

TWO LIGHTS

Rotary Club of South Portland – Cape Elizabeth
August 21, 2019



Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

UPCOMING PROGRAMS:

August 28 – Tim Cheney, Opioid Addiction. Meeting at Maine Table, NOT PURPOODOCK!

ASSIGNMENTS

	<u>August 28</u>	<u>September 4</u>	<u>September 11</u>
Opening Words	Sprague	U. Schmidt	Sturtevant
Raffle Gift	Leasure	LoBosco	McAleney
Conductor	LoBosco	McCoy	McDonald
Set Up #1	Landry	McDonald	McGovern
Set Up #2	McCoy	LoBosco	McKenna

Bill Daviero won a gift certificate to Terra Cotta donated by Denis Landry – Buon Appetito, Bill!

MARK YOUR CALENDAR:

September 8 – Foundation Football Pool begins!

September 11 – Sea Bag raffle drawing!

September 14 – Open Lighthouse Day. Bug Light will be open from 9-3. We are looking for someone to coordinate. There will be an online sign-up for 2-hour shifts.

September 14 – Yard Sale & Open House at South Portland Food Cupboard

September 18 – Board meeting at Purpoodock following regular meeting

October 5, 9-4 – “Rotary Rocks!” A District Conference Like No Other. Abromson Center at USM

What's New With Our Members

Happy Anniversary to:

- 🐚 Kathy & Peter Cotter (August 29) (and best wishes to Peter as he continues to recover from surgery)
- 🐚 John & Sue LoBosco (August 31)

Congratulations to Hugh O'Shea as he starts a new job with Clark Insurance (they must have heard that he's perfect!)

Bill York sends greetings from the Isle of Wight. The Rotary club he attends there has gone from 12 members to 6; it was not clear if Bill is responsible for this drop or not. And Great Britain isn't convinced yet that they want him as a citizen, so who knows, he may be back!

Thank you to Virginia for these opening words from Emanuel Swedenborg:

"Kindness is an inner desire that makes us want to do good things even if we do not get anything in return. It is the joy of our life to do them. When we do good things from this inner desire, there is kindness in everything we say, want, and do."

Reminders –

1. We are meeting at the Maine Table next week. We don't know the name of the room yet (not the one we met in last time) but someone will be there to let you know where to go.
2. Football season starts soon! Entry fee for the entire season is \$50, with a check made payable to The Rotary Foundation, or go to the RI website to donate online (and let me know that you did). If you know anything at all about the NFL, you're over-qualified to compete in this pool. And if you're not able to turn in your picks for a particular week, Jim Britt has a way of picking teams randomly for you. It's a lot of fun, and see article below about why we're raising money to eradicate polio.
3. Sea Bag raffle! "Tickets" (actually virtual tickets – Nicole will write your name on a piece of paper) are \$20 – you can give Sue or Nicole cash or a check made out to SPCE Rotary. And here's what you're hoping to win:



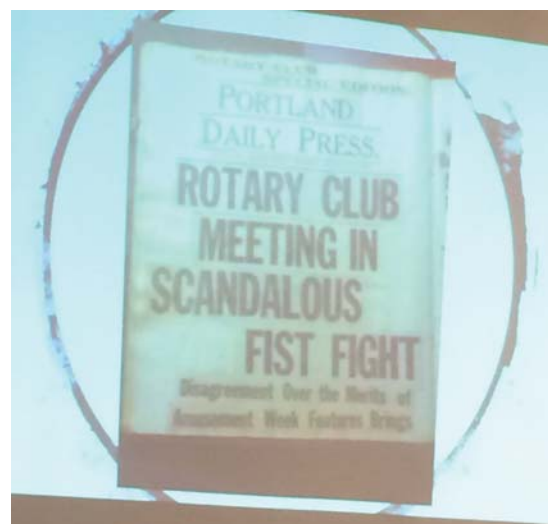
It's Your Duty! – For newer members, here's an explanation of the duties, and what to do if you can't make it to the meeting when you have an assigned duty:

- ✓ Opening Words – It is totally up to you what you would like to say to open the meeting – a poem, a prayer, a joke, a reflection on current events or on life in general, an inspirational quote, the 4-Way Test, WHATEVER! If you can't make it to the meeting in person, you can trade with someone, or just email your “words” to someone to read for you.
- ✓ Raffle Gift – if you cannot be at the meeting, you can procure the gift ahead of time and give it to Kathy Cotter. If that doesn't work out, you can just email Kathy or President David and let them know what the raffle gift will be.
- ✓ Raffle Conductor – this is the person who sells the raffle tickets before the meeting. Most people enjoy this duty so if you can't make it, you can trade with someone, or just ask someone to fill in for you.
- ✓ Set-up – this duty involves getting our “stuff” out of the cabinet downstairs and setting it out – and putting it away after the meeting. Try to trade with someone if you can't make it on your assigned day.

