

South Portland — Cape Elizabeth Rotary Club
On the Maine coast



Bug Light South Portland

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

January 8, 1997

Meeting Information

The meeting was led by our President-In-Training, Jim Russell. Our songleader, Kathy Ray, decided to lead us in "Take me out to the Football Game" (sans books) in honor of the upcoming Patriots playoff game. Bob Carson won the raffle donated by Dick Holden. We had several visiting rotarians including "regular" visitor, John Perry.

HAPPY \$\$\$\$

JACK ROBERTS

For the creation of the Bug Light Park in South Portland. Jack pointed out that our club should be especially proud because the creation of the park is the culmination of an effort that began 9 years ago with our restoration of the exterior of the light and installation of the walkway. A granite monument dedicated to our club has been installed at the site -- Be sure to check it out!

KAREN DUNFEY

For her 16th wedding anniversary.

BOB CARSON

For winning the raffle.

DON DAY

For being elected vice president (and heir apparent to the throne).

PAUL BUTLER

For being the youngest looking member of the 60+ club.

PHIL DUBE

For the business gamble of buying 48 season tickets to the Patriots last fall.

KATHY RAY

For Don Day "volunteering" for trees on a moment's notice.

For the sale of ten self-serve trees at the lot (For those who weren't aware, we put a sign on the trailer for the last few days before Christmas offering trees at \$10 and asking the person to deliver the money to Warren at his store. We made \$100).

ALEC LIVINGSTON

For the Florida Gators beating their cross-state rivals, the Seminoles for the national championship. GO GATERS!!!

JIM RUSSELL

For everyone's help and support on the trees. To his family for putting up with his involvement on the tree sales. For not having to chair a fund raiser for quite some time. For the Patriots winning.

JOE CONROY

For everyone's participation in the soup kitchen last year.

ANNOUNCEMENTS

SOUP KITCHEN: January 14th......Cupcakes (no nuts) is the dessert. See Joe Conroy

Basketball: See Agenda below

Upcoming - Bowling - Reserve March 15th for the bowling tourney

THANK YOU: Khatmandu thanked us for the donation to their hospital.

BIRTHDAYS AND ANNIVERSARIES

January	6	Jeff Hobbs
	6	Joanne Leclair
	7	Alec & Sharon Livingston
	10	Steve Kremer
	16	Warren & Velma Simpson
	16	Jack Roberts

PROGRAM

Our guest speaker was Anne Schink of Youth Build Portland. Youth Build is a national group founded by Dorothy Stoneman in Harlem that "educates" troubled youth through a mixture of conventional education and construction work. In Portland, approximately 25 students are accepted into the 9 month program each year and are expected to obtain a G.E.D. and learn a trade. Most of the student come from broken homes or have substance abuse problems. The program is rigorous, alternating between a week of school and a week rehabbing low income housing in the Portland West neighborhoods. The program is currently subsidized by HUD but the Group is looking for more community involvement. Anne feels that success in a program of this type is measured not by attainment of material things but rather by avoidance...avoidance of jail time....avoidance of substance abuse...avoidance of a drain on the slim social service revenues. Anne, whose father was a rotarian, felt lucky to speak before a group of Rotarians. With her commitment to such a worthy cause, we are truly lucky to have her as our guest.

DUTIES

	1/15/97	1/22/97	1/29/97	
Songleader	Rinaldi	Roberts	Russell	
Invocation	Lourie	Maher	McGovern	
Raffle Gift	Knight	Leclair	Levasseur	
Conductor	Packer	Pappas	Ray	

OTHER MATTERS

Bill Stanton had surgery recently and I'm sure he would appreciate cards and calls. Hurry back, Bill, we can't find the songbooks.

Our sympathy to Dan and Edie Davidson on the loss of Edie's father.

BASKETBALL at 7:15 at Cape Middle School

Thursday, January 9 Thursday, January 16 Monday, January 27

LUD



WARREN S. Simpson
5 Linwood St.
Cape Elizabeth, ME
04107



South Portland — Cape Elizabeth Rotary Club
On the Maine coast



Portland Head Light Cape Elizabeth

Bug Light South Portland

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

January 15, 1997

Meeting Information

The meeting was led by our Vice President Kathy Ray. Our songleader, Sam Rinaldi, decided to lead us in "Give my regards to Broadway". (Is that because we still didn't have the songbooks?) We had several visiting rotarians including "regular" visitor, John Perry as well as Eleanor Brainin (hopefully soon to be a new member!) who was a guest of Wayne's. John Perry won the raffle (no wonder he makes up at our club so often!) donated by Cap'n Lloyd (a gift certificate to The Village Restaurant). Dan Davidson is strutting around on a pair of crutches and the scuttlebutt is that its Jimmy Russell's fault (Could this have anything to do with basketball???). The best news of the evening was that we have a new member, Janet McLaughlin, who lives in Cape but works for the City of South Portland (The best of both worlds). A bio on Janet is provided below. Janet was sponsored Mike McGovern.

HAPPY \$\$\$\$

DAN GACETTA

Happy for the Patriots Win

ALEC LIVINGSTON

Also happy for the Patriot's Win

JOHN PERRY

For winning the raffle.

LAURENZ SCHMIDT and DAN DAVIDSON

Happy for a new member

JACK ROBERTS

For Janet's 50th birthday and for her being a member.

JANET MCLAUGHLIN

For Jack Roberts birthday and for being a member

NICK PAPPAS

For successful surgery recently.

FRANK GEMME

For seeing Wayne at Mr. Bagel over the weekend. Apparently Wayne was going to the Pat's game.

ANNOUNCEMENTS

SOUP KITCHEN: Joe Conroy thanked the following volunteers for helping out at the soup kitchen: Bob Packer, Phil & Matt Dube, Dan and Edie Davidson, Karen Dunfey and her girls.

Basketball: See Agenda below

Portland Rotary Club: The Club is planning several activities for Paul Harris Month (January) culminating with a reception on Monday, January 27th at 5:30 p.m. in the State of Maine Room, Portland City Hall for Officials and Rotarians at which time the Honorable John F. McDonough, Mayor of the City of Portland and Portland Rotarian will proclaim Monday, January 27, 1997 as Paul Harris Day in the City of Portland. All are invited to attend.

BIRTHDAYS AND ANNIVERSARIES

January

54th ding Anniversary for Warren and Velma Simpson Jack Roberts: Birthday on 1/16

PROGRAM

After two speakers cancelled on him, Alec Livingston decided to give an impromptu classification talk on long-term care insurance. The topic was not only timely but of vital importance to all of us as the cost of health care skyrockets. Here are some of the highlights: Forty percent of our national budget goes to pay Medicare/Medicaid/ Social Security costs, but Medicare only pays for 100 days in a facility. The source of payment for nursing home costs are equally staggering:

- \$28.4 billion is paid annually by Medicaid
- \$25.8 billion is paid by residents or their families
- Only \$600 million is paid by private insurance

Since insurance is available to protect against this uncertainty that we all will most certainly face, we may want to consider it because the other two options may not be available to each of us. Alec noted that premiums can be very reasonable but the rates increase starting with people in their early 60's - If this is something you think you will need, it may make economic sense to purchase before turning 60. Alec noted that there are different types of policies including policies for those needing in-home care and Alec urged everyone to speak with their own personal agent for more information. Thank you, Alec for a very informative and timely talk.

DUTIES

	1/22/97	1/29/97	2/5/97
Songleader	Rinaldi	Roberts	Russell
Invocation	Lourie	Maher	McGovern
Raffle Gift	Knight	Leclair	Levasseur
Conductor	Packer	Pappas	Ray

BASKETBALL at 7:15 at Cape Middle School

Thursday, January 16 Monday, January 27

JANET MCLAUGHLIN

Janet was born in Concord, MA. She graduated from Brown University with a BA in American Civilization and has an MA in Teaching from the University of Detroit. She also has a Masters degree in Landscape Design from the Conway School of Landscape Design. Janet is the mother of two college age daughters, Kathy and Nancy. (One of whom was an All-American in Field Hockey this past season). Janet works as a planner for the City of South Portland and in her spare time she serves as Chairperson of the Cape Town Council. She enjoys boating, travel and her family and was a member the Rotary GSE Team that went to Argentina last year. Welcome Janet!

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Warren S. Simpson 5 Linwood Street Cape Elizabeth, ME 04107



South Portland — Cape Elizabeth Rotary Club
On the Maine coast



Bug Light South Portland

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

Portlend Head Light Cape Elizabeth

January 23, 1997

Meeting Information

Jimmy Russell ran the meeting with his usual unassuming flair. We welcomed Dick Hall from the Lewiston/Auburn Rotary Club. Jack Roberts got Mike McGovern to lead us in a rendition of "I'm looking over a four leaf clover" in hopes that come Sunday Night all the odds makers will be mad that they "overlooked" the Pats in the Super Bowl. Let's hope he's right! We had another new member to welcome - Eleanor Brainin. Eleanor was referred by President Wayne. More on Eleanor below. Welcome Eleanor!

