

SOUTH PORTLAND

CAPE ELIZABETH



# TWO LIGHTS

PUBLISHED BY

SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB  
ON THE MAINE COAST



"BUG" LIGHT



"PORTLAND HEAD"

MEETS WED. 6:15 P.M. AT BRIDGEWAY RESTAURANT, SO. PORTLAND

JANUARY 4, 1984

LAST WEEK: (12/28) Meeting opened by Pres. John Henchey; America by Jim Doughty; Invocation by Ralph Miller; Visiting Rotarians introduced by Jim Doughty; Songs, designated leader, Dick Holden, enlisted the help of Captain Lloyd who led us in SMILE, twice through. When you have a pro at the helm, you do get results. Nick Pappas' antennae seemed to be a little out of joint at being bypassed as song leader for the last meeting of the year.

ATTENDANCE 30.

The application for membership of Alec C. Livingston of Cape Elizabeth has been approved by all appropriate committees. Classification: Insurance.

NEW MEMBER: Ralph Miller introduced our newest member, Sung Kim, whose classification is Religion, Methodist. Sung is a native of Korea and has been in the United States for nine years. He served in the Army for four years, is a graduate of Nason College and Bangor Theological Seminary and is pastor of the Korean United Methodist Church which meets in the Thornton Heights section of the city. Sung resides in So. Portland with his wife and two children and is about to leave for a two week vacation in Korea for the first time in seven years. On his return, I am sure Sung will give us a run down on his trip. Welcome aboard!!!

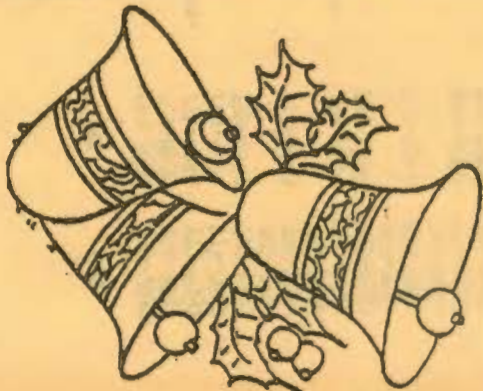
XMAS TREES: While all bills are not in yet, it appears that we had a gross sale of over \$30,000 and a net profit of over \$10,000. Best yet.

ROTARY INFO: Bob Carson gave us a run down of our own club. The club was formed by the Portland club with Ray Frost as the District Governor's representative as our Godfather. First meeting was 12/27/1961, officially chartered on 1/20/62 with 23 charter members six of whom are still members of the club.

PROGRAM: Program Chairman, Dick Kennedy, introduced Steve Plunkhard who is with the Cavendish Partnership with offices in Ludlow, Vt., Boston and, soon, in So. Portland. They are planning and landscape architects operating from Conn. to Calais, Maine. They are, at present, working on a Design Study for the Millcreek Triangle sponsored by the City of So. Portland in connection with the renewal efforts in the Knightville area. The plan is an effort to solve some of the many problems in the area and to offer an orderly plan for the future development of the Triangle. The study will address such things as landscaping, traffic flow, land use and will result in a plan for the orderly expansion of the business community with the view to making the area a better place to shop for the many customers of its businesses. Steve stressed the necessity of input from everyone concerned so that problems will be solved correctly. Your input will be most helpful at the public hearings which will be held over the next few months.

MAKE UPS: On 12/13 at Scarborough, Nick Pappas; 12/20 at Westbrook, Dick Kilroy, Dick Holden, Dick Yerxa; 12/23 at Portland, Warren Simpson. Thanks much.

PROGRAM 1/4: Dick Jordan will present 1st District U. S. Rep/ John McKernan.



*New Year's  
Greetings*



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MEETS WED. 6:15 P.M. AT BRIDGEWAY RESTAURANT, SO. PORTLAND

JANUARY 11, 1984

LAST WEEK: (1/4) Meeting opened by Pres. John Henchey; America by George Chandler; Invocation by Ralph Miller; Visiting Rotarians introduced by Jim Doughty; Songs by Bill Kilroy, two verses of This Land is Your Land.

Jim Doughty introduced our newest member, Alec. C Livingston. Alec will be formally introduced at a later date.

Bob Carson's Rotary Information tidbit for the week was an explanation of Rotary's Internal & External Budgets. The Internal Budget income is from dues, Initiation Fees, fines, meal costs etc. The expenses of operating the club all come out of this budget, meal costs, Rotary Int. costs, bulletin, pins, magazine etc. The External Budget income is from any fund raising projects as Christmas Trees and is used for such things as scholarships, Millcreek Xmas lights, Hinckley Park, Fort Williams etc.

PROGRAM: Program Chairman, Dick Jordan, introduced our First District Congressman, John McKernan and his "Girl Friday" Cindy Fortier. John is a resident of Cumberland Foreside, was born in Bangor in 1948, served several terms in the State House of Representatives and was elected to Congress in 1982. From John's comments it is apparent that his first year has been a rather enlightening one. He sees Congress as a body which acts only in a time of crisis and only at the last possible moment as with the recent restructuring of the Social Security program. He says that they do not look upon the huge budget deficit as a crisis and he sees little hope that much will be done in that area in the current election year. John feels that the expanding economy will take care of the deficit if Congress will fund any new spending with new tax revenues. John sees the number one item this year to be a compromise between Tip O'neil and Ronald Reagan regarding the budget. John quoted Will Rogers in saying that two things no one should see made are laws and sausages.

