

PUBLISHED BY



ON THE MAINE COAST

"PORTLAND HEAD"

"BUG" LIGHT

MEETS 6:15 WEDNESDAYS AT PURPOODOCK CLUB, CAPE ELIZABETH

LESTER E. WATERS
President

RAY FROST Secretary CARROLL L. BECK FOR GEORGE R. DUNN

This Week's Meeting, April 7, 1976

Jack Roberts our Program Chairman for April will have for us: A representative of National Distributors, speaking on the returnable bottle issue on Wednesday, April 7.

Les Waters called the members and guests to order at 6:20 P.M. Dick Day led us in our National Anthem, followed with grace by Harold Fralich.

After a fine meal, Bill York led us in Good Night Ladies and Give My Regards To Broadway.

Les announced that our courageous Ray Frost was leaving Friday for a month vacation in Florida. Happy vacation Ray and Mrs. Frost. Bob Carson will be acting Secretary while Ray is gone.

Sergeant-at-Arms Bob Nigro had a field day due to the display of a Greek Flag hanging behind President Waters.

MAKE-UPS: Ralph Kilgore, George Dunn (Biddeford 3/24); Len Knight (Sanford-Springvale 3/26); Carroll Beck, Nick Pappas, Ted Wainwright (Scarborough 3/23); Frank Hugo (Gulf Beaches, Florida); Dick Kilroy (Sarasota, Florida 3/24); Bob Kuhn (Portland 3/23); Harris Plaisted, Bob Nigro, Dick Holden, Dick Yerxa (Portland 3/26).

Les announced that a discussion by the Directors in regards to the Spring Dance, would be a family type with more information on same later.

Les read a communication from our District Governor congratulating our Club for increase in membership and attendance. Let's make it 100%.

We miss George this week and will be glad to see him back, after his short vacation.

Bob Hunter, Architect and Inspector, outlined design and progress of South Portland and Cape Elizabeth sewerage project which was very informative and interesting.

Thinking of George made me think of the old gentleman who was bragging about his new hearing aid. Says he, I can hear a leaf falling a block away, I really can hear the proverbial pin drop. It cost a lot of money - but it's worth it. What kind is it? his friend asked. "Four-fifteen", the old gent replied.



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President

RAY FROST Secretary GEORGE R. DUNN . Editor

This Week's Meeting - April 14, 1976

PROGRAM CHAIRMAN JACK ROBERTS who fares well will have for us: ED REUTZ, Ye Ed forgot his title but we will say he is the Head Wheel at the Greater Portland Transit District and his topic will be: What a Transit District means to the community.

LAST WEEK

Ye Ed wishes to thank CARROLL BECK for relieving him of his duties for a week's vacation. What can I say except "Just that it goes to show ya that there is no man that cannot be replaced by a better man."

that cannot be replaced by a better man."

PRESIDENT LES WATERS gave the Pledge to the Flag; Vice President DICK HOLDEN led us in "America" and introduced the visiting Rotarians and Guests; DICK KENNEDY gave the Invocation and GEORGE DUNN took us through R O T A R Y and In the Cavern with Clementine with the B.S.A. version on the last verse. Our attendance was helped by having 100% of all of the Rotarians (that is AL ADAMSON & ROBERT STEVENS visiting Rotarians from Portland) from the Great Island of Peaks in Casco Bay.

CARROLL BECK reported for our Community Service Chairman RON STEWART that he is working on plans for the Band Stand or was it Band Shell for South Portland and help came from all over, including J. B. MAXWELL who has a picture of a 1900 Bandshell in his collections.

DICK DAY reported that May 7 at the Purpoodock Club there will be a dance at \$5.00 per couple and the need is for 35 couples to make it a success. Joe Dunn will play (with his orchestra that is, not alone).

BOB NIGRO went for pins and no pins which ended up with PRESIDENT LES awarding a pin to BILL SPEAR, his finally awaited for pin. No fines except it cost Ye Ed 25¢ for I don't know what. Something about a badge I was not wearing.

We witnessed a slide presentation, courtesy of National Distributors of the new referendum which is coming up on returnable bottles. The decision is in your hands in November.

DISTRICT CONFERENCE

We have a lot at stake at the District Conference with our own HAROLD FRALICH coming in as District Governor. It is the plan of the club to hire a bus to go all the way to Canada for this District Conference which will start June 24. Sounds like a fine idea and every one of us should take part in. Only 15 are needed (couples, that is to make it pay for itself).

PLEASE LAUGH-AFTER READING

The slightly inebriated fellow was walking down the street and bumped into a slowly moving automobile. Coming around the side of the car as the car pulled to a stop he was heard to ask: "Whatsa matta can't you see you idiot?" he said to the driver of the car; whereupon the driver answered promptly; "I hit you didn't I!" Thank you. ROTARY: Fundamentally, Rotary undertakes to reconcile the ever present conflict between the desire to profit for oneself and the duty and consequent impulse to serve others. This philosophy is the philosophy of service - SERVICE ABOVE SELF - and is based on the principle that "HE PROFITS MOST WHO SERVES BEST".