HAPPY \$\$\$\$

Jack Roberts	For Mike McGovern substituting for his turn as songleader.	
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Robert Danielson For winning the raffle and for Karen Dunfey taking notes at last week's meeting for the newsletter.

Karen Dunfey For attending the ESSEX Conference near Latrobe, Pennsylvania, and for discovering the Rolling Rock Brewery

while there.

Eleanor Brainin For the honor of becoming a member of our club.

Alec Livingston	For all rotary duties being passed from the "L"s into the "M"s and for being able to give his classification talk on
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long-term care.

Bob Carson For Bill Stanton being healthy.

Bill Stanton	For being healthy and back at Rotary. (We're glad to have you back too, Bill)
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Bill Kourakos	(via Paul Butler) For a visit to Wayne in Naples to see Wayne's furnitureless condo exce	pt for the broken bed (no
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explanations from Wayne).

Mike McGovern Who spoke to Wayne in Chicago by calling Ellie in Florida and her acting as a conduit to hook up Mike with

Wayne.

Nancy Hawes For another new female Rotarian.

Jimmy Russell For fresh snow for skiing last Thursday and an apology to Dan Davidson for stepping on his foot.

Dan Davidson to dispel all rumors that his torn ligaments were the fault of anyone but himself.

ANNOUNCEMENTS

Portland Rotary Skiing trip to Sunday River on January 31, 1997. Call Sarah Luck at 780-0955 for details.

BASKETBALL at 7:15 at Cape Middle School

Monday - 1/27

Thursday - 2/06

Monday - 2/10

Thursday - 2/20

PROGRAM

The Program, introduced by **David Lourie**, was done by **Trudy McNaughlty** on International Tourism, especially in Eastern Europe. Trudy, who spent nine years with the Portland Convention and Visitors Bureau, views tourism as a socioeconomic stimulus to many countries. She pointed out that tourism is the number one business in the world and is often times depended on by many developing countries for stability. In addition, tourism helps to promote culture and heritage as well as creating pride in community. If you consider how many times you visit the various tourist attractions in the Portland area, you realize that the local population does not support the places that draw tourists rather it is the influx of dollars from away that helps sustain the Longfellow House, the Victorian Mansion and other public facilities like them. Tourism is also a vehicle for learning and understanding other cultures, meeting people and for sharing values and a sense of community. Trudy very poignantly pointed out that it is very difficult to bomb a country where you have visited the cafe and know some of the people. She also pointed out that tourism for many areas assists the country in stabilizing its economy and that tourism can provide a quick injection of cash to an economy that needs to retool its factories and produce a different product. The balance of the Trudy's talk was a collection of anecdotes from her travels to Eastern Europe. Her visits included a trip to a former Communist Party compound in Hungary. She gave poignant descriptions of the cities of Budapest and Warsaw, Poland as well as side trips to Estonia and Slovakia. The most crucial point made was that while these are not considered exotic locations, the culture and surroundings in some of these countries surprise the potential visitor. In addition, the stark differences in the cultures in some of these locations from our own are very evident. Even though they exist in 1997, they are a throw back to pre-World War II cultures with pockets of modern technology.

Trudy left us with three points that should be evaluated in considering tourism to Eastern Europe:

- 1. While Eastern Europe has been developing over the last 50 years, it has been totally devoid of competition. This has created a system of bureaucracy which is unfathomable to us and requires the countries to rethink their entire systems of commerce.
- The technology, especially the onset of faxes and e-mail, has already changed the way the world works and Eastern Europe
 is no exception and as more and more contact with the outside world is evident, they too will change and accept technology
 and the benefits it offers;
- 3. No matter what the location or the living conditions, people are the same everywhere.

Thank you Trudy for a very enlightening evening.

DUTIES

	1/29/97	2/5/97	2/12/97
Songleader	Russell	Schmidt	Simpson
Invocation	McGovern	McLaughlin	Murphy
Raffle Gift	Levasseur	Livingston	Lourie
Conductor	Ray	Rinaldi	Roberts

Eleanor Brainin, our newest member, was born in Detroit, Michigan, and graduated from Wayne State University. She worked for the Detroit News in 1977 became a stockbroker for Bache, Hallsley, Stewart and Shields. She joined Paine Webber in August of 1990 when she moved here from Detroit. She is an Investment Executive concentrating in retirement planning. In addition, she has been an active volunteer and board member for a number of non-profit organizations including the Jewish Federation and Community Counsel of Southern Maine and the combined Jewish Appeal. Welcome Eleanor.

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Warren S. Simpson 5 Linwood Street Cape Elizabeth, ME 04107



Portland Head Light Cape Elizabeth

On the Maine coast
Bug Light
South Portland

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

South Portland - Cape Elizabeth Rotary Club

January 29, 1997

Meeting Information

Jimmy Russell was not only the acting president but served as song leader and led us in a rousing rendition of "Take Me Out To The Ballgame" in honor of spring training being only 28 days away.

HAPPY \$\$\$\$

Wayne Goodrich (via Kathy Ray) for a true service above self rotarian story. Apparently Wayne was broken down about 30

miles from his house in Florida. He was towed back home for free by a rotarian who offered to repair his car.

Laurenz Schmidt For Fairchild being split off from National Semiconductor and his work week being reduced from 80 hours a

week to 60 and for suffering no brain damage from falling on some black ice and ending up flat on his back.

Alec Livingston For going to Las Vegas to see his daughter's new home.

Jeffrey Gabrielson For an inspiring City of Portland Paul Harris Day.

Dan Davidson For being off crutches and for Mick Maher pitching in and volunteering to play basketball in his socks.

Mick Maher For not having cardiac arrest from playing basketball in his socks.

Paul Butler For a inspiring tribute to Paul Harris and Rotary by radio personality Paul Harvey.

Bill Stanton For winning the raffle.

PROGRAM

The speaker this evening was Ken Filliter, a director of Big Brothers/Big Sisters and Mick Maher's boss. Ken ,who works for National Semiconductor, was introduced by Mick and "threatened" to tell us various anecdotes about Mick. We probably should have asked Ken about Mick's "goals and objectives".

When he is not busy with National Semiconductor, Ken's passion is the Big Brothers/Big Sisters organization of Greater Portland. The organization, which has had some difficulty staying viable in the past, has apparently broadened its funding base and is now viewed as a viable non-profit entity. The organization serves "at risk kids" in the Portland area. At risk is defined as those kids coming from single parent households. In Cumberland County alone there are 8,000 such kids. The reason they are considered at risk is that they are statically more likely to drop out of school or appear in court than kids from dual parent households.

The organization tries to match a kid with a responsible adult who has a similar personalities and tastes. The organization requires nothing specific of the BIG other than a desire to spend several hours a month doing what you typically do for leisure time activities but including a LITTLE in those activities. Statistics show that the program works on all levels by improving the self-esteem of the LITTLE and usually means that the LITTLE performs better in school and stays out of trouble. A very valuable fringe benefit is that the self-esteem of the BIG also rises significantly. The Portland chapter currently has 70 matches of adults and children (both males and females).

The organization is constantly looking for new adults to serve as BIGS for young boys and girls. The process requires some orientation and significant screening but requires no special skills except devotion for the LITTLE. The time spent is basically included in your general leisure time. Matches are made by case workers and are monitored closely for continuing synergy. The process is very enlightening for all participants and should be seriously considered by anyone wanting to offer a kid a chance.

In addition, the organization has many fund raisers including **Bowling for Kid's Sake** which will take place on April 5, 1997. For more information, contact Big Brothers/Big Sisters at 773-KIDS. Thank you Ken for a most interesting talk.

DUTIES

	2/5/97	2/12/97	2/19/97
Songleader	Schmidt	Simpson	Smith
Invocation	McLaughlin	Murphy	Nisbet
Raffle Gift	Livingston	Lourie	Maher
Conductor	Rinaldi	Roberts	Russell

ANNOUNCEMENTS

BASKETBALL at 7:15 at Cape Middle School

February 6, 1997 February 10, 1997 February 20, 1997

February 24, 1997

The Rotary Foundation - our club is willing to match the \$500 donation of any club member who would like to become a Paul Harris fellow. See Mike McGovern for more information.

Annual District World Peace and Understanding Dinner will be held Yoken's in Portsmouth on March 1, 1997. Ticket prices of \$37.50 per person. See Jimmy Russell for details.

