



Newsletter Date  
August 12, 2010

### CLUB OFFICERS

#### PRESIDENT

Chris Herzog

#### PRESIDENT-ELECT

Dave Miller

#### SECRETARY

Lori Palmer

#### TREASURER

Cory Gallivan

#### DIRECTORS

#### CLUB SERVICE

Paul Hoover

#### VOCATIONAL SERVICE

Rhonda Plueter

#### COMMUNITY SERVICE

Charlie Kunz

#### INTERNATIONAL SERVICE

Rod Croxford

#### YOUTH EXCHANGE

Dave Miller

#### NEW GENERATIONS

Eric Barger

#### SERGEANT AT ARMS

Rick Hooks

#### BANNER EDITOR

Larry Lacher

#### CLUB ARCHIVES

Rick Hooks

#### FOUNDATION

#### OFFICERS

#### PRESIDENT

Erin Phillips

#### TREASURER

Mark Speciale

#### SECRETARY

Rose Sebastian

### PROGRAM HOSTS

#### TODAY

Cory Gallivan

#### NEXT WEEK

Allen Hale

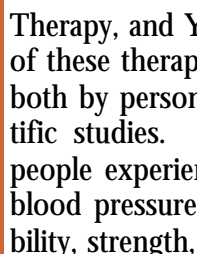
### BIRTHDAYS

None this Week

# The Rotary Banner

## Movin'-to-Phoenix-to-cool-off Edition

Rel ax, Renew, Be Wel l



Last week Olivia Kelly, Theresa Franklin and Kay Modlin visited the club as guests of Rod Croxford to tell the club about their business, "Be Well Now Center." This facility located across from Alton Square Mall specializes in Acupuncture, Massage

Therapy, and Yoga. The health benefits of these therapies has been well attested both by personal experiences and scientific studies. Through these therapies people experience decrease in pain, and blood pressure and an increase in flexibility, strength, energy, circulation, and a

general sense of wellness. Studies have indicated success in the treatment of chronic pain through acupuncture. Costs are reasonable and their services are open to anyone. More information is available at their website: <http://www.bewellnowonline.com/>



## MAKE UP SITES

### MONDAY

NOON

- Wood River— St. John's UCC, WR
- Jerseyville— Peace United Church

6 PM

- Alton-Godfrey— Alton Sports Tap

### TUESDAY

NOON

- Collinsville— Holiday Inn
- Granite City— Niedringhaus Methodist
- Highland— Michael's Restaurant.

### WEDNESDAY

7:00 a.m.

- Bethalto— Red Apple
- Goshen—LCCC Center, Edwardsville

### THURSDAY

NOON

- Riverbend— Johnson's Corner Restaurant, Alton
- Edwardsville—First Christian

### FRIDAY

NOON

- Troy, Silver Creek—Pizza Man, 611 Edwardsville Rd., Troy

To locate a club where you are visiting check:

<http://www.rotary.org/en/AboutUs/SiteTools/ClubLocator/Pages/rid>

-The sign-up sheet for the Race on 9-11 will be circulating soon.  
-Word is that Missy is off work because of an illness. Please keep her in your prayers.

-Mark S. likes the fried eggplant at Cuenetto's. We're not convinced.

-We meet off site on the 26th.  
-Rose and one of our speakers tried to land the \$64 jackpot. Nope.

## News, Notes, Nonsense and Nothings

-There were no Rotarian guests, but Joe, Lori and Rick presented make-ups from the new Riverbend club. That was Joe's first one!

-Renee Frissee and Mike Caldwell joined us for lunch and to accept their scholarship monies from Mark S. Renee received \$2600 and Mike \$1600. They were both extremely grateful for the funds that they will be using to jump start their college education.

-Allen was in the house. One was suggested that the Cardinals must not be playing.

-Dick suggested that one could buy 6 50-50 chances for 2 bucks. Those finance guys sure have creative math skills. While we are on the topic, Dick and Carole invite every-

one to their 45th wedding anniversary celebration on September 11th. It will be held at the Glen Carbon Community Center from 4-7. Please RSVP by September 1st.

-Paul was early enough to get hot fried chicken. What's with past presidents Kevin, Brad and Joe arriving just in time for the wings, @ 12:15. Such a fine example!

-Fried chicken and yoga. Abbott and Costello. You get the picture.

-Congrats to Cory for coming in last place in Baseball Mania, and winning \$50. Just goes to show that winning isn't all it's cracked up to be. His wife is recovering nicely from her gall bladder surgery.

East Alton Rotary Club  
WWW.EASTALTONROTARY.ORG

Stamp  
Here

P.O. Box 56  
East Alton, IL 62084

Return Service  
Requested

SERVICE ABOVE  
SELF

#### FOUR WAY TEST

Is it the Truth?  
Is it Fair to all concerned?  
Will it build Goodwill and  
Better Friendships?  
Will it be Beneficial to All  
Concerned?

Sign on company bulleting board: "This firm requires no physical-fitness program. Everyone gets enough exercise jumping to conclusions, flying of the handle, running down the boss, flogging dead horses, knifing friend in the back, dodging responsibility, and pushing their luck."

East Alton blog:

<http://eastaltonrotary.blogspot.com/>

online make-up: [http://rotary.org/RIdocuments/en\\_pdf/eclub\\_list.pdf](http://rotary.org/RIdocuments/en_pdf/eclub_list.pdf)

## From the Archives

August 4, 2005

-We were moving our meetings to Keasler starting on the 18th.  
-Ron reported that we have paid for 1/2 the clock and are now awaiting a rendering.  
-Former outbound student Angela Rose was returning to Japan to teach English after graduating with honors from Seaton Hall University.  
-Our next Busch Stadium work day will be August 19th.  
-Brad's visage was all over the credit union newsletter. Heavy fines were the result.  
-Paul was practicing his "stand up" sitting down.  
-Rick was challenged to meet the previous years fines totals. Some things never change.

## Windmills for India from Arizona

Five families who harvest salt from the desert in western India have Rotarians to thank for windmills that will double their income.

The Rotary Club of Wadhwan City, India, and the Rotary E-Club of the Southwest, Arizona, USA, received a Rotary Foundation Matching Grant and used club and District 5510 (Arizona) contributions to purchase 10 windmills. The windmills pump underground, salt-laden water into shallow ponds, where the salt can be separated through evaporation.

The families -- who are among the 10,000 families who migrate annually to the Little Rann of Kutch salt marsh in Gujarat to collect up to 800 tons of salt apiece -- previously relied on

diesel engines to draw water to the desert's surface.

Five windmills were installed by the manufacturer in February with the help of Rotarians and the recipients. Club members expect the other five to be in use by October, the start of the six-month salt-harvesting season.

Deepak Agrawal, governor-elect of District 3060, visited the families in March and says they each saved about \$100 in fuel and engine repair costs over a monthlong period.

"The project allowed them to buy basic amenities -- a glass to drink water from, books for their children, a light bulb," Agrawal says. "With the time they saved from engine maintenance, one of the fathers brought his child to school, and a mother read with her children."

Read More at:

[www.rotary.org](http://www.rotary.org)



## Coming Events

8-26: Club Visit to Senior Services Plus. 2603 N. Rodgers, Alton.  
9-11: Soap Box Race of Fun  
9-23: Visit by District Governor, David Parsons  
10-14: Annual Steak Fry  
10-22: Chili Dinner  
10-28: Halloween Parade  
12-9: Christmas Party