

Next Rotary Event 12/7  
Victory Grille 5:30p-7:00p

Next Board Meeting 12/14  
Fox Hill Village 5:30p-7:00p



District Governors Pat and Skip Doyle

INSIDE THIS EDITION:	
Speakers	2
Upcoming Events	3
New Members	3
Highlights	4
Best of Trivia	4

Rotary Club  
of Westwood

Meets 1st & 3rd  
Wednesdays

Victory Grille  
233 Elm Street  
Dedham, MA 02026

# Fall/Winter in Westwood

## District Governors Visit Westwood

District Governors Pat and Skip Doyle urged all of us to aim high and help live up to our 2017 motto "Rotary Serving Humanity."

Pat Doyle wanted to counter the perception that Rotary is made up of only men from businesses that "wear brown socks". The reality is that Rotary is moving with the times, from the addition of women in 1989 to the recent reduction of



### THE FOUR-WAY TEST

of the things we think, say or do

first

Is it the TRUTH?

second

Is it FAIR to all concerned?

third

Will it build GOOD WILL and BETTER FRIENDSHIPS?

fourth

Will it be BENEFICIAL to all concerned?

meetings from weekly to twice per month. Membership guidelines also changed allowing Rotary Clubs to develop and maintain membership rules so long as they induct a new member based on whether he or she is a good person of good character in the community. Clubs also do not have to meet physically allowing for e-clubs. The goal is to allow more flexibility and encourage creativity for the future generations of Rotary to live up to the ideals of the core values of Rotary-the Four-Way Test.

## Rotary Foundation Turns 100!

100 Years of Doing Good in the World

"It seems eminently proper that we should accept endowments for the purpose of doing good in the world."

—Arch C. Klumph, June 1917

LEARN HOW TO GET INVOLVED  
VISIT [WWW.ROTARY.ORG](http://WWW.ROTARY.ORG)



Children gather in the street during a polio immunization campaign in Rani Kothi, outside Luknow, in Uttar Pradesh, India. (From centennial.rotary.org) 1995

### Fundraising goal progress



Celebrate the Foundation's centennial by making a special contribution to help us reach our goal

Rotary President Arch Klumph proposes an endowment for doing good

Klumph's remarks at the Rotary Convention in Atlanta, Georgia, USA, plant the seed for today's Foundation. The Rotary Club of Kansas City, Missouri, USA, makes the first donation, of \$26.50.

1917

The Rotary Foundation is formally named



1928

Matching Grants program is launched  
For the first time, the Foundation has a regular program to fund club and district projects.

1965

Health, Hunger and Humanity (3-H) grants expand service efforts

1978

Rotary begins immunizing 6 million children in the Philippines against polio

1979

The PolioPlus program is launched

1985

The multiyear PolioPlus campaign raises almost \$247 million

Spurred by Rotary's success, the World Health Assembly launches the Global Polio Eradication Initiative (GPEI).

1988

The Rotary Peace Centers are founded

1999

The Bill & Melinda Gates Foundation issues \$100 million challenge

2007

Through decades of commitment and ceaseless work by Rotary and our partners, polio cases worldwide are down 99.9 percent since GPEI was launched in 1988.

2015



Kemi Sorinmade, Leadership Success Coach spoke at the Rotary Club of Westwood on September 7th.

**"In Massachusetts alone, there were 31,863 children who suffered from abuse and neglect in 2014..That is an average of 90 children per day"**

## *Kemi Sorinmade, The Growth Studio*

What is more important— your technical knowledge or your relationship skills?

If you said technical knowledge, Executive Coach, Kemi Sorinmade contents that this is not enough. **In fact relationships are more important to our success.**

To start this Fall right, Sorinmade encouraged the Rotary Club of Westwood to follow a 12 step strategy to developing better relationships.

**#1– Love and Accept Yourself First: You have to**

acknowledge your own strengths and weaknesses and be willing to accept them.

