

# TWO LIGHTS

**Rotary Club of South Portland – Cape Elizabeth  
January 31, 2024**



*I slept and dreamt that life was joy.  
I awoke and saw that life was service.  
I acted and behold, service was joy!  
Rabindranath Tagore*

## Upcoming Dates:

**February 7** – Paul Fenton, Cape Elizabeth Chief of Police

**February 12, 2 p.m.** – Monday Matinee at South Portland Public Library (see below)

**February 14** – Elizabeth McLellan, Founder/CEO, Partners for World Health

**February 17, 2 p.m.** – A Concert for Peace at Noble High School. This is a benefit for the Rotary Peace Scholars program. Registration is \$25 at <https://our.show/concertforpeace2024> (link is also on the District 7780 website)

**February 24** – Lions Club Spaghetti Dinner, Lions Clubhouse, 1 Wheeler Road, Cape Elizabeth

**March 2, 6:00** – Fireworks!! (at Fort Williams Park)

**March 23** – Lions Club Spaghetti Dinner, Lions Clubhouse, 1 Wheeler Road, Cape Elizabeth

**April 6** – Theater Night at Lyric Theater; Young Frankenstein

**April 20** – District Assembly, Westbrook High School

**May 17-18 – SPRINGFEST!!**

**June 29 – District Conference, Isle of Shoals**

**February 7 Duties**

Opening Words – Wagner

Raffle Gift – Gabrielson

**February 14 Duties**

Opening Words – Wilkens-O'Brien

Raffle Gift – Geneseo

Meeting Setup Reminder: Locker Combination is **11-21-11**

**Opening Words** – President Dan offered these back-up opening words:

“You're braver than you believe, and stronger than you seem, and smarter than you think” – A.A. Milne (Christopher Robin to Winnie the Pooh)

“We will fail when we fail to try” – Rosa Parks

**What's New With Our Members**

*Happy Birthday to Nancy Irving and Anne Marie McCoubrey, both on February 13!*

*Happy Anniversary to Chuck & Melissa Redman - February 12*

*Congratulations to Nancy Irving, who won a gift card to Lowe's. The gift card comes with a free lesson on power tool safety from Tony Wagner should she choose to use her gift card to purchase a power tool.*

*February Rotaversaries (some long ones!!)*

- 🌀 *Marc Mutty - 25 years*
- 🌀 *Laurenz Schmidt - 33 years*
- 🌀 *Paul Butler - 50 years*
- 🌀 *Bob Carson - 52 years*
- 🌀 *Dan Mooers - 54 years*

*Bon Voyage to Bob & Judy Knupp who are off to Switzerland to visit the grandkids for a month!*

*Guests – We were joined by former member J.D. Dobson. Aaron also noted that J.D. is the President of the SP Football Boosters. J.D. is the son of Former Club President Rick Dobson and Diane.*

**ClubRunner Tour** – Thanks to Scott Irving’s willingness to speak with almost no notice (due to a constellation of events that prevented our scheduled speaker from joining us – he will be rescheduled), we had a tour of the club’s website. He pointed out a couple features that some members may not have been aware of:

Story Library – If you were in charge of (or attended) a club event and would like to write about it for our home page, you can go to the Admin menu and click on Create Story in the Website Content section (at the very bottom of the Admin page). “No manifestos please.”

## Website Content



Expand your digital reach with current and relevant content to engage your members.

[Home Page Content →](#)

[Content Libraries →](#)

[? Help](#)

[Story Library](#) [+ Create Story](#)

[Story Comments](#)

[Story Tags](#)

[Photo Albums](#) [+ Create Photo Album](#)

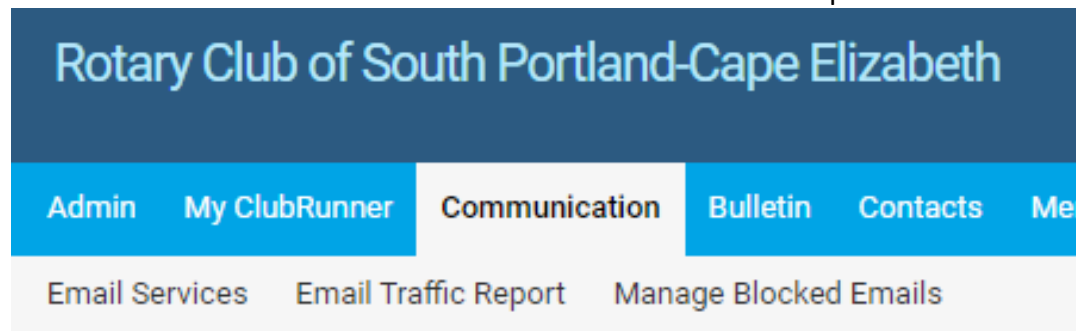
[Pages](#) [+ Create Page](#)

[Download Files](#) [+ Add Download File](#)

[Image Library](#)


Sending Emails to Club Members – There are a couple ways to get there from the Admin page:

1. Click on “Communication” on the blue bar across the top and then “Email Services”



OR click on “Email Message Centre” (and pretend you’re British) from the Admin(classic) menu:

## Administration

-  My ClubRunner
- Edit My Profile
- Change My Password
- Upload My Photo
- My Commitments
- My New Member Activities **NEW!**
- My Friends
- View Club Directory
- View Club Photo Directory
- eDirectory Reports 2.0
- View Printable Mailing Labels **NEW!**
- Email Message Centre **NEW!**
- View Club Documents

### 2. Click on the orange “Compose New Message button

#### Club Communication

To modify or resend a message to the same recipients, click the Resend option. Use the Copy option to copy the email with the selected recipients.

