

TWO LIGHTS

Rotary Club of South Portland – Cape Elizabeth

April 12, 2023



**IMAGINE
ROTARY**

*Together, we see a world where people unite and take action to create lasting change –
across the globe, in our communities, and in ourselves.*

Upcoming Dates:

April 26 – No Meeting

April 27 – Food processing at South Portland Food Cupboard

May 3 – Liz Trice, MTI MxG (Maine Accelerates Growth)

May 6, 4-7 p.m. – Barbecue at Pease Air Base to meet the pilots in the “Flight to End Polio!”

May 20 – SpringFest!! Join the countdown on the SpringFest website at spspringfest.com!

May 20 – 3rd Annual “Feeding Neighbors in Need” Benefit Concert (for SP Food Cupboard)

June 10 – District year-end Celebration, Bailey Island

July 19 – Lobster Bake

April 19 Duties

Opening Words – Greene

Raffle Gift – E. Speth

OWL Operation – *please sign up*

May 3 Duties

Opening Words – Hamerski

Raffle Gift – Sprague


OWL Operation – *please sign up*

Opening Words – Mike Geneseo shared this quote from punk rocker Henry Rollins:

"I think it is incumbent on anyone who can to lift human dignity to the highest possible levels, maintaining one's own and helping to raise that of others."

What's New With Our Members

Happy Birthday

 *John LoBosco (April 21)*

 *Joan Frustaci (April 27)*

Congratulations to DeeDee (and welcome back from Florida!) for winning the raffle prize of a Terra Cotta gift certificate donated by Chris Speh!

Thank you to Patty Sprague for her leadership of Theater Night, an evening of great entertainment and fellowship!



Several of our members attended the District Training Assembly on Saturday, at which Mike McGovern was a featured speaker - he was joined there by:

- ❖ Dan McDonald*
- ❖ Nancy Irving*
- ❖ Tiffanie Bentley*
- ❖ Peter Bennett*
- ❖ Kylie Wilkens O'Brien*
- ❖ Patty Sprague*
- ❖ Bob Knupp*
- ❖ Kathy Cotter*
- ❖ Fran Bagdasarian*
- ❖ Nancy Hawes*
- ❖ Michele Danois*
- ❖ Tony Wagner*

Welcome Rupa!! – This week we welcomed our newest Rotarian Rupa Lall Pakash. She was introduced by her colleague at SMCC Tiffanie Bentley. Rupa came to her position as director of Human Resources at SMCC with over 25 years experience. Part of that experience includes being a certified mental health counselor. She grew up in Kuala Lumpur and has lived in Asia and Europe, and was living in North Carolina before moving to South Portland. She has been a Rotarian in the past and is attracted to Rotary because of the fellowship, programs, projects and fundraising. Welcome, Rupa!!



1. Sari reported that we are close to her “stretch” goal in sponsorship sales and she would love to exceed it. To that end she would love to sign on a bunch of small donors (e.g. \$250) – she is asking everyone in the club to approach a small local business to see if they would be willing to donate \$250. (See list below of businesses who are already sponsors.)
2. Her second ask is to think about any groups you know of that might be interested in using kits that will be provided to them to build gnome homes. What a fun activity for scout troops, book clubs, businesses that want their employees to participate in a bonding activity, etc.



The "Hotel du Gnome" at Verbena!



Request for Medications etc. – Dan McDonald’s daughter Julia, who spoke to our club a while back, will be leading her annual medical mission trip to the mountains of Honduras next month. She sent this request to Dan

I am seeking donations for my upcoming trip to Honduras, especially:

- ✓ non-expired commonly used prescription medications (for blood pressure, diabetes, steroids, PPIs for reflux, antibiotics) [PPIs are proton pump inhibitors, used for GERD (gastroesophageal reflux disease) and Reflux]]. Common versions are pantoprazol (Protonix), omeprazole, famotidine (Nexium)...
- ✓ over-the counter medication (ibuprofen, tylenol, naproxen, multi-vitamins, prenatal vitamins, allergy medication, antacids, muscle rubs and salves)
- ✓ reading glasses (Dollar store), sunglasses, visine eye drops
- ✓ Toothbrushes

Everything will go directly to patients in rural western Honduras.

