, the people are lovely, illustrating happiness

and money are not interdependent. It's a tourist destination that may become Australia's Bali destination of the future and would certainly help their economy. You may wish to consider travelling to Timor Leste for a holiday.

Below: map of Timor Leste; a beautiful sunset for tour attendees; Rob and John enjoying some "down time"; Kirsti chatting with the Le-Ziaval dance troupe children in Dili at the tour group's welcoming party



YOUTH AND VOCATIONAL SERVICES

by Richard Jarrett, Director

In January 2024, Richard Jarrett took over the role of managing our Youth and Vocational service activity from Alison Carter. A small committee including Fatemah and Stuart assisted.

Adelaide City Rotaract Club Members have attended Rotaract meetings where possible and there will be a renewed effort to get a regular roster to make sure we have regular attendance at their meetings. The main joint events this year were the Quiz Night and our Annual Christmas Teapot Challenge in December.

Primary School engagement

We have continued to press for some engagement with Gilles Street Primary School. As they have a number of families who are recent arrivals, they were sent details of our Cuppa Conversation activities but to our knowledge we have not so far had any attendees from the school community.

National Youth Science Forum

This is held in January each year and we aim to send one student annually.

In November 2023, our nominated student William Thompson who will attend NYSF in January 2024 came to speak at our breakfast meeting accompanied by his mother Emma and grandfather (former Club member) Roger Trengove.

RYLA (Rotary Youth Leadership Awards)

RYLA is an annual seven-day residential leadership event for ages 19-25. Our Club sponsored Elizabeth Rualhng to for September 2023 and she spoke to our Club in October 2023. We aim to sponsor another attendee next year.

RYPEN (Rotary Youth Program for Enrichment)

Aimed at students in Years 9-11 this annual event is held in September. We were unable to identify a suitable student this year, but will aim to find a student for September 2024.

Rotary Youth Sailing Challenge

This is a five-day sailing experience on the tall ship "One and All", offering a great opportunity to develop confidence and leadership skills. This year, for the first time, we have nominated a Year 11 student to attend in October 2024 and we are waiting to hear if his application has been accepted.

Indigenous Health Scholarship

We are currently supporting Anesha Rahman, an indigenous medical student from WA, now in her second year at University of Adelaide. The scholarship provides \$5000 per annum towards her living expenses, shared 50-50 between our club and the SA Government. The scholarship is coordinated through Australian Rotary Health.

Peace Pole Unveiling

As part of the Centenary of Rotary in South Australia being celebrated this year, the RC of Adelaide started a project of erecting 100 Peace Poles around the State that would be donated by Rotary Clubs.

Our Club purchased a Peace Pole and organised for it to be placed in the Clovelly Park Primary School where Club member Erfan and Manizha's sons Mowahid and Tawhid go to school. On 21 September 2023, we held the unveiling of the Peace Pole at the Clovelly Park

Primary School. Our Peace Pole has the words "May Peace Prevail on Earth" inscribed in four languages – English, Kurna, Persian Dari, and Bahasa (Indonesian).

Principal Terena Pope (who was sick on the day), Deputy Principal Kylie Tuckey and Assistant Principal Emma Voigt spent a great deal of time rehearsing the children to stand and sing the National Anthem, organised six students to perform John Lennon's song "Imagine", and President Yvette arranged for five students (including Erfan's son Mowahid) to recite the 2,500 year-old Peace Poem by Laozi.

The Ceremony was attended by all students, about 100 parents, Club members, PDG Ed King (on behalf of DG Craig), Nadia Clancy MP (Member for Elder), and Tim McLeod, Noarlunga Area's Education Director.

Below: Peace Pole Unveiling I-r Nadia Clancy MP, Alison, Erfan, Tawhid & Mowahid (front), John, Katey, President Yvette, Rob, Asst Principal Emma Voigt, Lili, Elaine, PDG Ed King and Deputy Principal Kylie Tuckey.



MEMBERSHIP

by Rob McLennan, Director

Adelaide Light is a group of energetic, friendly and caring people who collectively have a local community and global view that is reflected in the projects we undertake.

Our members are the core strength of what we have achieved this year and what we will accomplish in the future.

As at the end of this year, our diverse membership has 34 members comprising 12 women and 16 men plus five Honorary members.



