



"BUG" LIGHT

TWO LIGHTS

PUBLISHED BY

SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB

ON THE MAINE COAST



"PORTLAND HEAD"

MEETS 6:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

JULY 13, 1983

LAST WEEK: (7/6) Meeting opened by our new President, John Henchey; America by Sam Giftos; Songs by Jim Ferguson who gave us a heart rending story of how Loch Lomond came to be written. Some Scottish soldier went off to war and, when he returned, he found that his fiance had died of some dread disease so he stood on the bonnie banks and sang Loch Lomond. True? I doubt it. Visiting Rotarians introduced by Jim Doughty. Among our visitors was John Hay of the Westbrook Club. Our club took note of the recent Gala accorded John by his club in honor of John's fifty years of perfect attendance. Our own Capt. Lloyd also informed us that John has another enviable record in that he has donated 135 pints of blood. The Captain is not far behind at 93 pints.

The meeting took the form of a club assembly with Pres. John outlining his plans for the coming year. He distributed a chart showing his committee assignments. (If you were not present be sure to pick up a copy). John has left many slots open as he feels that a man who picks the area in which he wants to serve will be more interested and the club will benefit. Look over the sheet and decide where you wish to work and let John know.

We are presently a club of 45 members and John wants to have a net increase of 5 to 50 by the end of his year. He also feels that we have been weak in not having better public relations in letting the community know what we are doing. He intends to push in that area. Our Internal Budget is in rather sad shape and this has resulted in a small increase in our dues to \$100 per year. Bob Carson is distributing invoices for dues and he will appreciate your prompt payment.

John also pointed out that, as Sam Giftos is now District Governor Elect, we will be the host club at the Balsams in June of 1986. This appears as a formidable task to those who have not been through it but, to those of us who were involved with Harold Fralich's Conference, it is a real fun time if it is organized properly in advance. Much more on this as we approach the time.

ATTENDANCE: Dick Jordan, Attendance Chairman, points out that there are 26 meetings to Dec. 31. Every member must have a 60% attendance record and can miss only 3 meetings in a row. If you are weak in this area, give it some thought and take steps to correct it.

PROGRAMS: Paul Butler announced that Program Chairmen will be as last year, going down the list alphabetically. For the balance of July, Program Chairmen are:

| | |
|---------|--------------|
| July 13 | Al Baldwin |
| July 20 | Carroll Beck |
| July 27 | Lin Beck |

MAKE UPS: On 6/22 at Cheyenne, Wy, Dick Kennedy; 6/28 at Westbrook, Frank Hugo and Bill Stanton; 6/28 at Scarborough, Warren Simpson; 6/29 at Biddeford-Saco, Duane Rancourt and Lin Beck; 7/1 at Portland, Warren Simpson and Dick Kennedy. Thanks much...

Your Editor is recently back from a 50 day tour around the country in a VW Camper. It is interesting that the Cheyenne Club has an attendance record of only 62%. This is a result of having the nearest club at which they can have make up is over 60 miles away. This club has approximately 130 members and, on the day I made up, there were only two other make ups. Two men from Nevada in town on business. We are lucky to have so many clubs nearby.

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MEETS @ 15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

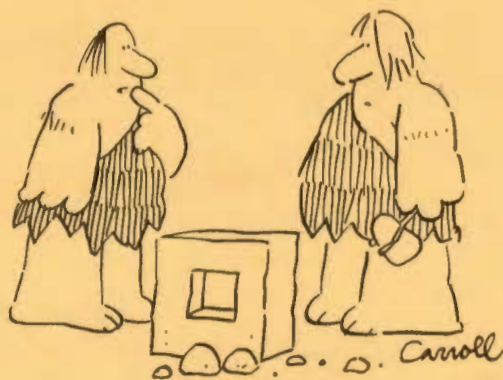
JULY 20, 1983

LAST WEEK: (7/13) In the absence of our new President, John Henchey, who is off in Hawaii practicing his hula, the meeting was opened by V P Jim Doughty; America by Bill Kourakos; Invocation by Ernie Case; Visiting Rotarians introduced by Ron Stewart, four, all from Portland. Our new Sargeant at Arms, Larry Carey, made a dent in our budget deficit by clipping each of us a quarter.

Bob Carson has made up a new schedule of Make Up opportunities which include some of the clubs in New Hampshire and Mass. Get one from him. If you plan to make up at Scarborough be advised that on 7/19 and 7/26 they will be having a breakfast meeting at 6:45 AM rather than at their usual time of 6:15 PM.

PROGRAM: Program Chairman, Al Baldwin, introduced Ernest Randall and Fred Iler who are members of the So. Portland Fire Dept. and are Medical Technicians with the Rescue Unit. They have a total of 20 years experience and outlined to us the role they play in Cardio Pulmonary Resusitation. The idea behind CPR is to keep the patient alive until he can be transported to a hospital with its vast array of special equipment. The process a very tiring one and two men can perform it for only about one hour. Our speakers have been invloved in the process approximately 70 times and find that it is about 33% effective. The process is quite effective in drowning victims with those in fresh water having a better chance than those in salt water. CPR is begun when the patient has no heartbeat of no breathing and is continued until a doctor is able to take over. People who have been subjected to smoke inhalation usually have heartbeat and breathing and thus do not require CPR but ratner they are given oxygen. The process is very demanding and usually requires that a fire engine be dsipatched to give the necessary manpower to move the patient while the Techs are using CPR. It is not unusual for some patients, especially older ones, to suffer cracked or broken ribs from the use of CPR but this is a risk that has to be taken. The So. Portland Fire Dept. is prepared to give CPR courses to small groups. This is a 6 to 10 hour course and does not include a certificate. The Red Cross has a more extensive course that does include a certificate .