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Warren S. Simpson 5 Linwood Street Cape Elizabeth, ME 04107



TWO LIGHTS

South Portland — Cape Elizabeth Rotary Club
On the Maine coast



Portland Head Light Cape Elizabeth

Bug Light South Portland

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth



Upcoming Programs

On February 12th, Sharon Roberts of Blue Cross will be present to provide the Blue Cross perspective on the current

controversy between Maine Medical Center, Blue Cross and other hospitals. Howard Buckley, the President of Mercy Hospital will speak to us on March 5th, 1997. On February 19th, we will be having a spouse's night at the Purpoodock Club with a regular program in the regular order. Look for information next week n the program for the evening,

Soup Kitchen Plea is Made



For the first time in two years Joe Conroy made a plea for additional volunteers to help with

the soup kitchen. We are next scheduled this coming Tuesday, February 11, 1997. In the spirit of Valentine's Day, please call Joe at 799-5990 to let him know you will be coming if you have not already signed up.

2nd Annual Rotary Bowlathon



Yes, the pins will be dropping once again on March 15th as Bill Daviero, BJ Nicholson and Jeff Gabrielson are planning the annual bowlathon. On the opposite side of the bulletin are the teams that will work together on the project. Watch for more information.



Hoops at Cape Elizabeth Middle School 7:15 p.m. February 10th.

Saboo to Speak



Rajah Saboo, current president of the Rotary Foundation is due to speak at our District's annual World Understanding and Peace Dinner at Yoken's in

Portsmouth, NH on March 1st. Five members of our club have already indicated their plans to attend. The cost is \$37.50 per person. See Jim Russell if you are able to attend.

Last Week

Rep. Peter Cianchette and Rep. Jean Ginn Marvin informed us of the time that it now takes to serve in the Maine Legislature. They indicated that education funding, welfare reform and tax reform are likely to be three hot issues over the coming few months. Both praised Senator Jane Amero for her leadership. Peter serves on the Taxation Committee and Jean on the Appropriations Committee.

Songmeisters on the Road



Our own Captain Lloyd received a standing ovation at the Portland Rotary

for his solo salute to Maddy Corson, a new Paul Harris Fellow. Portland Rotarian Sarah Luck led us in Let me Call You Sweetheart.

Speaking of Paul Harris Fellows

One of the most significant actions one can make in Rotary is to become a Paul Harris Fellow. \$1,000 in donated funds allows one to become or to designate a Paul Harris Fellow. As our club has matching funds, you can become a Paul Harris Fellow with a donation of just \$500. Some members have previous credits so your current contribution may even need to be a lesser amount to reach the \$500 level. Please consider the needs that would be addressed by a contribution.

Duties for Upcoming Weeks

	2/12/97	02/19/97	02/26/97	03/05/97
Songleader	Simpson	Smith	Stanton	Yerxa
Invocation	Mooers	Murphy	Nisbet	Pappas
Raffle Gift	Lourie	Maher	McGovern	McLaughlin
Conductor	Roberts	Schmidt	Simpson	Smith

Teams for Bowling Tournament Promotion

Leaders	Roberts Holden Schmidt Schnauk Simpson	Conroy Danielson Davidson Daviero Day Brainin	McGovern Murphy Nicholson Nisbet Packer Dobson	Kourakos LeClair Lourie Pappas McLaughlin	Carson Cantlin Basdasarian Dube DuBois
Leaders	Giftos Goodrich Hawes Knight Hobbs	Butler Dunfey Flynn Gabrielson Gacetta	Levasseur Gemme Russell Kilroy Rinaldi Stanton	Livingston Maher Ray Yerxa Smith	

1996 - 1997

ROTARY INTERNATIONAL PRESIDENT

Luis Vicente Giay Arrecifes, Buenos Aires, Argentina

DISTRICT 7780 GOVERNOR

Craig S. Wellman Rotary Club of Kennebunk, ME

ROTARY CLUB of SOUTH PORTLAND-CAPE ELIZABETH

Chartered January 20, 1962 Club #6316

OFFICERS

President	Wayne A. Goodrich		
President Elect	James Russell, Jr.		
Vice President	Nancy Hawes		
Secretary	Paul Butler		
Treasurer	Frank Gemme		

DIRECTORS

Club Service	Katharine Ray
Community Service	Robert Flynn
Vocational Service	Adrienne Murphy
International Service	Donald L. Day
Director at Large	Alec C. Livingston

Send makeups to:

Paul Butler, Secretary 116 Oakhurst Road Cape Elizabeth, ME 04107



MICHAEL K. McGOVERN 37 Highview Road Cape Elizabeth, ME 04107 Warren S. Simpson 5 Linwood Street Cape Elizabeth, ME 04107



TWO LIGHTS

South Portland — Cape Elizabeth Rotary Club
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Portland Head Light Cape Elizebeth

Bug Light South Portland

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

Last Week



Sharon Roberts spoke on the good work that Blue Cross Blue Shield does as a corporate citizen of Maine. Blue Cross is the insurer for over 480,000 Mainers and remains as the insurer of last resort where anyone can obtain insurance. They have \$350,000 to provide immunizations for Maine children. They also assist their home office communities with payments in lieu of taxes. indicated that the Maine Partners Health Care Program will serve to provide Mainers additional choices for health care coverage. Doctors will have more say in determining policies for coverages. Jobs are likely to stay in Maine instead of to out of state providers such as NYLCare and the Harvard and Tufts Medical Plans. Thank you Sherry for an interesting presentation.

Hoops at Cape Elizabeth Middle School 7:15 p.m.
February 20th and 24th



Congratulations
Joanne LeClair Stuart
on Your Recent
Marriage

Congratulations Bob and Michele Flynn- 24 Years

Happy Birthday Karen and Bob Dunfey Congratulations Perfect Attendees in January Butler, Carson, Davidson, Daviero, Dunfey, Giftos Gabrielson, Gemme, Goodrich, Hawes, Holden, Kilroy, Kourakos, Livingston, McGovern, Ray McLaughlin, Murphy, Packer, Roberts, Schnauk, Simpson and Stanton. (That's 23 Members!)

The unspoken language

"The language of the lips is easily taught, but who can teach the language of the heart?"

-Mohandas Gandhi, Hindu nationalist and spiritual leader



Upcoming Programs

On February 19th, **BJ** Nicholson will introduce a representative of Coastal Economic Development who will inform us of this growing agency and will tell us of the assistance they provide to small businesses. Remember that this is a spouse's evening.

Howard Buckley, the President of Mercy Hospital will speak to us on March 5th, 1997.

Another spouse's night will be on March 19th hosted by the Casco Bay Sunrise Club at the Embassy Suites Hotel.

Club News and Events

The Bowling Tournament will be on March 15th at Yankee Lanes in Portland from 11 a.m. to about 2 P.M. There will be additional information available next week

The Board of Directors will be meeting on March 9th following the regular Club meeting.

At the meeting on February 26th, all members will be asked to nominate an individual who is not a member of the Club to be designated by the Club as a Paul Harris Fellow. Please be thinking of worthy individuals over the next few weeks.

Duties

02/19/9702/26/9703/05/97SongleaderSmithStantonYerxaInvocationMcGovernNisbetPappasRaffle GiftMaherMcGovernMcLaughlinConductorSchmidtSimpsonSmith

Paul Harris Fellows: a mini-history

Within two years after Paul Harris died in 1947, fellow Rotarians contributed US\$1.3 million to The Rotary Foundation in honor of their founder. This amount was nearly twice as much as The Foundation had received over the previous 30 years. The donations provided the financial support that enabled The Foundation to grant 18 Graduate Scholarships—its first significant International Service program.

Today, those who continue the tradition of honoring Paul Harris by contributing US\$1,000—or for whom US\$1,000 is donated in their honor or memory—are designated Paul Harris Fellows.

MICHAEL K. McGOVERN

Specification Road

Cape Elizabeth, McGOVERN

As of 2/19/97

CAPE ELIZABETH, ME 04107 FRAN PORTLAND, ME 04102

FALMOUTH, ME 04105

CAPE ELIZABETH, ME 04107

PENN
SOUTH PORTLAND, ME 04108

IBBY
CAPE ELIZABETH, ME 04107

GRAC

CAPE ELIZABETH, ME 04107
SOUTH PORTLAND, ME 04106
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CAPE ELIZABETH, ME 04107
CAPE ELIZABETH, ME 04107
PORTLAND, ME 04103
CAPE ELIZABETH, ME 04107
CAPE ELIZABETH, ME 04107
CAPE ELIZABETH, ME 04107

SOUTH PORTLAND, ME 04106 CAPE ELIZABETH, ME 04107

You Can Propose Sommone To Be our \$3rd Member |
C=CHARTER MEMBER, PP=PAST PRESIDENT, PHF=PAUL HARRIS FELLOW, MC=MULTIPLE CONTRIBUTOR AT PAUL HARRIS LEVEL, B=BENEFACTOR.