Filter records:

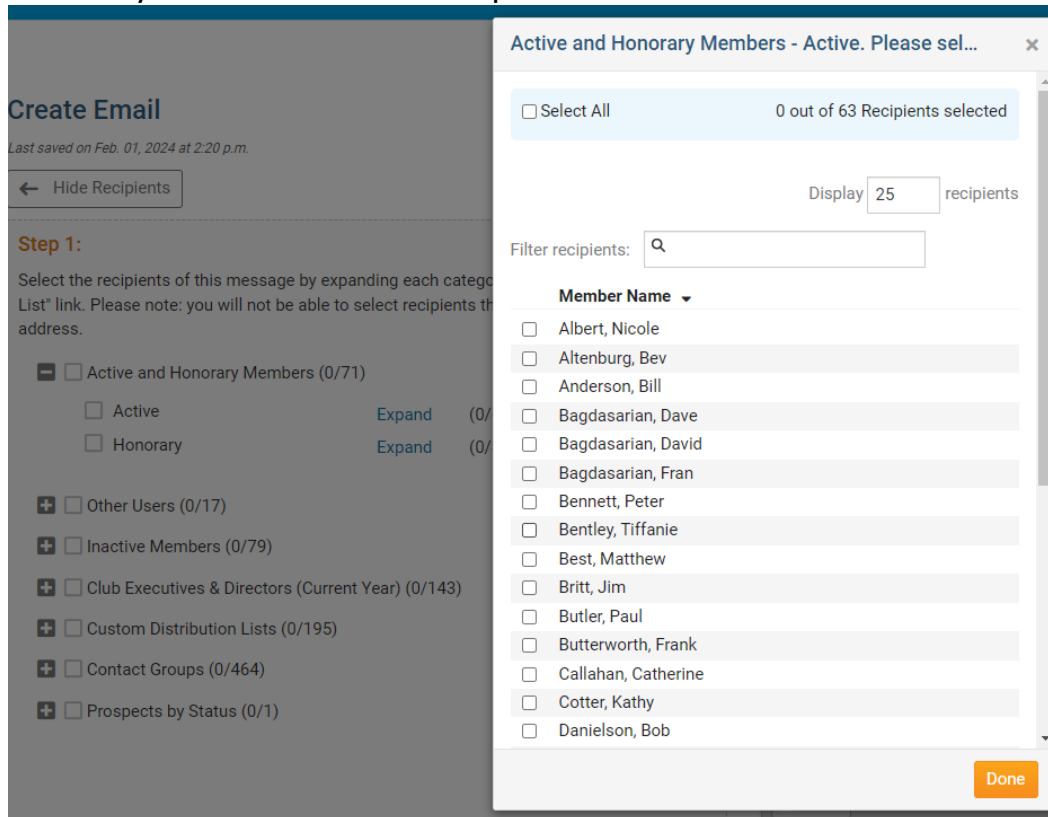
Recent Active Emails ▼ Compose new message

Display  records

Status ▼ Subject ▼ Owner ▼ Actions

### 3. Follow the Steps outlined on the Create Email page. Note that you don't need to enter anything in the gray box called “Templates and Merge Fields.” Here is what it looks like in Step 1 if you click on “Active and

Honorary” and then click on “Expand” next to Active.



***AND consider putting the ClubRunner app on your phone or tablet if you haven't already – just look for ClubRunner in the app store.***


**THANK YOU SCOTT FOR STEPPING UP AT THE LAST MINUTE!**

**SpringFest!** – SpringFest co-chair Sari reported on the activities planned for Friday evening, May 17. We will be incorporating the 2024-25 RI theme of magic into the theme for the evening: Music, Magic and Movies! The music part will (tentatively) be a marching band leading a kick-off parade to an ice cream social. Then the magic part will be a magician from New Hampshire (B.J. Hickman) who will perform a 45-minute magic show. The evening will be capped off by a family-friendly movie. Does that sound like fun or what!!!

**More Magic** – The magician booked for SpringFest also does a program called the Magic of Reading. So in addition to SpringFest, Sari is also working on scheduling him to do a program at the South Portland Public Library in early April. And speaking of the library, the first Monday Matinee & More at the library which we co-sponsored was a big success. This month's matinee presentation is on Emergency Preparedness – see flyer below. If you're available, consider coming by at 2 (or shortly before) to help greet and offer refreshments (let Sari know you're coming or just show up).

# EMERGENCY PREPAREDNESS:


## *What Individuals Need to Do to Be Prepared for an Emergency*







The Cumberland County Emergency Management Agency joins us for a presentation on emergency preparedness.

