

News Both Fit and Unfit!

Guest Speaker:

District Governor Richard Matushima was our speaker today. DG Richard has been extremely busy putting together the District Directory in HARD COPY form the last 6 months and is kicking off his visitations with his home club. DG Matushima is planning on visiting all 44 clubs within the first 5 months of his term. His primary goal is that he wants to know and meet all of the members and clubs individually, where and when they meet, learn about the clubs, the communities and help to build stronger clubs and communities. The challenge of our clubs is to stay independent to keep their own identity. Each Rotary club is unique and we can all help to enhance Rotary with our investment of time, effort and resources to build attractive communities. Richard's many passions include working with and motivating young people and building a vibrant community. Our children and grandchildren can learn from us and then carry on the same traditions.



DG Richard was born one month after the end of WWII and left his home country of Japan in 1970. It was not long before he discovered that helping others was in his DNA. DG Richard realized early in life that life was and could be so much more than work and study. DG Richard founded Kampai Steakhouse in 1975. Richard has realized the American dream and knows the American Dream is strong, vibrant for all. In 1988, DG Richard joined Vestal Rotary and his passion to help others found its channel where he could focus his efforts. Richard's Project for his term is "The Tree Peony Project."

The Tree Peony Project: Community Beautification Great Investment

Tree Peonies are deer resistant and easy to grow. They love our cold winters and are also fairly drought tolerant. Roots are delivered in time for Spring planting and Mother's Day. As the plants mature, the numbers of flowers they produce also increase. Please plant them:

1. Around your home 1st year: Planting in April/May
 2. In your school or church 2nd year: 23 flowers/plant
 3. Around your workplace 3rd year: 68 flowers/plant
- My Goal is to plant 1,000 roots in 2017 throughout District 7170.

Fundraising Opportunity: Help us, and let us help you.

Special price and benefit for Rotary clubs, if ordered before September 15, 2016:

Make checks payable to your participating Rotary club at \$20/root. Your club keeps \$10 for the Rotary Foundation for you or your club's credit. Your club makes a check payable to Kampai (Importer) for \$10/root (which includes \$9.26 for root + \$0.74 tax). The price will be \$25/root after September 15, 2016 with the same donation of \$10/root to the Rotary Foundation. Please place your order:

By email: kampaikconnect@stny.rr.com. Or call: Richard: 6077709428

Guests:

Debby Matsushima – First Lady, DG
Nolan Robertson – Prospective Member

50/50

Jim Ward was the winner today of a whopping \$19

Fine Master:

Andy "PapaTrivia" Leo pinch hit for Rob "Milorganite" Flanders as the fine master today and collected \$23 by having everyone contribute \$ who was sitting in a different seat than normal, even though that was encouraged and people were fined for sitting in their same seats in the past. Next week, everyone on the floor, you are going to pay!! Cannot do anything about this, I am not the fine master, just a fine master monitor.

Upcoming Speakers:

8/1 - Club Assembly
8/15 - Senator Fred Akshar – District update
8/22 - Robin Alpaugh - United Way of Broome County

Don's Joke Corner

The Calculating Sheepdog

After a talking sheepdog gets all the sheep in the pen, he reports back to the farmer: "All 40 accounted for."

"But I only have 36 sheep," says the farmer.

"I know," says the sheepdog. "But I rounded them up."

Announcements:

VOLUNTEERS needed for Speidi Fest. George emailed all members with sign up information. Today was last day to sign up, if you can help, contact George and they will try to get you in.