MAKE UPS: On 12/13 at Gulf Beaches, Frank Hugo; 12/20 Gulf Beaches, Frank Hugo; 12/23 at Portland, Harold Fralich; 12/27 at Bath, Bob Doe; 12/27 at Gulf Beaches, Frank Hugo; 12/27 at Westbrook, Lloyd Knight; 12/27 at Scarborough, Al Boudreau; 12/28 at Biddeford-Saco, Duane Rancourt. Thanks much!!!

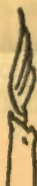
Program Jan. 11: Bill Kilroy will present Dr. James Sullivan of the University of Southern Maine who will speak on Personalized Physical Fitness.

### JANUARY BIRTHDAYS

NONE

### JANUARY ANNIVERSARIES

The Warren Simpsons on the 16th  
The Bob Does on the 25th



CONGRATULATIONS ALL







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JANUARY 18, 1984

**LAST WEEK:** Meeting opened by Pres. John Henchey; America by Sam Giftos; Invocation by Ralph Miller; Visiting Rotarians introduced by Jim Doughty; Songs by Doug Stewart, two verses of Home on the Glen.

### ATTENDANCE 30

**NEW MEMBER** Jim Doughty introduced our newest member who is Alec Livingston. Alec is a graduate of the Univ. of Florida and was employed in Florida for several years by Conn. General Ins. Co. In 1981 Alec decided that Maine was a better place to raise his family and he moved to this area where he is employed with Blake, Hall & Sprague Ins. Co. Alec resides on Mitchell Road in the Cape with his wife Susan and his son and daughter. Welcome aboard, Alec.

**PROGRAM:** Program Chairman, Bill Kilroy, introduced Dr. James Sullivan. Jim is a native of Rumford, Maine and has a BS from Univ. of Maine, MS from the Univ. of Delaware and a Doctorate from BU in Health and Physical Education. He has been at the Univ. of So. Maine for the past twenty six years. Jim began his talk by suggesting some of the benefits we all derive from our membership in Rotary and listed some of the benefits we might receive from beginning an organized health and exercise program. Such a program will lead to a healthier and longer life by improving the heart muscle and the circulatory system. It will slow the heart beat, improve the flexibility of our joints, lower our weight and cholesterol count. The cardio vascular program includes such exercises as walking, jogging, running, swimming etc. These speed up the heart beat and pump up circulation. The Isometrics are weight lifting which is intended to firm up muscles and Calisthenics are intended to improve joint flexibility. One should exercise a minimum of three to four times a week and run the pulse rate up to a level determined by one's age (75% of the difference between 220 less your age) and maintain that level for a period of 45 minutes. One should start slowly and progress at a reasonable pace. It is a good idea to know exactly what one's physical condition is before starting a program. Consult your Physician. It is important to keep a journal of your program and also to start eating properly. This includes throwing away the salt shaker. A year ago your editor weighed 205#. Today weighs 170. Jim says that excess weight is like carrying that much cement around 24 hours a day.

**MAKE UPS:** On 1/3 at Scarborough, Sam Giftos; 1/3 at Westbrook, Dick Yerxa; 1/4 at Biddeford-Saco, Al Baldwin; 1/6 at Portland, Warren Simpson. Thanks!!!

**PROGRAM 1/18:** Andy Mezoian will present Mrs. Mary Thompson who is Chairman of the Board at Channel 6 TV. Mrs. Thompson will speak and show slides of a recent trip when she and her husband visited China. Should be very good.

We note the passing of Past District Governor Samuel Love of Rumford, Maine. Our club was represented at his funeral on January 6 by Harold Fralich and Sam Giftos.

**NEW MEMBER:** The application of Martin Donovan, classification Banking, has been approved by all appropriate committees.

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"PORTLAND HEAD"

MEETS WED. 6:15 P.M. AT BRIDGEWAY RESTAURANT, SO. PORTLAND

JANUARY 25, 1984

LAST WEEK: (1/18) Meeting opened by Pres. John Henchey; America by Lin Beck; Invocation by Ralph Miller, I thought it even better than usual; Visiting Rotarians introduced by Jim Doughty; Songs by Dick Pyne, Good Old Summer Time and Smiles, not bad either.

ATTENDANCE 30

LADIES NIGHT: Pres. John announced that we will have a Ladies Night on Feb. 29 (Sadie Hawkins Day) at the Snow Squall. Happy Hour 5:30 - 6:30 followed by a nice buffet including Roast Beef and Haddock. \$12.00 per. More on this later. Advance reservations will be necessary so make your plans now.

NEW ROTARY CLUB: Oxford Hills Rotary Club will be chartered on Sat. Feb. 4. A few of our members will be attending and all are welcome. If interested, get in touch with Bob Carson right off.

NEW MEMBER: Tom Holden had as his guest, Martin Donovan who is our newest member. Martin will be formally introduced at a later date.

Recuperating: Larry Carey, following a bout with his surgeon, is recuperating at home. He is coming along fine.

BUSINESS GROUP: Of the six business men from Dist. 779 who will be visiting in England this spring, two are from our area. They are Fred Thompson of So. Portland and Bob Ouelette from the Cape.