You need to receive the medications by May 5th in order to give them to me in person.

Thank you!!!

Julia

Dan will be at our meeting this week and on May 3 to pick up any donations.

Flight to End Polio – That’s not a typo – it’s FLIGHT, not FIGHT. Two Rotarians from Iowa will be leaving there on May 5 in a single engine aircraft and flying around the world in 90 days (at their own expense) to raise money for polio eradication. Their first and only stop in the eastern US is at Pease Air Base in Portsmouth. The next day, May 6, our district is holding a barbecue from 4:00 – 7:00 at which we can meet the pilots and see the plane. The \$50 admission includes dinner will go to PolioPlus.

Read All About It – Our program chair, Chris Speh, knows more about what’s going on in our community than most of us, even though he lives in North Carolina. So when he saw Rachel Ohm’s article in the Portland Press Herald about a harbor pilot, he got in touch with her for the pilot’s contact information so he could invite him to speak to our club. And it turned out to be a two-for-one exercise since we ended up getting to have Rachel as a speaker also! (The harbor pilot will speak at a later date.) Rachel grew up in New York and graduated from William & Mary, then earned a master’s in journalism at NYU. She worked at a Knoxville newspaper and Maine Today before joining the PPH four years ago. She started out covering stories about education and now covers City Hall. She said that she gets her story ideas from government meeting agendas, monitoring breaking news, tips from readers and looking for trends in other cities and states.



Our SMCC Scholars! – We received thank you's from the two students that our scholarship fund at SMCC presented scholarships to.



Dear Donor,
I want to thank you for your kindness. This scholarship is helping me to buy books, pay the semester, etc. It helps me achieve my goals at SMCC as well. Forward with my course finish and get my degree.
Sincerely,
Miri Ramos

Miri Ramos

Business Administration

Westbrook, ME

2022-2023 Rotary Club South Portland & Cape Elizabeth Vocational Scholarship



Dear Honor,
I am writing to thank you for your generous scholarship. I was very happy and appreciative to learn that I was selected as the recipient of your scholarship. I am a Business Administration major here at SMCC and I plan to graduate this upcoming Spring and transfer to a 4 year college to earn a bachelor degree. Thanks to you I am one more step closer to achieve my goals, the financial assistance you provided will be of great help to me with my educational expenses, and it will allow me to concentrate more of my time on studying. I chose to study at SMCC, because of the community, it has such a great academic atmosphere with great professor, staff and the students here really care one another. Studying at SMCC, opened doors for opportunity and resources that I never thought I could have. I am really grateful for my experience here at SMCC and would try my best to represent this wonderful community here in our beautiful campus. Your generosity has inspired me to help others and give back to the community. I hope one day I will be able to help students achieve their goals just as you have helped me.
Sincerely,
Jordi Songe

Jordi Songe

Business Administration

Manchester, NH

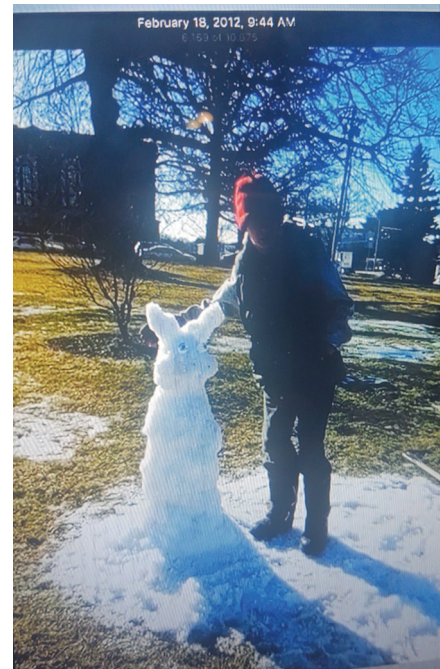
2022-2023 Rotary Club South Portland & Cape Elizabeth Vocational Scholarship

More on SpringFest – Not sure if the business you’re thinking about approaching has already been “hit up?” Here are the businesses who are already generous donors. And since I have room to the right of the names, here are some photos that John Eliassen sent me of the reason that SpringFest is a lot more reliable event than WinterFest. He was president when we held our first WinterFest and the snowman-making contest was a real challenge!