**#2–Put Energy into Being Likeable.**

**#3–Remember Names.**

**#4–Focus On Other People's Interests.**

**#5–Reach Out to Others to help you.**

**#6–Add Value to People.**

**#7–1%–Find common ground with others even if it is only 1%. Focus your energy on it.**

**#8–Love other people more than you love your own opinion or procedure.**

**#9–Follow the Gold Rule of doing unto others as you would want others to do unto you.**

**#10–Build a Connection First.**

**#11–Be Honest.**

**#12–Focus on the System Not the People. Don't just cast blame on the people first– try to focus on the tasks that need to be done to do things right.**

## *Rick Houpt*

The Home for the Little Wanderers has been serving communities over 200 years. From placement with an adoptive family and individual therapy to training on job skills, Rick Houpt focused on the different services that the Home for the Little Wanderers provides. Due to the stressed-induced backgrounds that many of the children faced before entering their programs, a lot of attention is placed on group and individual

therapy. With a spectrum of behavioral and mental challenges, many children at the Home for Little Wanderers found it difficult to articulate their difficulties and this manifested in violence, outbursts and a difficulty to form connections. Houpt emphasized the attention placed on developing a plan, stabilization methods, therapy and treatment to help children develop ways to handle the trig-

gers that led to behavioral issues. Progress often mean very little things to us but big steps for the children under their care. For a nonverbal 5 year old, a daily swim eventually led to a day where he spit water at a therapist was a break through-a connection was formed.

To learn more about the Home for Little Wanderers visit their website: [www.thehome.org](http://www.thehome.org).



*Ray Pfau from the Nashoba Valley Rotary Club spoke to the club about their efforts to help young girls and women in Afghanistan*

## *Ray Pfau*

Advocating for the right to get an education has been the main focus for Razia's Ray of Hope Foundation. Founder and Afghan native Razia Jan in her efforts to work on a project for the Rotary Club in her adopted hometown of Roxbury Massachusetts's after the September 11, 2001 terrorist attacks, found a historic former boys' school in Afghanistan that would eventually be the location of the Zabuli Education Center, an all girl k-

12 school that provides education to more than 550 students. She is a CNN top 10 hero and tireless humanitarian to children looking for a basic right to education. Ray Pfau from the Nashoba Valley Rotary Club spoke to the Rotary Club of Westwood on Razia's newest efforts to help expand education beyond K-12, for Post-Secondary education— a new Razia Jan Institute Midwifery



**RAZIA'S  
RAY OF HOPE  
FOUNDATION**

Program. Set to open in March of 2017, it will be a 2 year training program for existing students and new students. For more information on this organization please refer to [www.raziasrayofhope.org](http://www.raziasrayofhope.org) and watch the documentary: *What Tomorrow Brings* at [www.pbs.org/shows/pov](http://www.pbs.org/shows/pov).



## UPCOMING EVENTS

### *A Day of Giving Holiday Baskets Extravaganza 2.0*

Garden Shears, Evergreens, Holly, Pinecones, Christmas Ribbons and More! Bring yourself, a friend, a handy garden shear and lots of evergreens to help decorate a beautiful holiday basket for families in Westwood. The baskets will benefit the Westwood Pantry for a



desiring family to decorate their table during the holidays.

Want to learn more?

Please contact Helena Drolette who will lead us in this 2nd annual event by [clicking here](#).

**Have Pinecones?!**

Make sure to prebake them: **Place pinecones on a cookie sheet in oven on parchment paper. Bake 20 min in 225 o oven to dry up the sap in pine cones**



**COME JOIN THE FUN!**

**December 10th  
12-2pm  
Fox Hill Village  
10 Longwood Drive  
Westwood MA**

Team of Volunteers  
at 2015 Holiday  
Basket  
Extravaganza

### *Annual Holiday Giving*

Each year Westwood Youth and Family Services reaches out to the Westwood community to provide much needed assistance during the holidays.

This confidential program matches local donors with Westwood families who may not be able to purchase holiday gifts for their children.