Above: Induction of Pat Welke, 4 April 2024

In April 2024, we were pleased to induct Pat Welke (sponsored by Paul Ensor). Even before joining our Club, Pat volunteered for our Bunnings BBQs for many months.

Unfortunately, in December 2023 we received four resignations which included Carol Ganley and partner Brian Harvey who relocated to Sydney and transferred their membership to another Rotary Club. The ever-busy Margie Steffens resigned but still attends occasional Community Service Committee meetings.

Due to work commitments, Feisar Joya resigned to concentrate on his employment.

Regrettably, as at 30 June 2024 we will also lose long time member David Riggall has moved to Melbourne for two years.

All our previous members are now classified "Friends of Rotary".

PHOTOS TAKEN AT LAST YEAR'S CHANGEOVER



Above: Changeover dinners are a great way to celebrate all the achievements of the year, and to thank all who participated at projects, events, dinners and other get togethers like movie nights and social functions

FUNDRAISING & FELLOWSHIP

by Di Lane & Rob McLennan, Joint Directors

Fundraising

This has been another successful year fundraising, with Bunnings BBQs and Christmas tree sales being

Our Club also held a successful joint quiz night with the Rotaract Club of Adelaide City (led by Paige Honor), held two wine sales and continue to engage in bottles/cans recycling, all of which substantially contributed to the success of our fundraising.

All of these activities would not be possible without the tireless help from our Club members and Friends of the Club. We thank you all for your hard work.

Fundraising is a core issue for our Club as it allows us to help support those in need, both locally and internationally.



With this in mind, Paul Jupp (see photo above) ran two sessions on new fundraising ideas that we could explore for future use. These were a great deal of fun as well as productive.

This coming Rotary year we will be providing much needed support to one of our nearest neighbours in Timor Leste, while continuing to support local projects.

Fellowship

We held a very successful Film Night on Friday 21 July 2023 organised by member Carol Ganley.

The movie, Oppenheimer was a great hit, held at the Piccadilly in North Adelaide.

Mexican Cooking Class

On 12 August 2023, we held an authentic Mexican Cooking Class - and had a real hoot!

So much fun, laughter and conversation occurred around the kitchen stove while Priscilla, Blanco and Lili cooked a delicious meal!

With 17 Rotarians, Rotaractors and friends attending, it was a great afternoon. We learnt about mole (sauces) like Negro (a Mexican-chocolate/chilli/nut combo) to a freshly blitzed, mouth-watering green jalapeno (blackened on the grill), whole green tomatillos (tomatoes) and onion mole.

Each course was delightful and delicious consisting of the main meal (enchiladas with beef or zesty chicken, your choice of mole, onion, sour cream, and feta cheese) to soft, moist Cornbread Cake and a refreshing horchata drink made from ground rice, cinnamon, evaporated and condensed milk, and lots of ice.

Our thanks to hosts Carol and Brian who graciously offered their home (just one week prior to it being sold) as

the venue for the cooking class, and to Lili, Carol and Elaine for organising this great social event. The \$60 profit made went towards Erfan's brother's expenses.



Top: l-r Lili, Priscilla and Carol with the Mexican cooking ingredients

Below: Priscilla and Blanco cooking up a storm.

Bottom: Charring the capsicums on the BBQ for the mole (sauce)



FUNDRAISING & FELLOWSHIP contd.

Rotary/Rotaract Christmas Challenge

Our annual joint Christmas Croquet Challenge with our daughter Rotaract Club of Adelaide City - and BBQ dinner cooked by President Yvette - was held on Friday 15 December and was a great success. In a close call, the Rotaractors won the Silver Teapot Croquet Challenge this year. Special thanks to Paul Ensor and President Yvette for organizing another wonderful evening at the South Terrace Croquet Club.



Top: Rob and Barry enjoy some camaraderie at the Teapot Challenge

Below: RCAL President Yvette hands over the Croquet "Cup" to Rotaract President Stef—until next year's Challenge



Walk Against Domestic Violence

On Saturday 25 November 2023, our club participated in the inaugural public awareness campaign "Rotary District 9510 Walk Against Domestic Violence" (see P5 for details).

