

# News Both Fit and Unfit!

## Guest Speaker:



Our guest Speaker today was Robin Alpaugh, Executive Director of United Way of Broome County. The Broome County United Way has been making positive social change in our community for over 100 years. After consulting with many other United Ways, they are implementing a "Community Impact Model" going forward. This model is being used successfully by many other United Ways. The model will focus on specific social issues identified by the community, and will direct resources in these areas to address the problems. After meeting with key stakeholders across the community, the needs of our community have been identified as:

1. Youth – to live, work, learn and contribute to the community.
2. Families – for them to be nurturing and economically stable.
3. Seniors – for their health and safety.

## Guests:

Robin Alpaugh, our speaker

## Fine Master:

Carol Belva collected \$90 today! She fined Neil for being a "guest" (a.k.a. hasn't been to Rotary all summer!) She asked him to follow his conscience in putting in a fine; Neil gave all he had!! – a whole \$3. Carol asked us to put in happy fines if we were thankful for ME Little League willing the World Series and the Sportsmanship award. This is a great reflection on the team, family, coaches and our community! Peter put in a happy fine because he is going on vacation AGAIN. Candy is happy for her wonderful vacation out West, and Daisy is happy for the golf tournament she participated in last weekend with Senator Akshar.

## Upcoming Speakers:

9/05 – NO MEETING - LABOR DAY

9/12 – Club Assembly

9/19: Elliott Weissmann, exchange student to Poland, 2015-16

9/26: Christine Crawford, Acupuncture and Oriental Medicine

## Announcements:

- There will be a board meeting immediately preceding the 9/12 club meeting. Probably 11:30 at California Grill upstairs. An email will follow to confirm.
- Sign-ups for publishing *The Vigilant* will be forthcoming. Thank you for all who have agreed to assist so far. If you have never written the newsletter, please consider doing so.
- Our Exchange student Valantin Boulanger has arrived.
- Day of Caring in Endicott has been cancelled due to unforeseen circumstances. However, United Way has requested help on

Monday Sept 12<sup>th</sup> at 7:30 a.m. to take down 3000 flags on their lawn. No need to RSVP – just show up.

- Mark needs to know when and where to apply any make up credits.
- **District Conference – 5/52017 thru 5/7/2017 in Canandaigua. Would be terrific to achieve 100% attendance.**
- **Of course, the DG is ours and the support would be HUGE!** Dress code casual, families are welcome.
- DG RICHARD's TREE peony project. This should absolutely without any doubt be 100% participation. Let's MAKE Richard's dream Blossom!! \*\*FACTOID BELOW\*\*
- No meeting on Labor Day 9/5/2016
- For more information visit our website:  
<http://www.vestalrotary.org/>

- **Peony.** The tree peony is distinguished most noticeably from a herbaceous peony by the fact that it retains a viable above-ground woody stem that remains after the flowers and branches have shriveled and dropped off the plant in preparation for winter: it is actually a medium-sized shrub. This woody stem should not be cut back in fall and should be pruned only if its shape is to be modified. The flower buds are much larger and flatter than those on the herbaceous peony, and are the same color as the leaves. They do not secrete honey on the bud tip. They bloom in late spring and early summer and make an excellent cutflower.



## Upcoming Events

**5/4/2017-5/7/2017 DISTRICT CONFERENCE – Canandaigua, NY. Home club is expected to run the Hospitality room, check-in, etc. Dress is casual, as long as it is microfiber. More to come!!**

## August Celebrations

### Birthdays:

Tracy Wiles – August 17

Carol Belva – August 11



### Anniversaries:

8/11 - Mike and Joyce Mercincavage - 54 years, WOW!!