CAPE ELIZABETH, ME 04107
SOUTH PORTLAND, ME 04106
DIANE
SCARBOROUGH, ME 04074
MARY
CAPE ELIZABETH, ME 04107
CAPE ELIZABETH, ME 04107
CAPE ELIZABETH, ME 04107
ALAN
SCARBOROUGH, ME 04074
LYNNE
CAPE ELIZABETH, ME 04107
SCARBOROUGH, ME 04107
CAPE ELIZABETH, ME 04107
VOKIE

CAPE ELIZABETH, ME 04107

CAPE ELIZABETH, ME 04107

DAYTON, ME 04006

BARBARA

CUMBERLAND, ME 04021

CAPE ELIZABETH, ME 04107

VELMA

PORTLAND, ME 04102

NEW GLOUCESTER, ME 04260 JOHN

CAPE ELIZABETH, ME 04107

PORTLAND, ME 04104

PRISCILLA

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CAPE ELIZABETH, ME 04107 FALMOUTH, ME 04106

Arrecifes, Buenos Aires, Argentina ROTARY INTERNATIONAL Luis Vicente Giay PRESIDENT

GOES BY

ELEANOR

BOR

JOE

BOB

BILL

DON

RICK

BOB JEFF

DAN

FRANK

WAYNE

BOB

BOB ALEC

MICK KEITH

MIKE JANET

RI

BOB

KATHY

SAM

JIM

DIETER WARREN

DAVE

TONY

DAN ADRIENNE

CAPTAIN

SUSANNE

BAGDASARIAN DAVID

ELEANOR

MICHAEL

ROBERT DAN

WILLIAM R DONALD G. RICK JR PHILIP A.

SUSANNE KAREN

ROBERT

DANIEL

SARANDO P. WAYNE A

ROBERT RICHARD F

LLOYD R

ROBERT C. ALEC C. DAVID A.

MICHAEL

JANET

MICHAEL K

DANIEL W. ADRIENNE BRYANT DAVID

ROBERT NICHOLA

KATHARINE

KATHARINE SAMUELE JOHN E. JR JAMES LAURENZ

DIETER WARREN S

DAVID E. WILLIAM R JOANNE L

ANTON O

JEFFREY R. JEFF RICHARD B. JR DICK

ROBERT N JOSEPH P

BRAININ

BUTLER

CANTLIN

CARSON

CONROY

DAVIERO

DOBSON

DUBOIS

DUNFEY FLYNN GABRIELSON

GACETTA GEMME

GIFTOS GOODRICH

HAWES

HOLDEN

KNIGHT KOURAKOS

LEVASSEUR

LOURIE

MCALARY

MURPHY

PACKER PAPPAS

RINALDI ROBERTS

SCHNAUP

SMITH STANTON

WAGNER

RAY

NICHOLSON NISBET

MCGOVERN

MCLAUGHLIN

16

26 27

28 29

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32

34

36 37 38

40 41 42

43

46

48

DANIELSON DAVIDSON

Rotary Club of Kennebunk, ME DISTRICT 7780 Craig S. Wellman GOVERNOR

ADDRESS
56 STONEGATE ROAD
48 STROUDWATER ROAD
116 OAKHURST ROAD
21 UNDERWOOD ROAD
36 TRUNDY ROAD
83 HIGHLAND ROAD
14 REEF ROAD
26 OCEAN VIEW ROAD

26 OCEAN VIEW ROAD
319 FOWLER ROAD
12 LEDGEWOOD ROAD
46 SNOWBERRY DRIVE
20 PENN AVENUE
14 ELSMERE AVENUE
23 COLUMBUS ROAD
19 HUNTS POINT ROAD
11 ISLAND VIEW ROAD
3 DELANO PARK
96 STONYBROOK ROAD
21 ASHBOURNE COURT
23 ASHBOURNE COURT
4 SMUGGLERS COVE RD

23 ASHBOURNE COURT
4 SMUGGLERS COVE RD
16 ANCHORAGE PLACE
HIGH BLUFF ROAD
27 WESTMINSTER TERRACE
10 PILOT POINT ROAD
72 STONYBROOK ROAD
9 CHANNEL VIEW ROAD
13 MINUTEMAN DRIVE
189 SPURWINK AVENUE
189 SPURWINK AVENUE
187 FOWLER ROAD
63 TAMARLANE
37 HIGH VIEW ROAD
64 OLDE COLONY LANE
35 OCEAN ROAD
P.O. BOX 2392
11 BROOKSIDE AVENUE
20 SCHOONER ROAD
21 HUNTS POINT RD

20 SCHOONER ROAD
21 HUNTS POINT RD
84 OCEAN VIEW ROAD
632 SPURWINK AVENUE
4 PURITAN DRIVE
186 FOWLER ROAD
P.O. BOX 11229
12 RIVER RIDGE
4 LONGVIEW STREET

4 LONGVIEW STREET 6 LINWOOD STREET 36 SPAR LANE

11 TODD ROAD P. O. BOX 8744

To Be our 63rd Member

146 WYTHBURN ROAD 186 BLUEBERRY BLUFF CIRCL

TOISTRICT GOVERNOR PRIDEPAST DIRECTOR OF ROTARY INTERNATIO

SOUTH PORTLAND-CAPE ELIZABETH ROTARY CLUB

Chartered January 20, 1962

James Russell, Nancy Hawes Paul Butler

Wayne A. Goodrich

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739-6192

879-2100

789-4472 783-8312

774-6016 789-2221

797-9330

767-9636

883-6310 793-4922 776-8391

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799-6192 773-6046

799-8868 799-4417 799-7948 799-3450 PP , PHF

793-2343 793-1766 793-1879 761-9697 883-3616 883-3676 767-4266 767-4266

767-5346 761-6140 879-1348 767-2468

789-0179 767-6407

284-4626 761-6027

799-0227 767-1733

761-1836 687-4176 767-0442

773-0393 828-6781 C, PHF,MC

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883-3839 767-4626 767-7620 PP

799-6190

799-8664

733-4038

767-3191 799-7141 PP, PHF, B

729-0636

PHF PP, PHF, B 761-9887 PP

799-7290 776-0048 PP,PHF, PDG,MC,B,PR 767-3882 789-9226 D

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Cape Elizabeth, ME 04107 116 Oakhurst Road

Paul Butler, Secretary



LIGHTS

South Portland - Cape Elizabeth Rotary Club On the Maine coast



Portland Head Light Cape Elizabeth

Bug Light South Portland

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

February 26, 1997

Club Welcomes New Members

The Club welcomed two new members at a spouse's night on February 19, 1997. Bob Howe will hold the classification, "Architecture." He was born in Chelmsford, MA., graduated from what is now Northfield Mount Hermon Preparatory School, received his bachelor's degree from the University of Vermont and a graduate degree from the



University of Minnesota. Bob is the managing principal at Terrien Architects and lives in Cape Elizabeth with his wife Kathy Cramer Howe and their two daughters.

Keith McAlary will hold the classification, "Banking-Consumer Lending." He grew up in Madawaska, received his undergraduate degree from Dalhousie University and an MBA from the University Of Maine. Keith is the manager of the Atlantic Bank in Mill Creek. He and his wife Lynn reside in Portland.

Welcome to our newest members. Our Club will grow further as we serve our community and as we personally invite new members to join and to contribute.

Thank you BJ

BJ Nicholson introduced Bob Shinners of Coastal Enterprises who informed us of



innovative financing opportunities for businesses. The agency

has been instrumental in creating several thousand jobs. They work closely with banks and often serve as venture capitalists despite their non-profit status. Thank you for an interesting program.

Revised Roster

On the reverse is a revised Club Roster. Some of the typical information is not included as the phone numbers were getting so small that they could not be read. We will soon be distributing a complete roster in an 11 x 17 format.

Upcoming and Recent Events and

Programs

2/16 Bill Kourakos Birthday

2/18 Laurenz Schmidt Birthday

2/20 Sam Giftos Birthday

2/21 David Lourie Birthday

2/23 Paul Harris Birthday 2/23 World Understanding & Peace Day

2/24 Basketball at CE Middle School

2/26 Adrienne Murphy will introduce Andrea Dacko to speak on the Kidney Foundation. Mike McGovern will ask Club members to nominate non-Rotarian Paul Harris Fellows. Ginger Lengerfelder will briefly tell us of the Windham Rotary's upcoming Vegas Night. The Board will meet in the Town Hall basement following the Club meeting.

2/27 Suzanne DuBois Birthday

3/1 World Understanding and Peace Dinner in Portsmouth, NH

3/5 Howard Buckley of Mercy Hospital will speak on issues of concern to the hospital.

3/5 Dick Yerxa Birthday

3/9 New Member Orientation Cape Community Center 5 P.M.- 7: P.M.

