



One Profits Most Who Serves Best

The Wellesley Rotascope

Rotary Club Number 6594, Chartered March 26, 1946

Volume XIX – 5 www.WellesleyRotary.org March 5, 2019

Tuesday, March 19, 2019—Business & Service Meeting - Wellesley College Club—6-8PM

Tuesday, April 2, 2019—Rebecca Capra, book author - Wellesley College Club—6-8PM

Saturday, April 6, 2019—Repair Café

Tuesday, April 16, 2019—Arbor Day—annual tree bagging

Thursday, May 2, 2019—Annual Taste of Wellesley fundraiser—Mass Hort

Tuesday, May 7, 2019—TBA

Tuesday, May 21, 2019—TBA

Tuesday, May 28, 2019—Dinner for the NE Center for Homeless Vets.



Next Meeting—March 19 2019—6-8PM

Business & Service Meeting Wellesley College Club—6-8PM

*The Rotary Club of Wellesley
Mission Statement:*

To serve others with a focus on strengthening communities in the areas of health, education and sustainable living

NOTE— 3 weeks left!

The Club's annual *Every Rotarian Every Year (EREY)* campaign is running from **February 1st through March 31st**. Checks should be made out to *The Rotary Foundation* and given to **Tory DeFazio**, Foundation Chair.

Wellesley Rotary Club
meets at the
**Wellesley College Club,
727 Washington Street,**

from **6:00 to 8:00** on the first and third
Tuesdays
(unless announced otherwise).

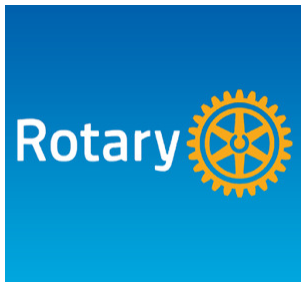
A sandwich buffet (at a fixed price of \$30) is offered (\$32 if charged). Parking available. **Signups required so please look for the President's e-mail.**

PLEASE NOTE...

The Rotary *Speaker* meeting is usually held on the **first Tuesday** of the month and a *Service & Fellowship* meeting on the **third Tuesday**. See **Upcoming Programs & Events** (left) or check the Club website for more information.

15 Rotarians and guests gathered for our Rotary meeting on March 5th. In addition to guest speaker, **Doug Peck**, we welcomed **AG Susan Faccenda Peghiny** and her husband, **Ron, Bruce Coughlin, Michael O'Toole** and, **Paul Falcone** from Wellesley Media. **President Paul Simard** opened the meeting with the Pledge followed by an Invocation by **Toby Kell**. *Happy Dollars* came from **Rowbotham, DeFazio, Peghiny, Peck, Adams, Price, Spoto, Armen-tano** and **Simard**. **Tory DeFazio** inducted **Andrea Kaiser** back into Wellesley Rotary. **Vin Spoto** gave an update on the Opioid event scheduled for **May 22nd**, organized along with **Romeo Adams**. Tory announced the 2019 *Every Rotarian Every Year* campaign has exceeded \$4K—more than half way to our goal of \$7K. Andrea updated us on the *Taste of Wellesley* scheduled for **May 2nd** at Elm Bank. Colorful table cloths, a new sound system and ribbons identifying members and sponsors are new this year. We need **more** sports tickets for the raffle; **more** restaurants to sign up, and **more** sponsorships. A “neighborhood solicitation” is planned for **Saturday, April 6th**. Lawn signs have been ordered courtesy of **Michael Price**.

Our guest speaker, **Doug Peck** from Ashland, is a Director of Community Partners, a national homecare help service for keeping people where they want to be.—at home. **...continued**



SERVICE ABOVE SELF!

