



Bug Light  
South Portland

# TWO LIGHTS

South Portland — Cape Elizabeth Rotary Club  
On the Maine coast



Portland Head Light  
Cape Elizabeth

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

## July 10, 1996

### Club Assembly on July 10<sup>th</sup>.

President Wayne is looking for a good turnout of members on July 10<sup>th</sup> as plans are discussed for the upcoming Rotary year. Wayne and the new board have already prepared an active schedule that will take us right through June 30<sup>th</sup>, 1997.

Please come and be supportive of our new President and how you can help in the next year.

### Theater Night

No, not another theater night... just a few loose ends on the last one. If you have not yet submitted the proceeds from your ticket sales to Bill Kourakos, please do so as soon as possible.

### Soup Kitchen

Another reminder that Joe Conroy has scheduled us into a soup kitchen on Tuesday, July 9<sup>th</sup>. Call Joe for information. The soup kitchen for those of you have not been yet is located at the corner of Elm Street and Oxford Streets in Portland. Everyone who has gone to a kitchen from the Club has returned again and again as everyone finds it such a rewarding experience.

### July Birthdays and Anniversaries



Joe and Ibby	7/7
Bob Lindsey	7/20
Wayne and Ellie	7/21
Phil & Claudette	7/22
Bob Carson	7/29
Dave and Fran	7/31

## PSO Rained out



There was no cooking at Fort Williams Park on July 3<sup>rd</sup> as the symphony moved to the Cumberland County Civic Center thanks to the threat of rain.

### Duties

	7/10	7/17
Song	Gemme	Giftos
Invocation	Daviero	Day
Raffle Gift	Yerxa	Bagdasarian
Conductor	Flynn	Gabrielson

### Mooers Appointed

Dan Mooers has been appointed by RI President Luis Giay to serve on the tenth decade Committee and the Committee on Legislation Study Committee. He also is a member of the Foundation Permanent Fund Leadership Team.

### News

The Kittery Club now meets at the Quarterdeck Restaurant. From PDG George Rice's last newsletter:

Bob Begin of the **Biddeford-Saco** club hit a deer five minutes after leaving the District Conference. The Conference Committee wanted to make sure that there was a wide range of activities for everyone, including a little auto hunting. Howard Hebb of the **Damariscotta-Newcastle** club car caught fire on the way home. It's too bad Bob and Howard could've gotten together and had a BBQ of their own.

Enjoy the Remainder of the Weekend



FIRST CLASS MAIL

Warren S. Simpson  
5 Linwood Street  
Cape Elizabeth, ME 04107



1996-1997 ROTARY INTERNATIONAL  
PRESIDENT  
LUIS VICENTE GIAY  
ARRECIFES, BUENOS AIRES, ARGENTINA

DISTRICT 7780  
GOVERNOR  
CRAIG S. WELLMAN  
ROTARY CLUB OF KENEBUNK, MAINE

ROTARY CLUB OF  
SOUTH PORTLAND-CAPE ELIZABETH  
CHARTERED JANUARY 20, 1962  
CLUB # 6316

OFFICERS

PRESIDENT WAYNE A. GOODRICH  
PRESIDENT ELECT ANTON G. WAGNER  
VICE PRESIDENT JAMES RUSSELL  
SECRETARY PAUL BUTLER  
TREASURER STEVEN KREMER

DIRECTORS

CLUB SERVICE KATHERINE RAY  
COMMUNITY SERV ROBERT FLYNN  
VOCATIONAL SERV ADRIENNE MURPHY  
INTERNATIONAL SERV DONALD L. DAY  
DIRECTOR AT LARGE ALEC C. LIVINGSTON

SEND MAKEUPS TO:

PAUL BUTLER, SECRETARY  
116 OAKHURST ROAD  
CAPE ELIZABETH, MAINE 04107







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## A NEW ROTARY YEAR 1996-1997

### *Symphony at Fort Williams Park*

No meeting on Wednesday July 3rd, but Jim Russell and Bon Packer hope to see you at our food trailer at Fort Williams.

Set up is from 3:30 p.m. to 5:30 p.m.. The next shift is from 5:30 p.m. to 8:30 p.m. and the final shift until closing. Please leave time in arriving for heavy traffic. Please have a Rotary pin or other id to gain admittance to the park after 5:30 p.m.

The Club will keep 75% of proceeds and the Symphony Education Fund will be given 25%.

If you can help stick chicken, please show up at President Wayne's home at 7 p.m. on Tuesday.

**Happy 55th Birthday Dan Davidson**

## GOODRICH ASSUMES REINS

This is the week for new Rotary leadership. Wayne Goodrich, to the amazement of lifelong friends, is now the President of our Club. Luis Giay assumes the mantle of RI President from Herb Brown. Craig Wellman is

*"Rotary is about 50+ friends working together to assist the community and the larger world"*

Wayne Goodrich  
June 20, 1996

the new District Governor replacing George Rice. Bob Carson has retired as

### *Flynn Survives RYLA*

Bob Flynn served as a leader instructor at the RYLA Conference at hurricane Island this past week. He highly praised the six students that we were responsible for sending and indicated that this activity is an excellent use of our funds.

Club Secretary after serving in 12 of the last twenty years. Paul Butler is now the great handshaker as one enters Purpoodock Club.

Dan Mooers is now a Past Director of Rotary International after a two year distinguished record of service to the Rotary World.

Jim Russell steps up to Vice President and Kathy Ray joins the Board as Director of Club Service. Thank you to those who are retiring from the Board, Nancy Hawes and Frank Gemine and to all who are transitioning in and out of Rotary leadership positions.

### *Alec Survives Rotary Year*



NO CLUB MEETING ON JULY 3RD. HAPPY 4TH OF JULY AND ENJOY THE SYMPHONY!

### *NEWS OF NOTE IN THE CLUB*

Congratulations to Joe and Ibbey Conroy on the marriage of their daughter Ann and to Paul and Janet Butler on the marriage of their daughter Jill... Kathy Ray has been elected to the Board of the SP-CE Chamber of Commerce... The Club softball team bested Portland 5-4 after being down 4-0 late in the game... The manager of the team is Jack Roberts.

### **Soup Kitchen**

July 9, 1996

Contact Joe Conroy  
at 799-5990 to Assist

**BUILD THE FUTURE WITH ACTION AND VISION**



ROTARY CLUB OF SOUTH PORTLAND-CAPE ELIZABETH  
NANCY HAWES, BULLETIN EDITOR  
23 ASHBOURNE COURT  
SOUTH PORTLAND, ME 04106



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*be 120*

*04107*

*Warren S. Simpson*





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WOW!! Miss a meeting, miss a lot! **President Wayne** presided over an information-packed Club Assembly. Visiting Rotarian **Pat** and **Jan Carlton** from Blacksburg, VA, were treated to *Happy Birthday (Pat's)*, and additional guests were the six students from CEHS and SPSHS (5 girls, 1 boy) we sent to RYLA's 3-day adventure at Hurricane Island. Each student shared their growth and enrichment with us, and gave us the real story on **Bob ("Beast") Flynn's** arm-pit affinity. Great stories, great kids we can all be proud of.

Soup Kitchen was well-attended this month by **Paul Butler, Joe Conroy, Sophie & Bill Kourakos, Bill Stanton, Bob Lindsey, Kelly & Dave Smith, Phil Dube, Adrienne Murphy** and niece **Stephanie LaPointe**. If you haven't participated in this worthwhile venture yet, mark your calendar for Tuesday, August 13.

It is with great sadness that we report that **President-elect Tony Wagner** has been granted a leave of absence through June 30, 1997, as he has taken a position in National Sales with ABS Pumps in Meriden, CT. **Tony** will return many weekends and help out with projects as he is available. Best of luck, **Tony** and **Sally**. We will miss you.

**Treasurer Steve Kremer** is also on a leave through January, 1997, due to classes at Bentley College every Wednesday. Study hard, **Steve!**

The hierarchy of our club, in case you didn't know, is that the President-elect is in charge of the Christmas Tree Sale, and the Vice President runs all other fund-raisers through the various chairpersons. Because **Tony** will be unable to fulfill his duties as President-elect and Tree Chairman, **Jim Russell** (current VP) moves into that position. Congratulations, **President-elect Jim!** The VP who replaces **Jim** takes on fundraising. **Steve Kremer** also leaves a vacancy that must be filled. The vacant positions were filled in an election by the Board of Directors, and our new Officers are (drumroll, please): **Vice-President Nancy Hawes**, and **Treasurer Frank Gemme**. Congratulations to all!