Primarily a Rotary club is a group of representative business and professional men who have accepted the Rotary Philosophy of service and are seeking: first, to study collectively practical demonstration of it to themselves and their community; and 2nd to study the theory of service as the basis of success and happiness in business and in life; and 3rd, each as an individual, to translate its theory into practice in his business & everyday life; and 4th, individually & collectively, by active precept & example, to simulate its acceptance both in theory and practice by all non-Rotarians as well as all Rotarians.

Because he who serves must act, Rotary is not merely a state of mind, nor Rotary philosophy merely subjective, but must translate itself into objective activity & the individual Rotarian & the Rotary Club must put the theory of service into practice. SPRING FLING - 9 to 1 - Get your date now for a great evening of fun and dancing. JOE DUNN'S Orchestra - PURPOODOCK CLUB - DATE - FRIDAY EVENING, MAY 7, 1976. All for \$5.00 per couple - Guests invited.





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LESTER E. WATERS
President

RAY FROST Secretary

GEORGE R. DUNN Editor

This Week's Meeting - April 21, 1976

Jack Roberts will have for us: Don DeMuth, Executive Director of Community Counseling Service.

LAST WEEK

Pledge by President Les; Dick Holden introducing the visiting Rotarians; Lloyd Knight with R-O-T-A-R-Y, and Smiles; Dick Jordan with the Invocation; Tom Griffin received a remark about the Baler. Even visiting Rotarian Dave Wallace from Scituate, Mass. helped set up the room. Dan Mooers got pictured and it cost him 25¢.

DANCE COMING

See Phil Dube for tickets to the dance, May 7. Only \$5,00 a couple. Dance at the Purpoodock from 9:00 P.M. to 1:00 A.M. Guests welcomed.

TO BUS OR NOT TO BUS

That is the question. But the rub comes in finding out how many want to travel in comfort and leave the driving to Dube. Our chances looked dim last week but let Phil know if you wish to go. The dates are June 24 to 27 and Lewiston-Auburn Rotarian Dom Tardif will be our governor for 1976-77 and then we will have our own Harold Fralich there. Support should come from all of us to be at the conferences.

Don't tell other people your troubles. Half of them aren't interested and the other half are glad you got what you had coming to you.

70 YEARS AGO - 1906

New Rotary Club of Chicago had steady growth in membership. Intimate first-name acquaintance promoted fellowship.

Rotary "wagon wheel" emblem adopted, the first of many varities of "wheel controls. emblems" to be used by different clubs, until 1912, when a geared wheel was adopted, this to be followed by authorization of an official emblem (1924), a wheel of six spokes, 24 cogs and a "keyway".

Militant agitation evidenced for woman's suffrage in England, United States and other countries.

Sir Frederick E. Hopkins, English biochemist, discovered vitamins.

Human nature was what we were put in the world to rise above.

BEATING THE BLUES:

Got those soul-searching, mind-bending, nothing-can-help-me-now blues? So, who doesn't - occasionally? Depression in most cases is a natural reaction to stress. Some tips: Remind yourself that depression is normal. When you can't sidestep stress, take that letdown feeling in stride. Find someone to talk to - preferably a good listener who can keep a confidence and not feel the need to throw his or her problems back at you. Correct those things in your everyday environment that contribute to depression. For example, your desk faces the water cooler where you imagine everyone gathers to talk about you. Learn to read lips or move your desk. Work to keep your sense of self-worth. Don't blow your problems up, but don't be afraid to turn to a professional counselor for help. Try blaming an outside force for depression, the world, for example. Be yourself above all else.



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President

RAY FROST Secretary

GEORGE R. DUNN Editor

This Week's Meeting - April 28, 1976

JACK ROBERT's final feature will be, Representatives Samuel Hinds and Peter Curran with the topic, "The Income Tax".

LAST WEEK: Vice President DICK HOLDEN gave the Pledge of Allegiance; America and the Invocation by George Dunn; DICK DAY with three songs; DON JENIS introducing the visiting Rotarians, which included our former member and Vice President BILL LEWIS. The remark of the week came from DICK HOLDEN to LES WATERS; "Come Again LES".

LES WATERS sat in the audience with us and congratulated the membership which he gave credit to, as is his nature for:

- 1. RAY FROST Night
- 2. The biggest Christmas Tree Sale
- 3. Congratulations from The District for the biggest growth, and
- 4. He introduced AL BOUDREAU, who gave us the fourth reason we have done so well this year.

CHAIRMAN AL BOUDREAU of the Scholarship Committee congratulated his committee of BOB KUHN, ED CORSON, CARROLL BECK, GARTH GOOD and JACK ROBERTS on their choices of John Campbell for the Graduate Fellowship Candidate, but above all for their choice of Elizabeth M. Wildes for the Undergraduate Scholarship, as Elizabeth skipped off with full honors for the only one in the District to be awarded this scholarship. This is an International Scholarship which is a full scholarship which sends Elizabeth to anyplace in the world and can range in price from \$6,000.00 to \$7,000.00 and the choice is up to Elizabeth where she wants to go. This is indeed not only an honor for Elizabeth but for our Club as she represents The Cape Elizabeth-South Portland Rotary Club wherever she may go. AL assures us that Elizabeth will be before us speaking in a short while, before she takes off to the unknown, which may be known by the time she speaks to us.

Elizabeth is 19 years old and is the daughter of Mr. and Mrs. Woodrow Wildes of 42 Reynolds Street, South Portland and is a psychology major at Hood College in Frederick, Maryland.

