

JULY 6, 1983

LAST WEEK: Meeting opened by President Bill Brown; America by Jim Doughty; Invocation by Ralph Miller; Visitors introduced by John Henchey; Songs directed by Capt. Lloyd Knight.

ATTENDANCE 32

PROGRAM & REMARKS:

Harold Fralich introduced Rotary Scholarship winner, Margaret Kane, from South Portland. Margaret was this club's entry in last year's scholarship competition and was named as 1st alternate. One of the winners had to give up his chance and she was notified that she would be eligible to receive the scholarship. Margaret will be a Senior at Smith College in the fall and will follow that with a year of study in either Scotland or Wales in 1984.

Bill York reminded his committee that plans are proceeding for our club's involvement in the Family Fun Days at Fort Williams Park on July 23, 1983. Please notify Bill if you can supply some energy to this project.

Sam Giftos has been hospitalized. A bit of a scare but we hear that everything is going to be all right. Get well soon, Sam. Bill Brown addressed the club with his final summation of his year in office. His remarks were short, but to the point:

The responsibility is great.
Time goes by very fast.
The president's job is not easy.
He feels stronger about Rotary.
The more you give of yourself, the more you get back.
You meet people from all over the district and the world.
People are very special.
Rotarians do things for humanity everywhere.
The goals that he presented in the beginning of his term could not all be achieved in one year realistically.
Rotary is one hell of a lot bigger than just our small club and we have participated in all aspects - local, state, district, national, and international.

Bill presented Rotary hats of recognition for special service to Sam Giftos and Harold Fralich. He named Harold Fralich the "Dean of the Rotary District".

The meeting was brought to a close with the passing of the gavel to John Henchey and the presentation of the Past Presidents pin to Bill Brown by John. John Henchey will announce his plans at the July 6 meeting.

IMPORTANT NOTICE: Paul Butler is the Program Chairman for the coming year. We will continue the policy of assigning programs alphabetically using the club roster. Those of us who are at the top of the list will be hearing from Paul until a master sheet can be produced listing everyone's assigned meeting date. Anyone who has a program ready to present right away, should get in touch with Paul as soon as possible. Swapping of programs is acceptable as long as the Program Chairman Paul Butler, is notified. His telephone numbers are: Home, 799-1550, Office, 773-5683. Looking forward to another good year of programs.

SOUTH PORTLAND

CAPE ELIZABETH



TWO LIGHTS

PUBLISHED BY

**SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB
ON THE MAINE COAST**

"BUG" LIGHT

"PORTLAND HEAD"

MEETS 6:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

BILL BROWN
President

BOB CARSON
Secretary

DICK KENNEDY
Editor

JULY 14, 1982

LAST WEEK (7/7) Meeting opened by new President, Bill Brown; America by Paul Butler; Invocation by Ralph Miller; Songs by Jim Ferguson; Visiting Rotarians introduced by Bob Carson.

ATTENDANCE 34

Al Boudreau, acting on a suggestion from former member Ron Palmquist, has come up with an idea for an "Orientation Kit" to be given to each new member of our club. He feels that a new member is pretty much at sea as to what Rotary is during the first few months after he joins us. This kit will give the member some idea of what Rotary is and what the So. Portland-Cape club does to justify it's existence. Good idea!

NEW MEMBER Pres. Bill introduced our newest member who is Alan Baldwin who has been with Kentucky Fried Chicken for the past 11 years. We will have a more complete run down on him at a later date. Welcome aboard, Alan.

Pres. Bill announced our new officers and directors for the coming year.

Pres.	Bill Brown	DIRECTORS			
1 V. P.	John Henchey	Ex. Off.	Bill York	Com. Serv.	A. Mezoian
2 V. P.	Jim Doughty	Int. Serv.	John Kazillionis	Voc.	"- Doug Stewart
Sect.	Bob Carson	Club	" - Ed Williams	Youth-	Dave Hitchcock
Treas.	Dick Goodine				

Chaplains: Ralph Miller & Carroll Beck Music: Lloyd Knight
Sgt. at Arms: Nick Pappas Bulletin: Dick Kennedy (fine chap)

Pres. Bill presented to the club a list of 16 objectives which he wishes to accomplish in the coming Rotary year. A list of these will be given to each member at tonights meeting. Pres. Bill also announced that he and the board feel that our club should should start right now to sponsor Sam Giftos for the position of District Governor for the year 1985-86. This will require a concerted effort on the part of each member and your input will be welcomed at tonights meeting. As we have already had one District Governor from our club we have the know how as to sponsoring the District Convention at The Balsams at the end of Sam's term.

COMING ATTRACTIONS: Don't forget meeting of July 28 will be at Fort Williams and meeting of Aug 4 will be at Two Lights and be a lidies night as well as the visit from the District Governor.

MAKE UPS: 6/22 at Westbrook, Carroll Beck; 6/25 at Portland, Duane Rancourt and Warren Simpson.