**CASCO BAY SUNRISE CLUB** has moved to the **RADISSON HOTEL, THURSDAYS, 7:15 am.**

Our **Directors of Service** each spoke on their particular area, and their plans for the coming year. Each and every one of them has planned significant endeavors, expanding our efforts and increasing the good works that we can do. Here are some of the

activities we'll be working toward and enjoying this coming Rotary year:

## Community Service

**Bob Flynn**

*Project Graduation, RYLA, Soup Kitchen, DARE, Sr. Citizen's Christmas Party, Scholarships, a new Multi-media program on teen drug use, children's author program, and projects to improve the area around the Joan Benoit statue, the pond at Ft. Williams, and new entry signs for South Portland.*

## Vocational Service

**Adrienne Murphy**

*Classification talks, Service Above Self Awards, new SMTC Scholarship, Public Employee Appreciation luncheon, and an off-site meeting at a business.*

## International Service

**Don Day**

*World Affairs Council Seminar, a new replacement for the Xalapa project — a maternity hospital in Katmandu, Nepal. This hospital is the only low-income facility for women in Katmandu, and needs many improvements. Has 40 births per day.*

## Club Service

**Kathy Ray**

*Appreciation Day for families and friends who have helped out on our projects this year: 8/28/96 meeting at Mike McGovern's. More from her later.*

## Fundraising

**Jim Russell**

*(being replaced by Nancy Hawes)*

## Chairpersons needed for August Dough Events:

- August 3-4 3 v 3 Basketball Tourney
- August 10-11 Civil War Re-enactment
- August 17 Spring Point Festival

If you are available and interested in helping out on any of these events, contact **Nancy Hawes ASAP.**

We also discussed placing gumball machines in area businesses as an additional fund-raiser, and voted not to do this as it is too direct a competition with Lions Clubs. **Phil Dube** will be in touch with the Lions Club that sponsors weekly Bingo games, to see if they have more than they can handle.

**SIGN UP FOR LOBSTER/CLAMBAKE @ FT. WILLIAMS, JULY 24.** Guests welcome, \$15

**SIGN UP FOR SMTC BUFFET, JULY 31**



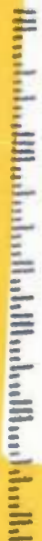
ROTARY CLUB OF SOUTH PORTLAND - CAPE ELIZABETH

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 Cape Elizabeth, ME 04107



1996 - 1997

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 Arrecifes, Buenos Aires, Argentina

DISTRICT 7780  
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International Service	Donald L. Day
Director at Large	Alec C. Livingston

Send makeups to:

Paul Butler, Secretary  
 116 Oakhurst Road  
 Cape Elizabeth, ME 04107

**UPCOMING DUTIES**

	July 17	July 24	July 31	August 07	August 14
Program	Giftos	(Ft. Williams) Lobsterbake	(SMTG) Gacetta	Gabrielson	Hobbs
Raffle Gift	Bagdasarjian	Butler	Cantlin	Carson	Conroy
Raffle Conductor	Gabrielson	Gacetta	Gemme	Giftos	Hawes
Invocation	Day	Dube	Dubois	Dunfey	Flynn
Songleader	Giftos	Hawes	Higgins	Hobbs	Holden





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**President Wayne** presided (is that redundant?) over a steamy hot group of Rotarians on Wednesday, July 17, at the Purpoodock Club. Visitor **David Woods** once again joined us, here visiting son-in-law **Jeff Gabrielson** and his family.

**Nancy Hawes** led us in a soggy version of "Dixie", and Happy Dollars were noted for the tribute to valued member **Tony Wagner** as he goes on leave. Best of luck, **Tony** and **Sally**, and we'll see you soon, and often! We'll miss you.

**Phil Dube** won the Raffle, a gift certificate to Street & Company, given by **Dave Bagdasarian**.

### MARK YOUR CALENDARS FOR THESE VERY IMPORTANT FUND-RAISERS:

**August 3-4** 3 v 3 Basketball Tourney  
contact **Jim Russell** to volunteer

**August 10-11** Civil War Re-enactment  
contact **Nancy Hawes** or **Bob Levasseur**

**August 17** Spring Point Festival  
contact **Bob Packer** or **Phil Dube**

### EVERYONE'S PARTICIPATION IS WELCOME!

The program was truly a triple play -- forget Tinkers to Evers to Chance -- we have our own version: Sam to Dan to Nan(cy), as in **Sam Giftos**, **Dan Mooers**, and **Nancy Hawes**, who shared their Rotary International Convention "Family Roundup" travel experiences, including pre-and post-Calgary travel, with us. Helene and Sam's dream trip to Alaska included a celebration of their 55th wedding anniversary, a luxurious cruise, and the magnificent sights that our largest state has in abundance. Shirley and **Dan Mooers** attended oodles of official events, enjoyed flag-bearing skaters, a 4-year old concert pianist, 3 dynamic women speakers, and chuck-wagon races (no, they didn't let him drive -- maybe next time, **Dan!**) and are looking forward to the coming year, with fewer meetings! **Nancy Hawes** took her parents and some friends to the convention, and they had a wonderful time, much to their surprise. **Nancy** highly recommends the beautiful Canadian Rockies, and had great photography to prove it.

Thanks to all for sharing the convention with us.

*"Some of this is funny, and I haven't heard anybody*

### UPCOMING PROGRAM HIGHLIGHTS:

**July 24** Lobsterbake Gala at Ft. Williams  
arrive at 5:30, \$15 pp. Kathy Ray for reservations

**July 31** Buffet at SMTC, in the lovely  
McKernan Center. Reservations.  
Come meet and hear from the family  
that grows our Christmas Trees!

### REMINDER:

August 28 is our cook-out at Mike McGovern's, and all friends and family who've helped us throughout the year at our events are invited. This is our chance to show them how much we appreciate their efforts! Is there someone you should invite?

Congratulations to all of the participants in the 1996 Olympic Games and best of luck in their competitions.

### "Nice Guys Never Finish Last"

U.S. baseball manager Leo Durocher's "nice guys finish last" comment of the 1950's became the catch-phrase of our culture. The world had by then been through two terrible wars, and too many people were brainwashed to believe that you can't be fair to others and still be fair to yourself.

Yet the two are really one; many an athlete has found that out at a far greater price than I did. I'll never forget what one former sports star told me recently: "I sacrificed sportsmanship, cut corners, didn't do what I knew in my gut was right. I thought it was the only way to beat out the competition."

No, you don't win anything by intimidation, manipulation, or unsportsmanlike behavior.

The nice guys I've known have always finished first!

Jesse Owens May, 1980

Our thoughts and prayers are with the families and friends of passengers and crew of TWA Flight #800.





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IN UPCOMING WEEKS:

	July 24	July 31	August 07	August 14	August 21	August 28	September 04
Program	(Ft. Williams)	(SMTG)				Cook-Out @	Dist. Gov. visits
Raffle Gift	Lobsterbake	X-mas Trees	Gabrielson	Hobbs	Argentina Exch.	M. McGovern's	Club Assembly
Raffle Conductor	Butler	Cantlin	Carson	Conroy	Danielson	Davidson	Daviero
Invocation	Gacetta	Gemme	Hawes	Giffo	Higgins	Hobbs	Holden
Songleader	Dube	Dubois	Dunfey	Flynn	Gabrielson	Gacetta	Gemme
	Giffo	Higgins	Hobbs	Holden	Kilroy	Knight	Kourakos





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Wednesday, July 24, was slightly overcast, but inside the picnic shelter at Ft. Williams, it was pure sunshine and warm fellowship. **Kathy Ray** and **Jim Russell** oversaw the preparation of a magnificent feast for us and our guests, the Casco Bay Sunrise Rotary Club. Also in attendance were Past-President **Doug** and **Pam Stewart** from Rhode Island, and family and friends too numerous to mention, the sum total of which was a great occasion I hope you didn't miss. Our songs for the evening included **Sam Giftos** leading us in "Let Me Call You Sweetheart" (is "your" a pronoun?), and **Cap'n Lloyd Knight's** "This Was a Real Nice Clambake". We missed "Hello, Dolly!" and Ellen. The food was, as always, spectacular, and so enjoyable in that setting and in that company. Many thanks to **Kathy and Jim**, and to **Bob Flynn, Alec Livingston, Paul Butler, Bill Stanton, President Wayne, Bob Carson, Jack Roberts, and Phil Dube** for their supreme efforts. A job truly Well Done!

Just in case you wondered what you enjoyed:

Lobster, 1 cup	105 Calories
Butter, 1 tbs.	90 Calories
Macaroni Salad, 1/2 cup	180 Calories
Cole Slaw, 1/2 cup	80 Calories
Potato Salad, 1/2 cup	150 Calories
Steak, 12 oz.	800-1300 Calories
Cake, 1 slice	375 Calories

Estimated total Caloric intake for the fabulous feed:  
1400-2000, depending on how much you ate!