DON DEMEITH spoke to us on serving the 12 surrounding communities as Director of the Community Counseling Center.

Some people pay a compliment as if they expected a receipt.

D. K. TURNER has been dropped from membership for non-attendance.

MAKE-UPS: BUD PLAISTED, BOB NIGRO, DICK HOLDEN, DICK YERXA (Portland 3/26); LEN KNIGHT (Sanford-Springvale 3/26); RALPH KILGORE, GEORGE DUNN (Biddeford-Saco 3/24); CARROLL BECK, NICK PAPPAS, TED WAINWRIGHT (Scarborough 3/23); BOB KUHN (3/23); DICK KILROY (Sarasota, Fla. 3/24); FRANK HUGO (Gulf Beaches, Fla. 3/23).

DID YOU READ YOUR ROTARIAN MAGAZINE: The magazine fills an important need in Rotary. Not only does it provide timely news and information about Rotary Clubs and individual Rotarians, but it also offers pertinent background information on trends of the current world scene, particularly as they bear on Rotary. Its articles are sufficiently authoritative to be used constantly as reference material.

Executive ability is deciding quickly and getting somebody else to do the work.

Fundamentally, Rotary undertakes to reconcile the ever present conflict between the desire to profit for oneself and the duty and consequent impulse to serve others. This philosophy is the philosophy of service---"service above self"--and is based on the practical ethical principle that "he profits most who serves best".

LOVE: That magical bond where one and one is far more than just two.

A person who is at the top has the habit of getting to the bottom.



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President

RAY FROST Secretary GEORGE R. DUNN Editor

This Week's Meeting - May 5, 1976

ED CORSON will present: John Greer, Director of Southern Maine Vocational Technical Institute (SMVTI).

LAST WEEK

Vice President DICK HOLDEN opened the meeting at 6:23 with the Pledge of Allegiance with DICK PYNE with America the Beautiful and introducing the visiting Rotarians.

J. B. MAXWELL gave the invocation and DICK DAY came up with a couple of sons. BILL STANTON gave us a flag from San Francisco and our other journeyman RAY FROST was welcomed back with Stewart, Fla. and with more to come. Glad to see RAY back in the fold, which means the bulletin will not have as many fill-ins as it has in the past month.

JACK ROBERTS introduced GARTH GOOD with a Classification Talk. GARTH introduced us to firehouse supplies and fire engines and even into the newly formed Continental Fire Trucks Inc. - his own company making fire trucks - What color???? you name it - you got it. Classification talks are always the most interesting. Blanchard Associates are OK but Continental sounds better to us. We certainly have diversification in our own membership, which we can be mighty proud of.

DANCE - MAY 7

Come to the Rotary Fling Dancers. Make your reservations by calling PHIL DUBE or DICK DAY. Get them in early and get a good seat. This is not a make-up but will be 100% pleasure.

Live and let live is fine, but live and help live is better.

MAKE-UPS PROVE FELLOWSHIP

BUD PLAISTED, SAM GIFTOS, GEORGE DUNN, STEVE DUNN (Portland 4/2); FRANK HUGO (Gulf Beaches, Fla. 3/30); BILL STANTON (Westbrook 3/30); DICK KILROY (Sarasota, Fla. 3/30); ED THEREAULT, ART KENISTON, DICK HOLDEN (Westbrook 4/6); FRANK HUGO (Gulf Beaches, Fla. 4/6); BILL STANTON (Brunswick 4/5); RAY FROST (Homestead, Fla. 4/13): BUD PLAISTED (Westbrook 4/13); BILL STANTON (San Francisco, Cal. 4/13); WARREN SIMPSON (Scarborough 4/6); RAY FROST (Coconut Grove, Fla. 4/12); AL DIMATTEO (Concord, N.H. 4/13); RALPH KILGORE (Biddeford-Saco 4/14); GEORGE DUNN (Lewiston-Auburn 4/15); BUD PLAISTED (Kennebunk 4/15); LEN KNIGHT (Sanford-Springvale 4/16); FRANK HUGO (St. Petersburg, Fla. 4/16); BOB NIGRO, JIM DOUGHTY (Portland 4/16); FRANK HUGO (Gulf Beaches, Fla. 4/20); RALPH KILGORE (Biddeford-Saco 4/21); JIM DOUGHTY (Marco Island, Fla. 4/22); FRED MADORE (Lewiston-Auburn 4/22); LEN KNIGHT (Kauai, Hawaii 4/23); GEORGE DUNN, STEVE DUNN (Rockland 4/23); BILL STANTON, SAM GIFTOS, ART KENISTON (Portland 4/23).

Often it takes as much courage to resist as it does to go ahead.

THE FOUR WAY TEST

- 1. Is it the truth?
- 2. Is it fair to all concerned?
- 3. Will it build good will and better friendships?
- 4. Will it be beneficial to all concerned?

Memory is the diary we all carry with us.

The "Right of Way" is not something you have, somebody gives it to you.

The human being can sometimes be likened to an animal. Sometimes one has too much exhaust and not enough horsepower.



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GEORGE R. DUNN

LAST WEEK - MAY 5, 1976
ED CORSON introduced John Grier, Director of S.M.V.T.I. John has been Director of S.M.V.T.I. for the past six years and gave us a rundown on the many facets the school runs. The question and answer period was quite interesting and long which means that there is a great deal of interest in Vocational Schools.