3/11 Dan Mooers Birthday

3/12 Kathy Ray Birthday

3/15 Bowling Tournament- See Enclosed sheet

3/19 Spouse's Night with Casco Bay Sunrise Club- Embassy Suites Hotel at Portland **Jetport**

4/26 District Assembly at UNE-Biddeford

2/26 **Duties** Yerxa Stanton Songleader Nisbet Pappas Invocation McGovern McLaughlin Raffle Gift Conductor Simpson Smith

Lucky McGovern

The Casco Bay Sunrise Club raffled off a handmade quilt this week as a fundraiser. Mike McGovern was the winner. Two years ago he won a trip for two on the Scotia Prince from the Portland Rotary Club. It pays to buy raffle tickets even when you do not live on Stonybrook

SOUTH PORTLAND CAPE ELIZABETH ROTARY CLUB

SOUTH PORTLAND CAPE ELIZABETH ROTARY CLUB								
LAST	GOES BY	ADDRESS	CITY	WORK	HOME	FAX		
BAGDASARIAN	DAVE	55 STONEGATE ROAD	CAPE ELIZABETH, ME 04107	797-5834	799-7832			
BRAININ	ELEANOR	48 STROUDWATER ROAD	PORTLAND, ME 04102	774-1008	874-9887	774-9684		
BUTLER	PAUL	116 OAKHURST ROAD	CAPE ELIZABETH, ME 04107	799-1550	799-1550			
CANTLIN	MIKE	16 POPLAR RIDGE DRIVE	FALMOUTH, ME 04105	797-7294	878-3152	797-0752		
CARSON	BOB	36 TRUNDY ROAD	CAPE ELIZABETH, ME 04107	774-5541	799-8029	774-2839		
CONROY	JOE	83 HIGHLAND ROAD	SOUTH PORTLAND, ME 04106	799-1501	799-5990	799-9019		
DANIELSON	BOB	14 REEF ROAD	CAPE ELIZABETH, ME 04107	879-1337	767-3308	871-1587		
DAVIDSON	DAN	26 OCEAN VIEW ROAD	CAPE ELIZABETH, ME 04107	767-4682	767-4682	767-4682		
DAVIERO	BILL	319 FOWLER ROAD	CAPE ELIZABETH, ME 04107	657-3040	799-8643	657-3009		
DAY	DON	12 LEDGEWOOD ROAD	CAPE ELIZABETH, ME 04107	883-6930	767-4374	883-2160		
DOBSON	RICK	45 SNOWBERRY DRIVE	SOUTH PORTLAND, ME 04106	773-1411	799-6074			
DUBE	PHIL	20 PENN AVENUE	SOUTH PORTLAND, ME 04106	767-3366	773-0108	767-0712		
DUBOIS	SUSANNE	14 ELSMERE AVENUE	SOUTH PORTLAND, ME 04106	767-4622	767-4622			
DUNFEY	KAREN	23 COLUMBUS ROAD	CAPE ELIZABETH, ME 04107	773-2345		773-2525		
FLYNN	BOB	19 HUNTS POINT ROAD	CAPE ELIZABETH, ME 04107	767-7425	799-7814	767-7388		
GABRIELSON	JEFF	11 ISLAND VIEW ROAD	CAPE ELIZABETH, ME 04107	780-3276	799-2520	780-3567		
GACETTA	DAN	3 DELANO PARK	CAPE ELIZABETH, ME 04107	799-4555	799-4555	799-4555		
GEMME	FRANK	96 STONYBROOK ROAD	CAPE ELIZABETH, ME 04107	883-5161	767-2802	883-4469		
GIFTOS	SAM	38 STONYBROOK ROAD	CAPE ELIZABETH, ME 04107			774-2839		
GOODRICH	WAYNE	21 ASHBOURNE COURT	SOUTH PORTLAND, ME 04106	799-6192	799-4041	799-6192		
HAWES	NANCY	23 ASHBOURNE COURT	SOUTH PORTLAND, ME 04106	879-2100		773-6045		
HOBBS	JEFF	4 SMUGGLERS COVE RD	CAPE ELIZABETH, ME 04107	799-4472	799-8868	799-4417		
HOLDEN	DICK	16 ANCHORAGE PLACE	SOUTH PORTLAND, ME 04106	799-8342	799-7948	799-3450		
HOWE	BOB	HIGH BLUFF ROAD	CAPE ELIZABETH, ME 04107	774-6016	767-4160	774-9128		
KILROY	DICK		CAPE ELIZABETH, ME 04107	799-2221	799-6153	114-3120		
KNIGHT	CAPTAIN	10 PILOT POINT ROAD	CAPE ELIZABETH, ME 04107	797-9330	799-2943			
KOURAKOS	BILL	72 STONYBROOK ROAD	CAPE ELIZABETH, ME 04107	799-1755	799-1755			
LEVASSEUR	BOB	9 CHANNEL VIEW ROAD	CAPE ELIZABETH, ME 04107	767-9535		761-9597		
LIVINGSTON	ALEC	13 MINUTEMAN DRIVE	SCARBOROUGH, ME 04074	883-6310	883-3516	883-3576		
LOURIE	DAVID	189 SPURWINK AVENUE	CAPE ELIZABETH, ME 04107	799-4922	767-4266	767-4266		
MAHER	MICK	197 FOWLER ROAD	CAPE ELIZABETH, ME 04107		767-5346	761-6140		
	KEITH	53 TAMARLANE		767-5573	879-1348	767-2468		
MCALARY			PORTLAND, ME 04103		767-3191	799-7141		
MCGOVERN	MIKE	37 HIGH VIEW ROAD	CAPE ELIZABETH, ME 04107	799-5251		133-1141		
WCLAUGHLIN	JANET	54 OLDE COLONY LANE	CAPE ELIZABETH, ME 04107	767-7602	799-6190	775 0049		
MOOERS	DAN	39 OCEAN ROAD	SOUTH PORTLAND, ME 04106	775-7444 799-5000	799-7290 767-3852	775-0048		
MURPHY	ADRIENNE	P.O. BOX 2392	CAPE ELIZABETH, ME 04107			799-9226		
NICHOLSON	BJ	11 BROOKSIDE AVENUE	SOUTH PORTLAND, ME 04106	775-3474 799-2228	799-8654 883-4799	775-3226		
ISBET	DAVE	20 SCHOONER ROAD	SCARBOROUGH, ME 04074			799-7816		
PACKER	BOB	21 HUNTS POINT RD	CAPE ELIZABETH, ME 04107	800-464-3102		729-0635		
PAPPAS	NICK	54 OCEAN VIEW ROAD	CAPE ELIZABETH, ME 04107	774-6311	799-1604	774-1705		
YAS	KATHY	532 SPURWINK AVENUE	CAPE ELIZABETH, ME 04107	767-6400	799-0179	767-6407		
RINALDI	SAM	4 PURITAN DRIVE			883-3839	707 7000		
OBERTS	JACK	185 FOWLER ROAD	CAPE ELIZABETH, ME 04107			767-7620		
USSELL	JIM	P.O. BOX 11229	PORTLAND, ME 04104		773-6695	878-3513		
CHMIDT	LAURENZ	12 RIVER RIDGE	DAYTON, ME. 04005	775-4674	284-4525	761-6027		
CHNAUCK	DIETER	4 LONGVIEW STREET	CUMBERLAND, ME 04021	700 0404	700 0007	707 4700		
IMPSON	WARREN	5 LINWOOD STREET	CAPE ELIZABETH, ME 04107			767-1733		
MITH	DAVE		PORTLAND, ME 04102	874-0355		874-0865		
TANTON	BILL	145 WYTHBURN ROAD	SOUTH PORTLAND, ME 04106	761-1836	761-1836			
TUART	JOANNE		NEW GLOUCESTER, ME 04260			767-0442		
AGNER	TONY		CAPE ELIZABETH, ME 04107			799-8543		
ERXA	DICK	P. O. BOX 8744	PORTLAND, ME 04104	828-5777	773-0393	828-5781		

1996 - 1997

ROTARY INTERNATIONAL PRESIDENT

Luis Vicente Giay Arrecifes, Buenos Aires, Argentina

DISTRICT 7780 GOVERNOR

Craig S. Wellman Rotary Club of Kennebunk, ME

ROTARY CLUB

of

SOUTH PORTLAND-CAPE ELIZABETH

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Paul Butler, Secretary 116 Oakhurst Road Cape Elizabeth, ME 04107 MICHAEL K. McGOVERN 37 Highview Road Cape Elizabeth, ME 04107



Bug Light

TWO LIGHTS

South Portland - Cape Elizabeth Rotary Club On the Maine coast



Portland Head Light Cape Elizabeth

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth





Temporary Editor at work.

EDITOR'S NOTE: Yup, I'm back. For MARCH. Funky graphix and all. If you want anything printed in Two Lights this month, just let me know -- preferably in writing. Thanx! Dan Davidson, 767-4682.

March 5, 1997

Howard Buckley, President, **Mercy Hospital**

Mr. Buckley talked about the alliance between BC/BS and Maine Med. He said two myths were that they were merging ("they are not"), and that everyone is automatically in the plan ("there are many options").

Mercy Hospital, which was not originally included in the alliance, had several concerns. Among those was that the largest insurer and the largest provider in Maine shouldn't be allowed to dictate medical care. "That would have been poor public policy," Buckley said. He added that Mercy would have lost an estimated 66 percent of its business. Mercy is about 1/3 the size of Maine Med.