Extra, Extra... – Our speaker this week was Lisa DeSisto, CEO and Publisher of Masthead Maine. They publish 6 of the 7 daily newspapers in Maine (and they print the 7th one, the Bangor Daily News), as well as 23 weekly newspapers, 10 websites and 4 specialty publications. They also have started presenting live events, such as Maine Voices Live. All of the newspapers operate independently and have their own editorial staff.

The sale of the paper in 2015 provided capital to buy a new printing press which saves the company over \$1 million/year. It also freed up space to allow them to move out of their downtown offices to the same building where the press is in South Portland. Lisa talked about the trends in the newspaper business such as the decreasing demand for home delivery, which they are hoping to offset with digital subscriptions. They were chosen (one of 12) by Google News for its initiative to help newspapers increase their digital subscriptions.

One of the points Lisa made was that it's important to have professional staff photographers rather than letting the reporters use their phones. Well this is true of our club too! Dan D was tied up and gave me the responsibility of taking pictures for the bulletin – oops! I managed to take one picture (guess which one) and got the other one from the internet.



About Polio... - Our football pool entry fees are being donated towards polio eradication. And you will soon hear about another social event disguised as a fundraiser – the revival of the Polio Dine-Around dinners! Why are we trying to raise so much money to eradicate polio? And can we really eradicate polio? I recently asked RI PolioPlus Chair Mike McGovern if he thought we would really see the end of polio. And as if in answer to my question, this article from RI showed up in my inbox today. (Mike said yes, by the way.)

Five Reasons Why Polio Can be Eradicated

*We know that we can and we will eradicate polio, but **how** do we know that? Only one human disease has ever been eradicated—that's smallpox. What makes a disease a good candidate for eradication?*

Poliovirus causes acute, non-persistent infections

The virus causes acute, short term infections, meaning that a person infected with polio can only transmit the virus for a limited amount of time. Prolonged infection with wild polioviruses has never been documented and in most cases infected people can only transmit the virus for 1-2 weeks.

Virus is transmitted only by infectious people or their waste

Some diseases can be transmitted in a multitude of ways, which can make a disease an impossible candidate for eradication. But the poliovirus is typically transmitted just one way: through human waste. Eradicating polio is not an easy task, but the way polio is transmitted simplifies our ability to tackle the disease.

Survival of virus in the environment is finite

Did you know there's just one strain of wild poliovirus that continues to infect humans? (There used to be three strains of poliovirus that regularly infected humans.) The wild poliovirus cannot survive for long periods outside of the human body. If the virus cannot find an unvaccinated person to infect, it will die out. This is why we have to keep every single child vaccinated—so the virus cannot find any humans to infect. The length of poliovirus survival varies according to conditions like temperature, and the poliovirus infectivity decreases over time.

People are the only reservoir

Hundreds of diseases can be transmitted between insects, animals and humans. One of the things that makes polio eradicable is the fact that humans are the only reservoir. No poliovirus has been found to exist and spread among animals despite repeated attempts to document this.

Immunization with polio vaccine interrupts virus transmission

Not only are there two safe and effective polio vaccines, but vaccination against polio generates herd immunity, which increases the percentage of the population that is immune to the disease.

Mass campaigns using oral polio vaccine, where all children in a specified geographic area are immunized simultaneously, interrupts wild poliovirus circulation by boosting population immunity to the point that transmission of polio cannot be sustained.

One additional way we know we'll eradicate polio is that we've eliminated polio in nearly every single country in the world—even in countries like in India, which as recently as 2007 was home to 70% of the world's poliovirus cases. There are just two countries that

continue to report wild poliovirus transmission, and we're certain we have the tools and scientific know-how to eliminate polio in the remaining two countries.

**ROTARY CLUB OF SOUTH
PORTLAND/CAPE ELIZABETH, MAINE**

www.sp-ce-rotary.org

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