PRESIDENT LES sounded Zee Gong at 6:24:36 and all were seated at 6:25:24. LES gave the Pledge which was followed by DICK HOLDEN with America. J. B. MAXWELL rendered the Invocation. V.P. DICK introduced the Visiting Rotarians - Standing Ovations were given to former member PHIL CLOUGH and our summer visitor HOWARD MOORE. BILL YORK picked some really good harmonizers with Sweet Adeleine and In the Evening By the Moonlight and the members were right with BILL with harmony and a good time by all.

IN CHURCH PARKING LOT: "We forgive those who trespass against us, but they'll be towed away just the same".

MAKE - UPS

FRED MADORE, HAROLD FRALICH (Westbrook 5/4); RAY FROST (Stuart, Fla. 4/21); BOB KUHN (Pittsfield, New York 4/13); CARROLL BECK, TED WAINWRIGHT (Scarborough 4/27); ED THERIAULT, JACK ROBERTS, LLOYD KNIGHT (Scarborough 4/13); FRANK HUGO (Gulf Beaches, Fla. 4/27); HAROLD FRALICH (Myrtle Beach, South Carolina 4/26).

BUMPER STICKER: "Hit me - I've got a terrific attorney."

ATTENDANCE - APRIL 1976 (80.35%)

100% GOOD GUYS

BECK, BOUDREAU, CARSON, CHANDLER, DENNISON, DUBE, G. DUNN, S. DUNN, FRALICH, FROST, GACETTA, GIFTOS, HOLDEN, HUGO, KENISTON, KENNEDY, R. KILROY, L. B. KNIGHT, KUHN, MADORE, NIGRO, PAPPAS, PLAISTED, PYNE, ROBERTS, SIMPSON, STANTON, THERIAULT, WATERS, YORK, WAINWRIGHT.

75% PRETTY GOOD GUYS

CORSON, DAY, GAW, JENIS, JORDAN, KILGORE, W. KILROY, KOURAKOS, MAXWELL, MOOERS, TWOMEY.

LESS THAN 60% NOT SO GOOD

BUTLER, DIMATTEO, DOUGHTY, GOOD, HANSON, L. R. KNIGHT, RUMERY, STEWART, SONDERGAARD, SPEAR, YERXA.

IN THE MEN'S SHOP: "Close out sale on famous brand pajamas for men with tiny flaws."

IN A DEPARTMENT STORE: "God helps those who help themselves. We prosecute!"

STEVEN DUNN MONTH - COMING - JUNE, 1976

JUNE 2: NO MEETING - There will be a joint service club meeting at Mahoney Junior High School in South Portland on Thursday, June 3, hosted by the Lions Club this year and the speaker will be: GOVERNOR LONGLEY, Former Rotarian of Lewiston-Auburn.

IN A PSYCHIATRIST'S OFFICE: d'Amnesia patients must pay in advance."

OVER THE DOOR OF A LIQUOR STORE: This place is guarded by shotgun three nights a week. You guess which nights?????

FROM THE GOVERNOR'S LETTER

We at the Cape South went from 27th place in attendance in February to 12th place in March.

ON BACK OF ELECTRICIAN'S TRUCK: If you can't find your shorts - Call us.

ED CORSON MONTH MAY, 1976

JOHN ARNOLD - Central Maine Power

May 19: CHIEF MCGOLDRICK - South Portland Fire Department.

DID YOU KNOW

IF YOU DID NOT, NOW YOU DO; ED CORSON has a most efficient Secretary and Ye Ed found out her name was LINDA LOVEJOY.

"BUG" LIGHT



TWO LIGHTS



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RAY FROST Secretary GEORGE R. DUNN

This Week's Meeting - May 19, 1976

OMMISSION & ERROR

With humblest regrets and apologies etc. YE ED must admit that PAUL CHANTAL, that is PAUL CHANTAL spelled P-A-U-L C-H-A-N-T-A-L also is a 100% from our last attendance report. YE ED will receive four lashes with a wet noodle for this unforgivable and unforgettable error. First mistake I make in my life and I get caught. Excuse please, PAUL.

ALL SERVICE CLUB BANQUET

The Joint All Service Clubs Banquet will be held THURSDAY, June 3, 1976 at Mahoney Junior High School in South Portland. The tickets are on sale @ \$5.00 per person and DICK YERXA has a supply of tickets. This meeting will take the place of our regular meeting on June 2, 1976. The speaker will be GOVERNOR JAMES B LONGLEY, Honorable Governor of the Great State of Maine.

ROAD MAPS tell you everything except how to fold them.

LAST WEEK

The Pledge was given by President LES WATERS, followed by America by called on DICK DAY but LLOYD KNIGHT came up with the note; invocation by LEN KNIGHT.

DID YOU KNOW - SAM GIFTOS was not there but on that day he had his not first but his first granddaughter and that was an excellent date of having a birthday as it was BOB HANSON'S father's birthday.

QUESTION OF THE WEEK: Why can't LLOYD get a program?????

REMARK OF THE WEEK: If those same songs are picked to be sung I'm walking out and that is exactly what the Rotarian did that made that remark. Must say he is a truthful man.

Generous gestures yield the most when that isn't their purpose.