MAKE UPS: On July 1 at Portland, Sam Giftos; 7/5 at Scarborough, Dick Kennedy; 7/5 at Westbrook, Dick Holden; 7/6 at Portland, Dick Pyne; 7/7 at Denver, Colorado, Warren Simpson. Thanks...



"I think we're on the right track, but it still needs work."

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"PORTLAND HEAD"

MEETS 6:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

JULY 27, 1983

LAST WEEK: (7/20) Meeting opened by V P Jim Doughty; America by Al Boudreau; Invocation by Ernie Case; Visiting Rotarians introduced by Bob Carson; Songs were dispensed with for the second week in a row..are we that bad?

Tony Wagner and Bill York lined up their necessary help to set up and man the Rotary Booth at Fort Williams' Family Fun day this coming Saturday. If you have volunteered be sure to fulfill your commitment and, if not, why not drop around to help make the day a success.

You may recall that we helped out the Cape Special Olympics Team to go to the International Olympics in Baton Rouge, La. Jim Doughty reported that there were some 80,000 people at the event and one of the boys from Cape Elizabeth won three medals in the games. Jim is trying to arrange a program to show us some slides with commentary about this event.

PROGRAM: Program Chairman, Carroll Beck, introduced Alexander Jaegerman who is the Chief Planner for the City of Portland. Alex has a BA in Economics from Antioch College in Ohio and his Masters in City Planning from MIT. He has been with the City for a little over two years. He commented on the very successful development of the Old Port area and the Downtown section with the new Eastland Hotel and the Museum of Art in Congress Square but his main thrust to us was about the present and future development of the Commercial Street waterfront area. In 1981 the City published a plan by American Cities Corp. for the area which recommended condos, hotels and marinas as the best use. Nobody seemed to like the idea so it was scrapped and the City began to develop its own plan. The area adjacent to the Old Port will be a mixed use one with offices, residences and retail outlets and the balance, to the East and West, to be marine use. The City expects a strong fishing industry and that will be fostered and protected. The Casco Bay lines terminal will be relocated to the West side of the State Pier. The new fish pier is in place as well as the Bath Iron Works facility and these are expected to be anchors for much private development. Commercial Street will have to be upgraded to handle much more traffic than it now serves and Alex envisions a new parking garage in the area which will serve 400-500 cars. He is also working on plans for a walkway to run from the Eastern Prom to Central Wharf. He says that Gulf of Maine is working toward a new large Aquarium. If you have had occasion to drive Commercial St. lately, you should have seen much private development completed and under way. The next two years should see a big change in the Eastern half of the area. The City of Portland has done, and is doing a really tremendous job of urban renewal and Alex and his department are to be congratulated. Having worked in the Commercial Street area for more years than I care to remember, I am getting a big kick out of seeing this development.

MAKE UPS: On July 7 at Windham, Frank Hugo; 7/12 at Westbrook, Dick Yerxa; 7/12 at Scarborough, Dick Kilroy; 7/13 at Biddeford-Saco, Duane Rancourt; 7/15 at Portland, Dick Pyne; 7/19 at Scarborough, Sam Giftos. Thanks fellows.

PROGRAM FOR 7/27: Program Chairman Lin Beck will present the South Portland Police Department.

FORT WILLIAMS FAMILY FUN DAY JULY 23

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"PORTLAND HEAD"

MEETS & 15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

AUGUST 3, 1983

LAST WEEK: (7/27) Meeting opened by Pres. John Henchey; America by Tom Holden; Invocation by Carroll Beck; Visiting Rotarians introduced by Jim Doughty; Songs by Lin Beck and not, I might add, one of our better efforts!!!

Bill York reported briefly on our booth at the Cape's Family Fun Day last Saturday and thanked those who participated. As Tony Wagner was out of town, we will have to await his return for a financial report.

Pres. John read a couple of Thank You notes. One from the Guidance Dept. at Cape Elizabeth High for the three scholarships which we gave that school and one from the City of So. Portland for the \$2500 which we donated for the extension of Christmas lighting in Millcreek Park. In addition to the lights on Ocean St. this money will pay for lights on Hinckley Drive and Cottage Road. Surely a nice addition and one which will enhance our own Christmas Tree Sale as well.

We have some members who have not paid their dues for the coming year. The rules of Rotary International require them to be paid by July 31. If you are among these, please take care of it as soon as possible.

