# **TWO LIGHTS**

# Rotary Club of South Portland – Cape Elizabeth December 6, 2017

#### **UPCOMING PROGRAMS:**

December 13 – Martha Currier; Avoiding Scams – Advice from the Maine Attorney General's Office December 20 – Holiday Fellowship December 27 – NO MEETING

#### ASSIGNMENTS

	December 13	December 20	<u>January 3</u>
Opening Words	LoBosco	Leasure	Healey
Raffle Gift	York	Albert	Altenburg
Conductor	F Bagdasarian	Britt	Butler

I should probably change this portion of the bulletin from "Who won the raffle this week?" to "What did Fran win this week?" This week it was his & hers snow shovels donated by Dick Yerxa – congratulations – again!!

#### MARK YOUR CALENDAR:

**December 9 (Saturday), 9 – 3** – International Artisan Fair, Partners for World Health, 40 Walch Drive, Portland

- December 12 Soup Kitchen, please sign up online.
- December 15 Deadline to apply for District Cultural Exchange trip to Kenya
- December 28 Tree Lot Takedown (tentative)
- January 27-28 WinterFest
- June 23-27 Rotary International Convention, Toronto

# What's New With Our Members

Our thoughts are with Frank  $\mathcal{E}_T$  Debbie Butterworth as their son in California struggles to get well.

Happy Birthday to Alec Livingston (12/15) Tom Meyers (12/17) Dave Bagdasarian (12/19)

Happy Anniversary to

Lloyd & Ellen Kníght (12/14) - 71 years! Laurenz & Barbara Schmídt (12/18) - only (!) 47 years

Former member Thurston Holt's niece Tina bought a tree from us and reports that 98-year-old Thurston is doing well.

Thank you to Edie Davidson for the yummy and festive cookies she baked for the tree sale crew.

**Life is Better when you have a Trophy to share it with** – Bill Daviero, Bob Knupp and Adrienne Murphy all had 14 correct picks (out of 15) but Adrienne won the tie-breaker. I think those not in the pool would not have seen these, but after Doug Schauf won, he sent the pool participants pictures of his entire family enjoying the trophy, including taking it to bed with them. We expect to see pictures from Adrienne of the trophy making a prominent appearance at her birthday celebration on Friday (12/8)!

**"It's Science; it's not common sense!"** – We learned this mantra from our speaker Linda Riddell, who was introduced and invited to speak to us by Bill Daviero. A resident of Cape Elizabeth, Linda is a consultant whose business is called Health Economy LLC. Bill is a fan of her blogs, which are cleverly written as indicated by their titles: "Health **Un**surance" and "Sickonomics." Linda gave us 3 examples of situations where common sense or looking at the numbers without taking a deep dive can lead to the wrong conclusion. One of the examples was the tax that Mexico imposed on junk food in 2014. Later analysis showed that it decreased consumption of sugar by the equivalent of 6 ounces of soda per person per month, so not very effective, right? But further analysis showed that sugar consumption in low income households decreased by 10%, and this is the population whose health is most greatly improved by limiting sugar. Linda's presentation was very thought-provoking – thanks for inviting her, Bill!

<u>A Pat on the Back</u> – District PolioPlus chair Lawrence Furbish visited us last night to present last year's president Bill Anderson with a certificate congratulating us on our generosity in helping to eradicate polio. Our district donated about \$70,000 last year – over a fourth of that (\$18,000) came from just one club – ours! Thank you to **everyone** who contributed – whether through the cans on the tables, personal donations or participation in club fundraisers that allow the club to make a donation.



Lawrence is shown presenting the certificate to PP Bill Anderson, with current Foundation cochairs Anne & Nancy H, and last year's Foundation co-chair Sue looking on. Thank you to John LoBosco for the photo.

#### ROTARY CLUB OF SOUTH PORTLAND/CAPE ELIZABETH, MAINE www.sp-ce-rotary.org

<u>Officers</u> President – Sue Sturtevant President-Elect – Fran Bagdasarian Vice President – David Lourie Secretary – Kathy Cotter Treasurer – Nancy Irving

<u>Directors</u> Club Administration – Doug Schauf Community Service – Bob Knupp Membership – Laurenz Schmidt International & Foundation – Catherine Callahan Youth Services – Rich Daniels Director-At-Large – Bill Anderson

> <u>Committee Chairs</u> Publicity – Jim Britt Bulletin Editor – Nancy Hawes Program Chair – Mike McGovern

### **ROTARY INTERNATIONAL PRESIDENT**

Ian Riseley Rotary Club of Sandringham, Victoria, Australia

## **DISTRICT 7780 GOVERNOR**

Dave Underhill Rotary Club of Portsmouth