MAKE-UPS: LEN KNIGHT (Sanford-Springvale 5/7); FRANK HUGO (Gulf Beaches, Fla. 5/4); FRED MADORE, HARRIS PLAISTED (Portland 4/30); TED WAINWRIGHT (Scarborough 5/4); AL DIMATTEO (West Haven, Conn. 5/5); RALPH KILGORE (Biddeford-Saco 5/5); AL DIMATTEO (Ansonia, Conn. 5/5); HARRIS PLAISTED (Brunswick 5/10); DICK HOLDEN (Westbrook 5/11); RICHARD M. DAY (Portland 4/9).

A wise person will make more opportunities than he finds.

Can you make a self analysis of how good a Rotarian you are?? Here are some examples!!

Do you wear your Rotary pin regularly?

Do you leave your club bulletin on the table, or do you share it with your family? When was the last time you sat next to a person whom you did not know very well at a weekly meeting? Have you ever proposed a new member?

Have you proposed someone for membership recently?

When was the last time you brought a friend or a young person as a guest to a weekly meeting?

Are you pleased with the things your club is doing? If not, have you made suggestions to the President or a Board Member? Did you offer to follow through with your suggestion?

Do you make an effort to make-up a missed meeting? Do you greet all visitors to your club and try to make them feel at home?

As a committee chairman, when was the last time you reviewed your responsibilities? Held a Meeting? Gave a progress report to your director?

If you don't know where you're going, any road will get you there.



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GEORGE R. DUNN Editor

THIS WEEK'S MEETING - MAY 26, 1976

BOB CORSON will present for us: Jack Porter from General Electric.

STEVE DUNN MONTH - JUNE 1976

June 2 meeting will take place on June 3 at Memorial Junior High School in South Portland and this will be the annual combined service club meeting for our area with Governor James B. Longley, Governor of Maine and Rotarian from Lewiston-Auburn. There will be NO meeting at the Purpoodock on June 2.

Make sure you get your reservations and tickets from DICK YERXA for Governor Longley on June 3 at Memorial Junior High School. Tickets and reservations are limited so it is up to YOU.

Middle age is that period of life when you look at your past mistakes and wish you could repeat them.

The rest of the month will be coordinated between STEVE and PRESIDENT LES and the Board of Directors as June will bring in the close of our Rotary Year.

When the insects take over the world let's hope they remember with gratitude how we took them along on all our picnics.

LAST WEEK

A most unique speech by South Portland Fire Chief McGoldrick: First came the answers directed to the audience with the questions coming from the Chief and vice-versa. We were quick to learn that there is a lot more to being a fireman than just fighting fires. The Chief thanked us for the resuscitator which we presented the Fire Department a couple of years ago.

BOWLING ALLEY DUES: Alleymony RIOT: A crowdburst

PRESIDENT LES did his usual fine job of chairing; DICK HOLDEN introduced the Visiting Rotarians at which time the entire club stood up as guests from Portland. FRANK HUGO, our own member was welcomed as a guest - 100% attendance but we see him very little -- Make-Ups are the answer.

A man walked into a loan agency and said, "I'd like to consolidate all my debts so I'll only have one bill I can't pay."

INVOCATION was by DICK KENNEDY; LLOYD KNIGHT got fined 25¢ for not using the song books which BOB NIGRO brought up. BILL KOURAKOS willingly paid his fine for his son's BILL's name in the paper as Editor of the Yearbook in University of Maine. LLOYD rendered a solo; "I'll never sing again"., brought on by his brother LEN, who was eating dessert. BOB had a blast @ 25¢ per pin.

Nothing defines a property line more clearly than when a neighbor mows his lawn.

34 YEARS OF PERFECT ATTENDANCE

ART KENISTON - 14 years NICK PAPPAS - 5 years DICK KENNEDY - 10 years ED THERIAULT - 3 years

BOB NIGRO - 2 years

MAKE-UPS

JACK ROBERTS (Scarborough 5/11); BILL STANTON (Brunswick 5/17); FRANK HUGO, DICK KILROY (Westbrook 5/18).

STAY AWAKE: In driver-asleep accidents there is no chance for the driver who's sleeping to swerve or slow down or make any kind of effort to avoid a crash.

ROTARY AT WORK: To ennoble the world by friendship -- to help create a world where order, service to humanity and peace prevail.

ROTARIAN OF THE WEEK: Not duo pistols but duo coffee pots gave past president DAN MOOERS the Rotarian of the Week Award. DAN served every one of us in true Rotary Fellowship & Service.



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THIS WEEK'S MEETING - THURSDAY, JUNE 3, 1976

Meeting will be held THURSDAY, JUNE 3, 1976 at Memorial Junior High School and will be the Annual Combined Service Clubs Meeting of the South Portland-Cape Elizabeth Clubs. Our speaker will be GOV. JAMES B. LONGLEY. The meeting will begin promptly at 7:00 P.M. See you at the All Service Club Meeting on THURSDAY, JUNE 3.

THERE WILL BE NO MEETING at the Purpoodock Club on Wednesday, June 2.

We often discover what will do, by finding out what will not do.

COMING ATTRACTIONS-STEVE DUNN MONTH

June 9: Elizabeth Wildes, our own selection for R.I. Scholarship and the District #779 selection (which is a great honor for us as well as ELIZABETH), will be on hand to tell us about herself and what she plans to do on her educational scholarship in England.