PROGRAM FOR 7/14: Our speaker will be Margo Wood who is Project Coordinator for Univ. of So. Maine Reading Academy and Adult Literacy Program. This program is designed to assist adult people in the community who are unable to read or write. Think for a moment what your life would be like if you were illiterate.

Our attendance for the month of June was the best of the past year at 82.73%. Let's start the year with an effort to bring up this figure.

SOUTH PORTLAND

CAPE ELIZABETH



TWO LIGHTS

PUBLISHED BY

**SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB
ON THE MAINE COAST**

"BUG" LIGHT

"PORTLAND HEAD"

MEETS 6:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

BILL BROWN
President

BOB CARSON
Secretary

DICK KENNEDY
Editor

JULY 21, 1982

LAST WEEK: (7/14) Meeting opened by Pres. Bill Brown; America by Jim Ferguson; Invocation by Carroll Beck; Visiting Rotarians (6) introduced by John Henchey; No singing and no fines.

ttt Bill York announced that John Henchey has finally installed a water fountain in the Fort Williams park area. I know not where it is but assume that we will have a look at it when we meet out there on July 28.

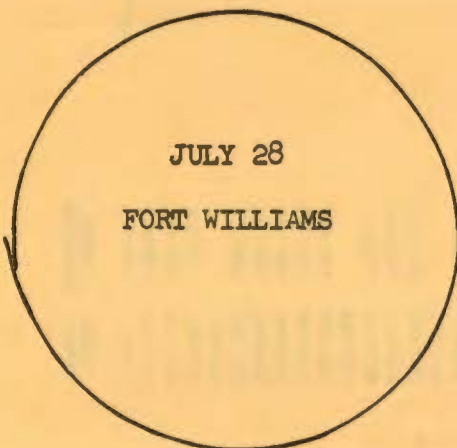
PROGRAM: This week's Program Chairman, Jim Ferguson, introduced Margo Wood who is Project Coordinator for Univ. of So. Maine Reading Academy and Adult Literacy Program. This program is designed to assist adults who are functionally illiterate. According to Margo, Maine has some 25,000 people who are able to read and write at or below the third grade level with 16,000 of them living in the greater Portland area. She also told us that, over the nation, 10% of the population is literate only to the sixth grade level. A sad commentary. The program is a very basic one which stresses reading and writing. It has served some 350 people in the past two years. With 16,000 in the area you can see that this is a long slow process to upgrade this population. The tutors in the program are students from the Univ. of So. Maine and they often work in a one on one situation. The Program has just received a grant of \$2500 to start a program at the Maine Correctional Center. I am sure this is a much needed service for the people confined there. The Program has six other centers in Biddeford, Gorham, Portland, Sanford, So. Portland, and at the Youth Center. A full semester's tutoring for one student costs about \$150. The Program is losing it's Federal Funding on July 31, 1982. If the Program is to continue, they must find funding elsewhere and I wonder if this may be a good place for our Rotary Club to put some funds.

PROGRAM TONIGHT: Bruce Ballard, who is a teacher at a school for Armed Forces dependents at an Air Force Base in England will make some comparisons between the education system there and here in the United States.

MAKE UPS: At Portland on 7/2 Bob Nigro; 7/2 at Pittsford, N.Y. Bob Penty; 7/6 at Westbrook Dick Kilroy; 7/10 at Greece, N. Y. Bob Penty.

The great Giftos for Governor discussion will be hashed over at this meeting.

COMING EVENTS





TWO LIGHTS

PUBLISHED BY

SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB

ON THE MAINE COAST



"BUG" LIGHT

"PORTLAND HEAD"

MEETS 6:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

BILL BROWN
President

BOB CARSON
Secretary

DICK KENNEDY
Editor

JULY 28, 1982

LAST WEEK: (7/21) Meeting opened by Pres. Bill Brown; America by Dick Holden; Invocation by Ernie Case; Songs by Nick Pappas; Visiting Rotarians introduced by John Henchey.

The First Annual Rotary Yachting Cap Award was presented to Ernie Case to let him know how much we appreciate and enjoy his making up with us as often as he does.

The club voted to nominate Sam Giftos to be District Governor of 779. This will entail some work on the part of each and every one of us. Be ready.

→ Tonight's meeting will be at Fort Williams at the shelter "Overlooking Portland Headlight" This is not a ladies night. If you do not know where the shelter is, look for John Henchey's car in the lot at the top of the hill.

→ The meeting of August 4 will be at the shelter at Two Lights park and it will be a ladies night. This is also the District Governor's visit to our club. I also understand that there will be some surprises too. You will have a choice of Clambake or Steak. Price will be \$9.00 per.