**Happy Dollars** were plentiful (must be the setting), and included: our very own **Big Wheel, Don Day, Sophie Kourakos** for an upcoming grandchild, **Phil Dube** for a 24th Anniversary (Congratulations!), **Alec Livingston** for Sharon's expert piloting and a big fish, **Bill Daviero** for lots of tomalley, **Paul Butler** for an expired gift certificate, **Dan Davidson** for the Stewart's visit, **Joe Conroy** for a first grandchild, a boy, and **Karen Dunfey** for an excellent ESSEX Conference.

## REMINDER\*\*REMINDER\*\*REMINDER

August 28th meeting is at Mike McGovern's  
A "Thank You" to family and friends for  
their help on our projects

Ever wonder exactly what the *Rotary Foundation* does? Well, for some of the newer members, and the not-so-new members who don't know, here are answers to some very basic questions:

**Q.** What does the Foundation provide funds for?

**A.** The *Rotary Foundation* now funds each year:

- \* approx. 1,200 scholarships for graduate, undergraduate and vocational study;
- \* more than 200 Group Study Exchanges (400 teams);
- \* approx. 500 international humanitarian projects through Matching Grants and Health, Hunger, and Humanity (3-H) Grants;
- \* Grants for University Teachers, to serve in developing nations other than their own;
- \* immunization activities to protect millions of children against polio;
- \* some 200 Rotary Volunteers providing needed service abroad;
- \* one or more Rotary Peace Programs meetings.

**Q.** What is Paul Harris Fellow recognition?

**A.** Paul Harris Fellow recognition, which is given upon request, was created in memory of the founder of Rotary as a way to show appreciation for contributions to the Foundation's humanitarian and educational programs. A Paul Harris Fellow is an individual who contributes, or in whose name or memory is contributed, US\$1,000. All Paul Harris Fellows receive a pin and a certificate (a medallion may also be requested) which identifies them as advocates of the Foundation's goals of world peace and understanding.

**Q.** What is a Sustaining Member?

**A.** A Sustaining Member is an individual who contributes, or in whose name is contributed, a minimum of US\$100 with the stated intention of becoming a Paul Harris Fellow by contributing at least US\$1,000. Contributions are credited to an individual's Paul Harris Sustaining Membership upon request.

## REMINDER\*\*REMINDER\*\*REMINDER

July 31st meeting is at SMTC's  
McKernan Center  
Meet the people who grow our Christmas Trees!



**HIGHLIGHTS OF UPCOMING WEEKS:**

	July 31	August 07	August 14	August 21	August 28	September 04	September 11
					<b>Cook-Out @</b>	<b>Dist. Gov. visits</b>	<b>September 11</b>
	<b>(SMTC)</b>				<b>M. McGovern's Club Assembly</b>	<b>Ft. Williams Spouse/Greek Day</b>	
<b>Program</b>	<b>X-mas Trees</b>	<b>Gabrielson</b>	<b>Hobbs</b>	<b>Argentina Exch.</b>	<b>Danielson</b>	<b>Daviero</b>	
<b>Raffle Gift</b>	<b>Cantlin</b>	<b>Carson</b>	<b>Conroy</b>	<b>Higgins</b>	<b>Hobbs</b>	<b>Holden</b>	
<b>Raffle Conductor</b>	<b>Gemme</b>	<b>Hawes</b>	<b>Giftos</b>	<b>Gabrielson</b>	<b>Gacetta</b>	<b>Gemme</b>	
<b>Invocation</b>	<b>Dubois</b>	<b>Dunfey</b>	<b>Flynn</b>	<b>Kilroy</b>	<b>Knight</b>	<b>Kourakos</b>	
<b>Songleader</b>	<b>Higgins</b>	<b>Hobbs</b>	<b>Holden</b>				

La	FN	Goed by	Classification	Address	City/State/Zip	Spouse	Phone W	Phone H	FAX	Rotary
Bagdasarian	David L.	Dave	Dentistry	55 Stonegate Road	Cape Elizabeth, ME 04107	Fran	797-5834	799-7832	None	
Butler	Paul	Paul	Senior Active - Food Distribution	116 Oakhurst Road	Cape Elizabeth, ME 04107	Janet (PH)		799-1550	None	PP PH
Castle	Michael	Mike		16 Poplar Ridge Drive	Falmouth, ME 04105	Patricia	797-7284	878-2152	797-0752	
Carson	Robert M. Jr.	Bob	Senior Active - Beverage Distribution	86 Trandy Road	Cape Elizabeth, ME 04107	Penny (PH)	774-5541	799-8029	774-2839	PP PH
Conroy	Joseph P.	Joe	Education - Secondary	89 Highland Road	South Portland, ME 04106	Ibby	799-2221	799-5890	799-9019	PP
Danielson	Robert	Bob	Law, Environmental	14 Reef Road	Cape Elizabeth, ME 04107	Allie	879-1327	767-3308	871-1587	
Daviero	Dan	Dan	Public Relations	26 Ocean View Road	Cape Elizabeth, ME 04107	Edie	893-7721	767-4882	893-7864	PH
Daviero	William R.	Bill		319 Fowler Road	Cape Elizabeth, ME 04107		657-3040	799-8649	657-3009	
Day	Donald	Don	Direct Mail/Marketing	12 Ledgewood Avenue	Cape Elizabeth, ME 04107	Grace	883-6930	767-4374	883-2160	
Dibe	Philip A.	Phil	Senior Active - Travel Service	20 Penn Avenue	South Portland, ME 04106	Gladette	767-3366	773-0106	767-0712	
Dubois	Suzanne	Suzanne		14 Elmuro Avenue	South Portland, ME 04106		773-3831	767-4622	774-9574	
Dunfey	Karen	Karen	Real Estate - Residential	23 Columbus Road	Cape Elizabeth, ME 04107	Roy	773-2345	799-5105	773-2525	
Flynn	Robert	Bob	Computer/Multimedia	19 Hawks Point Road	Cape Elizabeth, ME 04107	Nichole	767-7388	799-7814	767-7388	
Gabrielson	Jeffrey	Jeff		11 Island View Road	Cape Elizabeth, ME 04107	Linda (PH)	780-3276	799-2520	780-3567	PH
Gacetta	Daniel J.	Dan	Senior Active - Liquor Distribution	9 Delano Park	Cape Elizabeth, ME 04107			799-4555	None	C PH SF
Gemme	Frank E.	Frank	Communications, Equipment	96 Stonybrook Road	Cape Elizabeth, ME 04107	Lynne	883-5161	767-2802	883-4469	PP PH
Giftos	Sarando P.	Sam	Senior Active - Accounting	38 Stonybrook Road	Cape Elizabeth, ME 04107	Helene (PH)		799-3164	774-2839	PP PH PDG B
Goodrich	Wayne A.	Wayne	Consultant, Employment	21 Ashbourne Court	South Portland, ME 04106	Elise	799-6192	799-4041	799-6192	
Hawes	Nancy	Nancy	Accounting, Taxes	23 Ashbourne Court	South Portland, ME 04106		879-2100	799-9011	774-1793	
Higgins	James A.	Jim		32 Bayberry Way	South Portland, ME 04106		767-5576	799-7171	767-5832	
Hobbs	Jeffrey R.	Jeff	Funeral Director	4 Smuggler's Cove Road	Cape Elizabeth, ME 04107	Sue	799-4472	799-8868	799-4417	
Holden	Richard B. Jr.	Dick	Senior Active - Insurance	18 Anchorage Place	South Portland, ME 04106	Maureen (PH)	799-8312	799-7948	799-3450	PP PH
Kilroy	Richard F.	Dick	Senior Active - Real Estate	1115 Shore Road	Cape Elizabeth, ME 04107	Mary	799-2221	799-6153	None	C PP PH
Knight	Lloyd R.	Lloyd	Senior Active - Television	10 Pilot Point Road	Cape Elizabeth, ME 04107	Ellen	797-9330	799-2943	None	PP PH
Kourakos	William	Bill	Senior Active - Insurance	72 Stonybrook Road	Cape Elizabeth, ME 04107	Sophie (PH)		799-1755	None	PP PH B
Kremer	Steven	Steve	Tax & Financial Planning	183 Bolton Street	Portland, ME 04102	Madeleine	774-5701	879-6097	774-7835	
LeClair	Joanne M.	Joanne	Pipeline, Human Resources	186 Blueberry Bluff Cir	New Gloucester, ME 04260		767-0444	657-4176	767-0442	
LeVasseur	Robert C.	Bob	Paper Industry - Technical	9 Channel View Road	Cape Elizabeth, ME 04107	Amy	286-1167	799-1879	286-1168	PP
Lindsey	Robert	Bob	Investments	20 Pilot Point	Cape Elizabeth, ME 04107	Kathy	799-2909	767-4918	None	
Livingston	Alec C.	Alec	Insurance	13 Minuteman Drive	Scarborough, ME 04074	Sharon		883-3516	883-6310	
Louie	David A.	David	Attorney - Municipal	189 Sparwick Avenue	Cape Elizabeth, ME 04107	Joyce	799-4922	767-4286	767-4266	
Maher	Michael	Mick	Engineering, Electronic Components	197 Fowler Road	Cape Elizabeth, ME 04107	Liz	775-8391	767-5346	761-6140	
McGovern	Michael K.	Mike	Town Government	37 High View Road	Cape Elizabeth, ME 04107		799-5251	767-3191	799-7141	PP PH B
Monera	Daniel W.	Dan	Senior Active - Law Practice	39 Ocean Road	South Portland, ME 04106	Shirley (PH MC)	775-7444	799-7290	775-0048	PP PH PDG MC B DRI
Murphy	Adrienne	Adrienne	Real Estate, Residential	P. O. Box 2392	South Portland, ME 04106	Steve	799-5000	767-3852	799-9226	
Nicholson	Bryant J.	B. J.	Insurance, Estate planning	11 Brookside Avenue	South Portland, ME 04106	Diane	799-6224	799-8654		
Nisbet	David	Dave	Plumbing & Heating, Retail	20 Schooner Road	Scarborough, ME 04074	Mary Ellen	799-2228	893-4799	799-7816	
Packer	Robert J.	Bob		21 Hawks Point Road	Cape Elizabeth, ME 04107	Peggy	800-464-3102	799-4098	729-0635	
Pappas	Nicholas	Nick	Senior Active - Investments	54 Ocean View Road	Cape Elizabeth, ME 04107	Nickie	774-6311	799-1604	774-1705	
Ray	Katherine	Kathy		532 Sparwick Avenue	Cape Elizabeth, ME 04107	Alan	767-6400	799-0179	767-6407	
Ronaldi	Samsale	Sam		4 Puritan Drive	Scarborough, ME 04074	Lynne	883-6930	883-3839	883-2160	
Roberts	John E. Jr.	Jack	Government, Welfare Administration	185 Fowler Road	Cape Elizabeth, ME 04107	Shari	767-7616	767-4526	767-7620	PP
Russell	James	Jim	Janitorial Supplies	P. O. Box 11229	Portland, ME 04104	Vickie	797-8240	773-6895	873-3513	
Schmidt	Laurenz	Laurenz	Electrical Component Manufacturing	12 River Ridge	Dayton (Biddeford) ME 04005	Barbara	775-4674	284-4525	761-6027	
Schnaak	Dieter	Dieter		4 Longwood Street	Cumberland, ME 04021					
Simpson	Warren S.	Warren	Senior Active - Hardware	5 Linwood Street	Cape Elizabeth, ME 04107	Velma	799-6191	799-0227	767-1733	C PP PH
Smith	David E.	Dave	Tax, Management	35 Spar Lane	Portland, ME 04102	Kelly	874-0355	772-2954	874-0865	PH
Stanton	William R.	Bill	Senior Active - Variety Store	145 Wylburn Road	South Portland, ME 04106	Lucy		761-1836	None	PH
Wagner	Anton G.	Tony	Specialty Chemicals	11 Todd Road	Cape Elizabeth, ME 04107	Sally (PH MC)	799-7997	799-7997	799-8543	PH MC
Yerxa	Richard J.	Dick	Senior Active - Power Equipment	P. O. Box 8744	Portland, ME 04104	Priscilla	828-5777	772-7329	828-5781	C PH