- Our Exchange student, Valentine will be arriving from Belgium on August 20
- DSGO for 2018 – the dates are 8/18, 8/19, 8/20, 8/21, put on your calendar!
- Bud Dahlgren is joining Vestal rotary! Welcome Bud.
- Danielle announced November is Foundation month and will be reaching out to all of us. The goal is \$50 each year from all Rotarians and \$50 is then matched for a total of \$100. The new year is now!! Once \$1000 in giving is accomplished, a Rotarian receives the designation of a Paul Harris Fellow.
- For more information visit our website:
<http://www.vestalrotary.org/>

And now, a bit about our club: [About Us](#)

The Vestal Club was founded on October 2, 1957. We currently have about 35 members. We meet every Monday at the California Grill at 12:15pm for lunch. We run on an annual budget of about \$60,000. We have a number of projects that we do annually in the Vestal Community.

- - See more at: <http://portal.clubrunner.ca/3585/SitePage/about-our-club#sthash.ZYPOnzkG.dpuf>

Please take a look at our Club History



2014-15-club-history.pdf

Upcoming Events

8/5 – 8/7 - SPEIDI, SPIEDY, SPIEDE or SPEEDY Fest

8/13 Club Picnic at Dr. Ed's House, 400 Meeker Rd, 2:30 pm start. YES OR NO, next week is the final day for choosing. Choose wisely!

9/10: Day of Caring Community Service Project



vestal-rotary-calendar-2016-2017.pdf

Above is our rotary calendar for 2016-2017

August Celebrations

Birthdays:

Tracy Wiles – August 17

Anniversaries:

8/11 - Mike and Joyce Mercincavage - 54 years, WOW!!

8/20 - Teri and Steven Mahonski – 33 years

8/23 – Kim and Timothy Myers – 36 years



Quote of the Day:

"Get your facts first then, you can distort them as you please" -Mark Twain

**VESTAL ROTARY
2015-2016 Leadership Team**

President	George Schwarztrauber
1 st VP/Fund Raising	Ted Wolf
2 nd VP	
Treasurer	Teri Mahonski
Secretary	Mark Capobianco
Programs	Mark Capobianco
Sgts-at-Arms	Mike Mercincavage
International Service	Steve Day/Siobhan Davey
Community Service	Aaron Martin/Art Pavelski
Vocational Service	Andy Papaleo
Club Service	Ed Budnikas/Jim Ward
Rotary Foundation	Danielle Bulger
Interact Club	Rob Flanders
Vigilant Editor	Rick Pedro
Dick's Open	Roy Cordero & Andy Papaleo
Holiday Food Drive	Carol Belva
Membership	Pete Griffiths
House Committee	Teri Mahonski
Public Relations	Andy Papaleo
Member Relations	Ed Budnikas
Club Historian	Mark Capobianco
Coats for Kids	Rob Flanders
Webmaster	George Schwarztrauber
Immediate Past President	Roy Cordero
Vestal Rotary Foundation	George Schwarztrauber



2016 -2017 Theme

The Vigilant:

News, Notes and
Nonsense of the Vestal
Rotary Club

Club # 4903

www.VestalRotary.org

Monday August 1, 2016
Reporting: Rick Pedro

Club Business Meeting



SERVICE Above Self

District 7170: [District 7170](http://District7170.org)
District Governor - Richard Matsushima
International Zone # 29
National Rotary: www.Rotary.com

ROTARY CLUBS FOR MAKE-UPS

MONDAY

Hillcrest	12:15- Villa Toscana in Chenango Bridge (Red & White/Lower Level).
Vestal	12:15 – California Grill
Conklin	7:00 PM – Maines Community Center

TUESDAY

Binghamton	12:15 – Holiday Inn Arena
Endwell	12:15 – Brother's 2
Owego	12:05 – Owego Treadway Inn

WEDNESDAY

Binghamton B-fast	7:15 am – The Binghamton Club
Greene	8 am – Varies
Colesville	6:15 pm – Hitchin' Post Rt. 7

THURSDAY

Endicott	12:15 – Nirchi's Washington Ave.
Johnson City	7:30 am – Davis College
Whitney Point	6:15 pm –Northern Broome Senior Center, 12 Strongs Place

FRIDAY

Nimmonsburg	12:15 – Chenango Town Hall
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