PROGRAM: Program Chairman, Lin Beck, introduced Bob Schwartz who is Deputy Chief of Police for So. Portland. Bob spoke to us regarding the city's problem with drugs. He says that small amounts of marijuana are very common in the schools as well as in the general population and there is very little to be done about it. While we do not have as big a problem with heavy drugs as some other communities, there are three or four large dealers in the city who are being watched by the police. The force knows pretty much what is going on through informants and surveillance but usually must make a "buy" before an arrest can be made. The force does use under cover people but this is rather expensive for a small department. Bob says that a video recorder would be a big help, not only in drug cases but in other phases of police work. These cost in the neighborhood of \$1200 and they have not been able to squeeze out the money for it. The 4th amendment protects people from illegal search and seizure, not only in our home but in our vehicles as well. An officer must have probable cause before he can make any search. Drugs are a big money business with a gram (the weight of a paper clip) selling for \$150. Cocaine that is. It is easy to understand how anyone who has a serious drug dependence must turn to crime to support such an expensive habit.

WILLIAM E. SKELTON is the new President of Rotary International. His theme is Share Rotary by bringing in new members. When you share Rotary you are serving people.

ORVILLE "TEX" RANGER is the new District Governor for Dist. 779. Tex lives in Brunswick, Maine

PROGRAM CHAIRMEN FOR AUGUST: 8/3 Al Boudreau---8/10 Bill Brown---8/17 Bob Doe--8/24 Larry Carey---8/31 Bob Carson.

PROGRAM FOR 8/3 Chuck Wilson who is Director of Warehouse Operations for Hannaford Bros. Co.

MAKE UPS: 7/13 at Biddeford-Saco, Lin and Carroll Beck; 7/19 at Westbrook, Peter Drivas and Frank Hugo; 7/20 at Biddeford-Saco, Dick Holden. Thanks much..

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AUGUST 10, 1983

LAST WEEK: (8/3) Meeting opened by Pres. John Henchey; America by Jim Ferguson; Invocation by Carroll Beck; Songs, only one, Good Old Summer Time by Harold Fralich, not bad either; Visiting Rotarians introduced by Jim Doughty.

The Lewiston Club is entertaining a French couple, both of whom are teachers, and this couple will be visiting various clubs in the area. They will be guests of Sam Giftos over the weekend and will be Sam's guests at our meeting on the 10th. I understand that they speak no English so let's make a special effort to see that they are made welcome.

Tony Wagner reported on the Family Fun Day at Fort Williams. In spite of some hasty planning and lack of experience, the booth made a profit of \$274. Some \$125 of surplus food was donated to some needy families. Tony expressed deep appreciation for the tremendous cooperation shown the committee by Shaws and Uncle Andys.

Sam Giftos reported that plans are being made for a joint ladies night with the Scarborough Club. This will be on Friday Evening, Sept. 30 and will be at the Black Point Inn. This will take the place of our regular Wed. 9/28 meeting. This should be a fine time so mark your calendar. More as plans progress.

PROGRAM: Program Chairman, Al Boudreau, introduced Chuck Wilson who is Director of Warehouse Operations for Hannaford Bros. Co. which is the largest wholesale grocery distributor in northern New England. Hannaford services 102 super markets of which 51 are fully owned, in 21 Hannaford has a controlling interest, and 30 are independents. They also sponsor 26 Welby Drug Stores. The present warehouse contains an average inventory of \$17 million which is turned over 23 times a year. They ship over 5000 tons of goods every week on a truck fleet which travels over 2½ million miles per year. The So. Portland operation is now strictly a warehouse one with the office complex having recently been moved to their Scarborough location. The addition now under way will add some 86,000 square feet of space and will be 30 feet high. When completed in January of 1985, Hannaford will have about a half million square feet of space which will be adequate until 1988 to 1991 depending on business conditions. It is interesting to note that the company has a program in which their employees participate in making the decisions as to how new programs and layouts will be accomplished. This cooperative effort results in a higher productivity rate and in much lower costs. Hannaford Bros. is certainly a big factor in the labor market locally as well as a substantial tax payer. Nice to learn some of what is going on with one of our larger businesses.

MAKE UPS: On 7/8 at Portland, Dick Rawlings; 7/15 at Portland, Dick Rawlings; 7/22 at Portland, Harold Fralich; 7/26 at Scarborough, Duane Rancourt, Warren Simpson, and Nick Pappas; on 7/29 at Portland, Warren Simpson; 7/29 at Sanford-Springvale, Duane Rancourt, and Bill Brown made up twice at Rochester, N.H. Thanks...

AUGUST BIRTHDAYS

| | |
|-----------------|------|
| Nick Pappas | 6th |
| Dick Kennedy | 6th |
| Dick Holden | 18th |
| Bill Brown | 19th |
| Peter Drivas | 23rd |
| George Chandler | 28th |

AUGUST ANNIVERSARIES

| | | | |
|---------------|------|----------------|------|
| Doug Stewarts | 4th | Bill Stantons | 14th |
| Frank Hugos | 10th | Peter Drivas | 21st |
| Paul Butlers | 11th | Geo. Chandlers | 24th |
| Dick Yexas | 11th | Ralph Millers | 28th |
| Bob Carsons | 29th | | |

CONGRATULATIONS ALL!!!

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"PORTLAND HEAD"

MEETS 6:15 WEDNESDAYS AT NOTIS' HARBORSIDE, SOUTH PORTLAND

AUGUST 17, 1983

LAST WEEK: (8/10) Meeting opened by Pres. John Henchey; America by Dave Bagdasarian; Invocation by Ralph Miller; Visiting Rotarians introduced by Jim Doughty; Songs by Bill York. three, no less. With a French flavor in honor of our special guests.