PH - Paul Harris Fellow DRI - Director, Rotary International PP - Past President  
C - Charter Member PDG - Past District Governor B - Benefactor





Bug Light  
South Portland

# TWO LIGHTS

South Portland — Cape Elizabeth Rotary Club  
On the Maine coast



Portland Head Light  
Cape Elizabeth

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

Wednesday, July 31st was yet another cool, damp July day, but the food and conviviality at SMTC's McKernan Center was warm and delightful. President **Wayne** oversaw a great meal included roast beef, chicken, sole florentine, fettuccine, potatoes, salad and more. Decisions, decisions! Thanks to **Kathy Ray** for all her hard work to make the evening enjoyable and memorable.

**Don Day** reported that \$10,000 is being sent to the maternity hospital, named after the Shah's mother, in Katmandu. This will enable them to expand their capacity (currently they average 40 births per day!). They'll announce the gift at their fund-raising dinner. **Don** will keep us updated on this great project.

Happy Dollars were plentiful: **Jim Russell** reported on the Olympics (Bud World was his favorite!), and the Dream Team game he saw, **Sam Giftos** is grateful for Helene's successful surgery, **Bob Packer** has relatives visiting, **Bob Carson** survived whitewater rafting, **Mike McGovern** for **Joe Conroy's** wisdom 10 years ago, **Dave Lourie** for a fresh-air child, **Dick Yerxa** for **Tony Wagner's** assistance, **Dieter Schnauck** for a Trident submarine, and **Tony Wagner** for son Matt's first sub-Atlantic crossing, and **Dave Bagdasarian** for 20 years of marriage to Fran.

**Suzanne Dubois** won the raffle gift donated by **Mike Cantlin**.



Our program was **Brian Fox**, father of five and one of three brothers (plus his Dad) who run the Sno-Kist Tree Farm in Woodstock, N.B. The operation started when Brian and his brothers were just boys, and they were the early muscle for dragging the trees. It's grown into a high-tech business of 2,000 acres of trees -- 1,000 acres of planted Balsam and Fraser firs, and 1,000 acres of woodlot. From seed to seed bed to transplant bed to the field at age 5, it takes a total of 12 years to grow a tree for us. They begin trimming and shearing when the trees are 3, and carefully manage the soil's pH and the pest population throughout it's life. Each tree has a 6'x6' space in which to grow, so that it gets excellent sun and is full, lush, and green. They cut all of the trees

in November, and 15 minutes after cutting, each tree is wrapped and standing in wet mulch for storage. This year's precipitation means full, green interiors on the trees (start lifting weights now!). **Brian** recommends vertical storage, a 1/2 inch fresh cut, and plenty of plain warm water for best results. The video he shared with us was truly impressive. The Fox family and Sno-Kist are doing a great job for us, and a big part of our success with trees. Thanks for a great program, **Brian**. Now, if we could only figure out how to store our trees vertically .....

There is still time to participate in our fund-raising efforts this summer:

**August 10-11** Civil War Re-enactment contact **Nancy Hawes** or **Bob Levasseur** this is our first time at this kind of event -- let's make our showing a strong one!

**August 17** Spring Point Festival contact **Bob Packer** or **Phil Dube**

The Spring Point Festival begins with a pancake breakfast at 8:00 am, a parade at 9:15, and events and entertainment for the whole family all day long. It's also SMTC's 50th Anniversary, so be there at noon for the giant cake cutting! Some of the events this year include:

- |       |   |
|-------|---|
| 11-12 | Children's Muster   |
| 12-2  | Sawdust Hunt (Children)                                     |
| 1-3   | Pony/Hay rides  |
| 1:15  | Fire Boat Water Display                                     |
| 1:30  | Firemen's Muster (if you've never seen one, don't miss it!) |
| 3-4   | Children's races (Ages 4-12 plus a tots race)               |
| 4     | Fun in the Foam (bring towel, change of clothes)            |

The entertainment this year offers:

- |              |                                 |
|--------------|---------------------------------|
| 8 am-12 noon | Mark's Music Machine            |
| 12 noon      | Swinging Hot (Swing/Jazz)       |
| 1            | Julie and Brownie (Children)    |
| 2            | Northeast Winds (Irish Folk)    |
| 3            | Royal River Philharmonic (Jazz) |
| 4            | Eye 2 Eye (Top 40)              |

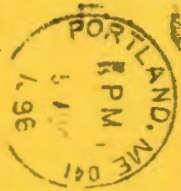
Bring your families to this great event, and eat lots of fried dough!



