## **Rotary Club of Westwood**

Fall /Winter 2016 Volume 2016 . Issue 2

Next Rotary Event 12/7

Victory Grille 5:30p-7:00p

#### Next Board Meeting 12/14

Fox Hill Village 5:30p-7:00p



District Governors Pat and Skip Doyle

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**Rotary Club** 

of Westwood

Meets 1st & 3rd

Wednesdays

Victory Grille

233 Elm Street

Dedham, MA 02026



# District Governors Visit Westwood

District Governors Pat and Skip Doyle urged all of us to aim high and help live up to our 2017 motto "Rotary Serving Humanity."

Pat Doyle wanted to counter the perception that Rotary is made up of only men from businesses that "wear brown socks". The reality is that Rotary is moving with the times, from the addition of women in 1989 to the recent reduction of THE FOUR-WAY TEST

of the things we think, say or do

first Is it the TRUTH? second Is it FAIR to all concerned?

third Will it build GOOD WILL

and BETTER FRIENDSHIPS? fourth

> Will it be BENEFICIAL to all concerned?

Turns 100!

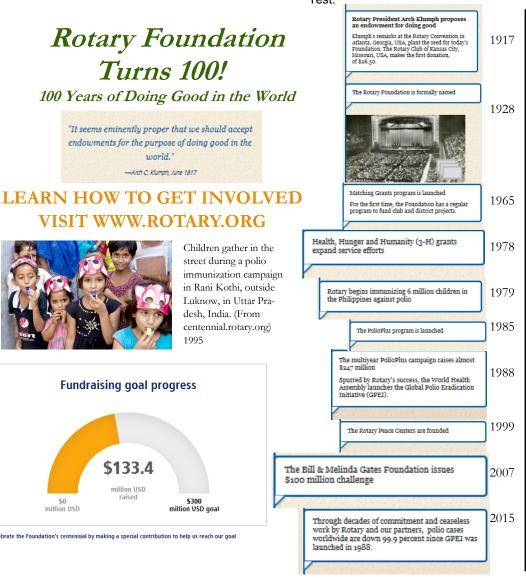
"It seems eminently proper that we should accept

endowments for the purpose of doing good in the world."

-Arch C. Klumph, June 1917

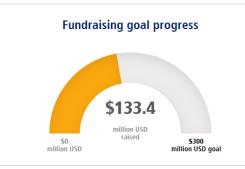
VISIT WWW.ROTARY.ORG

meetings from weekly to twice per month. Membership guidelines also changed allowing Rotary Clubs to develop and maintain membership rules so long as they induct a new member based on whether he or she is a good person of good character in the community. Clubs also do not have to meet physically allowing for e-clubs. The goal is to allow more flexibility and encourage creativity for the future generations of Rotary to live up to the ideals of the core values of Rotary-the Four-Way Test.









Celebrate the Foundation's centennial by making a special contribution to help us reach our goal



Kemi Sorinmade, Leadership Success Coach spoke at the Rotary Club of Westwood on September 7th.

"In Massachusetts alone, there were 31,863 children who suffered from abuse and neglect in 2014..That is an average of 90 children per day"

# Kemi Sorinmade, The Growth Studio

Likeable.

Interests.

help you.

acknowledge your own

be willing to accept them.

#2-Put Energy into Being

#4-Focus On Other People's

#5-Reach Out to Others to

#6-Add Value to People.

#7-1%-Find common ground

with others even if it is only

1%. Focus your energy on it.

#3-Remember Names.

strengths and weaknesses and

What is more important– your technical knowledge or your relationship skills?

If you said technical knowledge, Executive Coach, Kemi Sorinmade contents that this is not enough. In fact relationships are more important to our success.

To start this Fall right, Sorinmade encouraged the Rotary Club of Westwood to follow a 12 step strategy to developing better relationships.

#1- Love and Accept Yourself
First: You have to

# **Rick Houpt**

The Home for the Little Wanderers has been serving communities over 200 years. From placement with an adoptive family and individual therapy to training on job skills, Rick Houpt focused on the different services that the Home for the Little Wanderers provides. Due to the stressed-induced backgrounds that many of the children faced before entering their programs, a lot of attention is placed on group and individual therapy. With a spectrum of

behavioral and mental challenges, many children at the Home for Little Wanderers found it difficult to articulate their difficulties and this manifested in violence, outbursts and a difficulty to form connections. Houpt emphasized the attention placed on developing a plan, stabilitization methods, therapy and treatment to help children develop ways to handle the trig#8-Love other people more than you love your own opinion or procedure.

#9-Follow the Gold Rule of doing onto others as you would want others to do onto you.

#10-Build a Connection First.

#11-Be Honest.

#12-Focus on the System Not the People. Don't just cast blame on the people first– try to focus on the tasks that need to be done to do things right.



gers that led to behavioral issues. Progress often mean very little things to us but big steps for the children under their care. For a nonverbal 5 year old, a daily swim eventually led to a day where he spit water at a therapist was a break through-a connection was formed.

