

News Both Fit and Unfit!

Guest Speaker: Amelia LaDolce



Amelia LaDolce is the Executive Director of Volunteers Improving Neighborhood Environments (VINES). She spoke to our club about her nonprofit organization. VINES is an organization founded in 2007 committed to developing a sustainable and just community food system. It turns vacant urban lots into gardens. Its signature project is the Urban Farm located at 16 Tudor Street in Binghamton which provided over 3,000 pounds of food in 2015. Our own Matt Conlon, as well as Christine Day are members of VINES' Board of Directors. For more information, visit <http://www.vinesgardens.org>.

Guests:

Amelia LaDolce, Guest Speaker
Christine Day

Fine Master:

Your Truly was last week's finemaster relying on the generosity of club members who contributed \$37 in happy fines.

Upcoming Speakers:

Nov 28, 2016	Denise Johnson - Director of Vestal Park Rehabilitation and Nursing
Dec 5, 2016	Club Business Meeting
Dec 12, 2016	TBD
Dec 19, 2016	TBD

Announcements:

- Sign-ups for publishing *The Vigilant* have been circulated. Thank you for all who have agreed to assist so far. If you have never written the newsletter, please consider doing so. We still need: **MARCH, APRIL and JUNE**. Thank you
- **District Conference – 5/5/2017 thru 5/7/2017 in Canandaigua. Would be terrific to achieve 100% attendance. Of course, the DG is ours and the support will be HUGE! Dress code casual (microfiber), families are welcome.**

For more information visit our website:

<http://www.vestalrotary.org/>

- We will host a Christmas party for the Vestal Nursing Home residents at the facility on December 18. Please join the festivities and help distribute gifts
- Our Exchange Student, Belgian Val Boulanger is a great guy. Consider taking him to a family event and getting to know him
- The Vestal Rotary polo shirts are in at the bargain price of \$20. See Steve Miller.
- Vestal School Foundation Trivia Night is scheduled for January 27, 2017. If anyone is interested in putting together a team of Vestal Rotarians, see Mark Capobianco

Upcoming Events

December 5, 2016	BOD meeting Time & place TBD
December 9, 2016	Christmas Party at Kevin & Amanda Webb's home at 6:30 p.m. - 4161 Lisi Lane, Binghamton
December 18, 2016	Nursing Home – Davey & Martin
December 14, 2016	Can packing
December 27, 2016	Coats of Kids
March 11, 2017	St Patrick's Day Raffle Party
May 4 – 7, 2017	District Conference - The Inn on the Lake - Canandaigua, NY
August 18, 2017	DSGO

November Celebrations

Birthdays

Val Boulanger	November 23
George Schwarztrauber	November 28

Anniversaries

Matt & Kim Conlon	November 23
Jim Ward (Rotary anniv.)	November 24
George Schwarztrauber (Rotary anniv.)	November 24

50/50

George Schwarztrauber won \$13. Be nice to George, he'll be our finemaster

Don's Joke Corner:

Accountant humor: I hired an odd-job man. He was useless. I gave him a list of eight things to do and he only did numbers one, three, five and seven.

Quote of the Day:

Success is simply a matter of luck. Ask any failure. – Earl Wilson

VESTAL ROTARY
2016-2017 Leadership Team

President	George Schwarztrauber
1st VP/Fund Raising	Ted Wolf
2nd VP	
Treasurer	Teri Mahonski
Secretary	Mark Capobianco
Programs	Mark Capobianco
Sgts-at-Arms	Mike Mercincavage
International Service	Steve Day/Siobhan Davey
Community Service	Aaron Martin
Vocational Service	Andy Papaleo
Club Service	Ed Budnikas/Jim Ward
Rotary Foundation	Danielle Bulger
Interact Club	Siobhan Davey/Matt Conlon
Vigilant Editor	Rick Pedro
Dick's Open	Roy Cordero & Andy Papaleo
Holiday Food Drive	Carol Belva
Membership	Pete Griffiths
House Committee	Teri Mahonski
Public Relations	Andy Papaleo
Member Relations	Ed Budnikas
Club Historian	Mark Capobianco
Coats for Kids	Rob Flanders
Webmaster	George Schwarztrauber
Immediate Past President	Teri Mahonski
Vestal Rotary Foundation	George Schwarztrauber



2016 -2017 Theme

The Vigilant:

**News, Notes and Nonsense
of the Vestal Rotary Club**

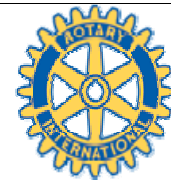
Club # 4903

www.VestalRotary.org

Monday November 28, 2016
Reporting: Bill Scannell

Today's Speaker:

Denise Johnson
**Director, Vestal Park Rehabilitation
and Nursing**



SERVICE Above Self

District 7170: [District 7170](http://District7170)
District Governor – Richard Matsushima
International Zone # 29
National Rotary: www.Rotary.com

ROTARY CLUBS FOR MAKE-UPS

MONDAY

Hillcrest 12:15- Villa Toscana in Chenango
Bridge (Red & White/Lower Level).
Vestal 12:15 – California Grill
Conklin 7:00 PM – Maines Community
Center

TUESDAY

Binghamton 12:15 – Holiday Inn Arena
Endwell 12:15 – Brother's 2
Owego 12:05 – Owego Treadway Inn

WEDNESDAY

Binghamton B-fast 7:15 am – The Binghamton Club
Greene 8 am – Varies
Colesville 6:15 pm – Hitchin' Post Rt. 7

THURSDAY

Endicott 12:15 – Nirchi's Washington Ave.
Johnson City 7:30 am – Davis College
Whitney Point 6:15 pm –Northern Broome Senior
Center, 12 Strongs Place

FRIDAY

Nimmonsburg 12:15 – Chenango Town Hall