**HIGHLIGHTS OF UPCOMING WEEKS:**

	August 07	August 14	August 21	August 28	September 04	September 11
Program	Gabrielson	Hobbs	Argentina Exch.	Cook-Out @	Dist. Gov. visits	September 11
Raffle Gift	Carson	Conroy	Danielson	M. McGovern's	Club Assembly	Ft. Williams
Raffle Conductor	Hawes	Giftos	Higgins	Davidson	Daviero	Spouse/Greek
Invocation	Dunfey	Flynn	Gabrielson	Hobbs	Holden	Day
Songleader	Hobbs	Holden	Kilroy	Gacetta	Gemme	Kilroy
				Knight	Kourakos	Giftos
						LeClair

Warren S. Simpson  
 5 Linwood Street  
 Cape Elizabeth, ME 04107



1996 - 1997

**ROTARY INTERNATIONAL  
 PRESIDENT**

Luis Vicente Giay  
 Arrecifes, Buenos Aires, Argentina

**DISTRICT 7780**

**GOVERNOR**

Craig S. Wellman  
 Rotary Club of Kennebunk, ME

**ROTARY CLUB**

of

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Chartered January 20, 1962  
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Bug Light  
South Portland

# TWO LIGHTS

South Portland — Cape Elizabeth Rotary Club  
On the Maine coast



Portland Head Light  
Cape Elizabeth

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

Wednesday, August 7, saw us once again back at the Purpoodock Club. **Mike McGovern** led us in an appropriate and enthusiastic rendition of "The Fog Bank Rolls In", **Jim Russell** reported on the dog-eat-dog world of 3-on-3 Basketball, and the good news was that we did not lose money. The Civil War re-enactment will hopefully fill our coffers. Show your support for this at SMTC on August 10-11. Contact **Nancy Hawes** or **Bob Levasseur** to fill schedules.

Soup Kitchen is Tuesday, August 13th. Bring brownies. If you've never participated in this before, give it a try. It's a rewarding experience!

Happy Dollars: **Jim Russell** for no more hot dogs, **Sam Giftos** is grateful for Helene's return home and finding a lost heirloom, **Alec Livingston** gave a late gift to **Don Day**, and belatedly passed on the lucky horseshoe to **President Wayne**, who was happy for that and for a safe child and puppy.

The Raffle was run and won (fix! fix!) by **Nancy Hawes**, who received a gift certificate to Shopper's Hardware from **Warren Simpson**.

Our Program was **Linda Gabrielson**, one of 65,000 registered dietitians, and the one who runs the dietetic technician program at SMTC, and also happens to be married to **Jeff Gabrielson**. Linda had enormous amounts of information for us, and focused on the current "hot topics" in nutrition: anti-oxidants, folic acid, and fat. Anti-oxidants repair damage done by oxygen and help reduce the incidence of cancer. Many vitamins are anti-oxidants -- A, C, E. Folic acid is required to regenerate cells, and its shortage during early pregnancy is the sole cause of spina bifida. Growing children particularly need folic acid. Some common foods with both anti-oxidants and folic acid are green, leafy vegetables and legumes. Now, a word about fat. Definitely something we need less of, as Americans tend to have diets that are about 40% fat (30% should be the goal), and heart disease is still the #1 killer. While fat is consumers' #1 concern, professional dietitians are most worried about sanitation issues. Americans don't learn basic sanitation for food and cooking (no more home economics in schools!), and so we are more vulnerable than ever to bacteria from our food.

Linda had several hot hints for us: cook acidic foods in cast iron and it will increase the iron in your diet (your old cast iron cookware should probably be replaced with newer ones with more iron in them); don't overcook anti-oxidant and folic acid foods as they will lose all their good stuff; don't use aluminum cookware -- Alzheimer patients have higher levels of aluminum; and the "fake fat", olestra, is safe to consume but leaches vitamins and minerals out with it when it leaves your body.

The bulk of our diets should consist of bread, cereal, rice, and pasta, with fruits and vegetables the next largest group, followed by milk, yogurt, cheese and meat, poultry, dry beans, eggs, and nuts. Fats, oils and sweets should be used sparingly. Hmmmmm....



Birthdays this month:

- 6th **Nick Pappas**
- 16 **Joe Conroy**
- 17 **Dave Nisbet**
- 18 **Dick Holden**
- 24 **Tony Wagner**



August Anniversaries:

- 11th **Paul and Jan Butler**, 40 years
- 11 **Dick and Priscilla Yerxa**, 34
- 14 **Bill and Lucy Stanton**, 48
- 16 **Jeff and Linda Gabrielson**, 21
- 22 **Jeff and Susan Hobbs**, 8
- 22 **Bob and Amy Levasseur**, 4
- 29 **Bob and Penny Carson**, 32
- 29 **Jim and Vickie Russell**, 9

## REMINDER REMINDER REMINDER

Saturday, August 17  
Spring Point Festival

Contact **Phil Dube** or **Bob Packer**  
*Come and help us make lots of dough!*



**HIGHLIGHTS OF UPCOMING WEEKS:**

	August 14	August 21	August 28	September 04	September 11	September 18
<b>Program</b>	Hobbs	Argentina Exch.	Cook-Out @ M. McGovern's	Dist. Gov. visits	Ft. Williams	
<b>Raffle Gift</b>	Conroy	Danielson	Davidson	Club Assembly	Spouse/Greek	Kendall Morse
<b>Raffle Conductor</b>	Giftos	Higgins	Hobbs	Holden	Day	Dube
<b>Invocation</b>	Flynn	Gabrielson	Gacetta	Gemme	Kilroy	Knight
<b>Songleader</b>	Holden	Kilroy	Knight	Kourakos	LeClair	Hawes
						LeVasseur

Warren S. Simpson  
5 Linwood Street  
Cape Elizabeth, ME 04107



1996 - 1997

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# TWO LIGHTS

South Portland — Cape Elizabeth Rotary Club  
On the Maine coast

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

Bug Light  
South Portland

Portland Head Light  
Cape Elizabeth

President Wayne led a moderate-sized gathering on Aug. 14 at the Purpoodock Club. Appreciation to the following for their assistance at Soup Kitchen on Aug. 13: **Paul Butler, Joe Conroy, Karen, Casey, and Neala Dunfey, Sam Giftos** and his 2 grandsons, **Bob Lindsey, David and Matt Lourie, B.J. Nicholson, and Bill Stanton.** An interesting note: the meal served at the Soup Kitchen that evening was exceptional — chicken cordon bleu, mashed potatoes, corn, green beans, bread, and brownies.

**Sam Giftos** stood in for an absent **Dick Holden** and led us all in "Zippidy Doo Da", a favorite of his winter Rotary Club in Sarasota, FL. For you trivia buffs, what Disney movie was this from?

**Kappy Dollars** this week: **President Wayne** for our club effort at identifying new summer fundraisers and for **Nancy Hawes'** treating him to the Sea Dogs game; **Phil Dube** for the same Sea Dogs game; **Karen Dunfey** for 2 kids birthdays and her parents visit.

**Mike Cantlin** won the raffle gift, a gift certificate from Shopper's Hardware, donated by **Joe Conroy.**

## UPCOMING EVENTS:

**Saturday, August 17**  
Spring Point Festival, SMTC  
Bring the family out to this great day!

**Friday, August 23**  
"A Shot In The Dark"  
nighttime golf tournament  
**MORE VOLUNTEERS NEEDED!**

This event includes a **terrific** meal for the volunteers.

*Put this one on your schedule.*

For additional information, contact **Don Day.**

**Sept. 28-29**  
Pine Tree Softball Tournament  
Contact **Jack Roberts.**

We should be able to put together a great team for this worthy and very fun event!

The Club Budget was passed after some discussion about two community projects: the pond at Ft. Williams, and the area around the Joan Benoit statue in front of the Thomas Memorial Library.

**Jeff Hobbs** introduced our speaker for the evening, **Tim Berger** of Listen, who spoke about the devastating effects of drug and alcohol use. He shared with us the story of **Paul**, who dropped out of Notre Dame and Northland Institute of Technology, and never finished school. After five drug-filled years of dead-end jobs, **Paul** began the process of becoming sober with the help of the *NEW START* program, short for *Nutrition, Exercise, Water, Sunlight, Temperance, Air, Rest, Trust* in a power outside yourself. **Paul's** wife eventually left him and their two children and returned to alcohol and drugs, and one child has suffered the effects of parental drug use since her premature birth. **Paul** is **Tim's** middle name.

He shared his powerful story with us as he shares it with hundreds and thousands of school children in Maine and New England each year. He hopes to prevent or stop existing drug use, and the information he provided was shocking: illegal drugs kill about 10,000 people each year in this country; alcohol and drunk drivers kill ten times that amount; and tobacco kills over 400,000 people *every year.* Some of the steps to addiction include caffeine and cigarettes. Right now, the #1 drug in high schools is LSD. This very dangerous drug can ruin lives with only one dose. **Tim** is presenting his program in Scarborough and South Portland schools, among others, and is sponsored by local businesses in each community. He hopes to bring his program to Cape Elizabeth soon. Thanks to **Tim** and **Jeff** for an excellent program.