ATTENDANCE 41

PROGRAM: A Rotary Information one concerning Rotary International's Chateau Lafayette Program. This is a program where American teachers of French and French teachers of English assemble at the Chateau where General Lafayette was born and raised. It is located in Central France and dates from the 11th century. The chateau is full of old paintings and antique furniture and is a very fascinating experience for the French teachers as well as those from America. The teachers undergo intensive training in the language and culture of both countries including visits to Rotary Clubs in the surrounding towns. The program is seven years old. The first year there were five American and four French teachers enrolled. This year there are ten Americans and eight French. After the three week course the teachers have the opportunity to visit each other's country. Our guests were Christine and Yves Bouvard. Christine is a teacher of French and Geography in Larochele, France. The Bouvards are guests of District 779 and are traveling about the District visiting as many clubs as possible in the allotted time. They have been with the Lewiston club and stayed at the St. Hillaire's summer home at Ocean Park. For the past few days they have been the guests of Sam and Helene Giftos and will be spending the next few days with the Stan Brewers of the Portland Club. This is not Christine's first visit to the United States. She has been involved in advance studies at Atlanta and in New York City. However, it is the first time she has visited outside large cities and she was very impressed with beautiful forests and rural atmosphere of New England and finds it very different from the notions held by the French average citizen about the United States. These ideas are mainly from movies and television and are about California odd balls, gangsters and cowboys. The French students are exposed to their first foreign language at age 11 and have the opportunity to study one or two more as well as Latin in the following years. This is another of Rotary International's fine exchange programs.

MAKE UPS: Bob Carson is taking a well deserved vacation so your editor does not have any make up cards for the past week. Have patience.

PROGRAM FOR 8/17: Bob Doe will present a slide program on The Romance that is Hawaii. The history of the Islands from the very old to the very new. This should be a most interesting program.



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"PORTLAND HEAD"

AUGUST 24, 1983

LAST WEEK: (8/17) In the absence of Pres. John Henchey and V P Jim Doughty, the meeting was opened by V P Ron Stewart; America by Dick Holden; Invocation by Carroll Beck; Visiting Rotarians introduced by Sam Giftos (3 from Portland and one from Brunswick); Songs by Doug Stewart, a horrendous rendering of The Good Old Summertime preceeding which Doug had the group sing Happy Birthday to Dick Holden and Bill York. Bill's birthday is May 14. How he got in there I know not. Think it should have been Bill Brown who was born Aug. 19.

ATTENDANCE 26

PROGRAM: As many of you are aware, Bob Doe spent a good part of his life in the Hawaiian Islands. He was in the military for many years and was a college professor after he retired. Acouple of years ago he and his wife returned to Maine and he joined our club. Bob gave us a fine slide presentation which showed the Islands from the very beginning up to the present. The Islands all developed from the same undersea volcano and have slowly moved to the North and West as a result of movement of the earth's plates. There is about to be born another island. This to make its debut in the next hundred years or so. Bob described the migration of the Polynesian peoples from the area of Southeast Asia across the islands of the South and Southwest Pacific. The people who originally populated Hawaii were the losers in a battle between two tribes on an overly populated island far to the Scuth of Hawaii. They made three double pontooned boats with stone tools from logs and cocoanut fiber. After sailing North for some time two of the boats landed on Hawaii with the third lost at sea. This migration occured in the time frame of 900 AD. It is interesting to note that noone landed on Hawaii for the next 800 years. Capt. Cook landed there in 1778 and, after loading provisions, he sailed North to the Bering Sea in search of a passage around the North American continent. He ran into considerable and returned to Hawaii where he was greeted less enthusiastically and was killed in a battle between his men and the natives. Bob showed us a number of beautiful slides of the many active volcanoes on the islands as well as the volcanic black sands created when the lava reaches the oceans. He finished his talk with a series of slides showing the transformation of Hawaii which has occured over the last 60 years. In the twenties the Royal Hawaiian Hotel dominated the skyline but is now dwarfed by the long string of skyscrapers. A fine program. (Eat your heart out Warren)

MAKE UPS: On 8/1, Bill Brown at Rochester, N.H. and Andy Mezoian on 8/10 at Wells-York. There are many more which we will print as soon as Bob Carson returns from vacation.

PROGRAM FOR 8/24: Larry Carey will present Bill Guosse who is Asst. Chief Pharmacist at the Maine Medical Center. Bill will speak to us about our family Medicine Chest. What should and what should not be in it.



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"PORTLAND HEAD"

MEETS WED. 6:15 P.M. AT BRIDGEWAY RESTAURANT, SO. PORTLAND

AUGUST 31, 1983

LAST WEEK: (8/24) Meeting opened by Pres. John Henchey; America by Tom Holden; Invocation by Ralph Miller; Visiting Rotarians introduced by Vice Pres. Jim Doughty; Songs by Bill York.

Carroll Beck introduced, as his guest, his son in law Rev. Frederick Ingold who is a missionary in Sumatra. Fred is a member of a new Rotary Club in Sumatra where the nearest make up opportunity is 1500 miles away. He has been in the area 15 years. His Club has bought and converted an old fishing boat to serve the many isolated islands as a medical clinic. Rotary International has recently given them a three year grant and they now have on board a Rotary Doctor and Dentist who serve for a month at a time and travel about the islands delivering their service. This is Rotary in action.