This year the Rotary Club of Westwood will be helping out the following families:

**Family X**

Roche Bros Gift Card \$25-\$30

**Family Y**

Showcase Cinemas Gift Card \$25-\$30

**Family Z**

CVS Gift Card \$25-\$30

**Family 1**

Target Gift Card \$25-\$30

**Family 2**

Showcase Cinemas Gift Card \$25-\$30

**Family 6**

Target Gift Card \$25-\$30

**Family 5**

Shaws or Grocery Store Gift Card \$25-\$30

Want to Help? [Please click here to contact Laura Macs](#) for more information.

Since 1999 hundreds of Westwood families have received support through the Holiday Giving Program.

**Donations Being Accepted at:**

**Last Day Dec 9th**

**673 High Street  
Westwood, MA 02090**

## WELCOME NEW MEMBERS



New Rotarian Jaclyn Biancuzzo with Rotarian Rebecca Schofield (with pin) and President Dottie Powers.



District Governors Pat and Skip Doyle with new Rotarians Jaclyn Biancuzzo and Hilary Kohler.



President Dottie Powers with new Rotarian Hilary Kohler.

## JOIN US

*Every 1st and 3rd Wednesdays  
at the Victory Grille in Dedham  
5:30pm-7:00pm*

Find out  
more info:



[www.rotarywestwood.com](http://www.rotarywestwood.com)

*Service Above Self*

Rotary  
Club



Westwood

**Stories! Events!**

*Do you have Rotary news to share with fellow*

*Rotarians? Do you have an upcoming event for a charity that you would like to publicize?*

*Please email Alicia at [Alicia.yeh@comcast.net](mailto:Alicia.yeh@comcast.net)*

## MEMBERS CORNER

DO YOU  
QUALIFY FOR



### FREE DIAPERS?

Worrying about how to provide diapers for your baby shouldn't add to the stress of being a parent. To help with this challenge, Baby Basics provides free diapers to the babies of eligible low-income, working families in Needham, Dedham, and South Boston.

To receive diapers on a monthly basis from Baby Basics, you must meet the following criteria:

- Have one or more babies who are newborn to three years old.
- Live in Needham, Dedham, or South Boston and can provide proof of residency.
- At least one parent/guardian works and can provide a pay stub with monthly or weekly earnings. You meet the MA Women, Infants, and Children (WIC) income-eligibility guidelines.
- Do not receive any federal or cash assistance. You are eligible if you receive Supplemental Nutrition Assistance Program (SNAP).
- Must be able to pick up diapers once a month during our distribution time.

#### Interested?

If you meet the criteria above and would like to receive free diapers for your baby, visit [babybasicsinc.org](http://babybasicsinc.org) to complete the online application.

### LOCAL FOOD DRIVE

**Benefiting**

**Boston English High  
School & Westwood  
Food Pantry**

**Items to consider:**

Coffee/Tea

Peanut Butter/Jelly

Pasta/sauce

Shampoo/Conditioners/Soap

Canned Goods

Rice/Beans

Condiments

Winter Socks/Gloves/Hats

**Drop Off at:**

**48 Margery Lane or**

**51 Cobleigh Street**

**Westwood**

## TRIVIA! TRIVIA! TRIVIA!

**The Best of Fall Trivia & New! Rotary Trivia**

**Win an Extra Turn at Yankee Swap**

(1) "I Don't Like Mondays"

Which of the following was NOT  
part of the debut of Monday  
Night Football in 1970 ?

- (a) Howard Cosell
- (b) Frank Tarkenton
- (c) Keith Butler

(2) What MONTH was Rotary  
Founded?

- (a) June 23
- (b) January 13
- (c) February 23
- (d) July 13

(3) Who is the founder of the  
Rotary Foundation?



(4) Which of the following is not  
part of the Four-Way Test?

- (a) Is it Fair to All Concerned?
- (b) Is it False?
- (c) Will it Build Goodwill and Better Friendships?
- (d) Will it be Beneficial

to all Con-  
cerned?

- (5) What does GPEI estab-  
lished in 1988 stand for?
- (6) "Small Screen Firsts"

Xenith introduced the First  
Remote Control on December  
in 1950. What was it called?

- (a) Couch Potato
- (b) Back Seat Driver
- (c) Slug a Bed
- (d) Lazy Bones