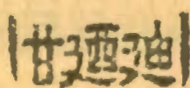
PROGRAM: Program Chairman, Andy Mezoian, introduced Mrs. Mary Rines Thompson who is the retired President of the Maine Broadcasting System. Mrs. Rines and her husband, Dr. Philip Thompson, recently toured China with a group of medical people. Mrs. Rines showed us a series of beautiful slides covering the Great Wall, the cities and the communes. She was impressed with the very low standard of living. No one owns a car and most travel on bicycles or on foot. Everyone works eight hours a day and then must forage his daily food. There is no refrigeration. In all the slides there was not one fat person. The people actually appeared to be somewhat thinner than might be healthy. She says that they are a very happy and kind people. Very few speak English. A very few of the brightest students are sent to the States to study such things as hotel management with the view to increase tourist dollar income. Most families live in farming type communes and are encouraged to have only one child per family. Mrs. Rines spoke of the many archeological sites in China which are waiting for funding to be investigated and which should reveal some most interesting artifacts over the next several years. An interesting program about a far away culture.

MAKE UPS: On 1/4 at Biddeford-Saco, Carroll Beck; 1/4 at Wells-Ogunquit, Andy Mezoian; 1/10 at Sarasota Bay, Dick Kilroy; 1/10 at Westbrook, Dick Holden; 1/11 at Sarasota, Dick Kilroy; 1/11 at Biddeford-Saco, Carroll Beck. Thanks!!!

PROGRAM FOR JAN. 25: Program Chairman, Capt. Lloyd Knight, will present Jordan Kobritz who is General Manager of the Maine Guides Baseball team at O.O. Beach.

FEBRUARY PROGRAM CHAIRMEN:

2/1	Nick Pappas	2/15	Dick Pyne
2/8	Ralph Miller	2/22	Duane Rancourt
	2/29	LADIES NIGHT	







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'PORTLAND HEAD'

MEETS WED. 6:15 P.M. AT BRIDGEWAY RESTAURANT, SO. PORTLAND

FEBRUARY 1, 1984

LAST WEEK: (1/25) Meeting opened by Pres. John Henshey; God Bless America by Bob Doe; Invocation by Sung Kim; Visiting Rotarians introduced by Jim Doughty; Songs by Lloyd Knight, a Lusty Hello Dolly followed by Smile on page 3.

Pres. John presented to Al Boudreau a perfect attendance pin for 11 years.

### ATTENDANCE 38

ROTARY INFORMATION: Bob Carson's weekly bit was to read a letter to the editor from the current issue of the Rotarian. It concerned "Sharing Rotary". If you haven't read it, dig up your copy and do so.

PROGRAM: Program Chairman, Lloyd Knight, introduced Jordan Kobritz who is the owner of the Maine Guides which is a Triple A farm club of the Cleveland Indians and which will be located in Old Orchard Beach at a brand new stadium complex. Jordan and his associates, after overcoming some tremendous obstacles, are coming down to the wire with a really fine complex. It is on 50 acres of land surrounded by tall trees. The parking lot is well fenced and will have a security force at all times. The diamond is the best in the league consisting of natural turf with built in drainage and an automatic TORO irrigating system. I understand this was installed by a local company. The grandstand is made of concrete and seats 5,000 and there will be provision for bleachers to seat another 5,000. Jordan says all 36 advertising signs have been sold as well as all advertising space in this season's programs. The season starts on April 4 with 70 home games almost all to played at night in a pleasant, clean, family environment. Jordan plans to make the facility available to amateur baseball such as the Univ. of Maine etc. as well as other civic events. The parent Cleveland Indians will control who the players are, we are going to see a level of baseball just a small step below that of the major leagues. 750 season tickets have already been sold and the number is growing daily so it appears that the franchise is off to a good start. Jordan left a well paying law practice to get this project going and we wish him every success.

MAKE UPS: On Jan. 3 at Gulf Beaches, Frank Hugo; 1/4 at Biddeford-Saco, Lin Beck; 1/10 at Gulf Beaches, Frank Hugo; 1/11 at Biddeford-Saco, Lin Beck; 1/13 at Portland, Duane Rancourt and Dick Rawlings; 1/17 at Gulf Beaches, Frank Hugo; 1/17 at Westbrook, Dick Yerxa; 1/18 at Biddeford-Saco, Carroll Beck and Lin Beck; 1/20 at Portland, Warren Simpson; 1/25 at Biddeford-Saco Carroll Beck. We appreciate it!!!

PROGRAM FOR 2/1: Program Chairman is Nick Pappas.

### FEBRUARY BIRTHDAYS

Tom Holden 2/12	Sam Giftos 2/21
Dick Jordan 2/12	Carroll Beck 2/28
Bill Kourakos 2/16	Al Baldwin 2/28

### FEBRUARY ANNIVERSARIES

The Larry Careys 2/12
The Dick Goodines 2/20

CONGRATULATION ALL!!!





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FEBRUARY 8, 1984

LAST WEEK: (2/1) Meeting opened by Pres. John Henchey; America by Al Boudreau; Invocation by Dick Kennedy; Visiting Rotarians introduced by Jim Doughty and Tony Wagner had as his guests his two sons; Songs by Dick Pyne who did generate some harmony.

NEW MEMBER: Jim Doughty formally introduced our newest member who is James S. Rowe. Jim is a graduate of Univ. of Maine class of 74 and lives with his wife Judy on Oakhurst Road in the Cape. They have one daughter. Jim's classification is Building Materials. Welcome aboard, Jim.

LADIES NIGHT: Feb. 29 at the Snow Squall. Cost \$12 per. Bob Carason will have a sheet on which you can make reservations tonight and next Wed.

ROTARY INFORMATION: Bob Carason outlined the fact that a Rotary club's board of directors actually run the club and make all its final decisions. It is customary for the board to seek input from the members on serious matters. The board consists of the officers and the immediate past president and the chairmen of the four avenues of service. Bob will outline the parameters of these avenues over the next four weeks and will then ask each member to sign up to serve in the area which he finds most to his liking.