PROGRAM; Program Chairman, Sam Giftos, introduced his nephew, Bruce Ballard, who is a teacher for the Armed Services in England. Bruce is a graduate of South Portland High, attended Exeter Academy and has a BS in Education from Univ. of Maine. He got into this program while visiting his brother in Athens and has been teaching in England for seven years. He is a Phys Ed teacher and also coaches football and basketball. The program of Schools for Armed Forces Dependents is one the Defence Dept started after World War 2 and is an offshoot of the old Marshall Plan. There are 211 schools in Europe from Norway to the Persian Gulf and others in the Caribbean area and also in the South Pacific. The system serves some 110,000 students with 5,000 teachers. This makes it a system about the size of the Detroit Schools. Bruce listed some of the disadvantages of the job as coping with a foreign language and having rather poor facilities. The school in England is a converted POW camp. The funding by the Defence Dept. is so small that it is listed under "Misc." The advantages are that it is a great experience with a chance to travel extensively. The system is run along the same lines as any system in the USA with similar texts and calendar. SAT scores are somewhat higher than those in the States. Each school has a "Host Country" teacher and the students are given field trips in the area. Bruce described the English school system where the students get a very intense grounding in reading, writing and language. Each student must meet grade requirements before he moves on to the next grade. At the sixth grade level all take exams whose scores largely determine their future education. A high score sends them to advanced secondary school and a lower score toward a vocational school. At 16 years of age the students are again tested to determine whether or not they go on to college level. Bruce feels that England has the best primary system in the world. Excellent program.

MAKE-UPS: At Portland 6/25, Dick Holden; At Portland, 7/2, Dick Holden; At Westbrook, 7/13, Tom Holden and Dick Yerxa; at Camden, 7/13, Ralph Miller.



SOUTH PORTLAND

CAPE ELIZABETH



TWO LIGHTS

PUBLISHED BY

SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB

ON THE MAINE COAST

MEETS 8:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

BILL BROWN
President

BOB CARSON
Secretary

DICK KENNEDY
Editor

AUGUST 4, 1982

LAST WEEK: (7/28) Fort Williams being soaking wet our meeting held at the Bridgeway. Meeting opened by Pres. Bill; America by Al Baldwin; Invocation by Carroll Beck; Visiting Rotarians introduced by Bob Carson; Songs--after rendering a few snatches from a couple of So. Pacific tunes, Lloyd Knight directed us through SMILE (twice through). Pres. Bill thanked Al Baldwin for his work in preparing our Fort Williams meeting even though it fell to the elements.

ATTENDANCE 32

HAT AWARDS: Not only was the weather showery but Pres. Bill showered a bunch of Rotary hats on what he called the "Unsung Heroes" of the Club.

Bob Carson	Dick Kennedy	Paul Butler
Al Boudreau	Carroll Beck	Bill Stanton
Phil Dube	Nick Pappas	Lloyd Knight
Jim Doughty	John Henchey	Bill York

These fellows put forth a lot of work above and beyond the norm and get little or no credit for it. We do appreciate your efforts, fellows. Maybe they need better P. R. men.

PROGRAM: John Henchey gave us a run down on what has happened out at Fort Williams. Our Club donated \$10,000 to the Cape for the Fort. With that and some town money they were able to generate some \$70,000. With this money they have built a shelter, a Jungle Gym and an exercise course as well as to generally spruce up the whole area. John says that they are getting around 900 cars a day and are experiencing very little vandalism. If you haven't been out to the Fort you really should do so. I have attended several functions this summer and everything went very smoothly. The people of the Cape have every right to be very proud of the park. They have done the whole area a big favor.

The Classification and Membership Committees are hard at work and are developing a "Hard Line" on attendance. Their guide lines will be published sometime prior to Sept. 1.

BOARD MEETING: Meeting of the Board of Directors will be held at Bob Carsons on August 5 at 6 PM. Any member of the Club is welcome to attend.

THIS WEEK: August 4. Meeting at THE GROVE in Two Lights State Park. The District Governor will be visiting us so let's have a large attendance. Festivities will start at 5:30 PM. (B.Y.O.B) Set ups there.

MAKE UPS: On 7/20 at Scarborough, John Kazilionis and Dick Kennedy; on 7/21 at Portland, Jim Doughty; on 7/26 at Brunswick, Ed Theriault. Thanks much.



RAIN? - BRIDGEWAY



TWO LIGHTS

PUBLISHED BY

SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB

ON THE MAINE COAST



"BUG" LIGHT

"PORTLAND HEAD"

MEETS 6:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

BILL BROWN
President

BOB CARSON
Secretary

DICK KENNEDY
Editor

AUGUST 11, 1982

CONGRATULATIONS!

WARREN SIMPSON
Paul Harris Fellow



LAST WEEK: (8/4) Our annual outdoor meeting at Two Lights State Park which was also the visitation of our District Governor, Andy Longley and his wife Florence. They expressed surprise at the great places in Maine that lie to the East of Route 1 including Two Lights, Fort Williams and the many places along the coast to the South. The formal part of the evening was Andy's first chance to present a Paul Harris Award which our club decided should be received by Warren Simpson. Warren was our second President and is a charter member of our club. Over the years he has worked very hard for the club, in his business, the community and in Masonic programs. This is a very well deserved award and we congratulate Warren on it. Warren was completely surprised at the announcement and we thought it very nice that not only his wife Velma was in attendance but also his son Tom and Tom's wife Maddie.

