

# News Both Fit and Unfit!

## Guest Speakers:



Great meeting at VHS today! We had many numerous guest speakers. We started off with Mike and Mark and the background how Canstruction was started in conjunction with Broome Leadership institute.(BLI) We then rolled into the student presentations from 5 different organizations. Interact Club, Partners in Health, Varsity Club, Vestal Student Government and FBLAV(Future Business Leaders)wowed us with their actions, programs , community involvement and professionalism. From the King Bruin Dance to TalentFest, to xchange programs with BHS, to Catholic Charites, Willow pt. nursing home volunteering, to providing health care opportunities for the poor in third world countries by raising money, we certainly should be confident with student leaders we had at our program that our area, community and world have a very bright future.

## Guests:

Michael Matsushima (name rings a bell)

## 50/50

No 50/50

## Fine Master:

No Fine Master

## Upcoming Speakers:

4/23/2018	Kim Myers -B.U.S. Bucks
4/30/18	No Meeting
5/7/2018	No Meeting
5/14/18	Seth Humphry – Eco Pro Power Washing
5/21/2018	Nick Cortese – Center for the Arts Homer
5/28/2018	No Meeting
6/4/2018	No Meeting

## Announcements:

- Dick’s Sporting Goods 8/13/- 8/19
- For more information visit our website:  
<http://www.vestalrotary.org/>

## Upcoming Events

District Conference – May 18-19 – SUNY Oneonta  
DSGO – August 13-19

## April Celebrations

*BIRTHDAYS :*

Vern Stuart – April 17

Aaron Martin – April 20

*ROTARY ANNIVERSARIES:*

Mike Mercincavage – 9 yrs – April 6

Danielle Bulger – 21 yrs – April 21

Matt Conlon - 2 yrs – April 25

*ANNIVERSARIES:*

Candy Patteson and Steve – 34 yrs – April 21

Ed Budnikas and Monica – 15 yrs – April 24

## Don’s Joke Corner:

What happens to a frog’s car when it breaks down?  
It gets *TOAD* away

## Quote of the Day:

”The most wasted day of all is that on which we have not laughed.”

Nicolas Chamfort

**VESTAL ROTARY**  
2017-2018 Leadership Team

<b>President</b>	<b>Ted Wolf</b>
<b>1st VP/Fund Raising</b>	<b>Matt Conlon</b>
<b>2nd VP</b>	<b>Rob Warholic</b>
<b>Treasurer</b>	<b>Teri Mahonski</b>
<b>Secretary</b>	<b>Mark Capobianco</b>
<b>Programs</b>	<b>Mark Capobianco</b>
<b>Sgts-at-Arms</b>	<b>Mike Mercincavage</b>
<b>International Service</b>	<b>Steve Day/Siobhan Davey</b>
<b>Community Service</b>	<b>Aaron Martin</b>
<b>Vocational Service</b>	<b>Andy Papaleo</b>
<b>Club Service</b>	<b>Ed Budnikas/Jim Ward</b>
<b>Rotary Foundation</b>	<b>Danielle Bulger</b>
<b>Interact Club</b>	<b>Siobhan Davey</b>
<b>Vigilant Editor</b>	<b>Rick Pedro</b>
<b>Dick's Open</b>	<b>Roy Cordero &amp; Andy Papaleo</b>
<b>Holiday Food Drive</b>	<b>Carol Belva</b>
<b>Membership</b>	<b>Pete Griffiths</b>
<b>House Committee</b>	<b>George Schwarztrauber</b>
<b>Public Relations</b>	<b>Andy Papaleo</b>
<b>Member Relations</b>	<b>Ed Budnikas</b>
<b>Club Historian</b>	<b>Mark Capobianco</b>
<b>Coats for Kids</b>	<b>Rob Flanders</b>
<b>Webmaster</b>	<b>George Schwarztrauber</b>
<b>Immediate Past President</b>	<b>George Schwarztrauber</b>
<b>Vestal Rotary Foundation</b>	<b>George Schwarztrauber</b>



## 2017 -2018 Theme

# *The Vigilant:*

## **News, Notes and Nonsense of the Vestal Rotary Club**

**Club # 4903**

[www.VestalRotary.org](http://www.VestalRotary.org)

**Monday, April 23, 2018**

**Reporting: Rick Pedro**

***Kim Myers -B.U.S. Bucks***



**SERVICE Above Self**

**District 7170:** [District 7170](http://District7170)

**District Governor – Zoë Vandermeulen**

**International Zone # 29**

**National Rotary:** [www.Rotary.com](http://www.Rotary.com)

### ROTARY CLUBS FOR MAKE-UPS

#### **MONDAY**

Hillcrest	12:15- Villa Tuscana in Chenango Bridge (Red & White/Lower Level).
Vestal	12:15 – California Grill
Conklin	7:00 PM – Maines Community Center

#### **TUESDAY**

Binghamton	12:15 – Holiday Inn Arena
Endwell	12:15 – Brother's 2
Owego	12:05 – Owego Treadway Inn

#### **WEDNESDAY**

Binghamton B-fast	7:15 am – The Binghamton Club
Greene	8 am – Varies
Colesville	6:15 pm – Hitchin' Post Rt. 7

#### **THURSDAY**

Endicott	12:15 – Nirchi's Washington Ave.
Johnson City	7:30 am – Davis College
Whitney Point	6:15 pm –Northern Broome Senior Center, 12 Strongs Place

#### **FRIDAY**

Nimmonsburg	12:15 – Chenango Town Hall
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