Since 2018, Rotary in Australia, NZ and the Pacific Islands have been uniting to build awareness and education programs to help our communities identify, reduce and stop physical domestic violence and non-physical coercive control over others.

Joining Rotary in the Walk were organisations including Zonta, Zahra Foundation, Embolden, Women's Safety Services, Catherine House, Uniting Communities, Western Collaboration Against Family & Domestic Abuse, Uniting SA, the Hutt Street Centre, Anglicare and many others.

The next Walk is planned for 14 September 2024.



Top: Paul Ensor and Pat Welke at the DV Walk

DV SAFE PHONE



May is recognised as Domestic Violence Prevention Month and DV Safe Phones put 1,040 (4G) phones into the hands of domestic violence victims in Australia. When sent to Queensland, each phone is wiped clean, supplied with a new SIM card and charging cable, and then sent out to frontline agencies that distribute them to people who are victims of digital abuse. Digital abuse can include digital stalking (knowing the victim's whereabouts at all times and confronting them if they don't mention all the details), reading all their messages, and providing no privacy at all; which makes the person feel threatened or trapped.

Founder Ashton Wood said DV Safe Phones began by accident when he was cleaning out during Covid lock-down. Ashton's friend—a policeman who worked in domestic violence suggested the spare mobile phones could be used to help victim-survivors. Within four years, Ashton had accumulated 22,000 mobile phones. Phones too old for parts are sustainably recycled.

With digital abuse in relationships on the rise, connected technology can be used to menace, harass, threaten or control others—mainly women. This includes tracking, audio or visual spying, sending abusive or constant messages.

Since DV Safe Phone was established, 8,445 victims were provided with a Safe Phone; over 850 community partners raise funds and collect phones and over 350 agencies help to distribute the DV Safe Phones.

Our Club has purchased three DV Safe Phone boxes so far and have sited them in the City of Burnside town hall, the RC of Magill Sunrise's monthly Market; and at the Coast FM Community Radio Station, Glandore.

ROTARY FOUNDATION, DONATIONS and RECOGNITIONS

by Fred Field, Director

The Rotary Foundation transforms Rotarian’s and Club’s gifts into service projects that change lives both locally and internationally.

Since it was founded more than 100 years ago, the Foundation has spent more than US\$4 billion on life-changing, sustainable projects.

The Foundation helps Rotary members to advance world understanding, goodwill and peace by improving health, providing quality education, improving the environment and alleviating poverty.

The Impact of One Donation

- For as little as 60 cents, a child can be protected from polio.
- \$50 can provide clean water to help fight waterborne illness.
- \$500 can launch an antibullying campaign and create a safe environment for children.

In the 2022-23 Rotary year, 473 District Grants totalling \$26m were granted; 324 Disaster Response Grants totalled \$15m; 1,092 Global Grants totalled \$55m; and one program of Scale Grant was awarded for \$2m. The Global Grants were for

- Basic education and literacy (\$101m)
- Community economic development (\$127m)
- Disease prevention and treatment (\$479m)
- Maternal and child health (\$102m)
- Peace-building and conflict prevention (\$64m)
- Water, sanitation and hygiene (\$162m) and
- Environment (\$57m).

It is interesting to note that the Rotary Foundation was started by an idea from outgoing world President Arch Klumph in 1917 “for the purpose of doing good in the world”. That one idea, and an initial contribution of US\$26.50, set in motion a powerful force that has transformed millions of lives around the globe. It received the highest possible score (100 of 100 points) in 2015 for its strong financial health and commitment to accountability and transparency.

This year, Adelaide Light has donated to the Rotary Foundation:

- Rotary World Community –New Dawn Ukraine Fund AUD\$1,000
- Mental Health Research “Lift the Lid” AUD \$1,000
- End Polio Global Fund AUD\$4,000

as well as other Rotary projects:

- ROMAC (Rotary Oceania Medical Aid for Children) AUD\$1000
- Shelterbox AUD\$1,000
- Australian Rotary Health AUD\$1,000
- ARH Indigenous Health Scholarships AUD\$2,500.