DIRECTORS MEETING At John Henchey's home at 5:30 PM on Tues. Aug. 30.

DISTRICT GOVERNOR The Dist. Governor will be visiting our Club on Sept. 7. This will be a Ladies Night. Please make plans for that night. We will be taking a count at the 8/31 meeting so Tony can make his plans.

PROGRAM Program Chairman, Larry Carey, introduced Bill Guosse who is Asst. Chief Pharmacist at the Maine Medical Center. Bill discussed our personal medicine chest and said that this is the poorest place to keep our drugs as the heat and humidity shorten the effective life of drugs very rapidly. A much better place is in a cool dry closet. This is particularly true of the nitro pills used by heart patients. Bill suggested that we turn on the lights when taking any medicine at night to prevent our ingesting some deadly item such as cleaning fluid. Bill had a number of suggestions for us. He said that it is very easy to get hooked on the use of laxatives and this is a bad thing to do. This is also true of nasal sprays and they should not be used for more than 4 or 5 days at a time. As to vitamins, if you eat a balance diet, you really don't need supplements. If you must use them, he says that the one a day type is the best. As for cough syrup, the old time Robutussia is all one needs. As for steam vaporizers, these should be cleaned at least every 3 weeks to prevent them from spreading germs all over the house. Sleeping pills can be dangerous as one can build up a tolerance or addiction. Bill says that a glass of warm milk or a highball can be a good sleep aid. The Medicine Chest should contain stomach settler such as Maalox, aspirin or tylenol (if they smell of vinegar throw them out), an antibiotic such as Neosporin, iodine, and band aids. Bill suggests that we stick to one pharmacist so that he can have a medical profile of us and can make suggestions as to what side effects we may expect from the various medications we use. Very important to follow the Doctors orders for prescriptions.

PROGRAM 8/31 Program Chairman, Bob Carson, will present Wayne Schaab of the Brokerage firm Moseley, Hallgarten, Estabrook & Weeden. He will tell us of his experiences and impressions of the Portland area since his arrival 6 years ago as a Maine Mariner and his transion into the business community.

MAKE UPS: On 7/26 at Westbrook, Dick Kilroy, Bill Kilroy and Peter Drivas; on 7/28 at Windham, Frank Hugo; 8/2 at Westbrook, Dick Holden, Frank Hugo & Bill Stanton; 8/4 at Windham, Frank Hugo; 8/5 at Portland, Dick Pyne; 8/9 at Westbrook, Dick Yerxa, Bill Stanton & Peter Drivas; 8/9 at Bethel, Bob Carson; on 8/9 at Bath, Larry Carey; 8/10 at Biddeford-Saco, Duane Rancourt and Lin Beck; 8/12 at Portland, Warren Simpson and Dick Pyne; 8/15 at Piedmont, W. Va., Dick Rawlings; 8/16 at Scarborough, Dan Gacetta & Nick Pappas; 8/17 at Wells-York, Peter Drivas; 8/17 at Biddeford-Saco, Al Baldwin; 8/17 at Oxford Hills, Bob Carson; 8/18 at Windham, Frank Hugo; 8/19 at Portland, Jim Doughty & Ralph Miller. Thanks much!!!

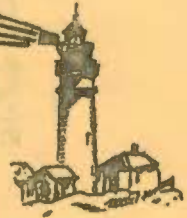


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"PORTLAND HEAD"

MEETS WED. 6:15 P.M. AT BRIDGEWAY RESTAURANT, SO. PORTLAND

SEPTEMBER 7, 1983

LAST WEEK: (8/31) Meeting opened by Pres. John Henchey; America by Bill Brown; Invocation by Fred Ingold; Visiting Rotarians introduced by Jim Doughty; Songs by Dick Pyne, a valiant effort in a rather sad cause.

Bill York announced that we will be having an auction at each weekly meeting. This to bolster our sagging internal budget. If you have any ideas for the project, give Bill a call.

MEETING 9/7: This will be the District Governors visit to our club and it will be a ladies night. You will be called to ascertain what you and your wife would prefer, steak or lobster. Make every effort to be present as we want a good turnout for the Governor.

SEPTEMBER 30: This will be a joint meeting with the Scarborough Club and will be at The Black Point Inn. This is a Friday and will take the place of our regular Wed. meeting. Mark your calendar for this.

PROGRAM: Program Chairman, Bob Carson, introduced Wayne Schaab who was with the Maine Mariners for six years and who has recently become employed in the securities business with Moseley, Hallgarten, Estabrook, and Weeden. Wayne has been skating since he was a little shaver up in British Columbia. He told us of his life as he tried to carve out a career in professional hockey. He played on several minor league teams including Charlotte, Omaha, and Richmond and spent one year playing in Europe before being signed to a two year contract by the Philadelphia Flyers to play for the Maine Mariners. He must have done pretty well as he stayed with the team for six years. This past spring he decided to retire and go into the investment business here in Portland after having taken a number of courses at Univ. of So. Maine. At the Mariner's opening game this year there will be a ceremony retiring Wayne's number. This is quite an honor as this is the first time this has happened in this league. While the life in hockey was hard for his family, he did enjoy it as he always played on a winning team and was on five teams which won championships. A real nice fellow and we wish him well in his new field.