The Longley's are putting together a "Rotary" room in their home and the club presented them with a pair of antique bottles to be included.

Tony Notis and his people put on a real fine clambake for us and we want to thank him for his hard work in looking after us. It was great. As a matter of fact Lloyd and Ellen rendered a couple of choruses of This Was a Real Nice Clambake. Attendance 66, very good!

→ JULY ATTENDANCE: Club 72.67% 100% C. Beck, Boudreau, Brown, Butler, Carson, Doughty, Dube, Ferguson, Giftos, Goodine, Henchey, R. Holden, Kennedy, R. F. Kilroy, Miller, Stanton, Theriault, Yerxa, York, Baldwin, Simpson.

75% Bjerklie, Fralich, Gacetta, Jordan, Kazilionis, Pappas, Williams.

50% L. Beck, Chandler, Corson, T. Holden, W. Kilroy, Knight, Park, Stewart.

25% Drivas, Hitchcock, Rob Kilroy, Nigro, Wright.

0% Mezoian, Rancourt.

MAKE UPS: 7/20 at Westbrook, Dick Kilroy; 7/23 at Rockland, Ralph Miller, 7/27 at Westbrook, Peter Drivas; 7/27 at Camden, Ralph Miller; 7/27 at Scarborough, John Kazilionis, Dick Goodine, Sam Giftos, Harold Fralich, Dick Yerxa; and 7/28 at Wells-York, Warren Simpson. Thanks much!!

PROGRAM FOR 8/11; We had hoped to have David Emery with us but he will be tied up in Washington that night so, in his place, we will welcome his wife who will speak to us on Economics. I feel sure that she can be persuaded to fill us in on some of the happenings in Washington.

In talking with Dist. Governor Andy after the meeting we learned that he will be making his visit at the Portland Club on November 5

LET'S GET THAT ATTENDANCE FIGURE UP!!!



TWO LIGHTS

PUBLISHED BY

SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB

ON THE MAINE COAST



"BUG" LIGHT

"PORTLAND HEAD"

MEETS 6:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

BILL BROWN
President

BOB CARSON
Secretary
AUGUST 18, 1982

DICK KENNEDY
Editor

LAST WEEK: (8/11) Meeting opened by Pres. Bill; America by Al Boudreau; Invocation by Ernie Case; Visiting Rotarians introduced by John Henchey; Songs by Bill York.

Pres. Bill read a letter of thanks from District Governor Longley for the hospitality shown to him and his wife on their recent visit. He also indicated his approval of an idea for the several local Rotary clubs to start a program to support the Univ. of So. Maine's Adult Reading Program. We will hear more on this effort at a Club Assembly meeting the first week in Sept.

Pres. Bill also thinks that it is high time some of our older members stopped calling him "son". Particularly in view of the fact that he has recently become a grandfather for the first time. How about Grampy??

PROGRAM Program Chairman Carroll Beck introduced Mrs. Carole Emery who filled in for her husband David who could not get away from Washington. She is a native of New Orleans and went to college in Michigan. She has a Law degree from George Washington University and is working her Masters so she can pursue a career in tax legislation. She has been active in politics at both the State and National level and met David while working for one of the Representatives from La. She and David were married two years ago. Carole has taken time off from her studies and work to work full time in the election campaign for David. She spent Wednesday stuffing envelopes in the Augusta office and had to have a campaign worker bring her to our meeting because her car, which is a 64 Mustang and is David's pride and joy, broke down. She enjoys Maine very much and has been traveling all over the State speaking to service clubs etc. in support of her husband. Carole gave us David's position on a number of the current issues, his feeling that the tax laws must be reformed to eliminate some of the loopholes in the existing laws. David is very concerned with the damage done to Maine industries by imports of shoes, potatoes, fish etc. from the countries which subsidize these trades and raise Cain with Maine people. He is working to speed up the process by which steps can be taken by the Int. Trade Comm. of the Dept. of Commerce to alleviate such damage. The local newspaper stated that Carole had a strong southern accent. I heard only a trace of it and found it charming. Dave can send her in his place anytime.

For those of you to whom it is of interest, it costs the Town of Cape Elizabeth \$85 per year to maintain one mercury vapor street light.

PROGRAM FOR TONIGHT (8/18) Program Chairman, Lin Beck, says he will have Miss Jeanne Moore, a teacher at Scarborough High School, speak to us on her ideas for Alternative Education.

Program for 8/25 will be Royce Young who is Vice President at the Bath Iron Works.

ATTENDANCE 8/11 32





TWO LIGHTS

PUBLISHED BY

**SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB
ON THE MAINE COAST**



"BUG" LIGHT

"PORTLAND HEAD"

MEETS 6:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

BILL BROWN
President

BOB CARSON
Secretary

DICK KENNEDY
Editor

AUGUST 25, 1982

LAST WEEK: (8/18) Meeting opened by V. P. John Henchey; America by Bill Kilroy; Invocation by Carroll Beck; Visiting Rotarians introduced by Al Baldwin; Songs by Jim Ferguson (Scottish flavor).