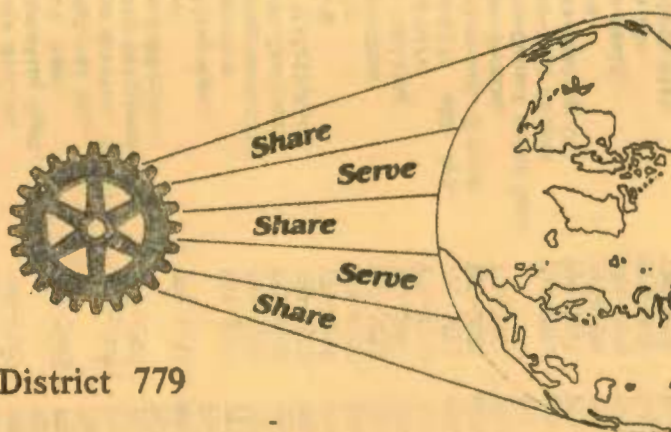
PROGRAM: Program Chairman, Nick Pappas, introduced Rick Murphy who is employed by Advest Inc. and is also a member of the Scarborough Rotary club. Rick spoke on the Great Casino in the Sky, stock index options. This is a comparatively new investing instrument in which one can invest in the average of all the stocks on the New York Stock Exchange. These options are purchased for a period of 30 to 60 days and a unit is \$500 times the day's index (today around 80). This is a total of \$40,000 which can be purchased for 10% or \$4,000. As the index moves up or down one gains or loses. The losses must be paid each day. This method of investing is obviously not for the old lady who keeps her AT&T shares under her mattress. It requires a street account and a rep who is available to handle ones decisions. Think I will watch this index for a while.

PROGRAM FOR 2/8: Program Chairman is Ralph Miller.

MAKE UPS: On January 11 at Tae Reung, Korea, Sung Kim; on 1/17 at Sarasota, Dick Kilroy; 1/24 at Sarasota, Dick Kilroy; and.....

-----ON JAN. 17 AT BATH, BOB DOE-----

Speak to your wife about Ladies Night and sign up with Bob Carason as soon as possible.



District 779



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ON THE MAINE COAST

MEETS WED. 6:15 P.M. AT BRIDGEWAY RESTAURANT, 80. PORTLAND

FEBRUARY 15, 1984

LAST WEEK: (2/8) Meeting opened by Pres. John Henchey; America by Jim Rowe; Invocation by Sung Kim; Songs by Bob Doe, Vive la Rotary and For He's a Jolly Good Fellow in honor of our four new members. Visiting Rotarians introduced by Jim Doughty, 8 from Portland and 1 from Brunswick.

### ATTENDANCE 40

Nice to have Larry Carey back in the fold looking hale and hearty.

NEW MEMBER: Tom Holden formally introduced our newest member who is Martin Donovan. Martin is a graduate of Univ. of Me at Orono with a B S in Economics. He attended the Univ. of Dublin and has been employed by the Merrill Bank of Bangor, the Casco Bank of Portland and is now the manager of the Northeast Bank in the Millcreek Shopping Center. Martin lives in So. Portland with his wife, Karen. The club greeted with enthusiasm the announcement that Martin plays the piano. Now, if only we had a piano. Welcome aboard, Martin!!!

NOTE WELL: For the next three weeks, 2/14, 21, & 28, the Scarborough Rotary Club will be meeting at the Marshview Rest. 6:30 PM Tues. evenings.

CARSON'S ROTARY INFO: Bob outlined two of the four service avenues, Club Service being anything having to do with the operation of the club such as membership, classification, attendance, bulletin, public relations etc. and Vocational Service which concerns people who are old, young, retired, handicapped, or disadvantaged as well as employer-employee relations and the Four Way Test.

PROGRAM: Program Chairman, Ralph Miller, spoke to us about the World Council of Churches efforts to raise money in an effort to counter world hunger. He showed a film which depicted the efforts of one town to raise funds by a walk For Hunger. This was a concerted effort by a community which rallied all kinds of local groups leading up to a day on which these people made a "walk" for donations to be used in a fight against hunger. 25% of the funds raised are retained in the community and are used, in our case, to assist soup kitchens and "pantries". Ralph also used this occasion to promote a local "Walk For Hunger" in our own communities of Portland, So. Portland, and Cape Elizabeth. This to be held on May 5. All local churches and groups are being encouraged to participate. If you can't walk you certainly can pledge. I am sure Ralph will keep us posted on further developments as we get nearer to the date.

MAKE UPS: Didn't get a single card this week.

PROGRAM FOR 2/15: Dick Pyne will present Tony Sesto, Asst. Supt. at the Maine Youth Center.

## CHURCH WORLD SERVICE 1981

### INCOME

Category	
Member Denominations	\$8,179,581
Related Organizations	1,025,006
Contributions from Others	1,377,667
CWS/CROP (Regional Offices)	8,218,313
Ocean Freight Reimbursement by DOM Boards and Agencies	886,216
Investment and Miscellaneous Revenue	1,686,656
Program Support by U.S. Government	13,030,940
Ocean Freight Reimbursement by U.S. Government	2,599,471
Contributed Commodities	8,361,239
Total	\$45,365,089

Subject to Audit

### EXPENDITURES

Category	
Development	\$9,635,170
Service to Refugees	14,103,759
Response to Disasters, Emergencies, and Rehabilitation Needs	6,782,287
Transmitted to Other Agencies	1,282,959
Global Education in the United States	142,271
Management	1,676,621
Fundraising and Public Information	1,855,236
Commodities for Program Support	8,361,239
Income Available for Continuing Programs	1,525,547
Total	\$45,365,089



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"PORTLAND HEAD"

MEETS WED. 6:15 P.M. AT BRIDGEWAY RESTAURANT, SO. PORTLAND

FEBRUARY 22, 1984

LAST WEEK: (2/15) Meeting opened by Pres. John Henchey; America by Dick Rawlings; Invocation by Ralph Miller; Visiting Rotarians introduced by Bob Carson; Songs by Nick Pappas, the Railroad Song and not bad, either.