MAKE UPS: 8/23 at Westbrook, Bill Kilroy, Dick Kilroy, Bill Stanton, and Dick Yerxa; 8/24 at Biddeford-Saco, George Chandler; 8/26 at Portland, Sam Giftos, and Lin Beck. We appreciate your efforts.

SEPT. PROGRAM CHAIRMEN:

9/7 Dist. Gov. Visit
9/14 Bill Brown

9/21 George Chandler
9/30 Sam Giftos (Bl. Point Inn)

SEPTEMBER BIRTHDAYS

Andy Mezoian the 23rd
Jim Ferguson the 24th

SEPTEMBER ANNIVERSARIES

The Dick Kennedys the 6th
The Jim Doughtys the 10th
The Al Boudreaus the 8th
The Dick Rawlings the 12th

CONGRATULATIONS ALL !!!

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"PORTLAND HEAD"

MEETS WED. 6:15 P.M. AT BRIDGEWAY RESTAURANT, SO. PORTLAND

SEPTEMBER 14, 1983

LAST WEEK: (9/7) Meeting opened by Pres. John Henchey; America by Lin Beck; Invocation by Ralph Miller; Visiting Rotarians introduced by Jim Doughty; Songs by Bill York including **TE NE TE TSU NA I DE.**

Tony gave us a very nice meal which was enjoyed by all 64 who were in attendance. A very good turnout for the Governor's visit.

Pres. John presented perfect attendance pins to:

| | | | |
|--------------|----|----------------|----|
| Ralph Miller | 1 | Dick Holden | 12 |
| Jim Doughty | 1 | Harold Fralich | 12 |
| Bill Stanton | 2 | Sam Giftos | 12 |
| Carroll Beck | 8 | Dick Kennedy | 17 |
| Bill York | 11 | Bob Doe | 22 |

(That's a total of 98 years)

PROGRAM: Orville "Tex" Ranger reported that he found our club to be in pretty good shape but with some room for improvement. He also gave us a run down of the District Governors' conference in Florida whose theme was World Peace by Building Bridges of Friendship. This was attended by 408 District Governors from all over the world. He reported briefly on Rotary International's 4 major programs:

- Rotary Foundation Scholarships (15 million in '84)
- Group Study Exchanges (more below)
- Special Grants for Education & Charity.
- The 3H Program (Health, Hunger, Humanity)

Relative to Group Study, our District this year will send 5 men of business to England where they will tour the Rotary Clubs there and, in 1984, we will receive 5 business men from England who will tour District 779. He is also encouraging individual clubs to get involved with clubs in foreign lands in any way possible. Tex commented that membership in the established clubs had been slowly declining over the past few years but that the trend has been reversed and, at present, is showing a slow but forward gain. Tex has set a goal for his term of a 5% membership gain for the clubs in our district. This is not a very high goal and we should be able to do our share quite easily. Tex also wants a Special Rotary Information officer in each Club, wants each Club to visit another one which is at least 100 miles away with 5% of membership making the trip. Tex also suggested that each club become incorporated and have adequate liability insurance to cover any accidents occurring at any of our functions. Tex also wants to increase the District's funds by about 25¢ per week per member. This to offset rising administrative expenses.

MAKE UPS: 8/22 at Rochester, N.H. Bill Brown; 8/24 at Deposit, N.Y. Tony Wagner; 8/26 at Portland, Bob Doe and Warren Simpson; 9/2 at Portland, Dick Yerxa. Thanks much.

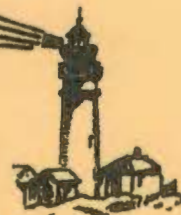
PROGRAM 9/21: Unable to contact Chairman Bill Brown. You will have to attend to learn what it is!!



Tex Ranger Governor District 779

SOUTH PORTLAND

CAPE ELIZABETH



TWO LIGHTS

PUBLISHED BY

**SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB
ON THE MAINE COAST**

"BUG" LIGHT

"PORTLAND HEAD"

MEETS WED. 6:15 P.M. AT BRIDGEWAY RESTAURANT, SO. PORTLAND

SEPTEMBER 21, 1983

LAST WEEK: (9/14) Meeting opened by Pres. John Henchey; America by Sam Giftos; Invocation by Ralph Miller; Visiting Rotarians introduced by Bob Carson; Songs by Dick Pyne, two smile songs which came off surprisingly well.

Lin Beck was presented with a one year perfect attendance pin. Bill York conducted our first weekly raffle and Dick Pyne went home \$11.50 richer.

