

# The Wellesley Rotascope

Rotary Club Number 6594, Chartered March 26, 1946

Volume XIX –16    www.WellesleyRotary.org    September 3, 2019

**Next Meeting—September 17, 2019**

## Business & Service Meeting

Wellesley College Club—6-8 PM

**Tuesday, September 17, 2019—Business & Service meeting—6-8PM** at the Wellesley College Club

**Tuesday, October 1, 2019—TBA—6-8PM** at the Wellesley College Club

**Saturday, October 4, 2019—Repair Café #6**

**Tuesday, October 15, 2019—Business & Service meeting—(6-8)M** at the Wellesley College Club.

**Tuesday, November 5, 2019—TBA—6-8PM** at the Wellesley College Club

**Tuesday, November 19, 2019—N/W Football Banquet**, (Wellesley hosting).



### The Rotary Club of Wellesley

*Mission Statement:*

*To serve others with a focus on strengthening communities in the areas of health, education and sustainable living*

### Wellesley Rotary Club

meets at the

Wellesley College Club,

727 Washington Street,

from 6:00 to 8:00 on the first and third

Tuesdays

(unless announced otherwise).

A sandwich buffet (at a fixed price of \$30) is offered (\$32 if charged). Parking available. **Signups required so please look for the President's e-mail.**

### PLEASE NOTE...

The Rotary *Speaker* meeting is usually held on the **first Tuesday** of the month and a *Service & Fellowship* meeting on the **third Tuesday**. See Upcoming Programs & Events (left) or check the Club website for more information.

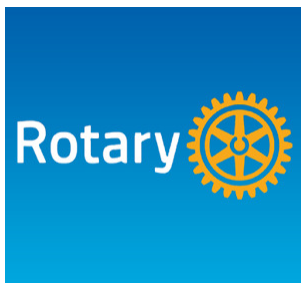
### Keep up-to-date on District Happenings.

by reading your District Governor's Newsletter.



Ellen Kreopolides was inducted as the newest Wellesley Rotarian by President Bill Westerman and CFC Tory DeFazio at the August 20th meeting. Photo courtesy of Vin Spoto

At our September 3rd meeting President Bill opened with the Pledge and a Moment of Silence. We welcomed **Roz Rubin** from Framingham Rotary. **Happy Dollars: Bevilacqua, Rubin, Ginn, Letteney, Anthony, Childs & Adams.** **Tory DeFazio** inducted our newest members: **Amy Letteney** and **Julie Ginn**. Our scheduled speaker had cancelled, so **Bob Anthony** gracious stepped in to bring us up-to-date about his Wellness project. He appreciates being a Wellesley Rotarian and Club support for his project over the years, having been a Rotarian for six. He began with identifying his *Rotary Action Group*. (RAG's are Rotary fellowships developed around interests, hobbies and projects.) Bob's is "Mental Health Initiative". In a series of slides Bob outlined, "What Can I Do?" and "Why Act Now". Depression is a global problem. ...continued



**The Rotary Club of Wellesley, Inc., P.O. Box 81206  
Wellesley Hills, MA 02481**

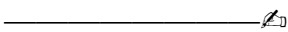
**MEETINGS: 1st & 3rd Tuesday Evenings at 6:00 P.M.  
Wellesley College Club, 727 Washington St.  
Wellesley, MA 02482— 781-283-2700**

www.WellesleyRotary.org

*continued...*

Mood disorders are the #1 cause of disabilities. Over 300 million are affected by depression. Annually, over 800,000 die by suicide! To heighten awareness Bob began through Wellesley High School, establishing an Rotary Interact Club determined to involve peer leadership to prevent depression. It spread to Puerto Rico, India and recently Nigeria in six years. He showed us a manual put together by Boston Children’s Hospital, *Break Free from Depression—Curriculum for Grades 9-12*. Much of its success was achieved with the help of Rotary Global Grants. “*What’s improved?*” showed the outcome by country broken down by knowledge / help-seeking confidence / attitude. He is trying go pass on and promote the experience of the last six year so the project continues. He showed an example of student video communication between Wellesley and India. “*What action can I take today?*” Signing up / taking the on-line train-the-trainer/ and join the Mental Health Initiative (RAG). There was interesting discussion and efforts to continue to advance the project. We hope for future success!

President Bill concluded the meeting mentioning the need for volunteers in the Middle School’s Food Recovery & Compost Program; the Wellesley Conservation Council’s dedication of the bridge over the vernal pool (9/7/19) in Wellesley, and upcoming Repair Café (#6) on October 5th.▲▲▲▲▲



***Aloha, Rotary!***

Join Rotary President Mark Maloney at the **111th Rotary International Convention** in Honolulu, Hawaii, **6-10 June 2020**. You’ll experience the heart of Hawaii in Honolulu—the state’s largest and most diverse city which has something for everyone. Attending the convention in Honolulu will be much more than a vacation; it’s an opportunity to make a lifetime of memories with people of action from across the globe. For those who have been, you know that every convention is an opportunity to learn. Not only will you be inspired by the energy and enthusiasm that surrounds you, you’ll also make new, unforgettable memories that can last a lifetime!

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<b><u>BIRTHDAYS</u></b>	<b><u>ANNIVERSARIES</u></b>
<b><i>Tory DeFazio—9/7</i></b>	<b><i>Bob &amp; Nancy Anthony—9/27</i></b> <b><i>Michael &amp; Paula Price—9/28</i></b>