# TWO LIGHTS

Rotary Club of South Portland - Cape Elizabeth November 15, 2017

#### **UPCOMING PROGRAMS:**

November 22 – NO MEETING – HAPPY THANKSGIVING!

#### **ASSIGNMENTS**

	November 29	December 6	December 13
Opening Words	Landry	Leasure	Livingston
Raffle Gift	Wagner	Yerxa	York
Conductor	Altenburg	D Bagdasarian	F Bagdasarian

Lucky Hugh O'Shea was the raffle winner of a gift certificate to Shaw's, just in time for Thanksgiving.

#### **MARK YOUR CALENDAR:**

**November 24** – 1<sup>st</sup> Tree Unloading

**December 2** – 2<sup>nd</sup> Tree Unloading

**December 9 (Saturday), 9 – 3** – International Artisan Fair, Partners for World Health, 40 Walch Drive, Portland

**December 12** – Soup Kitchen, please sign up online.

**December 28** – Tree Lot Takedown (tentative)

January 27-28 – WinterFest

June 23-27 – Rotary International Convention, Toronto

## What's New With Our Members

Bon Voyage to Ellie  $\mathcal{E}_{t}$  Chris Speh as they make their annual pilgrimage south for the winter - we'll miss you!

Happy Birthday to Mike Tranfaglia (Dec. 2)

Continuing get well wishes to Edie Davidson.

Get well wishes also to Tim Butterworth, son of Frank & Debbie.

<u>Almost Tree Time!</u> – The lot set-up is this weekend (Saturday):

- $\triangleright$  7:30 Loading at fire barn
- ➤ 8:00 ish Arrive at Mill Creek.

Fran will be sending us additional information about the tree sale – check your email!

How Can One Guy be so Lucky? – In addition to winning the raffle, Hugh O'Shea also WON THE FOOTBALL POOL – for the 2<sup>nd</sup> time! What's going on!!!! Acting Commissioner Ray Healey (H-E-A-L-E-Y) reported the findings after filling us in on how he personally gets football pool insider tips ("inside" as in inside prison) from Eenie Tortellini who is currently serving 10-12 for arson & fraud. It did not escape notice that when Commissioner Chuck is not counting the picks himself, he places last rather than tying for first.

**Soup Service Above Self** – Serving at the soup kitchen this week were:

- Tony Wagner
- **6** Bob Knupp
- Ray Healey
- David Lourie
- Phil Dube
- Paul Butler
- **6** Jim Britt
- Pam Mutty (thanks, Pam!)
- **6** Joe Conroy
- 9 students from SPHS along with their Interact adviser Jennifer Major.

<u>Your Opportunity to Have a Voice</u> – Program chair Mike McGovern is looking for suggestions on speakers for the upcoming 3 months. If you have ideas, please forward them to him by email <a href="maine.rr.com"><u>mmcgove1@maine.rr.com</u></a> or by calling him at 767-3191.

<u>Well, Well</u> – Our club, along with 14 other clubs in our district, has donated money to pay for a well in a village in Guatemala.

On Pins & Needles – We had a classification talk this week from Ursula Schmidt, who came to the US from Argentina over 30 years ago to get married in Kentucky. At that time she was a veterinarian, as was her husband. They moved to California where she raised her 2 children. She became interested in Chinese medicine and enrolled in a 3-year master's program. In 2013 she moved to Cape Elizabeth because her daughter lived here (but the daughter moved to Texas two years later!). She has her own practice in South Portland (corner of Rte 77 & Sawyer) where she practices acupuncture and associated methods such as cupping. While western medicine has an orientation towards chemistry, Chinese medicine is focused on the physics of the body, and the flow of chi (life force) through channels in the body (which correspond to the spaces between the fascia). As a practitioner of a therapy that relieves pain through non-chemical means, Ursula is very naturally interested in making an impact on opioid abuse and is on our District's Recovery Committee – please see her if you have an interest in the committee's work. Thanks for telling us your fascinating story, Ursula!

# ROTARY CLUB OF SOUTH PORTLAND/CAPE ELIZABETH, MAINE

www.sp-ce-rotary.org

#### **Officers**

President – Sue Sturtevant
President-Elect – Fran Bagdasarian
Vice President – David Lourie
Secretary – Kathy Cotter
Treasurer – Nancy Irving

#### Directors

Club Administration – Doug Schauf Community Service – Bob Knupp Membership – Laurenz Schmidt International & Foundation – Catherine Callahan Youth Services – Rich Daniels Director-At-Large – Bill Anderson

#### Committee Chairs

Publicity – Jim Britt Bulletin Editor – Nancy Hawes Program Chair – Mike McGovern

#### ROTARY INTERNATIONAL PRESIDENT

Ian Riseley Rotary Club of Sandringham, Victoria, Australia

**DISTRICT 7780 GOVERNOR** 

### Dave Underhill Rotary Club of Portsmouth