ATTENDANCE 34

NOTE WELL: Our board of directors is putting all of us on notice that, effective September 1, the board and its committees will be taking action with regard to members who allow their attendance to fall below the requirements of Rotary International.

- 1) Missing 4 meetings in succession---termination.
- 2) Less than 60% attendance July-Dec and Jan-June--termination.

These requirements will be discussed at the meeting of Sept. 1 which will be a Club Assembly. Excuses for absence should be directed to Dick Jordan or Bob Carson. Applications for leave of absence status should be written to the board of directors and submitted to Bob Carson. Every decision will be made by the board and not by the Secretary or any other individual.

PROGRAM: Program Chairman, Lin Beck, introduced Jean Moore who is a teacher of Alternative Education in the Scarborough School System. Jean's knows something about Rotary since her father was a Biddeford Rotarian for many years. Jean is a graduate of University of Maine and has a Masters from Indiana University. Alternative Education is not to be confused with Special Education which is geared to those students who have physical or mental problems and who have no other choice. Alternative Education can be chosen by those students who are actually rejects from the regular classrooms in the system. Most of them have had little or no home life and have been subject to very little discipline from the time they were born. Most of their parents have drug-alcohol problems and pay little attention to the kids. The children get into trouble with the law, everything from vandalism to assault and battery. Jean tries to teach these kids the survival skills in order for them to make their way in life. Math, English, writing, and reading for enjoyment. Jean tries to obtain some measure of cooperation from the student's parents and says that this usually determines to a great extent how much progress and success the student can attain while in the program. Her goal is to make them self sufficient, confident, taxpaying citizens. Jean also related to us some of the programs that exist in other states. One, in Alaska, is a "Survival" program in which the students spend 10 days in winter skiing and surviving in the wilderness and another 10 days in Fall hiking through the back country. Jean is also involved with a program at St. Andre's home for pregnant girls in which the girls must keep up their academic level so they can return to school when their children are born. It takes a dedicated person to tackle such a program and Jean is certainly one of those.

MAKE UPS: 8/3 at Scarborough, John Kazilionis; 8/4 at Saratoga Springs, Doug Stewart; 8/6 at Portland, Warren Simpson; 8/10 at Scarborough, John Kazilionis; 8/10 at Westbrook, Jim Doughty, Dick Holden; 8/13 at Portland, Sam Giftos.

PROGRAM 8/25 We announced last week that it would be a speaker from Bath Iron Works but we have been informed that our speaker will be Senator Mitchell. We will have the Bath Iron Works program at a later date.

9/1 Club Assembly

9/8 Sharon Zacchini "Taste and Tell"

SOUTH PORTLAND

CAPE ELIZABETH



TWO LIGHTS

PUBLISHED BY

SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB

ON THE MAINE COAST



"BUG" LIGHT

"PORTLAND HEAD"

MEETS 6:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

BILL BROWN
President

BOB CARSON
Secretary

DICK KENNEDY
Editor

SEPTEMBER 1, 1982

LAST WEEK; (8/25) Meeting opened by Pres. Bill; America by Al Boudreau; Invocation by Ralph Miller; Songs by Bill York; Visiting Rotarians introduced by John Henchey.

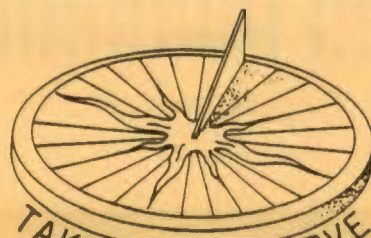
Pres. Bill displayed our new club bulletin board which will be available for any pertinent announcements and which will be on display in the dining room. We understand that "Used Lawn Mowers" cards will be discouraged. Pres. Bill also announced that our club assembly meeting which was scheduled for 9/1 will be postponed to 9/15. We have also formally presented the name of Sam Giftos for District Governor of 779 for the year 1985-86. The local Campfire group has had a breakdown of it's mimeograph and needs funds to effect repairs. Our club board has voted to donate \$75 with the understanding that the Portland and Scarborough clubs will also assist. We think the cooperative efforts of the three clubs in such community projects is a very good idea.

The Lewiston Club is sponsoring a golf tournament on Sept. 23. Entry Fee is \$3.00 plus another \$10.00 for dinner and associated goodies. Reservations must be made by 9/17. If you are interested get in touch with Bill Brown for further information.

PROGRAM: Program Chairman, John Bjerklie, presented Senator George Mitchell who had already spoken to the Biddeford-Saco club at noon. He commented that Biddeford had so many out of state make ups that he wondered if there were any Maine voters in the audience. George spoke to us about the situation in Lebanon which, at this time, seems to be winding down. He outlined the many political problems in that country and he hopes that the United States will permit and encourage other countries to assist in the peace efforts and in the rebuilding of the area. He also feels that we are much to prominent in the Central America area. We should allow Mexico and the South American countries to help calm things down. George feels that some of the Arabian countries will assist in Lebanon. Regarding the recent Tax Bill, George feels that the burden still rests too heavily on the middle class people who do not share in the tax loopholes nor in the federal programs which give so much to the lower income people. He also feels that the budget for defence is far to large and must be trimmed. Regarding Social Security he feels that the people who say the system is doomed are way off base. He says the program is in overall good shape. He feels that changes will have to be made as we get toward the year 2010 when the "war babies" will be approaching retirement age.