*Top: At last year’s Changeover dinner, we were pleased to congratulate Paige Honor (this year’s Community Services Director) on being awarded a Paul Harris Fellow award and (above) outgoing President John Wotherspoon received a 2 Sapphire PHF pin
Below: Through their annual contributions to the Rotary Foundation Angus Tuck (below) received his 3 Sapphire PHF pin and (at left) Richard Jarrett received his 3 Shapphore PHF pin at one of our breakfast meetings*



TREASURER'S REPORT

The Club financial statements are for the 11-month period to 31 May 2024.

Our Club has ended the period in a sound position with total funds on hand of \$28,130.27 achieved through our ongoing fundraising activities which raised \$31,414 for the period.

Throughout this period, the Club has donated \$35,615 to local and international projects. In summary, funds on hand as follows:

Fundraising account	\$26,245.21
Club administration	<u>\$ 1,885.06</u>
Total funds	\$28,130.27

Bruce McDonald
Treasurer 2023-2024

CLUB ACCOUNTS

Balance Sheet for period ending 31 May 2024

ASSETS

NAB Cheque Account	\$ 340.65
NAB Isaver Account	<u>27,789.62</u>
TOTAL	\$28,130.27

MEMBERS FUNDS

Club Funds Balance 1 July 2023	4,037.59
Movement this year	<u>-2,152.53</u>
BALANCE	\$1,885.06
Fundraising Account Balance 1 July 2023	30,456.44
Movement this year	<u>-4,211.23</u>
BALANCE	<u>\$26,245.21</u>
TOTAL	<u>\$28,130.27</u>

FINANCIAL STATEMENT FOR PERIOD ENDING 31 May 2024

Opening Balance 1 July 2023		\$34,494.03
Add Income - Club Administration		
Breakfast Margin	1,174.52	
DV T-shirts	21.00	
Interest	463.00	
Membership Dues	<u>7,290.00</u>	
Total Club Administration Income	8,948.52	
LESS EXPENDITURE - CLUB ADMINISTRATION		
Badges and Engraving	679.02	
Club Domain Naming Fee	264.36	
ClubRunner Web Page	922.64	
District Assembly Levy	55.00	
District Dues	2,277.00	
District Insurance	1,155.00	
Equipment	75.98	
Flowers and gifts	134.00	
PO Box	245.00	
Printing and stationery	126.18	
Regalia and banners	25.00	
Rotary Down Under	1,202.36	
Rotary International Dues	3,867.48	
Christmas Function—Teapot Challenge	<u>72.03</u>	
Total Club Administration Expenditure	11,101.05	
CLUB ADMINISTRATION SURPLUS	-2,152.53	32,341.50
Plus - Fundraising		
Bottle Recycling	713.70	
Bunnings BBQs—joint RC Norwood	3,568.70	
Bunnings BBQs	11,377.53	
Cherries	456.00	
Hither & Yon Grenanche	549.14	
Jim Barry Riesling	4,200.36	
Mexican Cooking Class	60.00	
Movie Nights—Allelejah/Oppenheimer 21	855.00	
Quiz Night	4,121.39	
Christmas Cakes	270.07	
Christmas Tree Stands	21.66	
Christmas Trees	<u>5,253.96</u>	
Total Fundraising	31,404.19	
TOTAL FUNDS AVAILABLE		63,745.69
LESS - DONATIONS/PROJECTS		
Australian Rotary Health	1,000.00	
Catherine House	205.00	
Cuppa Conversation—Premier's Community Award	88.47	
DV Safe Phones	255.00	
Indigenous Health Scholarship	5000.00	
No to Domestic Violence	473.99	
NYSF—Student Sponsorship	1,500.00	
Refugee Mentoring Program	12,811.20	
ROMAC	1,000.00	
Rotaract—Talk Out Loud City Plunge	316.90	
Rotary World Community—Ukraine New Dawn Fund	1,000.00	
Rotary Foundation—End Polio	4,000.00	
RYLA Student Sponsorship	985.00	
RYPEN	-	
Shelterbox	1,000.00	
Timor Leste Kindergarten Supplies	200.00	
Timor Leste Multi-function Court	5,506.80	
White Ribbon—Survivor's Table	<u>450.00</u>	
Total Donations/Projects Expenditure	35,615.42	28,130.27
BALANCE 31 May 2024		<u>\$28,130.27</u>

