

Rotary Club of South Portland – Cape Elizabeth April 2, 2025



Upcoming Dates:

Pickleball - dates may vary - contact Dave Bagdasarian Sr. if you're interested in participating.

April 12, 5 – 7:30, Lions Club Chicken Dinner

April 16 – NO MEETING

April 22, 5 p.m. – Wine Tasting Fundraiser at North43 to benefit South Portland Food Cupboard. Tickets are \$20 pp – you'll enjoy live music, a silent auction and a variety of wines from 3-4 vendors.

April 23 – Carolyn & Peter Johnson, Rotary Foundation Global Grants

April 24, 5:00 – 6:30 – Westbrook-Gorham Rotary Club's "Pizza Challenge 2025" at Westbrook Community Center

April 30 – Vocational Talk – Catherine Dorrington

May 16 & 17 – SPRINGFEST Party at Redbank (Friday) and Mill Creek Park (Saturday)

June 19 – SPCE Rotary at the Sea Dogs!

April 9 Duties

Opening Words – Schmidt Raffle Gift – Callahan Meeting Room Setup – *please sign up** Owl – Albert

April 23 Duties

Opening Words – Smith Raffle Gift – Butler Meeting Room Setup – *please sign up** Owl – *please sign up*

Meeting Setup Reminder: Locker Combination is 11-21-11

<u>President Nancy's Questions of the Week</u>. How do you build goodwill and better friendships?

<u>Opening Words</u> - In anticipation of our evening at the Maine Mariners, Doug Schauf's opening words commented on Alex Ovechkin closing in on Wayne Gretzky's record. (In the meantime, he has broken the record, and noted that Gretzky had been advising him on how to achieve that goal.)

What's New With Our Members (& Friends)

Congratulations to Mike Tranfaglia on winning a gift certificate to Shoppers Hardware donated by Mike Tranfaglia. And thank you to Mike for running the Zoom meeting this week.

Happy Birthday to

- 🛎 Ellie Speh April 8
- Doug Schauf Apríl 13
- 🛎 John LoBosco Apríl 21

Happy Anniversary to the great minds who thought alike - Dan & Joan McDonald and Bill and Diane Anderson got married on the very same day - April 11 - 55 years ago!!!!

Get well wishes to Sybil, who is recovering from pneumonia at Pine Point Rehab Center in Scarborough - we're so glad you're on the mend, Sybil!

And in other health news, congratulations to David Lourie for "graduating" from home health care!

Thank you to Dave Bagdasarían, Jr. for agreeing to be the Interact Advisor for the CEHS Interact Club. April Rotaversaries:

- Brent Wilson 4 years
- Chris Speh 6 years (part of that in North Carolina)
- Dan McDonald 10 years
- Tom Meyers 24 years
- Phil Dube according to ClubRunner, he joined Rotary the day before the Andersons and McDonalds got married 55 years ago!

We were joined this week by Ellie & Chris Speh - in person!!! Welcome to Maine!

<u>Membership Minute</u> – Bob Danielson discussed some of the things that a new member's mentor should explain to them – the opportunities for service, the fundraisers that we all participate in (in some way, even if remotely) and the duties that are listed in the bulletin. (Editor's note – the "opening words" can be whatever you want – you can offer something in your own words, e.g. talk about Alex Ovechkin or what a beautiful day it is – or you can quote from someone else or recite a poem or song – it's wide open. And if you can't be there in person, just email your opening words to President Nancy and she'll read them for you.) After the new member joins the club, the mentor should check in periodically to see if the member is engaged – or as we discussed at the District Learning Assembly – if they feel like they belong.

Our club has been very busy lately – this bulletin covers what we've been doing in the past week.

APRIL 2 – PROGRAM

<u>Give More, Feed More</u> – Executive Director of the South Portland Food Cupboard Dwayne Hopkins gave us an overview of SPFC "by the numbers:"

 $\mathbf{1}$ – One in five children in Cumberland and York Counties suffer from food insufficiency or hunger.

- **2** SPFC has two major food distributions:
 - ✓ Tuesday evenings this distribution is intended to get food off of the shelves before it expires to make room for more food. Anyone can come (no registration required) and they can come every week.
 - ✓ Thursday mornings this is designed like Hannaford-to-go: customers have to register and they select items from a grocery list (available in 4 languages). The groceries are bagged for them and they pick them up. (A similar service is available on Wednesday evenings for people who work during the day.)

 $\mathbf{3}$ – this is the number of days that SPFC is closed during the year. Apart from Easter, Thanksgiving and Christmas, they are open 7 days every week (but although they do pickups on Sundays, they don't do food processing on that day).

4 – SPFC has four part-time employees – and about 130 volunteers each week. For regular volunteers, note that they are in the process of revamping the volunteer signup process.
5 SPEC has five fundraising events this user.