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| Advisors Living (Real Estate) |
| AFC Urgent Care |
| Ainsworth Thelin and Raftice P.A. |
| Bangor Savings Bank |
| Bath Savings |
| Buffalo Wild Wings |
| Casco Bay Eyecare |
| Coldwell Banker |
| Conroy-Tully Funeral Home |
| Dead River |
| Delta Dental |
| DiMillos |
| DiPietro's Market Inc |
| Docks Seafood |
| Drillen Ace Hardware |
| Edward Jones-Forest Ave |
| Edward Jones-Knightville |
| Embers Stoves and Fireplaces |
| Evergreen Federal Credit Union |
| Evie's |
| Five Country Credit Union |
| FoulMouthed Brewing |
| Gilbert & Schaab Investments |
| Global Partners |
| Gnome Landscapes |
| Gorham Savings Bank |
| Green Gnome Holistics |
| Hannaford Brothers |
| Harbor Fish |
| High Tide Dental |
| Jordan's Furniture |
| Hobbs Funeral Home |
| Hour Glass Company |
| Inn by the Sea |
| Johnsons (Maine) Paint |
| Landing Real Estate |
| LK PLanning |
| Luke's Lobster |
| M&T Bank |



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| McDonalds - Millcreek |
| Mill Creek Barber Shop |
| Moody's Collision Centers |
| Norway Savings |
| Noyes, Hall & Allen |
| Pape Auto Group |
| Phils Foreign Auto |
| Piper Shores |
| PK Realty (Yard South) |
| Play it Again Sports |
| Port Harbor Marine |
| Re/Max Reality |
| Richardson Monuments |
| S Portland/CE Chamber |
| Saco and Biddeford Savings |
| Sea Dog Brewing - Western Ave. |
| Shopper's True Value |
| SoPoCo Works |
| South Portland Housing Authority |
| Specs for Less |
| TA Napolitano Electrical Cont Inc |
| Taco Trio |
| Tammaro Landscaping/Property Serv |
| The April Cohen Team |
| The Sentry |
| Town and Country FCU |
| Trioano Waste Services |
| TVK Construction |
| Two Fat Cats |
| Two Lights Dental |
| UBS-Bayside Wealth Mgt |
| Vachon Agency |
| Verbena |
| Wicked Sharp |
| Willows Pizza Restaurant |
| Yankee Ford |
| Yerxa's |



**ROTARY CLUB OF SOUTH
PORTLAND/CAPE ELIZABETH, MAINE**

Officers

President – Jim Britt
President-Elect – Dan McDonald
Vice-President – Nancy Irving
Secretary – Kathy Cotter
Interim Treasurer – Nancy Irving

Directors

Club Administration – Mike Tranfaglia
Youth Services – Tiffanie Bentley & Sarah Fisher
Community Services – Kiley Wilkens-O'Brien
International Services/Foundation – Peter Bennett
Membership – Matt McAleney
Director-At-Large – Dave Bagdasarian

Committee Chairs

Visibility Co-Chairs – Fran Bagdasarian & Matt McAleney
Webmaster – Jim Britt & Scott Irving
Bulletin Editor – Nancy Hawes
Program Chair – Chris Speh
Club Protection Officer – Bob Knupp

DISTRICT 7780 GOVERNOR

Claudia Frost, Rotary Club of Brunswick

ROTARY INTERNATIONAL PRESIDENT

Jennifer Jones, Rotary Club of Windsor-Roseland, Ontario, Canada