MEMBERSHIP - as at 30 June 2024

Efanullah Abidi
 Andrew Black - Honorary Member
 Bob Buckerfield - Honorary Member
 John Campbell
 Julie Campbell
 Alison Carter
 Paul Ensor
 Fred Field
 Maria Garces
 Barry Gear AO
 Katey Halliday
 Paige Honor
 Richard Jarrett
 Paul Jupp
 Kirsti Kankkunen
 John Karran (Honorary)
 Di Lane
 Stuart Marshall
 Bruce McDonald
 Rob McLennan
 Liliam Osario
 Elaine Reade
 Yvette Reade
 David Riggall
 David Rowe (Honorary)
 Graham Smith (Honorary)
 Dean Sullivan
 Liz Tilley
 Don Tindale
 Angus Tuck
 Pat Welke
 John Wotherspoon
 Alex Yepes
 Fatemeh Zarei

**AWARDS****Current Members & Partners awarded Paul Harris Fellows:**

Efanullah Abidi
 Andrew Black (Honorary)
 Bob Buckerfield (Honorary)
 John Campbell
 Julie Campbell
 Fred Field
 Barry Gear AO
 Katey Halliday
 Paige Honor
 Richard Jarrett
 Paul Jupp
 Kirsti Kankkunen
 John Karran (Honorary)
 Di Lane
 Bruce McDonald
 Robert McLennan
 Liliam Osario
 Yvette Reade
 David Riggall
 David Rowe (Honorary)
 Graham Smith (Honorary)
 Dean Sullivan
 Pam Sullivan
 Don Tindale
 Angus Tuck
 Deborah Wotherspoon
 John Wotherspoon

**PAUL HARRIS FELLOWS - SAPPHIRES**

Barry Gear AO - 1 Sapphire
 Julie Campbell - 2 Sapphires
 Fred Field - 2 Sapphires
 Di Lane - 2 Sapphires
 Bruce McDonald - 2 Sapphires
 Yvette Reade - 2 Sapphires
 David Rowe (Honorary) - 2 Sapphires
 John Wotherspoon - 2 Sapphires
 Richard Jarrett - 3 Sapphires
 Rob McLennan - 3 Sapphires
 Angus Tuck - 3 Sapphires
 John Campbell - Ruby

PAUL HARRIS SOCIETY

John Campbell
 Angus Tuck

BEQUEST SOCIETY

Yvette and Anthony Reade
 Julie and John Campbell

PAST DISTRICT GOVERNORS

Anthony (Tony) Reade OAM 1993-1994
 Katina Jones 2004-2005
 John Campbell 2014-2015

AUSTRALIAN AWARDS

Barry Gear AO

PRESIDENTS OF THE ROTARY CLUB OF ADELAIDE LIGHT INC

1986-1987 Anthony (Tony) Reade OAM
 1987-1988 Philip Harding AM
 1988-1989 John Rodda
 1989-1990 Dean Kuhl
 1990-1991 Stuart Ferguson
 1991-1992 Andrew Black
 1992-1993 Don Tindale
 1993-1994 Alan Mead
 1994-1995 Barry Gear AO
 1995-1996 Robert (Bob) Angove AM
 1996-1997 Graham Smith
 1997-1998 Rex Spinley
 1998-1999 Peter Bayetto
 1999-2000 Katina Jones

2000-2001 Rob McLennan
 2001-2002 Ian Bluntish
 2002-2003 John Wotherspoon
 2003-2004 Robert (Rob) Brook
 2004-2005 Stephen Baker
 2005-2006 Kym Pedler
 2006-2007 Deborah Wotherspoon
 2007-2008 Neil Bray
 2008-2009 Terry Rodoni
 2009-2010 Angus Tuck
 2010-2011 Carolyn Wigg
 2011-2012 John Campbell
 2012-2013 Dean Sullivan
 2013-2014 Richard Jarrett

2014-2015 Yvette Reade
 2015-2016 Miriam Silva
 2016-2017 Don Tindale
 2017-2018 Julie Campbell
 2018-2019 Rob McLennan
 2019-2020 Katrina Ball
 2020-2021 Rob McLennan
 2021-2022 John Wotherspoon
 2022-2023 John Wotherspoon
 2023-2024 Yvette Reade