## SE HABLA ESPANOL?

Next Wednesday, be sure to attend. The program will be **Janet McLaughlin**, our representative to the 1996 Group Study Exchange that went to Argentina this past spring. This should be an enjoyable program for everyone.

REMINDER REMINDER REMINDER  
August 28  
Friend and Family Appreciation Cook-Out  
at Mike McGovern's





**HIGHLIGHTS OF UPCOMING WEEKS:**

	August 21	August 28	September 04	September 11	September 18	September 25
<b>Program</b>	Argentina Exch.	Cook-Out @ M. McGovern's	Dist. Gov. visits Club Assembly	Ft. Williams Spouse/Greek	Kendall Morse	Gacetta
<b>Raffle Gift</b>	Danielson	Davidson	Daviero	Day	Dube	Dubois
<b>Raffle Conductor</b>	Higgins	Hobbs	Holden	Kilroy	Knight	Kourakos
<b>Invocation</b>	Gabrielson	Gacetta	Gemme	Giftos	Hawes	Higgins
<b>Songleader</b>	Kilroy	Knight	Kourakos	LeClair	LeVasseur	Lindsey

1996 - 1997

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Bug Light  
South Portland

# TWO LIGHTS

South Portland — Cape Elizabeth Rotary Club  
On the Maine coast



Portland Head Light  
Cape Elizabeth

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

Wednesday, August 21's meeting, run by **President Wayne** seemed to go so quickly! With visiting Rotarians **Larry Carey** and **John Perry**, and guests **Sherry Roberts** and **Debra Lane** all joining in, **Dick Kilroy** led us in not one, but two songs: "Give My Regards to Broadway" and "Hail, Hail, The Gang's All Here".

A multitude of Happy Dollars: **Bill Kourakos** is off to Russia to pick up a new grandson; **Jack Roberts's** son helped put out the kitchen fire at **Bob Levasseur's**; **Laurenz Schmidt** had a snazzy tie on; **Don Day** is happy that "A Shot In The Dark" is this Friday; **Nancy Hawes** is pleased she was mistaken for being **Mike McGovern's** daughter; **Mike McGovern** was pleased to serve on our district scholarship committee; and **Paul Butler** was glad that the kids he helped out on a scavenger hunt were able to retrieve a ping pong ball from National Semiconductor with no consequences.

Lots of Announcements that everyone should know about: the brand new Rotary Club of Yarmouth's Charter Night Celebration is on Friday, September 20, at the Woodlands Club in Falmouth. Cocktail hour is at 5:30, dinner and program at 6:30. The Keynote Speaker is our very own **Dan Mooers**. A Charter Night is a not-to-be-missed event. Reservations and main course choices sign-up will be available at the next meetings, but deadline is Sept. 10, so sign up soon!

Be on the lookout for two new projects with lots of visual presence: two new "Welcome to South Portland" signs, one at the Rt. 1 Scarborough line, the other on the end of the new bridge; and the lawn around the Joan Benoit Samuelson statue in front of the Thomas Memorial Library will be transformed into a garden area with benches. Both of these worthy projects are funded by our dollars. This should give both towns some welcome visual assets.

## REMINDER REMINDER REMINDER

September 11th's meeting is a Spouse's Night and is also "Greek Night" featuring authentic Greek food. This event will be at Ft. Williams, and will have a multiple raffle for an internal fund-raiser. Golfers and skiers might like to buy more than the \$5 minimum! These prizes are really exciting -- truly an event not to be missed! We'll probably start that evening a bit earlier due to early sunset.



Next week's meeting is at **Mike McGovern's** home, 37 Highview, CE. This is a cook-out to show our appreciation to all the friends and family who have helped us on our projects. Be sure to be there!

Speaking of Appreciation, these folks helped out at Spring Point last weekend: **Bob Danielson**, **Don Day**, **Matt and Phil Dube**, **Corey**, **Casey**, **Neala** and **Karen Dunfey**, **Bob Flynn**, **Wayne Goodrich**, **Joanne LeClair** and **Pat**, **Bob Levasseur**, **Matt** and **David Lourie**, **Mick Maher**, **Dave Nisbet**, **Bob Packer**, **Sam Rinaldi**, **Jack Roberts**, **Bill Stanton**, and **Dick Yerxa**.

This week's raffle was won (again!) by **Nancy Hawes**. The gift, donated by **Bob Danielson**, was a gift certificate to Amadeus.

**Janet McLaughlin**, a member of our District's Group Study Exchange team that went to Argentina this past April, was our speaker. She presented a colorful and interesting slide show (lots of happy faces at Rotary dinners!), and told us about some of the cultural differences. There are lots of cows and beef is served very frequently there, they pick up trash daily, and their parties start at midnight. A significant difference is the scope of the Rotary projects -- they fund projects that in our country are usually paid for by our governments, and they build a lot of structures, such as schools, libraries, bus shelters, hospital wings, and fire stations. Clubs are segregated by sex, and are usually only 18-25 members. Their meetings are in the evening, with the meal served at 9:00 pm. Janet found the Argentine people very warm and friendly. The group made their club and District presentations in Spanish, which was greatly appreciated by their hosts. Janet strongly recommends that each of us consider being the Rotary member of the GSE -- the leader -- and was grateful to Rotary for this great opportunity.



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	August 28	September 04	September 11	September 18	September 25
Program	Cook-Out @ M. McGovern's	Dist. Gov. visits Club Assembly	Ft. Williams Spouse/Greek		Gacetta
Raffle Gift	Davidson	Daviero	Day	Dube	Dubois
Raffle Conductor	Hobbs	Holden	Kiroy	Knight	Kourakos
Invocation	Gacetta	Gemme	Giftos	Hawes	Higgins
Songleader	Knight	Kourakos	LeClair	LeVasseur	Lindsey





Bug Light  
South Portland

# TWO LIGHTS

South Portland — Cape Elizabeth Rotary Club  
On the Maine coast



Portland Head Light  
Cape Elizabeth

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

Cool breezes and mosquitoes accompanied the large gathering at **Mike McGovern's** for our Rotary Appreciation Cook-Out. **Kathy Ray** and **Paul Butler** organized this pleasant evening, and truly a good time was had by all. We showed our appreciation to our guests for helping us out on our projects and events by presenting each of them with a beautiful SP-CE Rotary T-shirt: Steve and John Bagdasarian, John Day, Matt Dube, Aaron and Curtis Dulac, Corey, Casey and Neala Dunfey, Brean Flynn, Greg Gabrielson, Brian and Brad Gemme, Beth Goodrich, Ben and Stephanie LaPointe, Jay and Andre Levasseur, Matt Lourie, Christopher and Jessica Massey, Bill Nisbet, Erin and Ben Prunty, Mark Roberts, Antonia and Sandra Schmidt, Kendall Hinckley, Kelly Steinman, Ali Theriault, Orville Vanderpool, and Matt and Andrew Wagner.

**H**appy Dollars were numerous, too numerous for this editor to get them all down! Among them: **Dan Davidson** for his daughter's recent engagement; **Don Day** for the club's help in a very successful "Shot In The Dark" golf tournament; **Bill Stanton** for a good time at the tournament; **Sam Giftos** for a great time fishing with his grandsons; **President Wayne** for not fishing at Spring Point the afternoon of the explosion and fire, and for **Nancy Hawes'** successful eye surgery (feel better soon, Nancy!); **Frank Gemme** for locking his wife out and for his upcoming vacation; and **Karen Dunfey** for two enjoyable months of newsletter editorship that is now complete.

**T**he Raffle gift, a Bookland Gift certificate, was donated by **Jeff Hobbs** and won by **Sam Giftos** for his grandsons.

**O**ur favorite songsters, **Ellen and Lloyd Knight**, led us in "Smile" and "Hello, Dolly!"

**A**nother not-to-miss event: next Wednesday we host our new District Governor and his wife, **Jane and Craig Wellman** of Kennebunk. Come out and meet them, you'll be glad you did!

**S**peaking of District Governors: the District Governor-nominee for Rotary Year 1998-1999 is **Bill Skinner**, well-known for his work for the Rotary Foundation. Missing out was our own **Mike McGovern**, who was deemed too young for the job.

