

Rotary Motto

Service Above Self

4-Way Test

*Of the things we
think, say or do:*

Is it the truth?

*Is it fair to all
concerned?*

*Will it build
goodwill and
better friendship?*

*Will it be
beneficial to all
concerned?*

Avenues of Service

Club Service

Vocational Service

*Community
Service*

*International
Service*

Youth Service

ROTARY NOTES

JANUARY 28, 2026

A publication of the Rotary Club of Warren

ASSIGNMENTS

GREETERS & REGISTRATION

February, 2026 - Ray Sinchak

March, 2026 - Ray Sinchak

INVOCATION

February, 2026 - Judy Masaki

March, 2026 - Ted Stazak

FELLOWSHIP (1st & 3rd Wednesdays)

February 4 & 18th, 2026 - Judy Masaki

March 4 & 18, 2026 - Christine Cope

MEMBER SPOTLIGHT (2nd Wednesday)

February 11, 2026 - Marilyn Pape

March 11, 2026 - Lauren Kramer

MAGAZINE REPORT (4th Wednesday)

February 25, 2026 - Judy Masaki

March 25, 2026 - Christine Cope

SPEAKERS

2/4/26 - Trumbull Tourism/America's 250th Anniversary

2/11/26 - Tour at Warren Family Mission

2/18/26 - Angel Williams, The Small District

2/25/26 - The Wolves Club of Trumbull County

3/4/26 - Tour at Clover Recycling

Areas of Focus

Peace & Conflict
Prevention/
Resolution

Disease Prevention &
Treatment

Water & Sanitation

Maternal & Child Health

Basic Education &
Literacy

Economic & Community
Development

The Environment

Club Officers

President
Tony Iannucci

President-Elect
Alicia Adams-Angelo

Vice-President
Meghan Reed

Secretary
Judy Masaki

Treasurer
Cheryl Oblinger

Past-President
Cindy Matheson

Board Members

Mike Bollas
Eric Knoth
Lauren Kramer
Robin Martorana
Marilyn Pape
John Perdue
Ray Thomas



February is very special in the Rotary calendar as it marks the anniversary of the first Rotary meeting on February 23, 1905 in Chicago. That day is now designated as "World Understanding and Peace Day".

During February, Rotarians around the world are also celebrating Peacebuilding and Conflict Resolution Month. This is a time when Rotary Clubs focus on promoting understanding, training leaders in mediation, and supporting projects that address the root causes of conflict, such as poverty and inequality. Clubs are encouraged to support peace fellowships, scholarships, and service projects that foster peace in their local communities. A presidential peace conference, "Healing in a Divided World", is scheduled for February 20 - 26, 2026, in Istanbul, Turkey and will highlight these efforts as well.

Rotary Club of Warren
Foundation Board

*President
Ted Stazak*

*Vice-President
Meghan Reed*

*Secretary
Judy Masaki*

*Treasurer
Cheryl Oblinger*

*Andy Bednar
Tony Iannucci
Denise May
Kim Straniak*

Contact us at:
*Rotary Club of Warren
P.O. Box 68
Warren, OH 44482*

Our Website:
www.warrenrotary.org

*If you have any
suggestions about our
newsletter, or if you
would like to become a
sponsor, please
contact:*

Judy Masaki



Let us pray,

As we gather today, we're reminded that snow brings stillness, clarity and a fresh beginning.

*May it inspire us to slow down,
see one another with kindness,
and work together with purpose and unity.*

*As Rotarians, may we be a steady warmth in our community,
bringing service, hope and light wherever we go.*

Amen.

(Offered by Lauren Kramer)

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SAVE THE DATE: On Tuesday, February 3rd at 5:00 p.m., members are encouraged to meet at Howland Alarm's warehouse (2489 Niles Cortland Road in Bazetta Township) to help get our River Duck Festival ducks in order and to join together for a social to congratulate our Red Kettle Bell Ringers.

THE CHARITABLE PROJECTS COMMITTEE will meet on Wednesday, February 4th, at 11:30 a.m., prior to our weekly club meeting.

BOTH THE WARREN ROTARY SCHOLARSHIP COMMITTEE & THE PEACEBUILDING COMMITTEE will meet on Wednesday, February 4th, at 1:00 pm, immediately following our weekly club meeting.

THE ROTARY CLUB OF WARREN BOARD OF DIRECTORS will hold their next monthly meeting on Thursday, February 12th, at The Chophouse. Fellowship, hosted by Robin Martorana, will begin at 5:30 p.m., with the business meeting to follow at 6:00 p.m.

RENOVATIONS WILL BE IN PROGRESS at Trumbull Country Club beginning this week. The room we meet in hasn't changed, but the setup may look a little different. In addition, you may need to enter through the side glass doors beyond the parking lot. Thanks in advance for your patience!

DICTIONARY PROJECT DISTRIBUTION SCHEDULE: Distribution of our dictionaries to 3rd grade students will begin at 9:15 a.m. on February 11th for the following schools:

Blessed Sacrament

3000 Reeves Rd., NE

45 books

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Jefferson	1543 Tod Ave., SW	85 books
McGuffey	3465 Tod Ave., NW	94
Willard	2020 Willard Ave., SE	107 books

On Wednesday, February 18th, dictionaries will be distributed as follows, beginning at 9:30 a.m.:

Lincoln	2253 Atlantic St., NE	98 books
Summit Academy	2106 Arbor Ave., SE	13 books
Steam Academy	261 Elm Rd., NE	51 books

If you are able to help on either of these days, please text Marilyn Pape at: (724) 699-7720

ROTARY FOR READING 2026: Dolly Parton's Imagination Library provides free books to children under age 5, and The Trumbull County United Way is an affiliate of this program. Ohio Rotarians are taking this on as a fundraising project this year in order to make reading accessible, impactful and exciting for our children. You can support this fundraiser in several ways. First, attend a fundraising event for the project on February 26, 2026 at the Eastwood Event Centre. A Night Out with Dolly will feature trivia, bingo, a Dolly Parton impersonator, and performances by the Senior Showcase. Doors open at 5:30 p.m., and cost is \$60 per person/\$480 per table. Register for the event at www.unitedwaytrumbull.org. You can also donate through Warren Rotary and provide books to children in Trumbull County. If you donate through District 6650, donations will be split among multiple counties. A \$31 donation covers enough books for one month! Finally, you can mail a check to: Dolly Parton's Imagination Library of Ohio, PO Box 340734, Columbus, OH 43234. Note "Rotary" in the memo line and specify the county your donation should be allocated to. Please contact Christine Cope with any questions.