### ATTENDANCE 39

ROTARY INFO: This week Bob Carson covered the third and fourth Rotary Avenues of Service, International and Community. Under International Service we find the Rotary Foundation, International Youth Exchange, and World Community Service. Under Community Service are listed: environmental concerns, handicapped people, public safety, senior citizens, youth programs, and needy people.

Consider these four avenues because, at our next club assembly, you will be asked to fill out a form indicating in which avenue you prefer to serve in the coming Rotary year.

RAFFLE: To assist the Olympic Fund our club bought two tickets for the affair at the Civic Center on Wed. 2/22. This includes tickets to the Ice Capades as well as an invitation to the champagne party following the performance at which Joan Benoit and Dorothy Hamill will be present. Winners were Doug Stewart and Dick Kennedy. I don't know how Doug feels but Dick Kennedy is tickled to pieces.

HINCKLEY PARK: Pres. John read a letter from So. Portland parks director, Dana Anderson, which stated that the work at the Park is nearing completion. The two dams have been repaired and the trails have all been cleared. Work on five bridges is under way and the parking area will be graded this spring. There will be a sign erected which will give appropriate credit to our club for its funding of the project.

PROGRAM: Program Chairman, Dick Pyne, introduced Tony Sesto who is Assistant Superintendent at the Maine Youth Center. Tony started at the Center 18 years ago as a teacher. The Center was instituted in 1853 and now houses some 247 kids, 30 girls and 217 boys ranging in age from 11 to 18 years. These are all pretty hard core kids who are incarcerated for everything from car theft to murder. The Center comprises 23 buildings with a staff of 224 which tries to expose the kids to academic and vocational education as well as many outside sports programs. Tony says that, presently, drug and sex crimes are a growing problem. While the Center does have a number of success stories it still remains true that most of the kids who are released after only a six month stay do not make on the outside. While the prison population at Thomaston has 27% of its inmates who are from the Center, this is sharply down from previous years when it stood at 70-80%. The cost of maintaining a kid at the Center is at least \$11,000 per year and the Center is suffering from a lack of funding by the State. Tony asks that we consider voting FOR the next bond issue up for referendum for prison funding. It takes a special type of person, a real dedicated one to undertake a career such as Tony's.

PROGRAM FOR 9/22: Program Chairman, Duane Rancourt, will present Frank McGinty who is Executive Director of the Health Care Finance Commission, He will present an overall view on containing health care costs in the future.



## THE CROWD PLEASERS! ICE CAPADES





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MEETS WEDNESDAY, 6:15 p.m., BRIDGEWAY RESTAURANT, SO. PORTLAND

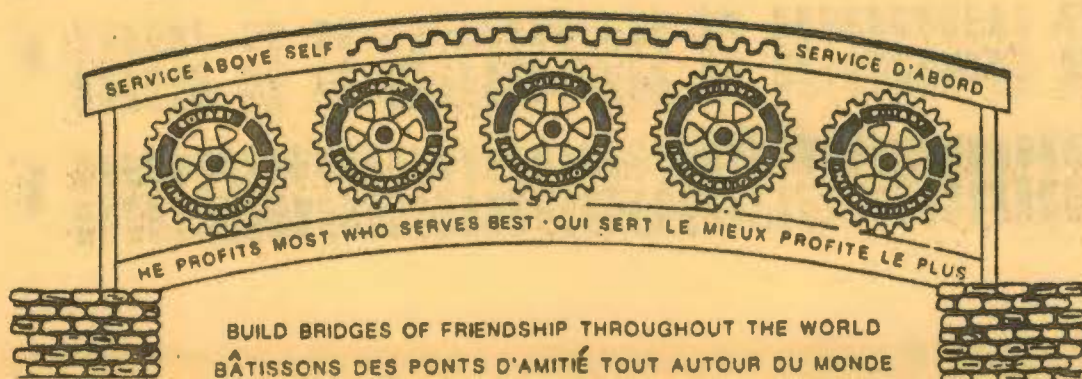
FEBRUARY 29, 1984

LAST WEEK (Feb. 22) Prexy John Henchey opened the meeting (a bit later than usual) and Ralph Miller gave the invocation. Bill York, somewhat reluctantly, led two rousing songs. It must be recorded that our bulletin editor, Dick Kennedy, took the night off to attend the Ice Capades and the champagne party following to which he won tickets. Bob Doe was to take his place as reporter, but had to "scoot" early because of an appointment in town, so he pressed the two reverend gentlemen, Ralph Miller and Ernie Case, into service to operate a tape recorder. If this issue is not up to snuff Dick, Bob, Ralph, and Ernie all share the blame!