**Calendar Updates:** be sure to jot these events down on your calendar or in your datebook:

- Tuesday, Sept. 10 **Soup Kitchen**
- Wednesday, Sept. 18 **Appreciation Luncheon for SP and CE Public Works Employees**
- Friday, Sept. 20 **Yarmouth Rotary Club's Charter Night, w/speaker Dan Mooers**



**I**t's getting to be that time of year again: finding volunteer families of any size that are willing to host an incoming exchange student for 1/4-1/3 of the 1997-1998 school year. If you think you might be interested in hosting, but aren't really sure what that entails, please speak to **Don Day** or **Karen Dunfey** for further information. If you know of an ideal host family, get their name to **Don** or **Karen**. In order to send a student, we must be willing to receive a student — not necessarily to stay with Rotarians; it works equally well with host families that are *not* Rotarians. We have so many excellent potential outgoing students in our two towns, it would be great if we could sponsor one or two of them. This is also one of the Rotary programs that children of Rotarians are eligible for; if you have a child who will be 15 1/2 to 18 1/2 at the start of the 1997 school year, think about it. This program is the best exchange program available, with its combination of low cost and high supervision. If you know of an excellent candidate, get them in touch with **Don** or **Karen** for further information and a preliminary application.





ROTARY INTERNATIONAL PRESIDENT

Luis Vicente Giay

Arrecifes, Buenos Aires, Argentina

DISTRICT 7780 GOVERNOR

Craig C. Wellman

Rotary Club of Kennebunk

ROTARY CLUB

of

SOUTH PORTLAND - CAPE ELIZABETH

Chartered January 20, 1962

Club #6316

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116 oakhurst Road  
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**HIGHLIGHTS OF UPCOMING WEEKS:**

	September 04	September 11	September 18	September 25	October 02	October 09
Program	Dist. Gov. visits	Ft. Williams	Kendall Morse	Gacetta	Classification	Kilroy
Raffle Gift	Club Assembly	Spouse/Greek Day	Dube	Dubois	Dunfey	Flynn
Raffle Conductor	Daviero	Kilroy	Knigh	Kourakos	LeClair	LeVasseur
Invocation	Holden	Giftos	Hawes	Higgins	Hobbs	Holden
Songleader	Gemme	LeClair	LeVasseur	Lindsey	Livingston	Lourie
	Kourakos					

ROTARY CLUB OF SOUTH PORTLAND-CAPE ELIZABETH  
NANCY HAWES, BULLETIN EDITOR  
23 ASHBOURNE COURT  
SOUTH PORTLAND, ME 04106

FIRST CLASS MAIL

Warren S. Simpson  
5 Linwood Street  
Cape Elizabeth, ME 04107







Bug Light  
South Portland

# TWO LIGHTS

South Portland — Cape Elizabeth Rotary Club  
On the Maine coast



Portland Head Light  
Cape Elizabeth

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

September 4, 1996

## BUILDING THE FUTURE WITH ACTION AND VISION

District Governor **Craig Wellman** visited our club on September 4 to bring us President Luis Giay's message to Rotary for the year. He summarized four aspects of the 96-97 theme.

- **New Generations:** He encouraged Rotary clubs to participate in one of the Rotary programs which focus on the next generation: Interact, Rotaract, Youth Exchange, or Group Study Exchange.
- **Membership:** New members are always needed for their new ideas and energy. However, *keeping* the members we have is just as important and we need to make sure Rotary is fun.
- **Rotary Foundation - "givin' and gettin'":** Craig encouraged us to consider the Rotary Foundation along with all the other requests we receive from charities. It isn't necessary to give as much as it takes to become a Paul Harris Fellow; all amounts are welcomed. The Foundation's system of distributing money is quite complex (so much so that PDG Dick Clark is the only one who understands it) but it allows the District to have some control over how some of the money contributed by us is spent. For example some of the money our district has contributed in the past will be used to purchase eye examination equipment for a project called to our attention by the leader of the Group Study Exchange team from Argentina.
- **Community Service:** Craig encouraged us never to lose our focus on community service, whether we're talking about the community of Mill Creek or the world community, because it's why we joined Rotary in the first place.

Craig was joined by his wife **Jane** who not only patiently sat through our Board meeting along with Craig, but also had some good questions and comments. Craig had asked each club in the district to contribute \$10 per member to a fund for World

Community Service projects at the District level. He also requested that clubs not give him a gift, or take his wife out to dinner, as is customary. Therefore in lieu of these expenses, the club increased its contribution to \$15 per member. A presentation of our gift to the fund was made by **Don Day** following Craig's remarks.

It was clear that DG Craig has a lot of good ideas about the direction Rotary should be taking and it was a pleasure to have him share them with us, and to enjoy his and Jane's company. *Come back soon!*

## GREEK NIGHT!

*Two* things you need to remember about Greek Night next week (9/11):

1. We will start early - **5:30** - because Fort Williams closes at sunset.
2. Bring a full wallet! Instead of our usual raffle prize, **Paul Butler** has managed to have two great raffle prizes - 2 adult 2-day lift tickets to Sunday River, and a 2-night stay for 2 at the Bethel Inn. Because of the value of these prizes, raffle tickets will be \$5 instead of \$1.

Also bring your appetite - the **Giftos, Kourakos** and **Pappas** families will be serving us a delicious meal of souvlaki, Greek salad, baklava and something else I can't begin to spell.

## OTHER IMPORTANT DATES

- September 10 - **Bob & Alicia Danielson's** anniv.  
Soup Kitchen (cupcakes)
- September 15 - **Jim Russell** turns 35  
Dan & Edie tied the knot
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Public Works Employees  
Appreciation luncheon
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Thank you, **Karen Dunfey**, for doing the bulletin all summer, and for taking over from Paul Butler as Program Chair!





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Thank you, **Karen Dunfey**, for doing the bulletin all summer, and for taking over from Paul Butler as Program Chair!



## FREE TRIP TO SWEDEN AND POLAND!

You, or someone you know, could spend four fun-filled weeks in Poland and southern Sweden with free transportation, free accommodation, free meals and free entertainment. See if Phil Dube can beat that! Our District will be exchanging next spring with a district that includes all of Poland and the area of Sweden centered around Malmo (just across from Copenhagen) through the Group Study Exchange program of the Rotary Foundation. Everyone who has participated in this program agrees that this is a one-of-a-kind opportunity and a marvelous experience.

The team leader must be an "experienced" Rotarian. Experience is not necessarily measured in years but by commitment to Rotary (i.e. women are eligible too!). The four accompanying team members may not be Rotarians or family members of Rotarians. They must have at least two years' experience in their occupation, but beyond that there are no age restrictions. The main criteria for both positions are that the applicant be in reasonably good health and be able to get four weeks off from work. The team will depart on May 10, 1997 and return June 8, 1997. Applicants most often find out about this program through word of mouth so please pass this information along to anyone who you think might be qualified and interested. See Nancy Hawes for applications or more information.

### DUTIES

	9/18/96	9/25/96	10/2/96	10/9/96
<b>Songleader</b>	<b>Kourakos</b>	<b>Leclair</b>	<b>Levasseur</b>	<b>Lindsey</b>
<b>Invocation</b>	<b>Gemme</b>	<b>Giftos</b>	<b>Hawes</b>	<b>Higgins</b>
<b>Raffle Gift</b>	<b>Day</b>	<b>Dube</b>	<b>Dubois</b>	<b>Dunfey</b>
<b>Conductor</b>	<b>Kilroy</b>	<b>Knight</b>	<b>Kourakos</b>	<b>Leclair</b>

1996 - 1997

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Bug Light  
South Portland

# TWO LIGHTS

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On the Maine coast



Portland Head Light  
Cape Elizabeth

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

September 11, 1996

## “THAT’S THE BEST MEAL I’VE EVER HAD AT ROTARY”

Those were Sharon Livingston’s sentiments about Greek Night, an opinion no doubt shared by many in the large crowd that turned out at Fort Williams. This excellent meal was prepared for us by **Helene & Sam Giftos, Sophie & Bill Kourakos, Nicki & Nick Pappas, Penny & Bob Carson, and Emily Cherry** (Helene’s sister). Special visitors with us for the event were District Governor **Craig Wellman** and his wife **Jane**, Sophie’s sister **Georgia**, and **Larry Carey**.

The evening also featured Greek music and dancing, a big raffle and some special presentations. The great raffle prizes of lift tickets and a weekend at Sunday River, procured for us by **Paul Butler**, were won by **Mike Cantlin** (lift tickets) and **Ellie Goodrich** (weekend at Bethel Inn). **Susan Hobbs** also won a ferry ride to the QE2. Two presentations were made; the first by secretary **Paul Butler** for perfect attendance to:

**Wayne Goodrich - 1 year**

**Kathy Ray - 2 years**

**Mike McGovern - 9 years**

**Dan Mooers - 14 years**

**Sam Giftos - 25 years**

Congratulations to all of these faithful Rotarians!