Our congratulations to the Scholarship Committee for their selection: AL BOUDREAU-Chairman; JACK ROBERTS, ED CORSON, GARTH GOOD, CARROLL BECK and former member BOB KUHN.

Often it takes as much courage to resist as it does to go ahead.

June 30: Review of the Year by PRESIDENT LES WATERS and his directors. This has been quite a year and should be well worth the program LES and his directors have planned for us.

JUNE 16: Dr. Young, Director of Baxter School for the Deaf, will be our featured speaker.

JUNE 23: A surprise brought on by who for what, and will be there and here and will tell everybody by nobody.

LAST WEEK

President LES WATERS chaired the meeting and V.P. DICK HOLDEN introduced the visiting Rotarians. J.B. MAXWELL gave the invocation and PETE RUMERY sang new songs like Dixieland and The Band Played On and gave us the remark of the week: Good but not a new find.

GARTH GOOD has a new grandson. J.B. got bagged \$1.00 for a commercial and FRED MADORE was fined for a TV Commercial.

ON SICK LEAVE

CARROLL BECK is out of intensive care and is getting better at Maine Medical Center. Visit or phone him.

SPEAKER LAST WEEK

Jack Porter, head man at GE Heat Transfers and our President LES's boss gave an excellent run down with the help of DON JENIS at the projector on the GE operation in South Portland. The question and answer period was most interesting as well as the presentation which was most informative and interesting.

MAKE-UPS

FRED MADORE, ART KENISTON (Portland 5/21); NICK PAPPAS, JACK ROBERTS (Scarborough . 5/18); LLOYD KNIGHT (Scarborough 5/2); BUD PLAISTED (Westbrook 5/25).

The Most powerful and effective weapon is not a weapon at all IT IS LOVE. Why? Because if given and received in the correct manner it will conquer ALL.

The Rotarian Way for Community Service: What is the job that needs doing?

Is there a community agency which can do the job?

If so, cooperate and strengthen, don't duplicate.

If not, start the ball rolling with the appropriate project which may in time generate its own agency.





PUBLISHED BY

SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB

"BUG" LIGHT

ON THE MAINE COAST

"PORTLAND HEAD"

MEETS 6:15 WEDNESDAYS AT PURPOODOCK CLUB, CAPE ELIZABETH

LESTER E. WATERS

RAY FROST

GEORGE R. DUNN

President

STEVE DUNN - MONTH OF JUNE, 1976

June 16: Dr. Joseph P. Young, Superintendent, Baxter School for the Deaf.

Dr. Richard Sittinger, D.C. June 23:

PRESIDENT LES reviews the year 1975-1976 with Vice-President RICHARD HOLDEN, June 30:

Secretary RAY FROST, Treasurer ART KENISTON and Board of Directors: BILL

KOURAKOS, BILL YORK, RON STEWART, AL BOUDREAU, DAN MOOERS.

LAST WEEK - JUNE 9, 1976

ELIZABETH WILDES, our choice and the District's choice for the R.I. Foundation Scholarship was introduced by CHAIRMAN and DIRECTOR AL BOUDREAU. Her smile gave her a standing ovation by all Rotarians present both at the beginning and end of her presentation to us. This South Portland High School graduate attending a small college in Maryland had some mighty nice things to say about the school system and America and will be a good example for us to send to England. She spoke of our committee and how much she was at ease and then of the second committee, asked some real humdingers for questions which made her disconcerting. ELIZABETH is investigating three colleges in England and seems to be attracted to the smaller colleges and not the larger ones. Our Club is mighty proud of ELIZABETH and OUR COMMITTEE which made such a wonderful choice.

FROM THE GOVERNOR'S LETTER

ON-TO-NEW ORLEANS, JUNE 13-17 - I am proud to report that more than twelve (12) from District 779 are going to attend the International Convention.

ON TO THE DISTRICT CONFERENCE, QUEBEC CITY, JUNE 24-27 - It's a pleasure to report that requests for reservations at l'Auberge des Gouverneurs are very satisfying. A draft copy of the program has been sent to every Club. As I cannot afford a copy for each Rotarian, I trust the recipient will SHARE the information received with the members of his Club.

PROMOTE WORLD UNDERSTANDING WEEK - The week from the 12 to 18 September needs your enthusiasm and support. A kit will be sent with program suggestions, a sample news release, an outline address for the week, a new edition of "Projects in International Service" and a brief explanation of the match district and club program. World Understanding Week observances are a wonderful beginning for on-going programs.

We are glad to hear from HAROLD FRALICH that CARROLL BECK is now convalescing at home and will be back in a couple of weeks.

DUES are out for 7/1/76 to 7/1/77 - Make checks payable to: Rotary Club of South Portland-Cape Elizabeth and send to: RAYMOND FROST, 73 Clemons St., So. Portland, Me. 04106 or save 13¢ and bring to the next meeting for RAY.

DICK DAY - HOLDEN sing out last week after LES' pledge with America and then DICK HOLDEN introduced the visiting Rotarians and then DICK DAY came on with Wait 'til it Shines Nellie and Summertime which brought out a compliment from a Portland visiting Rotarian.

At the combined service club meeting VIPS receiving special attention were: DICK DAY and RON STEWART.