ROTARY FOUNDATION. Secretary Bob Carson gave a resume of the objectives of Rotary Foundation, noting that the Foundation is Rotary's chief agency in the area of international services. About 1000 young people benefit each year from studying abroad. He noted that it is reciprocal--some from other countries coming to the United States and some from here going to other countries, and these exchanges go on all over the world. It also enables teams of young professional and business people to study professional and business life in other countries. This all promotes Rotary's objective of furtherance of international understanding. Since 1947 Rotary Foundation has disbursed more than one hundred billion dollars for these programs. In 1982 & 1983, 13,558 Paul Harris Fellows were enrolled, that is in one Rotary year. Also in that same year, 14,432 Paul Harris Sustaining Members. Today Paul Harris Fellows total 96,310. Since July 1, 1983 an additional 4931 Paul Harris Fellows have been enrolled. Voluntary contributions by Rotarians in the last Rotary year totaled \$19,035,106, a sum which averages out to \$20.99 for every Rotarian in the world. A record to be proud of and one which has demonstrated a significant contribution to international understanding in this troubled world.

PROGRAM. Duane Rancourt introduced Frank McGinty, Executive Director of the Maine Health Care Finance Commission, formerly deputy commissioner for the Dept. of Human Services. He paid McGinty the compliment of noting that not only did he listen to the concerns of the nursing home industry but that he did his homework. McGinty noted that one of the reasons for the great increase in hospital costs in recent years was that there had been no requirement for the exercise of discipline and efficiency. That could be attributed to the beginnings of Medicare and Medicaid programs when the signal was "We want you to grow, we want you to expand, we want you to meet the new demands created by the increase of millions of people who have previously been denied that care." He noted that there has been dramatic progress in the quality of hospital care provided. It also became apparent, however, that we could no longer afford such unrestricted growth. One problem is that the way we pay for hospital care has resulted in a greatly disproportionate burden on some people. The cost of care for about 5% of the people who cannot pay for their own care has been shifted to the 15% to 20% of the people who pay for their care through premiums to Blue Cross and other health insurance programs. McGinty gave a clear and detailed analysis of the problems and actions both current and projected which are designed to help solve them.

MAKEUPS. Portland: Dick Rawlings, Jan. 27; Dick Holden, Duane Rancourt, Feb. 10; Carroll Beck, Jim Doughty, Feb. 17; Westbrook: Linwood Beck, Bill Stanton, Feb. 7; Biddeford-Saco: Peter Drivas, Feb. 8; Gulf Beaches, FL: Frank Hugo, Jan. 31; Pinellas Park, FL: Frank Hugo, Feb. 9. Frank Hugo also attended a "service club makeup meeting aboard the M/S CARIBE I" on Jan. 22.







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MEETS WEDNESDAY, 6:15 p.m., BRIDGEWAY RESTAURANT, SO. PORTLAND

MEETS WED. 6:15 P.M. AT BRIDGEWAY RESTAURANT, SO. PORTLAND

MARCH 7, 1984

LAST WEEK: (2/29) Meeting opened by Pres. John Henchey; America by Paul Butler; Invocation by Ralph Miller; Songs were omitted (probably a merciful thing); Visiting Rotarians introduced by Jim Doughty.

### ATTENDANCE 51

This was a Ladies Night at the Snow Squall Restaurant with a fine turnout who enjoyed a very nice dinner and a most entertaining program. It was very nice to have Joe Grimaldi and his wife and Toby Anderson make up with us, both from the Portland Rotary Club.

WOMEN OF ROTARY: Dolores Drivas spoke to the assembly regarding the Greater Portland Women of Rotary Club which is made up of the wives and daughters of the members of the Westbrook, Portland, Scarborough and our own clubs. These ladies are a fine group of women who, each year, have a fund raiser which is dedicated to scholarships for young girls in the area to advance their education. I know what a fine group this is and heartily recommend it to any of our Rotary Anns, either new or old.

It is with much sadness that we note the passing of Howard Reiche of the Portland Rotary Club. He was a fine Rotarian, a fine educator and a fine friend of very long standing. He will be missed.

PROGRAM: Program Chairman, Jim Doughty, introduced Lew Colby who is General Manager of Channel 6 T V. Lew is a native of Brooklyn and came to Maine a number of years ago to work at the radio station in Bath and progressed to his present position in Portland. He has gained an excellent reputation as an after dinner speaker specializing in "Down East" humor and he regaled us with many stories about his friends and acquaintances from the back woods all the way to the metropolitan area of Hannibal's Crossing. Most enjoyable.

MAKE UPS: On Feb. 14 at Sarasota Bay, Dick Kilroy; 2/17 at Portland Alec Livingston; 2/21 at Sarasota Bay, Dick Kilroy; 2/21 at Scarborough, Peter Drivas; 2/21 at Westbrook, Bill Stanton; 2/24 at Portland, Dick Kennedy; 2/27 at Largo, Fla. Frank Hugo. We appreciate your efforts!!

PROGRAM 3/7: Program Chairman, Dick Rawlings, will present Phil Vampatella who is Executive Director of the new Viet Nam Veterans Leadership program.

ICE CAPADES: After having partaken in literally thousands of raffles without winning, I finally won. Betty and I, along with the Doug Stewarts, enjoyed the performance thoroughly. They were a group of fine, clean cut young people who worked hard to put on a fine performance. The specialty acts were very good and Dorothy Hamill was tremendous. At the reception which followed we were able to rub elbows with Joan Benoit and Dorothy Hamill as well as Dorothy's sister who was traveling with her. As icing on the cake I had the opportunity to become acquainted with a very charming and lovely lady in the person of Pamela Stewart. For all of this I thank you very much. Dan Gacetta is to be congratulated for his fine handling of the affair for the Olympic Fund Raising Committee.