"Managed care is now an accepted concept," he says, "and it has proven to be a way to control costs. But the trade-off is loss of choice. Managed care is coming, however, whether we like it or not.'

Mercy is now, as news reports have indicated, included in the alliance -- "and we're pleased," says Buckley.

He adds, "Maine Med is a wonderful hospital and we're blessed to have two excellent hospitals to serve our community. The competition is good."

UPCOMING PROGRAMS:

- Mar. 12 -- To be arranged by Nick Pappas.
- Mar. 19 -- SPOUSES NIGHT at Embassy Suites. (Kathy Ray)
- Mar. 26 -- To be arranged by Sam Rinaldi.
- April 2 -- To be arranged by Jack Roberts.

SOUP KITCHEN TUESDAY MARCH 11

For more info, or to sign up for a shift, contact Joe Conroy. Dessert for this evening of service is cupcakes.

HAPPY BIRTHDAY TO EACH OF YOU!!

- March 11 -- Dan Mooers
- · March 12 -- Kathy Ray
- March 17 -- Don Day
- March 17 -- Nancy Hawes
- March 17 -- Mike McGovern
- March 18 -- Paul Butler
- March 18 -- Dieter Schnauck

HOOPSTERS! (Basketball players)

7:15 p.m. at the Cape Middle School gym on --

- Thurs. Mar.13
- Mon. Mar. 24
- Thurs. Apr. 3 (our last night) We need more players. Please join us!

ONE NEWSLETTER EDITOR NEEDED, ONE THANKED

Thanks to Mike McGovern for another great job editing the newsletter during February. PLEASE SEE KATHY RAY IF YOU WOULD BE WILLING TO EDIT TWO LIGHTS IN APRIL.

ASSIGNMENTS:



Programs Song Invocation Raffle gift Conductor

3/12 **Pappas** Bagdasarian Ray Mooers Stanton

3/19 K. Ray E. Brainin Rinaldi Murphy Stuart

3/26 Rinaldi Butler Roberts Nicholsn Wagner

4/2 Roberts Cantlin Schmidt Nisbet

Yerxa

4/9 Schmidt Carson Schnauck Packer Bagdasarian

Remember: If you can't be there, at least find a substitute. These are our jobs, not Wayne's or Jim's!

Arrecifes, Buenos Aires, Argentina ROTARY INTERNATIONAL 1996 - 1997 uis Vicente Giay PRESIDENT

Rotary Club of Kennebunk, ME DISTRICT 778 Craig S. Wellman GOVERNOR

SOUTH PORTLAND-CAPE ELIZABETH ROTARY CLUB

Chartered January 20, 1962

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Wayne A. Goodrich James Russell, Jr. Nancy Hawes Paul Butler

> President Elect Vice President Secretary reasurer

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Adrienne Murphy Kathan Ray Robert Flynn

DIRECTORS

Donald L. Day nternational Service Community Service Vocational Service Director at Large Slub Service

Paul Butler, Secretary Send makeups to:

Cape Elizabeth, ME 04107

116 Oakhurst Road



HAPPY DOLLARS:

Don Day -- for Howard Buckley David Lourie -- for Dan Mooers Paul Butler -- for a happy dollar from Bill Kourakos Jack Roberts -- for UM women's basketball success Karen Dunfey -- for the World Peace and Understanding Dinner

RAFFLE

What a unique, and delicious, prize!! Lucky winner was Suzanne who won a great-looking home-made pie created by Janet McLaughlin ... and a promise of two more coming.

In the early days of our Christmas tree sales, the Club bought trees at \$5, but being financially unsophisticated then, they also sold them for \$5. Seeing the results, the Club President said, "We're not making much profit." And the Vice President replied, "You're right. Next year we need to use a bigger truck."

THE ROTARY FOUR-WAY TEST: (a reminder of what we stand • Is it the TRUTH? • Is it FAIR to all concerned? • Will it build GOODWILL and BETTER FRIENDSHIPS? Will it be BENEFICIAL to all concerned?

SPOUSE'S NIGHT! **MARCH 19**

This fun function will be hosted by the Casco Bay Sunrise Club at the Embassy Suites Hotel (near the airport). Bring your favorite spouse for a nice evening of socializing with other Rotarians.

Cost of that evening's meal may be collected next week (Mar. 12).

See Kathy Ray for details.

BOWL-A-THON March 15

March 15 at Yankee Lanes in Portland -- 11 a.m. to about 2 p.m. -- with a buffet, and trophies! This year's tournament will support the Club's general fund.

Group leaders (for more information) are Bill Daviero, Jeff Gabrielson, and B.J. Nicholson.

There are four ways to participate:

- · our own club's teams
- · outside club's teams
- group/business sponsorships, Rotary connected
- · outside company solicitations in the community.

Mark your calendar and go scout out some people and teams to participate!

The Association of World Philosophers held its annual conference recently in New York. The program committee decided they needed someone to speak on the subject of thinking. Their unanimous choice was Decartes (you remember him: he said "I think, therefore I am"). Of course, Decartes is dead. So the Association created a time machine and brought him back. Built quickly, however, it malfunctioned and deposited him in San Francisco instead of New York. So he hopped a plane for New York. Enroute, the stewardess asked him if he'd like a drink. He replied, "I think not." And he disappeared.



South Portland — Cape Elizabeth Rotary Club On the Maine coast



Portland Haad Light Cape Elizabeth

Bug Light South Portland

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth

ROTARY CLUB HEADLINES

Alec Livingston to Become a Grandfather
Bill Kourakos Sends Happy Dollar From Florida
7 Club Members Attending Rotary Dinner in Portsmouth
Rick Dobson Recovering from Ruptured Achilles Tendon
Dick Holden has moved to Scarborough
Dave Nisbet Heads South Thanks to Phil Dube
Orientation Evening on March 9th at Community Center
Dan Davidson to Edit Bulletin in March
Basketball on March 6, 13, and 24.
Dan Gacetta announces new Inductees to Maine Sports Hall of Fame
Spouses's Night at Embassy Suites Hotel on March 19th
Howard Buckley to Speak on March 5th

Last Week's Program

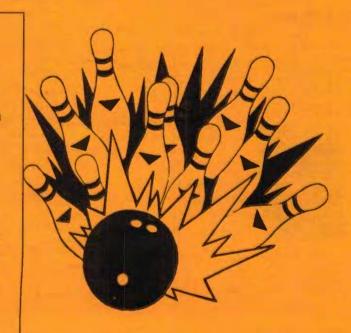
Bruce White spoke on February 26th on organ donation. As it was such an interesting program, additional information on organ donation is on the reverse.

More Information on the Bowling Tournament

March 15, 1997
Yankee Lanes in Portland
Co-Chairs- Bill Daviero, Jeff Gabrielson,
BJ Nicholson
11:00 a.m. to 1:00 p.m. Bowling
1:00 p.m. to 2:30 p.m. Awards and Lunch
\$25 per bowler – 4 Bowlers Per Team
\$100 per team
Attempt to Have Teams Sponsored for
Addt. \$100

Club is organized for Soliciting Sponsors and Rotarians to Participate. Organizers are Jack Roberts, Joe Conroy, Mike McGovern, Janet McLaughlin, Bob Carson, Nancy Hawes, Paul Butler, Jim Russell and Alec Livingston.