### MON, FEB 12TH AT 2PM

Come hear about what natural hazards, such as severe summer and winter storms, are prevalent in our area from the County's hazard profile. Then learn more about what steps, from making a plan to gathering a kit, you can take to be ready for the most likely events.



*This program is part of our new Monday Matinees & More series, made possible through the support of:*

**It's RYLA Recruiting Season!** – The RYLA program is now accepting applications for this summer's camp, which will be held on June 23-26. The RYLA coordinators just sent out information for all the club RYLA coordinators and included a story from a Rylarian from Bath which gives us a flavor of what RYLA is all about – as well as the impact of the pandemic on the program.

## A Unique RYLA Journey – by Zoe Brush



Every year, on the last day of RYLA, campers, or in my case first-year staff, write letters to their future selves that get mailed to them the following December. These letters serve as reminders to campers about their time spent at RYLA, what they learned from the experience, and what they want their future selves to remember. Looking back on the letter I wrote to myself that first summer, I feel immense gratitude to the RYLA community for providing a sanctuary of kindness, clarity, reflection, and growth in a world of constant rush and interrupted intentionality.



My own RYLA journey began a bit differently than most. I never had a camper year due to the pandemic and instead joined staff the summer after my junior year of high school. I was one of five first-year staff and to be honest, had no idea what I was getting myself into.

While I like to think some sort of dumb-luck universe-conspiring situation brought me to RYLA, I must give credit to my incredible high school guidance counselor Ms. Trundy. She had approached me earlier in the year and told me that RYLA District 7780 was looking for students to join their staff. Camp had not been held the past two summers and there were no recent campers to fill first-year staff positions. I knew from experience that whatever Ms. Trundy suggested was usually a very good idea and so I signed on. Little did I know I was about to become a part of one of the kindest, most caring, and inspiring communities I have ever been lucky enough to join.

As first-year staff, we were incredibly lucky to get a modified camper experience of our own, along with plenty of instruction and training. When I wrote my end-of-camp letter to my future self, I was exhausted. It had been an incredible week learning about RYLA and how to facilitate, helping with programs, completing elements, talking late into the night, marveling at the stars, and crying happy tears. I had so much I wanted to convey and so little energy to write it down. What I did manage to articulate, sitting on a rock by the lake, are some of the most important lessons and ideas that RYLA gifted me.

As I write this, I am preparing for my first college final exams and feeling overwhelmed and rushed in nearly every aspect of my life. It is so easy to get lost in the never-ending stream of work and day-to-day tasks. It is so easy to forget to slow down and be gentle with ourselves as we navigate this beautiful life.

In my letter I told myself, “your capacity to feel emotion is vast—take advantage of it.” There was also the classic RYLA mantra “high fives and smiles are free.” I was reminded of all the time I have ahead of me – all the time I have to feel joy and pain, to practice kindness, to give back to my community, to share what I have learned, and to continue learning. I was reminded that I am on my own timeline; that kindness and community will get me far, and that the most rewarding week of my life revolved around working for the benefit of others. While the Rotary motto is “Service Above Self,” I believe our well-being requires us to commit to doing good for others.

This past summer at RYLA was my first as a co-facilitator. It was challenging, exhausting, and incredibly rewarding. I left feeling more capable of caring for others, holding responsibility, and making decisions – grateful for the opportunity to do good work. While I will continue to get overwhelmed and distracted throughout my life, caught up in whatever dramas, slogs, or adventures, I know RYLA will always be a community for me to come back to; one where I can be of service and continue learning, searching and finding ways to create meaning and intention. I look forward to many more years of RYLA and the growth and knowledge that accompanies them. Until next RYLA, I have a lot of smiles to give away.

*Zoë Brush is from Georgetown, Maine. She first attended RYLA as Leg Support staff and returned as a Co-facilitator the following summer. Zoë was sponsored by the Bath Rotary Club and graduated from Morse High School in 2023. She is currently in her first year at Oberlin College where she is a prospective Comparative American Studies Major and is learning to play banjo, amongst other adventures.*



**ROTARY CLUB OF  
SOUTH PORTLAND-CAPE ELIZABETH**

Officers

President – Dan McDonald  
President-Elect – Nancy Irving  
Vice-President – Peter Bennett  
Secretary – Kathy Cotter  
Treasurer – Nancy Irving

Directors

Club Administration – Mike Tranfaglia  
Youth Services – Kiley Wilkens-O'Brien  
Community Services – Sari Greene  
International Services/Foundation – Hannah Olshansky  
Membership – Matt McAleney  
Director-At-Large – Jim Britt

Committee Chairs

Visibility Co-Chairs – Fran Bagdasarian & Matt McAleney  
Webmaster – Jim Britt & Scott Irving  
Bulletin Editor – Nancy Hawes  
Program Chair – Chris Speh  
Club Protection Officer – Bob Knupp

**DISTRICT 7780 GOVERNOR**

Marion Cheney, Rotary Club of Dover, NH

**ROTARY INTERNATIONAL PRESIDENT**

Gordon McNally, Rotary Club of South Queensferry, Scotland

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