5 – SPFC has five fundraising events this year:

- ✓ A winetasting at North 43 coming right up on April 22!
- ✓ A benefit concert at Aura on May 17 featuring Julia Gagnon and Don Campbell.
- ✓ Cars & Coffee on the 2nd Saturday each month from May October near Jordan's Furniture at the mall.
- ✓ Car show at SMCC on the 2^{nd} Saturday in August
- \checkmark The year-end annual appeal

6 - (related to #3) – food processing takes place six days a week – about 30,000 - 40,000 pounds of food each month.

And finally, Dwayne announced that they are planning to move into a space in South Portland that is twice as large as the current space by the fall. The lease hasn't been signed yet but an announcement about the new location will be made at the concert on May 17. Since they are leasing rather than purchasing, a traditional capital campaign is not needed but they will be encouraging everyone to "Give More, Feed More."

APRIL 2 - TREE SALE MEETING

Mike Tranfaglia asked anyone interested in the tree sale to stay after our regular meeting so that he could report on current progress. Fortunately G&S Tree Farms is looking forward to working with us again and is working up a proposal to submit to us. After the terms are finalized, our board will approve the contract, as stipulated in our bylaws. We need to get in contact with last year's wreath supplier to get a commitment from them as well.

Key dates – in case you want to get them on your calendar already!

- ▲ November 22 Lot Setup
- **A** November $28 1^{st}$ Tree Unloading
- **A** December $6 2^{nd}$ Tree Unloading

Note that just like Sari's "committee" meetings to review grant applications, everyone is welcome to the tree sale meetings and coming to the meetings does not necessarily mean you're making a commitment to anything. They're a great way for newer members to learn about what goes on behind the curtain.

APRIL 4 - ROTARY AT THE MAINE MARINERS

Despite the less than stellar performance of the home team, members of the SP-CE and Portland Rotary clubs and their friends and families enjoyed the experience of being at the game. Coincidentally it was mental health night at the Mariners so who should we see there but our old friends Kiley and Sam! They were actually seated directly across the arena from us (where they were hobnobbing with Chris Costa and the NewsCenter team) but they made their way across to visit with us. Thank you to Bev and Doug for coordinating the arrangements so that we could socialize together.











APRIL 5 – DISTRICT ASSEMBLY

Attending from our club were:

- President Nancy
- Laurenz Schmidt
- Marge Dugan
- Mike McGovern
- Ø John LoBosco
- Tony Wagner
- Chris & Ellie Speh
- Mancy Hawes

The first speaker was Cindie Kish, who is the RI Coordinator for our Zone and who, being in the catering business, framed her presentation around culinary metaphors. Here's her "Recipe for an Irresistible Club:"

- ★ 3 pints working together
- ▶ 1 cup supportive culture
- \times 2 cups fellowship
- ➤ 1 dash recognition
- 🔀 1 lb networking
- 🔀 2 tads transparency
- ▶ 3 cups burning impact
- 🔀 1 barrel adaptability
- ★ 4 cups engagement
- \times 10 cups belonging
- \times ½ cup enthusiasm
- \times 2 cups expanding reach
- × 1 pinch humor
- ★ 2 barrels laughter
- \times 2 pints sensational leadership
- \times 5 cups dynamic service
- ▶ 2 pints growth & learning

She elaborated on the 5 key elements that are necessary for a healthy club:

- Meeting Enjoyment
- ✤ Confidence in Club Leadership
- Personal Growth Opportunities
- ✤ Connections
- ✤ Meaningful Service

One of the post-lunchtime speakers was our own Mike McGovern speaking about the critical role Rotary plays in polio eradication. He quoted Bill Gates as saying that "Rotary is the heart and soul or polio eradication."

ROTARY CLUB OF SOUTH PORTLAND-CAPE ELIZABETH

Officers

President – Nancy Irving President-Elect – Peter Bennett Vice-President – Chuck Redman Secretary – Kathy Cotter Treasurer – Marge Dugan

<u>Directors</u> Club Administration – Bev Altenburg Youth Services – Ray Healey Community Services – Sari Greene International Services/Foundation – Hannah Olshansky Membership – Scott Irving Director-At-Large – Dan McDonald

> <u>Committee Chairs</u> Tree Sale – Matt McAleney SpringFest – Jim Britt Program Chair – Chris Speh Foundation Chair – Nicole Albert Social Media - Matt McAleney Publicity – Jim Britt Web Administrator – Scott Irving Bulletin Editor – Nancy Hawes Club Protection Officer – Bob Knupp

DISTRICT 7780 GOVERNOR Bob MacKenzie, Rotary Club of Kennebunk

ROTARY INTERNATIONAL PRESIDENT

Stephanie Urchick, Rotary Club of McMurray, Pennsylvania

PMB 239, 50 MARKET ST STE 1A, SOUTH PORTLAND 04106