

# News Both Fit and Unfit!

## Guest Speakers:

Jon McNamara from Renovus Solar in Ithaca N.Y. Renovus Solar was formed in 2003 and is a local owned and operated. They are actively developing Solar Farms for whole communities on a co-op platform. A lot of people do not have an ideal location for solar panels on their house. Renovus can provide solar power for a group of homes at a location nearby. Renovus is expecting rapid growth within the next 5 years. Thanks to New York States initiative to create 50% of its energy by renewable sources. With tax subsidies, solar energy is extremely attractive to many different businesses and families. With the level of interest in Solar and Renovus in particular NYS and its residents are in for wonderful opportunity to invest in long term renewable energy. We also had the pleasure of Jim Sheehy joining us from Redondo Beach California. He will be reaching out to our club members for donations for his marathon walk.



**Guests:** Jim Sheehy, a fellow Rotarian from Redondo Beach California. Jon McNamara, General Manager from Renovus Solar. Kate Miller, Marketing from Renovus Solar.

**Fine Master:** The Honorary Pete Griffiths is this weeks 50/50 winner. A Whopping \$21 dollars was deposited in his wallet. Aaron Martin took the podium for his very first fine master session and collected a very impressive \$49 bucks. His first order of business was dinging the 50/50 winner for a few bucks. He also fined the club each a dollar for NO October birthdays along with the members who sit at the same table every week. Then much to Andy's dismay, Aaron proceeded to a hold trivia event about pasta. Difficult questions were asked and a few bucks were definitely raised for the club. Happy fines were a small in number but plentiful at heart. Pete paid up for finding money, maybe he could find some for the rest of us. Ted was super happy to make it a week with not being fined, so he paid anyways! Kevin was happy for safe travel, and because he flew on a private jet or something awesome like that!

## Upcoming Speakers:

Dr. Ahmed Khan, Heart Surgeon UHS  
Oct 31, 2016  
Club Business – Meeting – No Speaker  
Nov 07, 2016  
Meeting Cancelled - Chamber Luncheon on 11/15  
Nov 14, 2016  
Amelia LaDolce –  
Director, Binghamton Urban Farm  
Nov 21, 2016  
Denise Johnson -  
Director of Vestal Park Rehabilitation and Nursing  
Nov 28, 2016

## Announcements:

- Any questions or suggestions regarding the lunch menus, facilities, etc. should funnel thru Teri Mahonski, House Committee Chair
- Sign-ups for publishing *The Vigilant* will be forthcoming. Thank you for all who have agreed to assist so far. If you have never written the newsletter, please consider doing so. We still need: JANUARY, MARCH and APRIL, Thx
- District Conference – 5/52017 thru 5/7/2017 in Canandaigua. Would be terrific to achieve 100% attendance.*
- Of course, the DG is ours and the support would be HUGE!*  
Dress code casual, families are welcome.
- St. Patrick's Day party date March 11th
- For more information visit our website:  
<http://www.vestalrotary.org/>
- Chamber luncheon November 15, 2016 at the Mckinley.

## Upcoming Events

**FOUNDATION DINNER, NOVEMBER 13, 2016 THE MCKINLEY**

### October Celebrations

**Birthdays:** ZERO

**Anniversaries:** Rob and Kathy Flanders 48 years. Bill and Pam Scannel 32 years. Siobhan and Alan Davey 16 years

**50/50:** Honorary Pete Griffiths. \$21. Don't spend it all in one place Pete!

### Don's Joke Corner:

Q: What do you call a cow with no legs?  
A: Ground Beef

### Quote of the Day:

It is better to keep your mouth closed and let people think you are a fool than to open it and remove all doubt. Mark Twain



VESTAL ROTARY  
2016-2017 Leadership Team

President	George Schwarztrauber
1 <sup>st</sup> VP/Fund Raising	Ted Wolf
2 <sup>nd</sup> VP	
Treasurer	Teri Mahonski
Secretary	Mark Capobianco
Programs	Mark Capobianco
Sgts-at-Arms	Mike Mercincavage
International Service	Steve Day/Siobhan Davey
Community Service	Aaron Martin
Vocational Service	Andy Papaleo
Club Service	Ed Budnikas/Jim Ward
Rotary Foundation	Danielle Bulger
Interact Club	Siobhan Davey/Matt Conlon
Vigilant Editor	Rick Pedro
Dick's Open	Roy Cordero & Andy Papaleo
Holiday Food Drive	Carol Belva
Membership	Pete Griffiths
House Committee	Teri Mahonski
Public Relations	Andy Papaleo
Member Relations	Ed Budnikas
Club Historian	Mark Capobianco
Coats for Kids	Rob Flanders
Webmaster	George Schwarztrauber
Immediate Past President	Teri Mahonski
Vestal Rotary Foundation	George Schwarztrauber



**2016 -2017 Theme**

***The Vigilant:***

News, Notes and Nonsense of the Vestal Rotary Club  
Club # 4903  
[www.VestalRotary.org](http://www.VestalRotary.org)

**Monday October 24, 2016**

**Reporting: Matt Conlon**

***Perino Chiropractic  
Services***

**ROTARY CLUBS FOR MAKE-UPS**

**MONDAY**

Hillcrest	12:15- Villa Tuscana in Chenango Bridge (Red & White/Lower Level).
Vestal	12:15 – California Grill
Conklin	7:00 PM – Maines Community Center

**TUESDAY**

Binghamton	12:15 – Holiday Inn Arena
Endwell	12:15 – Brother's 2
Owego	12:05 – Owego Treadway Inn

**WEDNESDAY**

Binghamton B-fast	7:15 am – The Binghamton Club
Greene	8 am – Varies
Colesville	6:15 pm – Hitchin' Post Rt. 7

**THURSDAY**

Endicott	12:15 – Nirchi's Washington Ave.
Johnson City	7:30 am – Davis College
Whitney Point	6:15 pm –Northern Broome Senior Center, 12 Strongs Place

**FRIDAY**

Nimmonsburg	12:15 – Chenango Town Hall
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**SERVICE Above Self**

District 7170: [District 7170](http://District7170)  
District Governor – Richard Matsushima  
International Zone # 29  
National Rotary: [www.Rotary.com](http://www.Rotary.com)