To learn more about the Home for Little Wanderers visit their website: <u>www.thehome.org.</u>



Ray Pfau from the Nashoba Valley Rotary Club spoke to the club about their efforts to help young girls and women in Afghanistan

# Ray Pfau

Advocating for the right to get an education has been the main focus for Razia's Ray of Hope Foundation. Founder and Afghan native Razia Jan in her efforts to work on a project for the Rotary Club in her adopted hometown of Roxbury Massachusetts's after the September 11, 2001 terrorist attacks, found a historic former boys' school in Afghanistan that would eventually be the location of the Zabuli Education Center, an all girl k-

12 school that provides education to more than 550 students. She is a CNN top 10 hero and tireless humanitarian to children looking for a basic right to education. Ray Pfau from the Nashoba Valley Rotary Club spoke to the Rotary Club of Westwood on Razia's newest efforts to help expand education beyond K-12, for Post-Secondary education– a new Razia Jan Institute Midwifery



Program. Set to open in March of 2017, it will be a 2 year training program for existing students and new students. For more information on this organization please refer to <u>www.raziasrayofhope.org</u> and watch the documentary: *What Tomorrorw Brings* at www.pbs.org/shows/pov.

# **UPCOMING EVENTS**

# A Day of Giving Holiday Baskets Extravaganza 2.0

Garden Shears, Evergreens, Holly, Pinecones, Christmas Ribbons and More! Bring yourself, a friend, a handy garden shear and lots of evergreens to help decorate a

beautiful holiday basket for families in Westwood. The baskets will benefit the Westwood Pantry for a



desiring family to decorate their table during the holidays.

Want to learn more?

Please contact Helena Drolette who will lead us in this 2nd annual event by <u>clicking here.</u>

#### Have Pinecones?!

Make sure to prebake them: Place pinecones on a cookie sheet in oven on parchment paper. Bake 20 min in 225 o oven to dry up the sap in pine cones

# Annual Holiday Giving

Each year Westwood Youth and Family Services reaches out to the Westwood community to provide much needed assistance during the holidays.

This confidential program matches local donors with Westwood families who may not be able to purchase holiday gifts for their children. This year the Rotary Club of Westwood will be helping out the following families:

Family X Roche Bros Gift Card \$25-\$30 Family Y Showcase Cinemas Gift Card \$25-\$30 Family Z CVS Gift Card \$25-\$30 Family 1 Target Gift Card \$25-\$30 Family 2 Showcase Cinemas Gift Card \$25-\$30 Family 6 Target Gift Card \$25-\$30 Family 5 Shaws or Grocery Store Gift Card \$25-\$30

Want to Help? <u>Please click</u> <u>here to contact Laura Macs</u> for more information.



## **COME JOIN THE FUN!**

December 10th 12-2pm Fox Hill Village 10 Longwood Drive Westwood MA Team of Volunteers at 2015 Holiday Basket Extravanganza



Donations Being Accepted at: Last Day Dec 9th 673 High Street Westwood, MA 02090

# WELCOME NEW MEMBERS



New Rotarian Jaclyn Biancuzzo with Rotarian Rebecca Schofield (with pin) and President Dottie Powers.



District Governors Pat and Skip Doyle with new Rotarians Jaclyn Biancuzzo and Hilary Kohler.



President Dottie Powers with new Rotarian Hilary Kohler.

# **JOIN US**

# MEMBERS CORNER

## Every 1st and 3rd Wednesdays at the Victory Grille in Dedham 5:30pm-7:00pm

Find out more info:



# www.rotarywestwood.com

# Service Above Self



#### Stories! Events!

Do you have Rotary news to share with fellow Rotarians? Do you have an upcoming event for a charity that you would like to publicize?

Please email Alicia at Alicia.yeh@comcast.net



Worrying about how to provide diapers for your baby shouldn't add to the stress of being a parent. To help with this challenge, Baby Basics provides free diapers to the babies of eligible low-income, working families in Needham, Dedham, and South Boston.

#### To receive diapers on a monthly basis from Baby Basics, you must meet the following criteria:

- Have one or more babies who are newborn to three years old.
- Live in Needham, Dedham, or South Boston and can provide proof of residency.
- At least one parent/guardian works and can provide a pay stub with monthly or weekly earnings. You meet the MA Women, Infants, and Children (WIC) income-eligibility guidelines
- Do not receive any federal or cash assistance. You are eligible if you receive Supplemental Nutrition Assistance Program (SNAP).
- Must be able to pick up diapers once a month during our distribution time

#### Interested?

If you meet the criteria above and would like to receive free diapers for your baby, visit **babybasicsinc.org** to complete the online application.



### LOCAL FOOD DRIVE

Benefiting

**Boston English High** School & Westwood Food Pantry

#### Items to consider:

Coffee/Tea

Peanut Butter/Jelly

Pasta/sauce

Shampoo/Conditioners/Soap

**Canned Goods** 

**Rice/Beans** 

- Condiments
- Winter Socks/Gloves/Hats
  - Drop Off at:
  - 48 Margery Lane or
  - 51 Cobleigh Street
    - Westwood

# TRIVIA! TRIVIA! TRIVIA! The Best of Fall Trivia & New! Rotary Trivia Win an Extra Turn at Yankee Swap

#### (1) "I Don't Like Mondays"

Which of the following was NOT part of the debut of Monday Night Football in 1970?

- (a)Howard Cosell
- (b) Frank Tarkenton
- (c) Keith Butler

### (2) What MONTH was Rotary Founded?

- (a) June 23
- (b) January 13
- (c) February 23
- (d) July 13
- (3) Who is the founder of the Rotary Foundation?



- (4)Which of the following is not part of the Four-Way Test?
  - (a) Is it Fair to All Concerned?
  - (b) Is it False?
  - (c) Will it Build Goodwill and Better Friendships?
  - (d) Will it be Beneficial

### to all Concerned?

- (5) What does GPEI established in 1988 stand for?
- (6) "Small Screen Firsts"

Xenith introduced the First Remote Control on December in 1950. What was it called?

- (a) Couch Potato
- (b) Back Seat Driver
- Slug a Bed (c)
- (d) Lazy Bones