PROGRAM 9/1: Al Baldwin tells us that our speaker will be Frank Marston. He is the proprietor of the Cumberland County Gymnastic Center on Western Ave. Frank started with very limited funds and has built a fine facility in a comparatively short time. He will also tell us about some of the exercise programs which he is offering to our young people.

MAKE UPS: On 7/7 at Biddeford-Saco, Peter Drivas; on 7/28 at Biddeford-Saco Peter Drivas; on 8/4 Biddeford-Saco Peter Drivas and Lin Beck; 8/10 Winthrop Ralph Miller; 8/11 Biddeford-Saco Duane Rancourt, Peter Drivas; 8/13 at Portland, Warren Simpson; 8/17 Scarborough, Dick Goodine; 8/17 at Westbrook, Jim Doughty and Dick Yerxa; 8/20 at Portland, Duane Rancourt and Ed Theriault and 8/24 at Scarborough, Bob Carson, Sam Giftos and John Kazilionis. Thanks much.



SOUTH PORTLAND

CAPE ELIZABETH



TWO LIGHTS

PUBLISHED BY

SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB

ON THE MAINE COAST

"BUG" LIGHT

"PORTLAND HEAD"

MEETS 6:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

BILL BROWN
President

BOB CARSON
Secretary

DICK KENNEDY
Editor

SEPTEMBER 8, 1982

LAST WEEK: (9/1) Meeting opened by Pres. Bill; America by Duane Rancourt; Invocation by Carroll Beck; Visiting Rotarians introduced by John Henchey; Songs by John Kazilionis (Nick, all is forgiven). Nice to have former member, Miles Potter visit with us. Pres. Bill congratulated Ed Williams on his new job promotion.

ATTENDANCE 39

DIRECTORS MEETING: On Sept, 9 at John Henchey's home at 4 Pine Point Rd. in Brentwood West, Cape Elizabeth. Any member who wishes to attend is welcome.

Very sorry to hear that Ray Frost is confined in the Mercy Hospital. We wish him a speedy recovery. Cards would be most welcome.

PROGRAM: Program Chairman, Al Baldwin, introduced Frank Marston, who is the proprietor of the Cumberland County Gymnastic Center on Western Ave here in S.P. Frank is a native of South Portland with a B.S. in Phys. Ed. and an M.A in Education from the Univ. of Maine. His first job was as recreation director for the town of Orono. After a year and a half he took a position as elementary director of Phys. Ed. in the Auburn School System. He covered 11 schools with 3400 students. He became frustrated with the lack of facilities and the very small amount of individual time he could give each student so he left and came to South Portland to start the Gym Center. He sold his home in Auburn to come up with 30% of the necessary money and got the Casco Bank to put up the rest of the money and now has a very successful business. He sees the public school system as turning out a very few "winning" athletes with the rest of the kids standing on the sidelines as "losers". At his facility every kid is a "winner" in that each proceeds at his own pace and becomes adept at each phase of the activity. The classes are small with one instructor to 5 or 6 kids. The kids gain a knowledge and respect for their bodies which will stand them in good stead in later years. He feels that gymnastics is a necessary preliminary to learning such sports as golf, tennis, swimming etc. These are the sports that people engage in after the school years are over and they are out earning a living. Frank's program runs for 5 nine week sessions and he has a waiting list. Frank had some advice for us older people in that he feels that most heart ailments are preventable. He says that vigorous walking is as good an exercise as there is. One should walk at least three times a week and five times is much better. The walking should be rapid enough to push one's pulse rate up to a rate commensurate with his age. (220 less age times 60%) and should last for about 25 minutes each session. Franks program is for kids from 3 to 18 years. I wish he had been here when my kids were growing up. Fine program.

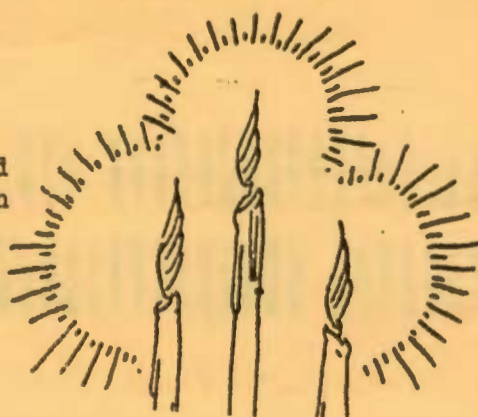
MAKE UPS: At Westbrook on 8/24, Bill Stanton, Dick Holden, Ralph Miller, and Duane Rancourt; on 8/25 at Biddeford-Saco, Peter Drivas, at Portland on 8/27 Warren Simpson. Thanks fellows.

