The Four-Way Test

Of the things we think, say or do:

- 1. Is it the TRUTH
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?



Flag Salute
Four-Way Test
Invocation
Introductions

Janie Milum Scott Breshears Keith Seiss Terry Williamson

Rotary & Meeting Make-up Information

Rotary International Rotary District 5770 Rotary District5750 Rotary eClub One www.rotary.org www.rotary5770.com www.rotary5750.org www.rotaryeclubone.org

Send make-up email to: moore.rotary@yahoo.com

VISITING ROTARIAN'S MAKE-UP

_____made up a meeting on 2016, at Moore Rotary Club.



MEMBERS

JEFF ARVIN	FNB COMMUNITY BANK
ANGELA BARBOUR	TRIBUTE MEMORIAL CAR
	UNIVERSAL INSURANC
	. MOORE NORMAN TECHNOLOG`
JERRY CAMPBELL	MOORE POLICE DEPARTMEN
❖MARC CASSENS	COLDWELL BANKEI
CHARLOTTE COTTRELL	OPTIMAL REHA
	CITY OF MOOR
❖TIM EATON	HILLSDALE COLLEG
❖CATHY ESTES	ESTES ADVERTISING SPECIALTIE
	EIDE BAILL
❖DEE ANN GAY	FIRST UNITED BANI
	. MOORE CHAMBER OF COMMERC
	CENTRAL CHURCH OF CHRIS
	FIRST FIDELITY BANI
	RESTHAVEN FUNERAL HOM
	YEAMAN AND ASSOCIATE
	REPUBLIC BANI
	NTON MILUM CONSTRUCTION LLC
	, , MOORE FUNERAL & CREMATION
	FIRST FIDELITY BANI
	HILLSDALE COLLEG
	TRIFECTA COMMUNICATION
TERRY WILLIAMSON	. MOORE NORMAN TECHNOLOG'

❖PAUL HARRIS FELLOWS

HONORARY MEMBERS

TOM COLE	U.S. HOUSE OF REPRESENTATIVES
BRENDA ROBERTS	COMMUNITY VOLUNTEER
ROBERT ROMINES	MOORE PUBLIC SCHOOLS

The Rotary Club of Moore welcomes you! We hope to

see you again soon!

Where to Make Up Missed Meetings Clubs meet at noon unless otherwise noted

Monday

Midwest City Oklahoma City Bricktown (5:30 pm)

Norman Cross Timbers (6:00 pm)

Norman Sooner (7:00 am) Oklahoma City Club 29

Wednesday
Oklahoma City Capitol (7:30 am)

Petroleum Club

Rotary Park, 1531 W. Boyd

Rose State College Student Union

Bricktown Brewery

Golden Corral

McDaniel Center, OCU, NW 26th & Florida Ave.

Thursday Norman Friday

South Oklahoma City

First Christian Church, 220 S. Webster

SW Integris Hospital, Cancer Center

Conference Room
For Online Make Ups, go to www.rotaryeclubone.org/

Moore Rotary Club 2015 - 2016



Be a gift to the world

Dee Ann Gay, Treasurer 579-7000

Board of Directors

Brent Wheelbarger	308-9717
Tim Eaton	912-9456
Janie Milum	.834-5784
Marc Cassens	204-6060





Attention Please!

Some people live an entire lifetime and wonder if they have ever made a difference in the world. a Veteran doesn't have that problem.

--Ronald Reagan

Life is ten percent what happens to you and ninety percent how you respond to it.

-Lou Holz

Recipe for Iced Coffee:

- 1. Have kids
- 2. Make coffee
- 3. Forget you made coffee
- 4. Drink it cold

Why do cows have hooves instead of feet? ...Because they lactose! (teehee!!)

Patience is the calm acceptance that things can happen in a different order than the one you have in mind.

UPCOMING MEETINGS

Be sure to ask a guest to attend a meeting during May and June! This will be a great time to introduce prospective members to Rotary!

> If you are in charge of a program for a meeting, please send the info no later than the Friday before that meeting to: to Cathy@EstesAd.com

Changes/corrections can be sent by Monday at noon before the meeting.

JR07C is in the House!

MAY 25, 2016

The JROTC from Star Spencer High School is joining us today. Under the direction of LTC Michel Harris and MSG David Walker, the JROTC works diligently to fulfil the AJROTC goal of "Motivating Young People to be Better Citizens"! This year is the 100th Anniversary of this fine organization. Posting Colors today are: Commander: Cadet Major Justin Watt, a Senior

and the Star Spencer Cadet Corps Exec. Officer. Oklahoma Flag: Cadet Lieutenant Colonel Bernardo Gonzalez, a Senior and Star Spencer Cadet Corps Commanding Officer.

Right Guard: Cadet Command Sergeant Major Adrianna Wright, a Junior and Star Spencer Cadet Corps Command Sergeant Major.

Left Guard: Cadet Master Sergeant Enrique Daley, a Junior.

FOOD FOR THOUGHT

Ten Things to Let Go Of To Be Happy

- 1. Let go of toxic people in your life.
- 2. Let go of regretting past mistakes.
 - 3. Let go of the need to be right.
- 4. Let go of feeling sorry for yourself.
 - 5. Let go of negative self talk.
- 6. Let go of the need to impress others.
 - 7. Let go of limiting beliefs.
- 8. Let go of the need to please everyone.
 - 9. Let go of gossip and complaining.
- 10. Let go of worrying about the future.

What do you think? Can we really let go of these things, and if we do will we be happy? Some very good food for thought. I'm thinking number 7 is the one it really takes!