More questions will be answered at the



MICHAEL K. McGOVERN 37 Highview Road Cape Elizabeth, ME 04107

WARREN SIMPSON 5 LINWOOD STREET CAPE ELIZABETH, ME 04107



MORE FACTS ABOUT ORGAN DONATION

20 FACTS ABOUT ORGAN DONATION AND TRANSPLANTATION

- 1. More than 40,000 U.S. patients are currently waiting for an organ transplant; more than 2,000 new patients are added to the waiting list each month.
- Every day, about 8 to 9 people die while waiting for a transplant of a vital organ, such as a heart, liver, kidney, pancreas, lung or bone marrow.
- 3. In 1994, about | 1 percent of the patients on the list for heart transplants died while waiting because of the lack of available organs.
- 4. About 12 percent of the patients currently waiting for liver transplants are young people under 18 years of
- 5. Acceptable organ donors can range in age from newborn to 65 years or more.
- 6. Acceptable organ donors are those who are "brain dead" (brain function has ceased permanently) but whose heart and lung continue to function with the use of artificial life supports. Brain dead is a legal definition of death.
- 7. An estimated 10,000 to 14,000 people who die each year meet the criteria for organ donation, but less than half of that number become actual organ donors.
- Vital organs may be recovered and transported thousands of miles to a transplant center for transplantation. This is due, in part, to advances in preservation techniques
- 9.Donor organs are matched to waiting recipients by a national computer registry, called the National Organ Procurement and Transplantation Network (OPTN). This computer registry is operated by an organization known as the United Network for Organ Sharing (UNOS), which is located in Richmond, Virginia.
- 10.Currently there are 54 organ procurement organizations (OPOs) across the country, which provide organ procurement services to some 279 transplant centers.
- 11.By federal mandate, all states must have some form of "Required Request" legislation, which requires hospitals within the state to set up a protocol for offering the next-of-kin of someone who has died the option of donating the organs and tissues of the deceased.
- 12. By signing a Uniform Donor Card, an individual indicates his or her wish to be a donor. However, at the time of death, the person's next-of-kin will still be asked to sign a consent form for donation. It is important for people who wish to be organ and tissue donors to tell their families about this decision so that their wish will be honored at the time of death. It is estimated that about 35% of potential donors are never utilized because family members refuse to give consent.
- 13.All costs related to the donation of organs and tissues are paid for by the donor program. Rarely a family has received a bill by mistake. If this happens, families should contact the hospital or procurement agency immediately.
- 14. There were 5,100 cadaver donors in the U.S. in 1994, which represented a small increase over the total of 4,860 in 1993. Living donors increased from 2,803 in 1993 to 2,874 in 1994.
- 15.Donor organs and tissues are removed surgically, and the donor's body is closed, as in any surgery. There is no deformation of the body and open casket funcrals are still possible.
- 16.Organ donation has been low among minority groups. Only 585 African-Americans and 411 Hispanic-Americans donated organs in 1994; this is in sharp contrast to the 3,962 Caucasian-Americans who donated organs in 1994.
- 17.Organ transplant recipients are also selected on the basis of medical urgency as well as compatibility of body size and blood chemistries and not race, sex or creed.
- 18. The success rates of all types of organ and tissue transplants have improved due to advances in surgical technique, organ preservation and the development of more effective drugs to prevent rejection.
- 19. About 80 percent of the kidneys transplanted from cadavers (persons who died recently) are still functioning well at one year after surgery. The results are even better for kidneys transplanted from living related donors because of more closely matched organs. One year after surgery, 93 percent of these kidneys were still functioning well.
- 20.Of the single kidney transplants performed in 1994, 2,980 were from living donors and 7,642 were from cadaver donors. Another 746 kidneys were transplanted in combination with pancreas transplants, for a total of 11,368 kidney transplants.



South Portland — Cape Elizabeth Rotary Club On the Maine coast



Portland Head Light Cape Elizabeth

Bug Light South Portland

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth





Temporary Editor at work.

EDITOR'S NOTE: For MARCH, if you want anything printed in Two Lights, just let me know -- preferably in writing. Thanx! Dan Davidson, 767-4682.

March 12, 1997 MCBVI

Steve Obremski, Executive Director of the Maine Center for the Blind and Visually Impaired -- and his guide dog Promise -- told us of the activities of his organization.

The MCBVI was begun in 1905 (same year as Rotary) and one of the original board members was Joshua Chamberlain. They began by making brooms and mattresses.

Today, the Center offers rehabilitation services where people learn needed skills and how to use their other senses more effectively. The group also works with people in their homes (since the majority of blind are now over 55).

The Center teaches computer skills in its technology program so people can use the speech output capabilities of computers. Some assembly work is done for local manufacturers. And they make and sell various products, including some contracted to the government.

The MCBVI has a lot of needs -- for equipment, volunteers, dollars. If you can help, call 774-6273 or visit their Portland office at 189 Park Ave. (near Hadlock Field stadium).

UPCOMING PROGRAMS:

Editor's Note: Let me know WHAT your program is so it can be printed here. Please!!

- Mar. 19 -- SPOUSES NIGHT at Embassy Suites.
 (Kathy Ray)
- Mar. 26 -- Donna Lambreth of Time Warner Cable, arranged by Sam Rinaldi.
 (& followed by a Board meeting)
- April 2 -- To be arranged by **Dave Nisbet**. (who swapped with Jack Roberts)
- April 9 -- To be arranged by Laurenz Schmidt

CONGRATULATIONS TO ALL!

- March 31 -- Mick Maher
- April 1 -- the anniversary of Bob Packer and Peggy (anyone else wonder why they chose this date?)
- April 3 -- BJ Nicholson
- April 3 -- Jack Roberts and Shari celebrate #?

HOOPSTERS! (Basketball players)

7:15 p.m. at the Cape Middle School gym on --

- Mon. Mar. 24
- Thurs. Apr. 3 (our last night)
 We need more players. Please join us!

NEWSLETTER EDITOR NEEDED

PLEASE SEE KATHY RAY IF YOU WOULD BE WILLING TO EDIT TWO LIGHTS IN APRIL.

ASSIGNMENTS:



3/19
Programs K. Ray
Song N/A
Invocation N/A
Raffle gift N/A
Conductor N/A

3/26 Rinaldi E. Brainin Rinaldi Murphy Stuart

4/2 Nisbet Butler Roberts Nicholsn Yerxa 4/9 Schmidt Cantlin Schmidt Nishet

4/16 Schnauck Carson Schnauck

Nisbet Packer Bagdasarian Brainin

Remember: If you can't be there, at least find a substitute. These are our jobs, not Wayne's or Jim's!





- · Don Day for a new daughter at Sam Rinaldi's and for Jim as "fill-in" pres.
- · Nick Pappas for his daughter being honored as Magna Cum Laude.
- · David Lourie for the fact that Alec "counts."
- · Frank Gemme for a week in 'Frisco.
- · Eleanor Brainin for sub song leaders.
- · BJ for being back.
- · Joe Conroy for soup kitchen helpers.
- Jeff Gabrielson for son Jeremy being home AND for being able to remain in Cape and with the Club despite an upcoming transfer to an assignment in D.C.

RAFFLE

... was donated by Dan Mooers and won by our guest speaker ... who asked that we re-raffle it. President-Acting Jim said we'll give the proceeds of the re-raffle to the Maine Center for the Blind.

A Rotarian entered a local newspaper's pun contest. He sent in 10 different puns in the hope that at least one of them would be a winner. Unfortunately, no pun in ten did.

If you haven't been there, try "rotary.org" on the Internet. To the right is a sample of one of their pages that offers a lot of information. In this small size, it doesn't reproduce too well here, but it's worth having a look at the original in the WWW. -- your editor.



This fun function will be hosted by the Casco Bay Sunrise Club at the Embassy Suites Hotel (near the airport).

6:00-7:00 p.m. cocktails, dinner at 7:00 p.m. -- a buffet featuring a Caribbean Island menu!

The program will be a "limited" one.

See Kathy Ray for more details.

FROM THE SECRETARY (PAUL) ...

a report that Dick Kilroy has sent in a make-up for March 26 (which, for those of you who don't read carefully hasn't yet occurred, at least "up North"). Paul is sure Dick means February 26, but does wonder if Dick has been sitting in the sun too long!

BOWL-A-THON March 15

I'm sure we'll hear more about how this went, but our thanks to the three primary organizers for all their hard work and dedication to the Club: Bill Daviero, B.J. Nicholson, and Jeff Gabrielson. And to all the members who helped out and supported the event.



Send makeups to:

Cape Elizabeth, ME 04107

Paul Butler, Secretary 116 Oakhurst Road

Director at Large International Service Vocational Service Community Service Donald L. Day Alec C. Livingston Adrienne Murphy Robert Flynn

Kathanne Ray

DIRECTORS

Paul Butler Nancy Hawes Frank Gemme James Russell,

Secretary Vice President President Elect

Ireasurer

OFFICERS Wayne A. Goodrich

Chartered January 20, 1962 Club #6316

SOUTH PORTLAND-CAPE ELIZABETH ROTARY CLUB

Rotary Club of Kennebunk, ME Craig S. Wellman

Arrecifes, Buenos Aires, Argentina DISTRICT 7780

GOVERNOR

ROTARY INTERNATIONAL Luis Vicente Giay PRESIDENT



South Portland — Cape Elizabeth Rotary Club On the Maine coast



Portland Head Light Cape Elizabeth

Bug Light South Portland

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth





Temporary Editor at work.

EDITOR'S NOTE: For MARCH, if you want anything printed in Two Lights, just let me know -- preferably in writing. Thanx! Dan Davidson, 767-4682.

March 19, 1997 dining@CascoBayClub.org

Caribbean Island cuisine, fun, frivolity, old friends, new friends -- what more could one want?



And Past-President Jack enjoyed the menu!

UPCOMING PROGRAMS:

Editor's Note: Let me know WHAT your program is so it can be printed here. Please!!

- Mar. 26 -- Donna Lambreth of Time Warner Cable, arranged by Sam Rinaldi. (see page 2)
 (& followed by a Board meeting)
- April 2 -- To be arranged by Dave Nisbet.
 (who swapped with Jack Roberts)
- April 9 -- To be arranged by Laurenz Schmidt.
- April 16 -- To be arranged by Dieter Schnauck.

CONGRATULATIONS TO ALL!

(here they are again so's you can send 'em a card)

- March 31 -- Mick Maher
- April 1 -- the anniversary of Bob Packer and Peggy (anyone else wonder why they chose this date?)