## IBBY CONROY SUCCESSFUL AT SURPRISING HER HUSBAND

The second presentation was a very special one made by **Dick Kilroy** to a new member he brought in to the club many years ago. That member went on to serve the club in many capacities including club president and in recent years as coordinator of our soup kitchen efforts. In recognition of his many years of service to the club, **Joe Conroy** was awarded a Paul Harris Fellowship. **Ibby** did a great job of making sure **Joe** showed up while at the same time keeping it a big surprise to him. **Congratulations, Joe!**

*(Think how much richer the club has been because Dick Kilroy invited a friend to join Rotary. Who do you know that you should invite to join the club?)*

## NEXT WEEK - SPECIAL GUEST STORYTELLER KENDALL MORSE!!!

*The following essay by a “mystery writer” (obviously not from our club) was published in the most recent District Governor’s newsletter - Enjoy!*

### SERVICE ABOVE SELF

Pretty lofty motto, isn’t it? Why couldn’t the Founders just have said “Service When You Can,” “Service When You Feel Like It,” or “Service on Occasion?” It’s really too much of a burden to ask anyone to shoulder - almost like “Take up thy cross and follow me.” Well, not quite that bad - but almost.

Look at me. I go to meetings quite regularly, well, enough to meet the attendance requirements. I pay my dues on time, well, mostly on time. I sing the songs at Club meetings. I always make it a point to greet any visitor who sits at my table, the same one my buddies and I have been occupying since . . . well, I forget, but for quite a while now. Anyway, if some guest happens to find an empty seat at my table I always make it a point to say hello. I don’t know whether or not these things constitute “Service Above Self” though.

I don’t gripe about the meals, although some of them I don’t recognize, and I don’t complain about the cost, well usually I don’t. However, I will say I didn’t like it when the cost of the meal was raised \$.50 and I did casually mention this to a few of my buddies.

I almost always stay for the program. Yes indeed, I think I can safely say I have stayed for at least 70-80% of the programs - unless I had something very important to do like getting my driver’s license renewed, or my car inspected or registered, or something else that couldn’t wait. Oh, I suppose I could have done these on another day but the program didn’t seem to be too exciting and it seemed like a good time to catch up on my errands. I suppose that all these things are part of “Service Above Self.”



Of course I have always been a member of one of the 33 committees that Rotary International suggests each club establish. Although I have never chaired a committee I have always been a faithful member. Come to think of it I don't remember that any of these committees ever met except for the Classification and Membership Committees which have to meet in order to permit the induction of new members - but I certainly would have been ready to serve if anyone had ever asked me. Actually I don't see why there is any need to have 33 committees if only 2 of them are really necessary.

I do want to point out that although our club doesn't have any fund-raising activities I have always paid any assessments to fund our club projects - often as much as \$5-10.

Sometimes we have club social events like attending a sporting event or summer theater and I've even attended those on occasion. Actually, my wife and I are engaged in quite a few civic activities around town. She belongs to the League of Women Voters and a bridge club, while I belong to the Odd Fellows and play poker every Thursday night. I think this is good evidence of how civic-minded I really am and have been for quite a while. Oh, I also read the local paper and attend the Fourth of July parade. I mean I do quite a lot for humanity. Probably if this question about "Service Above Self" hadn't come up I wouldn't have realized just how much my wife and I really do for this community.

Anyway, I want to say that I think Rotary is a great organization, the food is generally good, there's a lot of fun conversation and good feeling. If that isn't evidence of "Service Above Self" then I don't know what is.

**DUTIES**

	9/18/96	9/25/96	10/2/96	10/9/96
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# TWO LIGHTS

South Portland — Cape Elizabeth Rotary Club  
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Bug Light  
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Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

September 25, 1996

## Something must have happened to the mail...

because nobody got a bulletin last week. As a result you get a two-fer this week covering the Sept. 18 and Sept. 25 meetings, as well as the appreciation luncheon, British auto show and Yarmouth charter night!

## WELCOME TO THE DISTRICT!

Over 200 Rotarians and guests turned out at the Woodlands club on January 20 (the largest charter night ever in our district) to welcome the Yarmouth club into the district. Our club was represented by **Wayne Goodrich, Sam & Helene Giftos, Kathy Ray, Jim Russell** and **Nancy Hawes**. In addition to representatives from most of the clubs in our district, the event was also attended by about a dozen Rotarians from the Yarmouth, *Massachusetts* club, and the president of the Yarmouth, *Nova Scotia* club.

Keynote speaker for the evening was District Governor **Craig Wellman**, who had to come up with a new speech for the event. He must have felt that he had to do something special to top the speech he gives at his club visits, so he came up with a trick for turning water into wine. The evening was topped off by a parade of gifts; my favorite was a pair of hourglasses (one for the meeting, one for the speaker) filled with sand from Yarmouth, Nova Scotia. Much credit goes to **Peter Johnson**, president of the new club, and to the **Casco Bay Sunrise Club**, who sponsored the Yarmouth club and put on a great charter night.

## Are We Talking About a Hockey Team or a Service Club?

It was hard to tell the difference on Sept. 25 when David Fisher, President and General Manager of the Portland Pirates came to speak to us. He spoke a little bit about hockey and the AHL and the affordability of Pirates games (about 1/4 the cost of attending a Bruins game!), but he spoke mostly about the ways in which the Pirates organization contributes to the community. In addition to the traditional ways in which sports teams can contribute to the community (giving away tickets to

charities, visits to hospitals and schools, participation in parades, etc.), the Pirates have some new ways they have developed in which they can serve the community.

They have developed a curriculum for school children to learn geography and math through following the Pirates - pointing out on the map where they're playing, and computing stats for the players. They also participate in the Portland Hockey Trust, which allows disadvantaged youth to learn to play hockey. Finally, they will be sponsoring community events, such as a picnic at Deering Oaks on October 26, and a Hockey Holiday Festival in December.

It was surprising to learn how much the Pirates do for our community, in addition to the obvious economic boost. A big thank you to **Dave** and to **John Goff**, Director of Community Relations and Personnel, and to **Dan Gacetta** for arranging this program!

## TELL US A STORY

Special guest speaker **Kendall Morse** did just that at the Sept. 18 meeting. The renowned storyteller and humorist from Machias entertained a delighted audience with story after story - even a story about selling Christmas trees. Thank you, **Wayne Goodrich**, for providing this refreshing change of pace.

## Other Highlights of the Sept. 18 Meeting:

In line with President Wayne's goal of conducting as few meetings as possible, **Kathy Ray** ably ran the meeting for him.

**Adrienne Murphy** made a presentation of a 4-Way Test certificate to South Portland City Manager **Jeff Jordan**. It is intended that one also be presented to the Cape Elizabeth city manager when he returns from abroad, but one would guess that he is already familiar with the test.

**Adrienne** also reported on the Appreciation Luncheon held for public works employees of SP and CE on the 18th. We presented a donation to the son of the late Robert Wallingford, who had been a SP public works employee. Thanks to Adrienne



and all her helpers who made this event such a success!

Nancy Hawes reported on our fundraising endeavors at the British auto show, which had bad luck with the weather. We appear to have fed everyone who was there but due to the postponement of the event, there just was not a large turnout. We nevertheless managed to recover our costs and even make a little money, thanks to the hard work of Alec Livingston, Dave Smith, Bill Stanton, Kathy Ray, Jack Roberts, Paul Butler & son-in-law David Mack, B.J. Nicholson, David & Matt Lourie, Phil Dube and Dick Yerxa.

We did much better at fund-raising at Greek Night; the final count on this event shows that we raised \$554 for our internal budget, to be used on the little extras that come up from time to time, such as t-shirts for our young volunteers, flowers for sick members, etc.

Speaking of sick friends, the club sends a big "GET WELL" message to Jan Butler who recently had surgery.

**ANNIVERSARIES WE MISSED:**

Steve & Madelaine Kremer, married 10 years on Sept. 21, and

B.J. & Diane Nicholson, married 5 years on the same day.

**NEXT WEEK'S ANNIVERSARY:**

Mick & Liz Maher - October 6

**A BUNCH OF BIRTHDAY BOYS:**

- Bill Stanton - October 1
- Bob Levasseur - October 3
- Mike Cantlin - October 4
- Lloyd Knight - October 5

**WELCOME BACK:**

Dick Kilroy, from England and Ireland, and Dieter, from a visit with his sister in Albuquerque

**DUTIES**

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Invocation	Hawes	Higgins	Hobbs	Holden
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