**The Rotary Club of Wellesley, Inc., P.O. Box 81206
Wellesley Hills, MA 02481**

**MEETINGS: 1st & 3rd Tuesday Evenings at 6:00 P.M.
Wellesley College Club, 727 Washington St.
Wellesley, MA 02482— 781-283-2700**

www.WellesleyRotary.org

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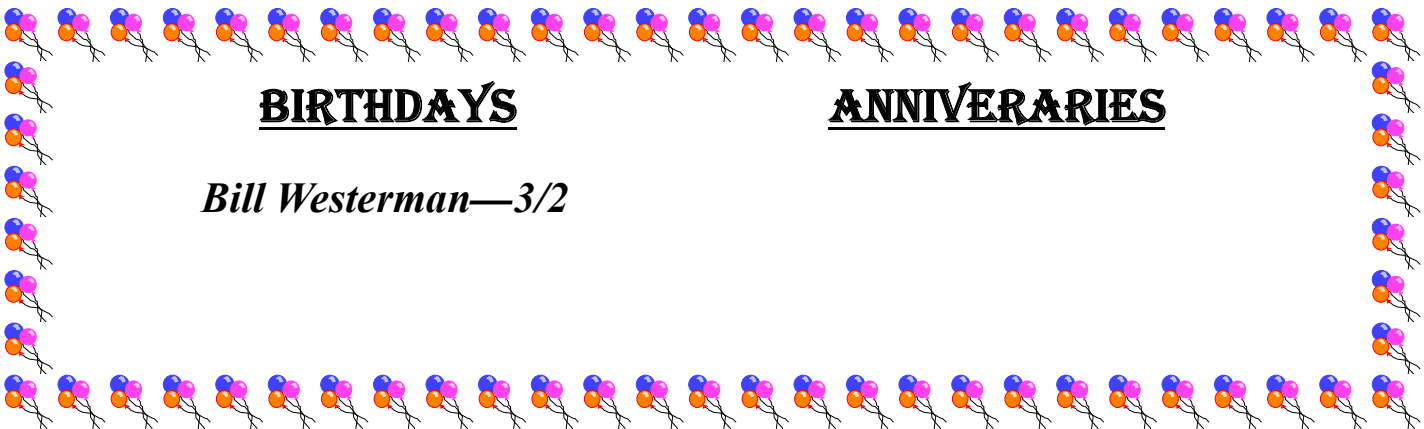
His program was entitled “Seniors Helping Seniors”, a way for seniors to give and to receive. Retirement requires a new look and has changed since life expectancy has increased. Over 10,000 are turning 65 daily! His “main points” for a successful retirement included: - Stay engaged; - Know the choices available; - Get out of your ‘comfort zone’, and - Do something that makes a difference. What do you want to do with your retirement? It’s a ‘dividend’ so recognize its value and know where to ‘invest’. Doug also discussed brain research for the aging. The brain continues to grow and therefore has new capacities. He presented some ideas:

- Volunteering (local & national), and volunteer (from home) - He handed out info sheets about these possibilities.,
- Get involved in intergenerational activities,
- Know about your local government, libraries & town boards,
- Get involved in degree/non-degree programs at local colleges, arts, hobbies, sports, etc.

Create a balance!, and challenge yourself! It will make you healthier & wiser Doug concluded with signs of health risk (being lonely and feeling useless). His mantra is “*act kindly, live purposely and age fiercely*”. ▲▲▲▲

Ed. Note: Here’s another Scholar sponsored by our District Scholarship Committee of which I am the Chair. Dr. Matthew Johnsen, Ph.D., a professor at Worcester State University, was a Rotary Peace Fellow in 2018 at the Rotary Peace Center at Chulalongkorn University in Bangkok Thailand. He was sponsored by the Worcester Rotary Club It’s another fascinating and successful way to see how Rotary works towards its goal of world peace and understanding.Tory DeFazio.

Continued...The sound of that applause still resonates deep within me. This was another vision of peace we shared: of seeking solutions in a situation that seemed hopeless, and finding it! Together, we visited the southern part of Thailand to learn about peacemaking in the real world. In Krabi, we met village leaders, activists and even business people who shared their visions for a better tomorrow with renewable energy, protection of the environment, social enterprise and social justice. We also met two people who had engaged in courageous nonviolent actions at considerable risk to their personal well-being, and were successful. We were deeply inspired by their visions of what was possible through engaged action in the world. We traveled together to Sri Lanka to try to understand the current state of reconciliation in the Post-Civil War stage of this conflict. We met with people on both sides of the conflict, from Sri Lankan Generals and politicians to former soldiers and family members of the*to be continued*



BIRTHDAYS

ANNIVERSARIES

Bill Westerman—3/2