SEPTEMBER BIRTHDAYS

Andy Mezoian 23rd
Jim Ferguson 24th

SEPTEMBER WEDDING ANNIVERSARIES

Ray Frosts 1st
Dick Kennedys 6th
Al Boudreaus 8th
Jim Doughtys 10th



SOUTH PORTLAND

CAPE ELIZABETH



TWO LIGHTS

PUBLISHED BY

SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB

ON THE MAINE COAST

MEETS 6:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

"BUG" LIGHT

"PORTLAND HEAD"

BILL BROWN
President

BOB CARSON
Secretary

DICK KENNEDY
Editor

SEPTEMBER 15, 1982

LAST WEEK: (9/8) Meeting opened by Pres. Bill; America by Dick Holden; Invocation by Ralph Miller; Songs by Rob Kilroy; Visiting Rotarians introduced by John Henchey.

ATTENDANCE 40

NEW MEMBERS: Harold Fralich introduced two new members. One, Dave Bagdasarian, is a Cape Elizabeth resident. He is a native of Peabody, Mass., a graduate of the University of New Hampshire and got his D.D.S. at Georgetown University. Dave is a partner in North Deering Dental Associates on Washington Ave. in Portland. His sports are golf and ice hockey and he is not only a spectator at hockey games but he plays as well.

The second new member is Bob Doe of Hawaii. Bob has been making up with us for several weeks and has finally become a member. Bob has perfect attendance of 22 years with the Maui club. He joined the Army in 1927 and retired as a Colonel in 1961. He saw service in No. Africa and Italy in WW2 and, back in the twenties, he spent some time at Fort McKinley on Diamond Island. Prior to his retirement he was a professor of history at Maui Univ. Bob lives on Starbird Drive in the Cape. A warm welcome to both of you fellows.

PROGRAM: Program Chairman, Al Boudreau, introduced Sharon Zacchini who is the food and restaurant editor for the Gannett newspapers. Sharon is a Boston native who moved to Portland 15 years ago. She has a son and daughter and began working for the papers 8 years ago as a proof reader and subsequently became restaurant reviewer. Most people expect to find her very fat from eating out so often. She certainly is not but says she has to fight the battle every day. The restaurant owners do not know when she will be dining with them as she wants to see just what the situation is for the average customer. She likes to meet and chat with the owners and finds that the eating is very easy but the writing comes hard as she tries to make each column interesting as well as informative and this is not easy as there has to be a column each and every week. If a restaurant has a reputation for a specialty she expects it to be consistently good. She prides herself on her ability to cook and says she will match her cooking with any of the chefs at the places she reviews. Her philosophy seems to be that these restaurants are saying "I can cook" and, with the prices they charge, she says they better be able to prove it. A very interesting program. And Tony served us a very nice meal too.

NOTES: Harold Fralich has a new business phone number...775-2990. The Lloyd Knights have a new residence at 10 Pilot Point Rd. in the Cape.

MAKE UPS: At Westbrook, 8/31, Harold Fralich; at Scarborough, 8/31, David Hitchcock and John Kazilionis; at Biddeford-Saco, 9/1, Lin Beck; at Portland 9/3, Dick Holden, Ralph Miller and Dick Yerxa. Thanks fellows.

PROGRAM 9/15: Club Assembly. In Rotary, the board of directors run the club and it is at the Club Assemblies that you have a chance to have some input as to the direction in which you wish to have the club go. Let's have a good turnout.





TWO LIGHTS

PUBLISHED BY

SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB

ON THE MAINE COAST



"BUG" LIGHT

"PORTLAND HEAD"

MEETS 6:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

BILL BROWN
President

BOB CARSON
Secretary

DICK KENNEDY
Editor

SEPTEMBER 22, 1982

LAST WEEK: (9/15) Meeting opened by Pres. Bill; America by Paul Butler; Invocation by Ralph Miller; Songs by Peter Drivas; Visiting Rotarians introduced by John Henchey.

ATTENDANCE 35

PROGRAM: Club Assembly. Pres. Bill reports that tonight's program (9/22) Paul Butler will present Bill Johnson who is political commentator for WGAN TV.

9/29 will be a Ladies Night. We have a real interesting program which the ladies will enjoy. Please let Bob Carson know whether or not you will be in attendance with your wife.

10/6 Harold Fralich will present a program on Rotary International.

10/13 Program Chairman George Chandler
10/20 " " Ed Corson
10/27 " " Jim Doughty

FINANCES: Treasurer, Dick Goodine, reported:

Checking account	552.00
C. D. @ 12.7%	10,000.00
Savings Account	12,787.00
	<u>23,339.00</u>

From this figure we must subtract committed funds, including 6,000 for Hinckley Park, which bring the net figure to \$13,320.00

The pressure of business has forced Ed Williams to leave our Board of Directors and Phil Dube has agreed to take on the responsibilities of Club Service. Next Directors meeting will be on 10/7 at Jim Doughty's office.

