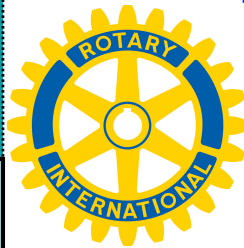


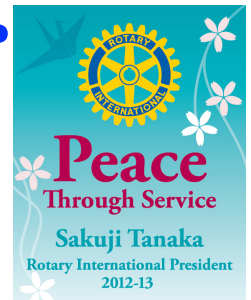
November 29,
2012
Recovery Edition



The Rotary Banner

East Alton Rotary Club
Chartered Oct. 28, 1971 District 6460

www.eastaltonrotary.org



CLUB OFFICERS

PRESIDENT

Eric Barger

PRESIDENT-ELECT

Rhonda Pluester

SECRETARY

Lori Palmer

TREASURER

Cory Gallivan

DIRECTORS

CLUB SERVICE

Paul Hoover

VOCATIONAL SERVICE

Brad Lavite

COMMUNITY SERVICE

Mark Allison

INTERNATIONAL SERVICE

Rod Croxford

NEW GENERATIONS

Rhonda Pluester

NEW MEMBERSHIP

Kelli Keller

FUNDRAISING

Allen Hale

SERGEANT AT ARMS

Rick Hooks

BANNER EDITOR

Larry Lacher

CLUB ARCHIVES

Rick Hooks

FOUNDATION OFFICERS

PRESIDENT

Erin Phillips

TREASURER

Mark Speciale

SECRETARY

Rose Sebastian

PROGRAM TODAY

Paul Hoover

NEXT WEEK THANKSGIVING HOLIDAY

BIRTHDAYS

11- 25: Roger W.

Healthcare Begins at Home

Last time, Paul Hoover was both host and speaker. He talked to the club about healthcare issues.

Paul told us that we can expect major changes when Obamacare is fully implemented-- changes that will especially affect Baby-boomers. These changes will produce a shortage in doctors and a shortage in services. Reduced payments, higher costs and regulations, and more government interference will put monumental stresses on our healthcare system.

Dr. Paul recommends that we take responsibility for our own health and well-being. Most of our medical problems are the result of poor behavior. Simply put, we eat the wrong things and exercise too little. Compared to the cost of getting sick, the cost of staying well is cheap. Saying, "You cannot medicate yourself away from a problem you behaved your way into," Paul said that we all know what we must do and recommends that we become deliberate about making the changes we must to maintain better health.

NEWS, NOTES, AND NONSENSE

A sparse group of nineteen Rotarians shared Julia's chicken and rice last time. The meeting began as Rick pledged, Rose tested and Dave prayed. Joe and Red were both red today.

Dave dutifully adjusted our flag to the left.

Rick announced that \$230 was raised for the Turkey fund resulting in an all-bye day.

Lori said that she needs three more recipients for poinsettias and Joe announced that the date for the BB tournament would be Jan. 12. We are in need of a concession manager for the event.

Good news came from Larry who announced the birth of his granddaughter, Harmonie Susan and the marriage of his daughter, Casey. Joe's good news had to do with his daughter Alex signing her letter of intent to attend and play softball at Mississippi State University.

The \$83 in the 50/50 pot eluded Diane and Joe.

MAKE UP SITES

MONDAY

NOON

•Wood River—St. John
UCC, WR

•Jerseyville—Peace
United Church

6 PM

•Alton-Godfrey—Alton
Sports Tap

•Bethalto—Stryker's
Sports Bar

TUESDAY

NOON

•Collinsville—Holiday
Inn

•Granite City—
Niedringhaus
Methodist

•Highland—Michael's
Restaurant

WEDNESDAY

NOON

•Goshen—LCCC Center,
Edwardsville

THURSDAY

NOON

•Riverbend—Mac's Time
Out Lounge, 315
Belle St.

•Edwardsville—First
Christian

FRIDAY

NOON

•Troy, Silver Creek—
Pizza Man

To locate a club where
you are visiting check:

<http://>

[www.rotary.org/en/](http://www.rotary.org/en/AboutUs/SiteTools/ClubLocator/Pages/rid)

[AboutUs/SiteTools/](http://www.rotary.org/en/AboutUs/SiteTools/ClubLocator/Pages/rid)

[ClubLocator/Pages/rid](http://www.rotary.org/en/AboutUs/SiteTools/ClubLocator/Pages/rid)

Upcoming Events

12-15: Bell Ringing

12-20: Christmas
Party.

12-27: No Meeting

1-12: Basketball
Tournament

East Alton Rotary Club

P.O. Box 56
East Alton, IL 62024

Service Above Self

The Four Way Test

- *Is it the Truth?
- *Is it Fair to all concerned?
- *Will it Build Goodwill and better Friendships?
- *Will it be Beneficial to all concerned?

We're on the Web!

See us at:

www.eastaltonrotary.org

Like us on Facebook

See our blog at:

eastaltonrotary.blogspot.com

Club Archives

Dec. 4, 1986

-We were meeting at Amelia's Restaurant. Paul was our Prez and Mark S. our Treasurer. -Salvation Army bell ringing was scheduled for the 6th and the Christmas Party on the 11th at Norm Taylors. -The program was presented by Jim Albas, a Roxana Junior HS counselor. He would be talking about drugs in the schools. -Our speaker last week was from Illinois Bell. He told us about fiber optic technology.

Just For Fun

Sign on company bulleting board: "This firm requires no physical-fitness program. Everyone gets enough exercise jumping to conclusions, flying of the handle, running down the boss, flogging dead horses, knifing friend in the back, dodging responsibility, and pushing their luck."

In Memory of Dick Bell

Richard R. "Dick" Bell, 85, passed away peacefully in his home at 4:25 p.m. Friday, Nov. 16, 2012.

He was born in St. Louis on Nov. 23, 1926, the son of Marion Russell and Marguerite C. (Schmidt) Bell.

He is survived by his sister, Marjorie J. Bell Grufman, 91, and his brother, William F. Bell, 81.

In 1948, he married his sweetheart, Patricia A. Worcester, who preceded him in death in 1994. Also surviving are his son, Paul Michael and Lisa (Williams) Bell; a daughter, Mary Bell; three grandchildren, Melissa Bell and Timothy Yates, Heather (Bell) and Brock Hendricks, Corey and Melissa (Wind) Bell; seven great-grandchildren, Dalton Pryor, Jaxon, Carter and Brody Hendricks, Jayden, Kamryn and Lawson Bell; many nieces, nephews, great-nieces and nephews and cousins that he loved dearly.

After serving three years in the Navy and graduating from the University of Illinois, he became a partner in Worcester and Bell Construction Company. Worcester and Bell is known for the quality of work, growth in the community and loyalty. Dick was a man of his

word. He was an intelligent businessman with great integrity, taking pride in everything he did.

Through his dedication to the community and organizations, he established many long-lasting friendships. He loved flying planes, was an avid golfer and enjoyed traveling. A pillar of the community, he belonged to Wood River Rotary Club, where he was recognized as a "Paul Harris Fellow" and maintained perfect attendance for more than 40 years, St. Louis Regional Airport as Commissioner, Boy Scouts of America since 1987, past president and board member of Wood River Library Board, Wood River Chamber of Commerce (following in his father's footsteps), Wood River Heritage Council Contributor to the Historic Chapel, Wood River Police and Fire Commissioner, bank board member of First National Bank of Wood River, Magna Bank and Regions Bank, and Member of the St. Louis Zoo (and that just names a few.)

He was a great man; his passing will be a great loss to many. His family, friends and the community will forever be grateful for knowing this man.