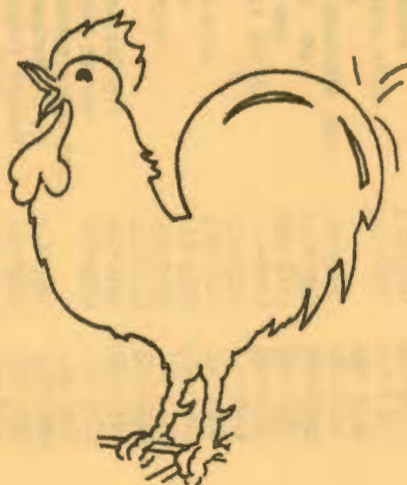
JOINT MEETING WITH SCARBOROUGH. THIS WILL BE ON SEPT. 30 at the Black Pont Inn. Dinner will be at 7:30 with a Happy Hour preceding it. Greek Slides and Greek Dancing will be featured. If you haven't made reservations with Bob Carson, do so soon. (\$12.00 per)

NO REGULAR MEETING ON WED, SEPT. 28

PROGRAM: Program Chairman, Bill Brown, gave us a Classification talk on Kentucky Fried Chicken, it's history and present status both locally and nationally. It all began with the Colonel's serving his product in a small restaurant which was displaced to make room for a super highway. The Colonel then franchised his recipe to other restaurants with a handshake as the only binder. The franchisee was to buy the spices from the Colonel and pay him 5¢ per pound for the chicken used in the operation. The Colonel sold out to J. Y. Brown in 1964 and, when the stock went public, several people became millionaires over night. The company was sold to Hueblein which was later sold to R. J. Reynolds which is now the parent company. Bill feels that the Reynolds assets and know how have put the company on the path to a much brighter and more profitable future. He also discussed the many trials and triumphs of the franchises in the Northern New England area. With the introduction of its new "Biscuit" item the local stores are showing a 34% increase this year. Bill says that it costs some half million dollars to build and open a store. This makes the franchises very hard to come by. He says that the average store takes in some \$8,000 per week. It is interesting to note that the Colonel, after selling out, still had a contract to do the commercials which netted him some \$200,000 per year.

MAKE UPS: On 8/26 at Portland, Dick Jordan; on 9/9 at Portland Warren Simpson and Jim Doughty; and at Biddeford-Saco Lin Beck. Thanks much!!!

PROGRAM FOR 9/21: Chairman is George Chandler.



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"PORTLAND HEAD"

MEETS WED. 6:15 P.M. AT BRIDGEWAY RESTAURANT, SO. PORTLAND

SEPTEMBER 30, 1983

NO MEETING WEDNESDAY, 9/28

LAST WEEK: (9/21) Meeting opened by Pres. John Henchey; America by Ron Stewart; Invocation by Ralph Miller; Visiting Rotarians introduced by Bob Carson; Songs by Nick Pappas, 2 verses of Red River Valley and, I might add, a very creditable performance. A couple more performances like that one and Capt. Lloyd will have to look to his laurels.

Pres. John called for a moment of silence to note the passing of EDWIN L. INNESS who was a charter member of our Club. He was a fine man and a fine Rotarian. He will be missed.

RAFFLE: Bill York conducted the weekly raffle. It was a rather mixed up affair as Bill forgot to bring the tickets and had to draw some eight or nine tickets before he had a winner. The winner was Bill Stanton. I have no idea what the prize was as it was presented in a plastic bag.

PROGRAM: Program Chairman, George Chandler, presented Dick Jalkut who is Vice President of New England Tel. & Tel. Dick outlined some of the changes we will face when the phone company is deregulated on January 1, 1984. For the past 50 years the company has operated on a "social" pricing structure which was dictated by the Federal Government. This structure mandated that almost everyone was entitled to have a telephone even if he lived in a remote area. It resulted in the subsidizing of residential rates by the long distance lines. With the break up of A T & T the local units will no longer have the income from long distance lines which will result in a rise in residential rates to more accurately reflect their costs. We will also see a lowering of long distance costs. Your cost for a home phone will probably rise from double to triple what it is today. New Eng. Tel. & Tel. will no longer be in the business of selling or leasing telephones. This phase will be taken care of by A. T & T. The coming rise in phone costs will cause many "social" problems which will have to be faced in the next few years. A welfare family will find it difficult to pay the much higher phone costs and will probably have to be subsidized by someone. Over the next five years there will be a revolution in the spate of services available via phone lines. This will include a host of "Touch Tone" services as well as the rapidly increasing use of home computers. At our house we have already returned our phone company units and purchased a good Touch Tone phone and two "throw away" cheapies to use as extensions. Since Congress is still wrestling with this problem it might be a good idea to have Mr. Jalkut return once a year to give us an update.

AUGUST ATTENDANCE: Club average 82.86%

100% Bagdasarian, Baldwin, C. Beck, L. Beck, Boudreau, Butler, Carey, Carson, Doe, Doughty, Drivas, Fralich, Giftos, Goodine, R. Holden, Kennedy, R. Kilroy, Simpson, Stanton, Yerxa, York.

80% Brown, Dube, Henchey, Hugo, Rancourt, Rawlings, Wagner.

60% Chandler, Gacetta, T. Holden, Jordan, W. Kilroy, Knight, Kourakos, Mezoian, Miller, Pappas, Pyne, D. Stewart, R. Stewart.

40% Ferguson.

THIS WEEK: This is our joint meeting with the Scarborough Club at the Black Point Inn, FRIDAY, SEPT. 30. We will not have a regular Wednesday meeting on 9/28. The Scarborough club also will not meet on Tues. 9/27. Dinner will be at 7:30 but come early and join in the happy hour. Program will be a slide show on Greece and a demonstration of Greek dancing. They say that the Greeks had a word for it and I am sure we will learn what that word is. If you haven't made reservations, get in touch with Bob Carson right away.