SATELLITE CLUB NEWS: A mixer has been scheduled for 3/24/26 at 5:00 p.m. at CharBenay's Wine on the River. Downtown businesses will be invited to learn about Rotary and discuss forming a satellite club.

MAGAZINE REPORT

By
Lauren Kramer



"One of the main themes for the Rotary magazine for the month of January is mental health. I focused on an interesting article titled 'Care for the Emotional Wounds' by Rotarians Betty Kitchener and her husband Tony Jorm, members of the Rotary Club of Coffs Harbour in Australia.

Tony Jorm is a professor at the University of Melbourne, who has researched ways to encourage more people to intervene early to help those with mental health conditions. Betty Kitchener is a former teacher, educational counselor, and registered nurse who taught Red Cross first aid for years.

One evening in the 1990s while walking their dog, they came up with the idea of developing training classes, similar to first aid but for mental health. Australian Rotary Health, run by Rotary districts in the country, gave them their first grant for extensive studies on what to teach and to develop a curriculum.

The worldwide figure for number of people with mental disorders is 1 in 7 people. That makes mental health conditions a leading source of health burden globally.

Mental health first aid isn't a replacement for professional help, nuth the initial support is especially important.

The following are a few examples from Mental Health First Aid training that surprise many people and that the courses might not have included without the research on what experts recommend.

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- Don't go straight to problem solving and try to talk a struggling person out of their negative thoughts. If you tell a severely depressed person to appreciate the beautiful day, their secure finances, and their family, you may pile on to the guilt they already feel. Really listen and allow them to talk about how they are feeling without judging them.
- Sometimes people with anxiety want to avoid activities they find stressful. However, if you repeatedly agree to stay home with or accompany the person, you may unwittingly reinforce their condition. Support a person with anxiety in learning ways to gradually manage their discomfort.
- When you suspect someone is weighing whether the world would be better off without them, ask clearly and directly: 'Are you thinking about killing yourself?' The evidence shows asking about suicide is helpful rather than harmful. The person with suicidal thoughts will feel more comfortable talking about them if you're straightforward.
- When people are injuring themselves without suicidal intentions, resist the natural response to focus your conversation on stopping the physical injury. Experts consistently advise to remain non-judgemental and stay focused on addressing the distress that is driving the person to self-harm, perhaps with cuts or burns.

The Mental Health first aid courses have now reached more than 8 million people through nonprofit and government organizations in over 40 countries, the basic skills that we can all learn to help others in need.

I hope you take the time to read this article and others in this month's Rotary magazine."

TRIPLE JACKPOT



This week, the Grand Jackpot totaled \$95.

Congratulations to Daily Winner Scott Lewis!

PROGRAM:
KRISTY BOONE, SPECIAL PROJECT COORDINATOR
DIRECTION HOME OF EASTERN OHIO



Direction Home of Eastern Ohio is the area agency on aging for Mahoning, Trumbull, Columbiana and Ashtabula Counties. Their mission is to help individuals continue to live in their own homes as they get older. Kristy Boone, Special Project Coordinator for the agency, visited our club this past week and provided the following summary of their services:

1. **Caregiving** for individuals with dementia, alzheimer's, and Parkinson's.
2. **Support for Kinship Caregivers and Volunteers:** Relatives who are 55 or older often become the primary caregivers for minor children because the children's parents won't or can't care for them, often times due to substance abuse disorders. Many kinship caregivers are 70 to 90 years old with more than three children living in their home. Direction Home provides food, utility assistance, beds and bedding, clothing, health maintenance supplies, and funds to send the children to summer camp. These caregivers usually don't qualify for assistance from other agencies. In 2024, 80 new individuals began providing kinship caregiving.

3. Training on Mental Health First Aid.

Direction Home of Eastern Ohio receives federal funding through The Older Americans Act. They have 150 employees working in the field. Their main office is located at 1030 N. Meridian Rd. in Youngstown, Ohio.

HAPPY BUCKS



- *** **Julia Wetstein** had her first session in the gym with Rich McGafferty. She lifted more than 200 lbs. (20 lbs. at a time)!
- *** **Scott Lewis** said it was nice to be a winner of the Daily Jackpot.
- *** **Ray Thomas** offered a Happy Buck for the important work done by Direction Home of Eastern Ohio.
- *** **Marilyn Pape** offered kudos to kinship caregivers. She also said she had an eventful time plowing all of the snow at her house, but she found it rather peaceful, too!
- *** **Cindy Matheson** was in Nashville last week. She was thankful that she outran the storm and made it home!
- *** **Soraeya Loveland** enjoyed our speaker. Soraeya and her mom cared for her great aunt, and now Soraeya takes care of her mom. She was happy that she learned some new things.
- *** **Barry Dunaway** confessed that putting a little jelly on Triple Jackpot tickets doesn't help you win!
- *** **Tony Iannucci** offered a Happy Buck for everyone who ventured out in the snow to attend Rotary!

