

The Wellesley Rotascope

Rotary Club Number 6594, Chartered March 26, 1946

Volume XXI-16

www.WellesleyRotary.org

August 17, 2021

Sunday, August 22, 2021—Charles River Rotary ice cream Scoopapalooza— 1-3PM— Natick Common

Tuesday, September 7, 2021 - Wellesley Climate Action Plan— 6:00– 8:30 PM (WCC & Zoom)

<u>Tuesday, September</u> <u>21, 2021</u>— "All about heat pumps"

Tuesday, October 5, 2021—Annual District Governor Visit with DG Cliff Rober (Bedford Rotary)

Tuesday, October 17, 2021— TBA

Tuesday, November 2, 2021—Service & Fellowship Meeting

Tuesday, November 23, 2021—Annual Needham-Wellesley Football Banquet



Wellesley's Climate Action Plan—

The Rotary Club of Wellesley

<u> Mission Statement</u>:

To serve others with a focus on strengthening communities in the areas of health, education and sustainable living

PLEASE NOTE...

A *Service & Fellowship* meeting is usually held on the **first Tuesday of the month** and a Rotary Speaker meeting on the **third Tuesday.**

See <u>Upcoming Programs & Events</u> (left) or check the Club website for more information.

For the foreseeable future Wellesley Rotary will be meeting via ZOOM.

Visit the Club's website for more details: (www.WellesleyRotary.org).

Keep up-to-date on District Happenings...

Visit the District website (rotary7910.org)

Join Charles River Rotary in their annual fundraiser— *Scoopapaloo-za Ice Cream Festival*— <u>Sunday</u>, August 22, 2021 from 1 to 3 PM.

To become a Sponsor contact George.johnston56
@gmail.com

Join the Town of Wellesley's Sustainability Director, **Dr. Marybeth Martel-Io**, to learn about development of a town-wide *Climate Action Plan*, a road map for reaching Wellesley's newly revised climate goals. **This will be a hybrid meeting at the Wellesley Country Club.**

On August 17th **President Linda Tighe** called the Board meeting to order. There was discussion about Board meeting times. This was followed by deciding a name for the fundraiser (Rotary Club of Wellesley presents 'Wellesley Restaurant Gift Card Grab-All - Dine Out, Take Out, Help Out' - fighting food insecurity in our community.) There was further discussion about tickets, marketing, budget and timeframe. An organizational meeting will be held at the end of August.

At 6:30 Prez Linda opened the Club meeting with the Pledge followed by a Moment of Silence. Happy Dollars came from Westerman, Grimm, Adams, Tighe & Spoto. The new name of the raffle was announced. She then introduced guest speaker, Dr. David Ajibade, Executive Director of the Brain and Body Foundation based in Nigeria and the US. He gave an interesting presentation on educating Nigerians on important health issues and providing solutions especially for the young. It's hard to believe that children have strokes ...continued



The Rotary Club of Wellesley, Inc., P.O. Box 81206 Wellesley Hills, MA 0248I

MEETINGS: 1st & 3rd Tuesday Evenings at 6:00 P.M. Wellesley College Club, 727 Washington St. Wellesley, MA 02482— 781-283-2700

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continue...

but they do. He advocates for supplements in the immune system. In this way the quality of life will improve. He focused on the Sickle Cell Disease (SCD) in Nigeria looking at the causes (infections, dehydration, stress, temperature changes, Hypoxia (low oxygen levels in the tissues), and anemia). They affect life dramatically often causing life-long health problems. He discussed the infections associated to SCD and the current approaches to managing the disease (medications). People with SCD feel "defenseless and exposed". One hope is the medication, "acemannan" (from aloe leaves) in which a molecule enhances the immune cell responses. Despite side effects it has been proven successful with limited adverse effects but Dr. Ajibade discussed the safety concerns. He was witness to public informational and educational meetings abd the Nigerian government approved the approach. But more testing is needed.

Many interesting Q&A's followed... **Donna Armentano** who has worked with acemannan in her studies holds high promise that the approach will work . Dr. Ajibade hopes so.

Why do we tell actors to break a leg? Because every play has a cast.

DISTRICT LEADERSHIP NOMINATIONS

are now being accepted

- Nominations for District Governor for 2024-2025
- District Trustees 2022-2025 (2)
- District Charity Fund Trustee 2022-2025
- Sergeant at Arms 2033-2025

(Deadline to submit—October 15, 2021)

Service in Rotary through district leadership provides you with an opportunity to utilize your skills, experience, and enthusiasm to help clubs succeed. Rotary District 7910 is a prominent member in the suburban Boston and Central Massachusetts civic service community and a leadership role within our organization offers an opportunity to expand community partnerships, strengthen your project and team management skills, and help others reach their goals of service and positive impact. A leadership role truly deepens your connection to our organization and to the motto of "Service Above Self."

We encourage all Rotarians to consider serving and to also promote these opportunities within your clubs, Personally, serving in district leadership has been one of the most fulfilling roles in Rotary. It is simply amazing to see all the good that is done by clubs in our district, and the bonds of friendship made by helping clubs help their communities is unparalleled. It is a great way to get much more out of Rotary!

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BIRTHDAYS

Dede Long—8/3 Joe Grignaffini—8/19

ANNIVERSARIES

Patrick & Anne-Marie Hayden— 8/22