SOUTH PORTLAND

CAPE ELIZABETH



# TWO LIGHTS

PUBLISHED BY

SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB

ON THE MAINE COAST



"BUG" LIGHT



"PORTLAND HEAD"

MEETS WED. 6:15 P.M. AT BRIDGEWAY RESTAURANT, SO. PORTLAND

MARCH 14, 1984

**LAST WEEK:** (3/7) Meeting opened by Pres. John Henchey; America by Doug Stewart; Invocation by Ralph Miller; Visiting Rotarians were not introduced, (Nota Bene, John. That's Latin for Watch It!); Songs by Jim Ferguson, Loch Lomond, of course.

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**ROTARY INFO:** Bob Carson announced that, this year, the new officers and chairmen of various avenues will be off to a flying start on the 84-85 Rotary year. The incoming president and his officers and committee chairmen will caucus on March 15 and attend the District Assembly in Waterville in April with the view to being off to a flying start when the gavel changes hands on July 1.

**ATTENDANCE:** For January our club finished in 11th place in th District with 88%. Congratulations to you all and let's keep pushing for a higher finish!!!

**PROGRAM:** Program Chairman, Dick Rawlings, introduced Phil Vampatella who is the Executive Director of the newly formed Viet Nam Veterans Leadership group. Phil served as a Navy pilot flying from the USS Hancock. After leaving the service he was a pilot for Pan Am. Phil commented that the Viet Nam war was a unique one in that there was no great "cause", no unifying force and the men went off one or two at a time and returned the same way with no fanfare or waving flags. He feels that the public sees the war as a losing one and would rather forget it. He says that over 80% of these vets have adjusted to civilian life just fine and are engaged in business and professional life as are the rest of us. It is the other 15-20% who have problems that this new program aims to assist. The program has only one full and one part time employee. Phil is setting up a network of volunteers to help him. They will be trying to locate needy Vets and to help them in whatever theirs needs are. They will also be steering Vets to areas of employment and training. There are some funds with which to pay employers who hire and train these Vets. Certainly a most commendable effort.

**MAKE UPS:** On 2/14 at Gulf Beaches, Frank Hugo; 2/28 at Westbrook, Dick Holden; 2/28 at Scarborough, Al Boudreau; 2/28 at Sarasota Bay, Dick Kilroy; 3/1 at Sarasota Keys, Dick Kilroy; 3/2 at Portland, Duane Rancourt. These make ups are the key to our being in 11th place in January. We appreciate it.

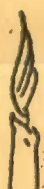
**PROGRAM FOR 3/14:** Program Chairman, Tom Holden, will present Jim Tierney who is Maine's Attorney General. This should be an interesting one.

### MARCH BIRTHDAYS

Dick Yerxa on the 5th  
Paul Butler on the 18th  
Larry Carey on the 18th

### MARCH ANNIVERSARIES

Only one;  
The Jim Ferguson's on the 20th



CONGRATULATIONS ALL!!!



"It's not that I'm shy with girls—I'm just afraid I'll say something sexist."



SOUTH PORTLAND

CAPE ELIZABETH



# TWO LIGHTS

PUBLISHED BY

SOUTH PORTLAND - CAPE ELIZABETH ROTARY CLUB

ON THE MAINE COAST



"BUG" LIGHT



"PORTLAND HEAD"

MEETS WED. 6:15 P.M. AT BRIDGEWAY RESTAURANT, SO. PORTLAND

MARCH 28, 1984

LAST WEEK: (3/21) Meeting opened by Pres. John Henchey; America by Dave Bagdasarian; Invocation by Ralph Miller; Songs by Dick Pyne and not bad either; Visiting Rotarians introduced by Bob Carson.

ATTENDANCE 35

PORTLAND ROTARY Is having its annual Rotary Social & Auction on March 30 at 5:30 PM at The Italian Heritage Center. Tickets are \$10 each and include a buffet dinner, the auction and associated festivities.

BLOOD DRIVE The Portland Rotary Club has declared the week of March 25 to be Rotary Blood Drive week and, as in past years, they are encouraging Rotarians of other greater Portland Clubs to join in with them. Last year several of our members gave blood. If you are interested you can call the Red Cross Center on Forest Ave in Portland or the Portland Rotary office.

Bob Cole of Brunswick gave the club two tickets to the Boat Show at the Civic Center all this week. These were auctioned off with the high bidder being Bill York.

SERVICE SURVEY: Jim Doughty distributed a Service Survey sheet on which each member indicated service areas interested him most for the coming Rotary year. If you were not present, Jim will be getting in touch with you.

CLUB ASSEMBLY: Pres. John read a tabulation of the questionnaires which he has so far received. Most of the answers fell in the middle ground which indicates that, while we are doing fairly well in most areas, there is a lot of room for improvement. A few members say that our "Image" can be improved by meeting at some other place. It was also noted that good meeting places are few and far between.

Dan Gacetta feels that the Club should, at least in the summer, give a token gift to the make up Rotarian who is farthest from home. Having traveled a bit, I like this idea.

Bill Kourakos expressed the desire to have published periodically a report of the areas to which the Club gives its money.

While it is true that a Rotary Club is run by its Board of Directors, it is also true that any member is encouraged to sit in on these meetings and express his opinions.

The flurry of Club Service activity that is taking place at this time is an effort to get the new slate of officers off to a running start for the 1984-1985 Rotary year. In the past it has been customary for the new president to set up his committees etc. after he took the gavel on July 1. It is hoped that these functions can all be accomplished well before that date and the Club can be off and running on July 1. If you haven't returned your questionnaire or filled out a "Service Survey" sheet please do so at your earliest opportunity.

