

TWO LIGHTS

Rotary Club of South Portland – Cape Elizabeth

July 22, 2020



Rotary Opens Opportunities

Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Upcoming Dates:

July 27 – E-club meeting will feature a presentation on human trafficking & protecting children (see invitation from Sheila Rollins)

July 29 – A surprise?

OPENING WORDS

This Week – Anne opened the meeting with a quote from Mahatma Gandhi, which starts with a way to describe the philosophy of Rotary: “the best way to find yourself is to lose yourself in the service of others.”

Upcoming:

July 29 – Sari Greene

What's New With Our Members

Happy Birthday to

🍰 Brenda Cressey (July 24)

🍰 Fran Bagdasarjian! (July 28)

🍰 Bob Carson (July 29)

🍰 Catherine Callahan (July 30)

Happy Anniversary to Fran & Dave Bagdasarian (July 31)

Our sympathies to the family and friends of former (back in the 70's) member Richard Goodine. We were heartened to read that one of his daughter's favorite memories of her father was selling Christmas trees at Mill Creek!

Thank you to Mike McGovern for volunteering to assist in coordinating our program scheduling. Stay tuned for future announcements about how we can all help with this process.

WE DID GOOD!! – Since the 2019-20 Rotary year is in the books, how did our club do as far as Rotary Foundation giving? We were awesome!

- \$** Our club and individual donations to the Annual Fund totaled **\$14,724!**
- \$** Our district did well too - **\$231,919.99.**
- \$** On the polio front, we were even more generous - **\$15,966.49!** Thank you to everyone who participated in the football pool and to those who made additional contributions. Part of the reason that our club giving was so high was that the board voted to make an extra contribution beyond the budgeted amount in response to the COVID-19 pandemic (because PolioPlus resources were being deployed to help contain the virus – the “Plus” in PolioPlus).
- \$** In our district, current year PolioPlus giving totaled **\$58,441.44.** In addition to that our district earmarked some of the Foundation funds allotted to our district for polio so that the total district funds made available for polio eradication were **\$84,779.**
- \$** Our club also contributed to a Foundation global grant, which brought our club total giving (Annual Fund + PolioPlus + global grant) to **\$34,500** – the most that our club has ever given in a single year!

Hooray for us and thank you to everyone – if you're a member of this club, that means that you helped make this happen!

More Gardeners – I didn't have room last week for all the gardening pictures (Clubrunner has a file size limit) so here are a couple photos Nancy Irving took of the group who weeded near the gift shop at Portland Head Light recently (Catherine & our leader Ray Healey – also present were both Nancys).



Who Knew! – The National Pork Board is making presentations to Rotary clubs (and presumably other groups) all over the country to educate us about how the pandemic affected our meat supply. Jodi Oleen of the Nat'l Pork Board introduced us to Dr. Aaron Lower, a veterinarian from Carthage, Illinois. I don't think I was alone in feeling that he was almost speaking a different language (farrowing? finishing?). But it was all so fascinating – I learned a lot!! For instance, we all grew up learning that you had to cook the heck out of pork so you wouldn't get trichinosis. Apparently that's not true anymore – Dr. Lower told us that due to advances in pork production the risk of trichinosis is negligible. You can cook pork tenderloin to just 145 degrees and let it rest and you'll be just fine. Other facts about pork:

- Pork tenderloin is as lean as skinless chicken breast.
- Antibiotics are not used as much as they used to be because pig farmers have figured out how to avoid diseases in pigs in the first place by air filtration in specialized barns.
- Since 1960, the water used in raising pigs has been reduced by 25.1% and the carbon footprint has been reduced by 7.7%.
- Pork is marketed 1/3 to foreign countries, 1/3 to us in grocery stores and 1/3 to the food service industry.



Dr. Lower's grandfather (not sure which one) on the family pig farm



Warning – this is “filler” (but interesting filler) – Thank you to Dan Davidson who had an exchange with our president about the ubiquitous topic of his name (Dan inquired if someone with a similar spelling was a relative). Here's what President Mike had to say:

“We *think* that the “io” spelling is the actual correct Italian spelling. But when they came over, my grandfather's siblings' names were taken correctly while my great grandparents' names were mistakenly read and recorded as “eo” when the clerk missed the dot over the “i.” They never corrected it. So the younger kids like my grandfather who were born here had the “eo” spelling while the older kids born in Italy have the “io.” And continues down the years, as it does.”

(Ed – Yes, but how do you PRONOUNCE it?)

**ROTARY CLUB OF SOUTH
PORTLAND/CAPE ELIZABETH, MAINE**

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DISTRICT 7780 GOVERNOR

Peggy Belanger, Rotary Club of Kennebunk Portside

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