MAKE-UPS: HARRIS PLAISTED, JACK ROBERTS, DICK PYNE (Portland 5/28); FRED MADORE, BOB NIGRO, AL DIMATTEO, ART KENISTON (Portland 6/4); RALPH KILGORE, FRANK HUGO (Westbrook 6/1); RAY FROST (Wells-York 6/2); BILL STANTON, JIM DOUGHTY, SAM GIFTOS, NICK PAPPAS (Westbrook 6/8); PHIL DUBE, TED WAINWRIGHT (Scarborough 6/1); HARRIS PLAISTED, LEN KNIGHT (Sanford-Springvale 6/4); GEORGE CHANDLER (Biddeford-Saco 5/16); JACK ROBERTS (Scarborough 5/25).







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LESTER E. WATERS
President

RAY FROST Secretary

GEORGE R. DUNN Editor

PREVIEW OF COMING ATTRACTIONS

THIS MEETING - THIS WEEK, JUNE 23, 1976: Dr. Sittinger, D.C.

JUNE 30: We're changing guards at the Purpoodock Club, RICHARD HOLDEN went down with LES WATERS.

AND SO ENDS THE ROTARY YEAR AND THE CLIMAX OF STEVE DUNN MONTH

The secret of happiness is not in doing what one likes, but in liking what one has to do.

LAST WEEK

THE GONG bonged at 6:22:02 and we were Pledging Allegiance to the Flag with LES at 6:23:23. RICHARD HOLDEN led us in America and DICK KENNEDY led us in the Convocation. V.P. DICK introduced the visiting Rotarians and BILL YORK led us (good by DICK but not by us) in Jolly Sixpence and Sweet Sixteen; and then On Top of Old Smoky was dedicated to Ye Ed as rumor has it he has two months of not smoking.

Experience is a hard teacher - She tests first and teaches afterward.

JOHN TOFT said hello to everyone.

CONGRATULATIONS were given by PRESIDENT LES TO RAY FROST on his distinction of having been named a Paul Harris Fellow.

The "Right of Way" is not something you have - unless somebody gives it to you.

DR. YOUNG gave us a tremendous slide presentation with a personal touch on Baxter School. DR. YOUNG is a former President of the Portland Rotary and did a wonderful job for all of us to enjoy.

The accent's on youth, but the stress is on parents.

REMARK OF THE WEEK

BOB NIGRO: "Thought you forgot the meeting?"

CARROLL BECK sent us the following message: Still convalescing and under Doctors care, hope to be back soon.

OUR SCHOLARSHIPS RECIPIENTS

ELLEN RIVOTTO (Cape Elizabeth) accepted at the Mary Hitchcock Hospital School of Nursing, Hanover, New Hampshire.

RICHARD MARK GOSSELIN was selected as the recipient of the Vocational Scholarship (Cape Elizabeth) and will attend Southern Maine Vocational Technical Institute.

PETE GRANNELL (South Portland) will attend SMVTI in the Law Enforcement Program.

JENNIFER ACETO (South Portland) will attend Westbrook College in the Medical Technology Program.

The dictionary is the only place that you will find success before work.

MAKE-UPS

RICHARD HOLDEN (Biddeford-Saco 6/9); DICK KILROY (Scarborough 6/8); BILL STANTON, DICK KILROY, LLOYD KNIGHT, WARREN SIMPSON, TED WAINWRIGHT (Westbrook 6/15); SAM GIFTOS, BOB NIGRO, STEVE DUNN, DICK YERXA, DICK PYNE (Portland 6/11).

SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB

1975 - 1976

OFFICERS

President	Lester E. Waters		
Vice President	Richard B. Holden, Jr.		
Secretary	Ray Frost		
Treasurer	Arthur S. Keniston, Jr.		

BOARD OF DIRECTORS

Club Service	Bill Kourakos
Vocational Service	Bill York
Community Service	Ronnie Stewart
International Service	Al Boudreau
Director at Large	Daniel W. Mooers

MAKE-UP OPPORTUNITIES

1417		2111 01111120	
Monday	Holiday Inn	Brunswick	12:00
	Holiday Inn	Augusta	6:15
	Jefferson	Waterville	12:00
	Northland	Houlton	12:00
	Freddie's	Rumford	12:00
Tuesday	Sing's	Westbrook	12:15
	Marshview	Scarboro	6:30
	(Summer Sch	ed. July-Aug.)	12:00
	Bangor House	Bangor	12:15
	Lamie's	Hampton, N.H.	12:15
	Whittemore	Skowhegan	12:15
Wednesday	Wonderbar	Biddeford	12:15
	Statler	Boston	12:15
	Mary Jane's	Bar Harbor	12:15
	Shrine Club	Belfast	12:00
	Inn Crowd	Ogunquit	12:15
ursday	Glen-Mor	Kennebunk	12:15
	Steckino's	Lewiston	12:00
	Yoken's	Portsmouth	12:15
	North Church	Farmington	6:15
	Lodge Hall	Rangeley	6:15
Friday	Eastland	Portland	12:15
	Town Club	Sanford	12:10
	Thorndike	Rockland	12:15

