News Both Fit and Unfit!

My apologies for the late delay of this report. I inadvertently kept notes from the 11/2/2015 meeting and shredded my notes for 11/16/2015 meeting. I will attempt to reconstruct the events of the day

Guest Speaker:

Sue Jacobs - Meals on Wheels. Sue spoke of the program of providing meals for homebound residents of our community.

Meals on Wheels of Western Broome serves around 200 clients per day on 20 daily routes. This requires about 320 volunteers of which 220 are utilized per week.



Our Mission:

Meals on Wheels of Western Broome County, Endicott, NY is a non-profit organization that provides and delivers healthy nutritious balanced meals each weekday to those seniors, elderly, convalescent, handicapped, isolated; those who can't cook and can't shop and others of our community so they may maintain their independence and quality of life.

Our Beginnings:

In 1970 a local group of 17 women formulated plans to begin our MOW Program. The meals were prepared at the First Baptist Church in Endicott, NY. We had two routes and served 9 clients. Our Program moved to the Town of Union Hooper Annex Building in 1975. In 1996 MOW relocated to our current location in the Our Lady of Good Counsel school building, 705 West Main Street, Endicott, NY.

Guests:

Sue Jacobs – Meals on Wheels of Western Broome joined 25 regular members for a rousing meeting.

50/50

This reporter cannot recall who won the 50/50 this week and we will all know when the fine master is introduced today. However, the winner did collect \$16.00 and was fined for their winnings.

Upcoming Speakers:

11/23: Christine Day - Vegan consultant

11/30: Carole Coppens YWCA 12/7: Club Business Meeting

12/14: Robert Murphy -Dir. of Economic Development Bing.

12/21: Ken Fernald, CEO & Jenn Small COO Assoc for

Vision Rehabilitation

Upcoming Events

11/30: Can Collection #1 12/7: Can Collection #2

12/13: Willow Point - S. Day, C. Day, & Fabian

12/14: Can Collection #3 12/14: Board Meeting @ 11:30 12/16: Can Packing – Town Water Barn

Fine Master:

A total of \$52 was collected in fines today. Many included happy fines and those that were not happy were fined for something else!!

Announcements:

- St Pats Party looks like 3/12/2016. Details to follow.
- Holiday party details shortly, thank you Siobhan for hosting.
- Our won Christine Day Vegan Consultant will be speaking today. Let's see what is on the menu!!
- For more information visit our website: http://www.vestalrotary.org/

November Celebrations:

Member Birthdays

28th – George Schwarztrauber

Anniversaries

None – bad month to get hitched!

Don's Joke Corner

A man goes in for an interview. The employer asks him what his greatest weakness is. The man replies, "My honesty." The interviewer indicates that certainly does not appear to be a weakness. Honesty is a good trait. The man replies, "I really don't care what you think" - not sure if he was hired

Quote of the Day:

"The only way to enjoy anything in life is to earn it first"

Ginger Rogers

VESTAL ROTARY 2015-2016 Leadership Team

President Teri Mahonski

1st VP/Fund Raising George Schwarztrauber

2nd VP Dan Barker
Treasurer Carol Belva
Secretary Mark Capobianco
Programs Mark Capobianco
Sgts-at-Arms Mike Mercincavage
International Service Steve Day/Siobhan Davey
Community Service Aaron Martin/Art Pavelski

Vocational Service Andy Papaleo
Club Service Jim Ward
Rotary Foundation Danielle Bulger
Interact Club Rob Flanders
Vigilant Editor Dan Barker

Dick's Open Roy Cordero & Andy Papaleo

Holiday Food Drive Carol Belva
Membership Pete Griffiths
House Committee Roy Cordero
Public Relations Andy Papaleo
Member Relations Vacant

Club Historian Mark Capobianco
Coats for Kids Rob Flanders

Webmaster George Schwarztrauber

Immediate Past President Roy Cordero

Vestal Rotary Foundation George Schwarztrauber

ROTARY CLUBS FOR MAKE-UPS

MONDAY

Hillcrest 12:15- Villa Tuscana in Chenango

Bridge (Red & White/Lower Level).

Vestal 12:15 – California Grill

Conklin 7:00 PM – Maines Community

Center

TUESDAY

Binghamton 12:15 – Terra Cotta Endwell 12:15 – Brother's 2

Owego 12:05 – Owego Treadway Inn

WEDNESDAY

Binghamton B-fast 7:15 am – The Binghamton Club

Greene 8 am – Varries

Colesville 6:15 pm – Hitchin' Post Rt. 7

THURSDAY

Endicott 12:15 – Elk's Lodge, Route 26N

Johnson City 7:30 am – Davis College

Whitney Point 6:15 pm –Northern Broome Senior

Center, 12 Strongs Place

FRIDAY

Nimmonsburg 12:15 – Chenango Town Hall



2015 -2016 Theme

The Vigilant:

News, Notes and Nonsense of the Vestal Rotary Club

www.VestalRotary.org

Monday, November 23, 2015 Reporter: Rick Pedro

Guest Speaker
Christine Day Vegan
Consultant



SERVICE Above Self

District 7170: District 7170

District Governor -Doug Larison

International Zone # 29

National Rotary: www.Rotary.com