MAKE UPS: On 1/27 at Portland, Ralph Miller; 2/3 at Portland, Ralph Miller; 2/28 at Gulf Beaches, Frank Hugo; 3/6 at Gulf Beaches, Frank Hugo; 3/13 at Gulf Beaches, Frank Hugo; 3/13 at Westbrook, Peter Drivas; 3/7 at Biddeford-Saco, Carroll Beck and Lin Beck; 3/7 at Boca Raton, Larry Carey and undated at Boca Raton Larry Carey.

**Give  
Blood.**





**SOUTH PORTLAND - CAPE ELIZABETH  
ROTARY CLUB**

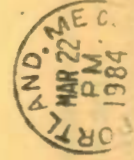
1983 - 1984

**OFFICERS**

President-----John Henchey  
Vice Pres-----Jim Doughty  
                    Bob Carson  
Secretary-----Bob Carson  
Treasurer-----Dick Goodine

**BOARD OF DIRECTORS**

Club Service-----Bob Carson  
Vocation Service-----Phil Dube  
Com. Service-----Bill York  
Int. Service---Dave Bagdasarian  
Dir. at Large-----Bill Brown



Warren Simpson  
5 Linwood St.  
Cape Elizabeth  
Maine 04107

**SOUTH PORTLAND - CAPE ELIZABETH  
ROTARY CLUB**

Bob Carson, Secretary  
562 Congress Street, Suite 606  
Portland, Maine 04101

**ROSTER**

NAME	CLASSIFICATION	BUS.	HOME
Bagdasarian, Dave (Fran)	Dentistry	797-5834	799-7832
Baldwin, Alan	Restaurant, Mgmt.	772-8939	799-3875
Beck, Carroll (Methel)	General Cont. Bldg. Cons.	774-4841	773-8531
Beck, Linwood	Overhead Doors, Sales	774-4841	774-8800
x Boudreau, Alfred (Doris)	Men's Hair Stylist	799-6169	799-6169
x Butler, Paul (Janet)	Food Dist. Mgmt.	773-5683	799-1550
Carey, Lawrence (Wendy)	Pharmaceutical Rep.		799-3220
Carson, Robert Jr. (penny)	Messenger Service, Sales	774-5541	799-8029
x Chandler, George (Mary)	Sr. Active-Telephone	797-1496	799-8332
Doe, Robert (Allie)	Sr. Active-Education		767-3964
Donovan, Martin (Karen)	Banking	799-6767	799-7171
Doughty, James (Florence)	Insurance	799-5541	883-5255
Drivas, Peter (Dolores)	Shipbuilding-Mgmt.		799-6204
Dube, Phil (Claudette)	Travel Service	767-3366	773-0108
Ferguson, James (Leslie)	Engineering-Marketing	799-8126	767-4435
*x Fralich, Harold (Marge)	Sr. Active-Insurance	774-1401	799-8102
Gacetta, Daniel	Liquor, Dist.	799-4555	799-4555
*x Giftos, Sam (Helene)	Accounting)	775-0074	799-3164
Goodine, Richard (Irene)	Accounting	772-0153	799-8706
Henchey, John (Juliette)	Government-Town	799-5251	799-1301
Hitchcock, David	Internal Auditing	780-2665	799-5284
x Holden, Richard (Maureen)	Insurance-Life	775-3793	799-7655
Holden, Thomas (JoAnn)	Insurance-Life Add. Act.	775-3793	854-9357
Hugo, Frank	Past Service-Real Estate	799-2221	655-4583
Jordan, Richard (Jane)	Sr. Active-Banking	775-7461	799-2526
Kennedy, Richard (Betty)	Sr. Active-Canned Foods Dst.		799-5843
*x Kilroy, Richard (Mary)	Sr. Active-Real Estate	799-2221	799-6153
Kilroy, William (Ann)	Sr. Active-Heating Oil	799-2211	799-7161
Kim, Sung (Insoon)	Religion, Methodist		772-2493
x Knight, Lloyd (Ellen)	Television	797-9330	799-2943
Kourakos, William (Sophie)	Insurance-Health	780-2445	799-1755
Livingston, Alec (Susan)	Insurance	799-5441	799-7149
Mezoian, Anthony (Becky)	Education-Adm.	773-5629	799-1401
Miller, Ralph (Patricia)	Ministry-Methodist	799-8396	799-5391
Pappas, Nicholas (Nickie)	Investments	774-6311	799-1604
Pyne, Richard (Mike)	Finance-Credit Bureau	761-5993	799-6352
Rancourt, Duane (Donna)	Nursing Home-Adm.	767-3373	324-7074
Rawlings, Richard (Marsha)	Insurance-Gen. Agt.	773-5661	799-3662
Rove, James (Judith)	Building Materials	799-5825	799-7467
*x Simpson, Warren (Velma)	Past Service-Hardware Ret.	799-6191	799-0227
Stanton, William (Lucy)	Variety Store		761-1836
Stewart, Doug (Pamela)	Utilities-Public Water	774-5961	767-2351
Wagner, Anton (Christine)	Specialty Chemicals	799-8541	799-5416
Yerxa, Richard (Priscilla)	Sr. Active-Power Equipment	799-2241	883-4275
x York, William (Diane)	Engineering Ind. Sales		767-2401

x Past President      \* Paul Harris Fellow      - Past District Governor