SOUTH PORTLAND . CAPE ELIZABETH

Raymond H. Frost, Secretary
73 Clemons Street
South Portland, Maine 04106

Linwood Street

ROSTER OF MEMBERS

April 1, 1976

			BUSINESS	HOME
NAME	CLASSIFICATION		PHONE	PHONE
Beck, Carroll L. (Methel)	General Contractor - Building Construction		774-4841	773-8531
Boudreau, Alfred O.	Men's Hair Stylist		799-6169	799-6169
Butler, Paul F. (Janet)	Food Distribution - Management		773-5683	799-1550
Carson, Bob Jr. (Penelope)	Fast Food Service		772-8179	799-8029
Chace, Leroy (Edna)	Traffic Engineer:	5	883-5546	799-6583
Chamidler, George (Mary)	Communications - Tel.	and.	773-9986	799-8332
Chantal, Paul (Rosemary)	Juvenile Probation		774-2135	799-7274
Corson, Edgar M., Jr. (Lois)	Valve Mfgr.		799-3341	883-6825
Day, Dick M. (Beverly)	Chamber of Commerce		767-3311	772-1628
Dennison, Keith (Joan)	Pharmacist	~ *	799-6820	799-3193
DiMattee, Al (Virginia)	Granite Monuments - Distributing		799-3136	799-3136
Doughty, Jim (Florence)	Insurance		799-5541	799-2907
Dube, Phil (Claudette)	Travel Agency		767-3366	773-0108
Dunn, George R. (Charlene)	Alcholism - Additional Active		774-7871	767-2987
Dunn, Steve L. (Linda)	Hearing Aid Consultant	CV -	774-2722	799-8664
Fralkh, Harold (Marge)	Insurance - Estate Planning	45.45	773-7693	799-8102
Frost, Ray (Dot)	Senior Active			799-7758
Gacetta, Dan	Liquor Distributing		799-4555	799-4555
Gaw, Edson (Doris)	Cancer Society		775-5809	799-3217
-Giftgs, Sam (Efglene)	Adcounting	2	775-3322	799-3164
Good, Garth (Peggy) T	Fire Equipment	- B	799-2971	799-2961
Hanson, Robert F. (Kathleen)	Insurance - Law		772-8352	799-8902
Holden, Dick (Margaret)	Insurance - Life		774-4521	799-7655
Hugo, Frank (Harriett)	Real Estate - Additional Active		799-2221	655-4583
(nness, Ed L (Edith)	Photography Developing & Printing - Additional	Active		799-4984
Jenis, Don (Grace)	Heat Transfer Products - Additional Active		799-8111	799-5210
Jordan, Dick (Jane)	Banking - Branch Co-ordinator		775-7461	799-2526
Keniston, Art (Audrey)	Newspaper		775-5811	773-6918
Kennedy, Dick (Betty)	Canned Goods - Distributing		799-5843	799-5843
Kilgore, Ralph (Ann)	Alcoholism	2	775-6553	774-5536
Kilray, Dick (Mary)	Repl Estate @	11	799-2221	799-6153
Kilray, Bill (Ann)	Heating Oil - Distributing		799-2211	799-7161
Knight, Len (Mary)	Trust Administrator		772-1941	799-6721
Knight, Lioyd (Ellen)	Television		772-4661	799-2943
Kourakos, William (Sophia)	Insurance - Health		.775-4411	799-1755
Madore, Fred J., Jr.	Automobile Management	~ +	775-6111	774-9712
Maxwell, J. B. (Suzanne)	Printing		774-6349	799-2755
Mooers, Dan (Sarah)	Trial Lawyer		774-6171	799-4504
Nigro, Bob (Sandy)	Auditing		772-1981	799-1852
Pappas, Nick (Nickie)	Investment Securities		773-5591	799-1604
Plaisted, Harris (Elizabeth)	Insurance - Group Life	0	773-3869	799-0985
Pyne, Richard A. (Mary)	Savings Bank		774-5643	799-6352
Roberts, Jack E. (Shari)	Municipal Welfare Adm.		767-3201	772-3366
Rumery, Pete C. (Judy)	Marine & Industrial Eng. Additional Active		799-1580	799-6537
Seekins, John I. Jr. (Bea)	Education - Administration		374-5629	767-2841
Simpson, Warren (Velma)	Retail Hardware	327	799-6191	799-0227
Smith, Mason P. (Barbara)	Photographer	-	772-1616	799-3444
Sondergaard, H. R. (Biny)	Public Housing Administration		767-3500	799-0267
Spear, Bill S. (Pat)	Airline Pilot			799-8275
Stanton, William R. (Lucy)	Variety Store	16	799-7952	799-4814
Stewart, Ronald E. (Shirley)	City Government	4	799-6652	799-8643
Therlault, Ed (Beverly)	Automobile - Sales	-	781-2100	799-0041
Toft, John (Marion)	Past Service		772-6623	799-0376
Twomey, Dick (Diane)	Night Club		773-0271	883-3362
Whitwright, Ted (Norma)	Potato Farmer	-	799-0601	799-0601
Waters, Les (Marge)	Heat Transfer Products		799-8111	799-8273
Woodard, Frank (Suzanne)	Potato Chip Mfg.		799-1596	799-3491
Yerxa, Dick (Priscilla)	Garden Supplies		799-2241	883-4275
York, William A. (Diane)	Marine & Industrial Engineers		799-1580	767-2401
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