

# TWO LIGHTS

Rotary Club of South Portland – Cape Elizabeth

May 8, 2019



*Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.*

## UPCOMING PROGRAMS:

May 15 – Lee Patenaude, Bath Rotary Club, International Project

May 22 – Sheila Rollins, Rotaract service trip to Puerto Rico

May 29 – Club Assembly

## ASSIGNMENTS

	<u>May 15</u>	<u>May 22</u>	<u>May 29</u>
Opening Words	Meyers	Mutty	Nadirli
Raffle Gift	Daniels	Danielson	Danois
Conductor	Dube	Egner	Frustaci
Set Up #1	Sturtevant	Vachon	Speh
Set Up #2	Swift-Kayatta	Veroneau	Yerxa

*Congratulations to Peter Bennett who won a gift certificate to Olive Garden donated by Paul Butler.*

## MARK YOUR CALENDAR:

**May 11** – 9 a.m., 20 Gooch Street, Biddeford – Crutches4Africa loading

**May 18** – Bug Light Kite Festival; Bug Light will be open for tours. Sign up on the club website.

**May 20 (Monday)** – Seniors Lunch at McKernan Center, SMCC. Kathy Cotter reports that we have enough volunteers.

**May 29** – Antique Car Show at Bug Light (open for tours)

**June 11 (Tuesday)** – “Feeding Neighbors in Need” – a benefit concert for the South Portland Food Cupboard featuring the Don Campbell Band. 7-10 at Aura, tickets are \$35

**June 15** – Family Fun Day, Fort Williams Park. Note that shifts will only be 2 hours this year so we will need more volunteers.

**June 21-22, 2019** – RotaryFest 2019! District Conference at Fort Williams. Free event for the whole family – plan to attend!! Register online at District 7780 webpage.

**June 30** – Cape Elizabeth Land Trust Art for Preservation (we will help park cars)

### What's New With Our Members

*Happy Birthday, Mike Geneseo (May 20)*

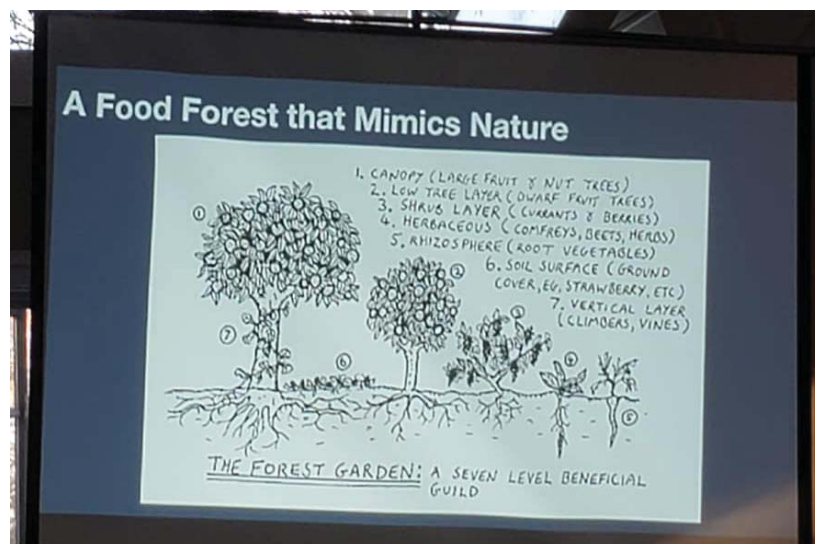
*Get Well Wishes to Ibbly Conroy as she recovers from a broken shoulder.*

*Thank you Joe Conroy for your help in interviewing scholarship candidates (inadvertently not mentioned in last week's bulletin).*

*Thank you Peter Bennett for volunteering to help with the CEHS Interact Club next year.*

*Welcome back, Bill York, who rumor has it has been deported from the Isle of Wight. Our sympathies to Ray Healey who is hosting him. Seriously though, it was nice to see Bill who never expected to be back here but immigration complications necessitated coming back to Maine - it was a throwback to old times to hear the happy dollar litany of the pros and cons of living in the UK.*

*Thank you to everyone who has putting dollars into the polio cans - the most recent emptying of the cans yielded \$60 which will be put to good use in eradicating polio.*



**What is Permaculture?** – I googled that word when Fran sent out the reminder of this week’s meeting. Our speaker Kate Wallace from the Resilience Hub said that there are actually over 100 different definitions. The definition on their website is “a design process and set of techniques for creating a resilient, thriving and abundant future.” Kate explained to us that it shouldn’t be enough just to be “sustainable” – i.e. not making things worse. We should be trying to make things BETTER – i.e. to repair and restore and create resilient systems. She described the Ethics of permaculture:

- ★ Earth Care
- ★ People Care
- ★ Return the Surplus
- ★ Awareness of Limits

An example of processes in the permaculture “toolkit” is sheet mulching (or lasagna!), in which rather than disturbing the soil through roto-tilling, you add nutrients to the soil in layers.

The Resilience Hub conducts “permablitzes” in which a group of volunteers transforms a site in one day based on a permaculture design. There are six permablitzes scheduled for this summer – check out their website <https://resiliencehub.org/> for more information. If you do, you’ll discover that Kate modestly didn’t mention that the organization won the 2019 Portland Press Herald Source Sustainability Award – Congratulations!

**RYLA Testimonial** – From the April 30 Varsity Maine column of the Portland Press Herald which featured Maddy Joyce of Falmouth:

*Q: You weren’t among the top 10 runners on the [cross country] team and never scored in a meet, yet you were one of the six captains (3 boys and 3 girls). Why?*

*A: I’ve done quite a bit of leadership training in high school. My sophomore year I went to RYLA (Rotary Youth Leadership Awards), a 4-day leadership camp. Each Rotary Club in Maine sponsors a few students from their schools to go to Camp Hinds in Raymond. You spend four days with intense leadership activities. That was one of the best high school experiences I’ve ever had.*

**ROTARY CLUB OF SOUTH  
PORTLAND/CAPE ELIZABETH, MAINE**

**[www.sp-ce-rotary.org](http://www.sp-ce-rotary.org)**

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