

**Suicide Risk Factors**

Risk factors are characteristics or conditions that increase the chance that a person may try to take their life. The more risk factors, the higher the risk.

**Health Factors**

* Mental health conditions.
* Depression.
* Bipolar (manic-depressive) disorder.
* Schizophrenia.
* Borderline or antisocial personality disorder.
* Conduct disorder.
* Psychotic disorders, or psychotic symptoms in the context of any disorder
* Anxiety disorders.
* Substance abuse disorders.
* Serious or chronic health condition and/or pain.

**Environmental Factors**

* Contagion would include exposure to another person’s suicide, or to graphic or sensationalized accounts of suicide.
* Access to Lethal Means including firearms and drugs.
* Prolonged Stress Factors which may include harassment, bullying, relationship problems, and unemployment.
* Stressful Life Events which may include a death, divorce, or job loss.

**Historical Factors**

* Previous Suicide Attempts.
* Family History of Suicide Attempts.