You will recall that we had a speaker from the Reading Academy of Univ. of So. Maine which is working with illiterate adults in the greater Portland area and which has lost all its Federal Funding. Jim Ferguson has started a joint venture by the the Westbrook, Portland, Scarborough and So. Portl-Cape Clubs to generate funds to keep this program going. We have put \$3,000 of our money into it and the program is being restarted. We will know in the next few days how the other clubs have reacted to this venture.

Ralph Miller reported that we have donated \$500 to Multi Lingual Resource and Service Center. These people are involved with immigrant families from Southeast Asia, Cuba, Poland etc. in an effort to help them maintain their native cultures. Our funds are used for a bilingual library and newsletter.

Dave Hitchcock reports that we have sent \$250 to our former member Dick Shafstall who, with his family, is serving the Salvation Army down in Argentina. With this amount of money Dick is able to finance the training of 25 young men in the commercial fishing business. A seed money program if there ever was one.

Dick Jordan, Attendance Chairman, pointed out that Rotary's strong rules on attendance are one of its great strengths. This has been proven over the last 75 years. Any member missing 4 meetings in a row is subject to automatic removal. This also applies to any member with less than 60% attendance over a 6 month period. Our attendance is improving. We had 82.56% in August.

Paul Butler, Membership Chairman, reports that we gained 3 new members in that last quarter and lost one for a net gain of 2.

Andy Mezzoian reported that the Portland Club has asked us to join them in a Rotary Family Blood Drive. This to be the week of 10/4 to 10/8. Club Chairman for this drive will be Dave Bagasarian.

MAKE UPS: At Portland 8/20, Jim Ferguson; at Scarborough 9/7, John Kazilionis; at Westbrook 9/7, Lloyd Knight, Peter Drivas; at Biddeford-Saco 9/8, Duane Ed Rancourt; at Portland 9/10, Dick Jordan, Sam Giftos, Dave Hitchcock; and at Biddeford-Saco 9/15, Carroll Beck and Lin Beck. Thanks fellows.

SOUTH PORTLAND

CAPE ELIZABETH



TWO LIGHTS

PUBLISHED BY

**SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB
ON THE MAINE COAST**

"BUG" LIGHT

"PORTLAND HEAD"

MEETS 8:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

BILL BROWN
President

BOB CARSON
Secretary

DICK KENNEDY
Editor

SEPTEMBER 29, 1982

LAST WEEK: (9/22) Meeting opened by Pres. Bill; America by Bill Kourakos; Invocation by Ralph Miller; Songs by Andy Mezoian; Visiting Rotarians introduced by John Henchey.

ATTENDANCE 42

ROTARY COOP: The four Greater Portland Rotary Clubs are all in the process of donating money to the Univ. of So. Maine Adult Literacy Program. Following up on this cooperation, the Portland Club is sponsoring a Family Blood Drive and is asking the other three clubs to get into the act. The drive will take place the week of Oct. 4 to 8 at the Blood Bank on Forest Ave. in Portland. The hours are: Mon-Wed-Fri 10:45 to 5:45 and Tues & Thurs 12:45 to 7:45. This is a family drive so if you or any of your family can donate, this is a fine way for the local clubs to meet a community problem. For more information you can contact Dave Agasarian.

MUSICAL INSTRUMENTS: Andy Mezoian asks if anyone has a musical instrument which he can lend to the S.P. Jr. High for a year. They are trying to organize a band and need Trombones, Trumpets, Saxophones, Clarinets, Flutes. If you have an instrument lying around the house, this would be a good use for it for a year.

PROGRAM: Program Chairman, Paul Butler, presented Bill Johnson who is the political reporter for WGAN TV. Rather than give us a lot of political observations Bill chose to give us the lighter side of the TV business. Bill is on the short side being 5foot seven and 130 pounds. He told us of the many humorous comments made by people who meet him in person. They feel a sort of one sided intimacy with the TV people even though they have never met. Bill says they comment that he is a runt. They expect him to be six feet tall. Many express disappointment in meeting him, since he does not conform to the image they have formed of him. Bill also showed us a series of "Fluff" headlines which he has collected from papers around the country. A light and enjoyable program.

THIS WEEK: (9/29) LADIES NIGHT. Tony will have a nice steak dinner for us at \$6.00 per. If you haven't let Bob Carson know as to whether you will be in attendance please do so. The program is a professional travelogue slide show and should be real good.

MAKE UPS 9/3 at Portland, Dick Yerxa; 9/14 at Westbrook, Peter Drivas, Frank Hugo, and Tom Holden.

AUGUST ATTENDANCE 82.56%

100% Baldwin, C Beck, L Beck, Boudreau, Butler, Carson, Chandler, Doughty, Drivas, Dube, Ferguseon, Fralich, Giftos, Goodine, Henchey, R. Holden, T. Holden, Kazilionis, Kennedy, D. Kilroy, Miller, Rancourt, Stanton, Stewart, Theriault, Williams, York.

75% Brown, Gacetta, Hitchcock, Jordan, W. Kilroy, Kourakos, Yerxa.

50% Bjerklie, Knight, Mezoian, Pappas, Park. Wright.

25% Corson.