**SOUTH PORTLAND - CAPE ELIZABETH
ROTARY CLUB**

1983 - 1984

OFFICERS

President.....John Henchey
Vice Pres.....Jim Doughty
Ron Stewart
Secretary.....Bob Carson
Treasurer.....Dick Goodine

BOARD OF DIRECTORS

Club Service.....Ron Stewart
Vocation Service.....Phil Dube
Com. Service.....Bill York
Internat. Service. D. Bagdasarian
Dir. at Large.....Bill Brown



Warren Simpson
5 Linwood St.
Cape Elizabeth
Maine 04107

**SOUTH PORTLAND - CAPE ELIZABETH
ROTARY CLUB**

Bob Carson, Secretary
562 Congress Street, Suite 606
Portland, Maine 04101

ROSTER

| NAME | CLASSIFICATION | BUS. | HOME |
|-----------------------------|-------------------------------|----------|----------|
| Bagdasarian, Dave (Fran) | Dentistry | 797-5834 | 799-7832 |
| Baldwin, Alan | Restaurant, Mgmt. | 772-8939 | 799-3875 |
| Beck, Carroll (Methel) | General Cont. Bldg. Cons. | 774-4841 | 773-8531 |
| Beck, Linwood | Overhead Doors, Sales | 774-4841 | 774-8800 |
| x Boudreau, Alfred (Doris) | Men's Hair Stylist | 799-6169 | 799-6169 |
| x Brown, William (Joyce) | Sales-Marketing Mgmt. | | 799-2497 |
| x Butler, Paul (Janet) | Food Dist. Mgmt. | 773-5683 | 799-1550 |
| Carey, Lawrence (Wendy) | Pharmaceutical Rep. | | 799-3230 |
| Carson, Robert Jr. (Penny) | Messenger Service, Sales | 774-9804 | 799-8029 |
| x Chandler, George (Mary) | Sr. Active-Telephone | 797-1496 | 799-8332 |
| Doe, Robert (Allie) | Sr. Active-Education | | 767-3964 |
| Doughty, James (Florence) | Insurance | 799-5541 | 883-5255 |
| Drivas, Peter (Dolores) | Shipbuilding-Mgmt. | | 799-6204 |
| Dube, Phillip (Claudette) | Travel Service | 767-3366 | 773-0108 |
| Ferguson, James (Leslie) | Engineering-Marketing | 799-7346 | 767-4435 |
| -*x Fralich, Harold (Marge) | Sr. Active-Insurance | 775-2990 | 799-8102 |
| Gacetta, Daniel | Liquor, Distribution | 799-4555 | 799-4555 |
| *x Giftos, Sam (Helene) | Accounting | 775-0074 | 799-3164 |
| Goodine, Richard (Irene) | Accounting | 772-0153 | 799-7076 |
| Henchey, John (Juliette) | Government-Town | 799-5251 | 799-1301 |
| Hitchcock, David | Internal Auditing | 780-2665 | 799-5284 |
| x Holden, Richard | Insurance-Life | 775-3793 | 799-7655 |
| Holden, Thomas (JoAnn) | Insurance-Life Add. Act. | 775-3793 | 854-9357 |
| Hugo, Frank | Past Service-Real Estate | 799-2221 | 655-4583 |
| Jordan, Richard (Jane) | Sr. Active-Banking | 775-7461 | 799-2526 |
| Kennedy, Richard (Betty) | Sr. Active-Canned Foods Dist. | | 799-5843 |
| *x Kilroy, Richard (Mary) | Sr. Active-Real Estate | 799-2221 | 799-6153 |
| Kilroy, William (Ann) | Sr. Active-Heating Oil | 799-5184 | 799-7161 |
| x Knight, Lloyd (Ellen) | Television | 797-9330 | 799-2943 |
| Kourakos, William (Sophie) | Insurance-Health | 780-2445 | 799-1755 |
| Mezoian, Anthony (Becky) | Education-Adm. | 773-5629 | 799-1401 |
| Miller, Ralph (Patricia) | Ministry-Methodist | 799-8396 | 799-5391 |
| Pappas, Nicholas (Nickie) | Investments | 774-6311 | 799-1604 |
| Pyne, Richard (Mike) | Finance-Credit Bureau | 775-2109 | 799-6352 |
| Rancourt, Duane (Donna) | Nursing Home-Adm. | 767-3373 | 324-7074 |
| Rawlings, Richard (Marsha) | Insurance-Gen. Agt. | 773-5661 | 799-3662 |
| *x Simpson, Warren (Velma) | Past Service-Hardware Ret. | 799-6191 | 799-0227 |
| Stanton, William (Lucy) | Variety Store | | 761-1836 |
| Stewart, Doug (Pamela) | Utilities-Public Water | 774-5961 | 767-2351 |
| x Stewart, Ron (Shirley) | Storage Warehouse | 772-4523 | 799-8643 |
| Wagner, Anton (Christine) | Specialty Chemicals | 799-8541 | 799-5416 |
| Yerxa, Richard (Priscilla) | Sr. Active-Power Equipment | 799-2241 | 883-4275 |
| York, William (Diane) | Engineering Ind.-Sales | | 767-2401 |

x Past President

* Paul Harris Fellow

- Past District Governor