8/20 - Teri and Steven Mahonski – 33 years

8/23 – Kim and Timothy Myers – 36 years

## 50/50

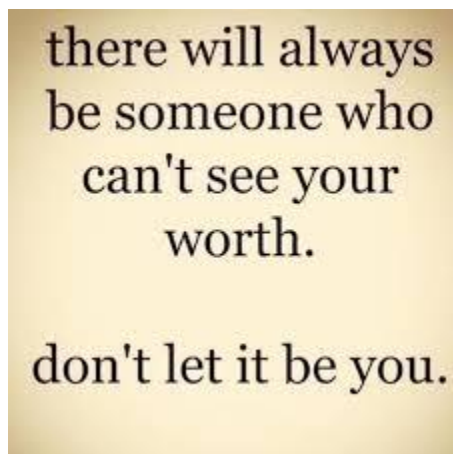
Kevin Webb won the 50/50 today in the amount of \$22

## Don's Joke Corner:

**Q. What happens to a frog's car when it breaks down?**

**A. It gets toad away.**

## Quote of the Day:



## ROTARY CLUBS FOR MAKE-UPS

### **MONDAY**

Hillcrest 12:15- Villa Toscana in Chenango  
Bridge (Red & White/Lower Level).  
Vestal 12:15 – California Grill  
Conklin 7:00 PM – Maines Community  
Center

### **TUESDAY**

Binghamton 12:15 – Holiday Inn Arena  
Endwell 12:15 – Brother's 2  
Owego 12:05 – Owego Treadway Inn

### **WEDNESDAY**

Binghamton B-fast 7:15 am – The Binghamton Club  
Greene 8 am – Varies  
Colesville 6:15 pm – Hitchin' Post Rt. 7

### **THURSDAY**

Endicott 12:15 – Nirchi's Washington Ave.  
Johnson City 7:30 am – Davis College  
Whitney Point 6:15 pm –Northern Broome Senior  
Center, 12 Strongs Place

### **FRIDAY**

Nimmonsburg 12:15 – Chenango Town Hall

## **VESTAL ROTARY 2016-2017 Leadership Team**

<b>President</b>	<b>George Schwarztrauber</b>
<b>1<sup>st</sup> VP/Fund Raising</b>	<b>Ted Wolf</b>
<b>2<sup>nd</sup> VP</b>	
<b>Treasurer</b>	<b>Teri Mahonski</b>
<b>Secretary</b>	<b>Mark Capobianco</b>
<b>Programs</b>	<b>Mark Capobianco</b>
<b>Sgts-at-Arms</b>	<b>Mike Mercincavage</b>
<b>International Service</b>	<b>Steve Day/Siobhan Davey</b>
<b>Community Service</b>	<b>Aaron Martin</b>
<b>Vocational Service</b>	<b>Andy Papaleo</b>
<b>Club Service</b>	<b>Ed Budnikas/Jim Ward</b>
<b>Rotary Foundation</b>	<b>Danielle Bulger</b>
<b>Interact Club</b>	<b>Rob Flanders</b>
<b>Vigilant Editor</b>	<b>Rick Pedro</b>
<b>Dick's Open</b>	<b>Roy Cordero &amp; Andy Papaleo</b>
<b>Holiday Food Drive</b>	<b>Carol Belva</b>
<b>Membership</b>	<b>Pete Griffiths</b>
<b>House Committee</b>	<b>Teri Mahonski</b>
<b>Public Relations</b>	<b>Andy Papaleo</b>
<b>Member Relations</b>	<b>Ed Budnikas</b>
<b>Club Historian</b>	<b>Mark Capobianco</b>
<b>Coats for Kids</b>	<b>Rob Flanders</b>
<b>Webmaster</b>	<b>George Schwarztrauber</b>
<b>Immediate Past President</b>	<b>Teri Mahonski</b>
<b>Vestal Rotary Foundation</b>	<b>George Schwarztrauber</b>



## **2016 -2017 Theme**

# **The Vigilant:**

**News, Notes and  
Nonsense of the Vestal  
Rotary Club**

**Club # 4903**

[www.VestalRotary.org](http://www.VestalRotary.org)

**Monday August 29, 2016**

**Reporting: Teri Mahonski**

***Robin Alpaugh – Director, United  
Way of Broome***



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**SERVICE Above Self**

District 7170: [District 7170](#)

District Governor - Richard Matsushima

International Zone # 29

National Rotary: [www.Rotary.com](http://www.Rotary.com)