- April 3 -- BJ Nicholson
- April 3 -- Jack Roberts and Shari celebrate #?

HOOPSTERS! (Basketball players)

7:15 p.m. at the Cape Middle School gym on --

- Mon. Mar. 24
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 We need more players. Please join us!

NEWSLETTER EDITOR NEEDED

PLEASE SEE KATHY RAY IF YOU WOULD BE WILLING TO EDIT TWO LIGHTS IN APRIL.

(Kathy is even offering a two-fer-one deal: would someone take it for 2 weeks in April, someone else for the other 2 weeks??)

ASSIGNMENTS:



Programs Song Invocation Raffle gift Conductor 3/26 Rinaldi E. Brainin Rinaldi Murphy Stuart 4/2 Nisbet Butler Roberts Nicholsn Yerxa

4/9 Schmidt Cantlin Schmidt Nisbet

4/16 Schnauck Carson Schnauck

Packer

Bagdasarian Brainin

4/23 Stuart Conroy Simpson

Pappas Cantlin

Remember: If you can't be there, at least find a substitute. These are our jobs, not Wayne's or Jim's!

1996 - 1997

Arrecifes, Buenos Aires, Argentina ROTARY INTERNATIONAL Luis Vicente Giay PRESIDENT

Rotary Club of Kennebunk, ME DISTRICT 7780 Craig S. Wellman GOVERNOR

SOUTH PORTLAND-CAPE ELIZABETH ROTARY CLUB

Chartered January 20, 1962 Club #6316

OFFICERS

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> President Elect Vice President

President

rank Gemme

Secretary Treasurer DIRECTORS

Adrienne Murphy Katharine Ray Donald L. Day Robert Flynn International Service Community Service Vocational Service Director at Large Club Service

Alec C. Livingston

Send makeups to:

Cape Elizabeth, ME 04107

Paul Butler, Secretary

16 Oakhurst Road

"As its first cmmunity project, the Chicago Rotary Club led a campaign to install comfort stations in City Hall. The project was unpretentious, but it set a lasting precedent for civic service." (Source: Adventure in Service, R.I., 1980, p.3)

Notes from Paul "Mr. Secretary" Butler:

· Our Board has voted a leave of absence to David Smith through June 30th (the end of the Rotary year). We'll miss David during that time.

· ... and some attendance trivia:

The first 14 Rotarians on our list alphabetically were all in attendance at the March 12 meeting; and our newest Rotarians (Bob Howe and Keith McAlary) have four straight weeks of perfect attendance. Well done to all!

CABLE INTERNET ACCESS PROGRAM: MARCH 26

Sam Rinaldi will introduce Donna Lambreth, Marketing Director for Road Runner Service of Time Warner Cable.

She'll talk with us about the upcoming April 2 announcement of cable Internet access.





Gonna leave this category here -- after all, if you really want to, you can still "donate" a Happy Dollar at any time -- even though we didn't call for them at the Embassy Suites event.

Sent to Dan Mooers by a friend in Bangledesh: "Excellence can be attained if you .. Care more than others think is wise, Risk more than others think is safe, Dream more than others think is practical, Expect more than others think is possible."



Feb. 23, 1905 -- Rotary was founded and organized by Paul Harris (one of the guys in the picture on the left; ask Mike McGovern which one he is). The other three are a merchant, a car dealer (hopefully, not "used"), and a mining engineer.

The group wanted to get together socially (maybe bend an elbow at noontime?) and share business information. They alternated meeting at each other's offices -- hence, the name "ROTARY."

(The photo was downloaded from R1's home page on the World Wide Web.)





TWO LIGHTS

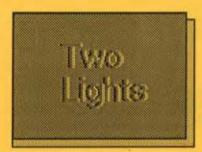
South Portland - Cape Elizabeth Rotary Club On the Maine coast



Portland Head Light Cape Elizabeth

Bug Light South Portland

Wednesday 6:15 p.m. at Purpoodock Club, Spurwink Avenue, Cape Elizabeth





Temporary Editor at work.

EDITOR'S NOTE: For MARCH (and now for part of April, too!). If you want anything printed in Two Lights, just let me know preferably in writing. Thanx! Dan Davidson, 767-4682.

March 26, 1997 **Donna Lamberth Time Warner Cable**

Donna represents RoadRunner, a brand-new high speed digital on-line service from Time Warner Cable.

You can now get on-line service -- including Internet access -- without using a phone line. New cable lines (the same ones you use to see cable TV) have been installed in the Portland area. They have a greater capacity and can operate both your TV and this new on-line service. Your cable TV service is not affected when you use the on-line service; it just runs through the same cable simultaneously.

Using a new cable modem technology, the service provides much faster download times without tying up phone lines. It provides an Internet link at high speed, e-mail services, and unlimited access. Donna tells us it is much faster than current phone modem service.

Portland is the 4th city in the country to have this system, so we are at the cutting edge.

Donna was kind enough to set up all the equipment and give us an actual demonstration of the new system. We even saw the web sites of a couple of Rotary members!

Service is expected to begin in April, so this is the latest, breaking techie news folks!

UPCOMING PROGRAMS:

Editor's Note: Let me know WHAT your program is so it can be printed here. Please!!

- April 2 -- To be arranged by Dave Nisbet. (who swapped with Jack Roberts)
- April 9 -- Maine humorist Kendall Morse is back! (and, we're told, so is President Wayne)
- April 16 -- To be arranged by Laurenz Schmidt.
- April 23 -- To be arranged by Joanne Stuart.
- April 30 -- To be arranged by Dick Yerxa. To give you a "heads up," May and June will be (in order): Bagdasarian, Brainin, Cantlin, Carson, Conroy, Danielson, Daviero, Day.

HELP! We need an "interim" APRIL newsletter editor!

Call Kathy Ray if you can help. Kathy is even willing to make a 2-fer-1 deal -- maybe a couple people could share the month of April.

(Meantime, ol' Dan is stuck with it so let me repeat: HELP!)

CONGRATULATIONS TO ALL!

(here they are again)

- March 31 -- Mick Maher
- April 1 -- the anniversary of Bob Packer and Peggy
- April 3 -- BJ Nicholson's natal day
- April 3 -- Jack Roberts and Shari celebrate #26

HOOPSTERS! (Basketball players)

7:15 p.m. at the Cape Middle School gym on --

• Thurs. Apr. 3 (our last night) Help us finish the season is good shape ... and pay our bills to the Club. Please join us!

ASSIGNMENTS:



Programs Song Invocation Raffle gift Conductor

4/2 Nisbet Butler Roberts Nicholsn Yerxa

4/9 (arranged) Cantlin Schmidt. Nisbet

4/16 Schmidt Carson Schnauck Packer Bagdasarian Brainin

4/23 Stuart Conroy Simpson Pappas

Cantlin

4/30 Yerxa Danielson Stanton Ray Carson

Remember: If you can't be there, at least find a substitute. These are our jobs, not Wayne's or Jim's!





- land.
- Sam Rinaldi -- for new daughter Sarah Marie (3/12)
- Laurenz Schmidt -- for the separation of Fairchild and National Semiconductor (he must really be happy; he gave \$20!). AND for no broken bones skiing.
- Rick Dobson -- for being off crutches and for the anniversary of his company.
- Dick Holden for an upcoming meeting in Fla. with the Giftos and Kilroy folks.
- Bill Stanton -- for winning the raffle.
- Jim Russell -- for the organizers of the Casco Bay Club meeting last week, for Phil's PHF, and for having survived his PETS training

BOWL-A-THON STRIKES UP ± \$1700

Congratulations and thanks to B.J. Nicholson and Bill Daviero, our organizers of this event. They reported that a total of about \$1925 was raised -- after taking out expenses, a net of around \$1700.

There were a lot of trophies, including Joe Conroy as Best Irish Bowler and Mick Maher for High

Next year is already in planning: the theme (and recipient) will be literacy programs.

PROGRAM: APRIL 2

To be arranged by Dave Nisbet. (At the time Two Lights went to press, we did not have information on Dave's program.

RAFFLE

The Maine Center for the Blind and Visually Impaired allowed us to re-raffle a pen set which they won a couple weeks ago. Bill Stanton won it this time. AND the \$37 we raised will be donated to the MCBVI!

PAUL HARRIS FELLOW

Bay Club joint meeting last week when he was presented with a Paul Harris Fellow by our Club. Congratulations, Phil!

Phil Dube says he was truly surprised at the Casco

PolioPlus



B+ B+ B+ **UPCOMING:**

Saturday, April 26 -- District Assembly. All Club Directors should attend. The event will be held at the Univ. of New England.

There will be a special program during the Assembly for new members -- all of whom are invited to attend.

(See Paul Butler for more information.)



OFFICERS

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rank Gemme

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WARREN SIMPSON 5 LINWOOD STREET CAPE ELIZABETH, ME 04107