



Greater Portland Family Promise Volunteer Opportunities

Moving Team: This group of volunteers helps to move families into their new apartments. Volunteers help to collect furniture, linens, household goods, and other important items needed to outfit a new apartment. This team helps to transport the families from the place they are staying to their new apartment and helps to transport the furniture and household goods to the new apartment. Family Promise typically moves about 2 families per month and this activity usually occurs during the weekday.

Family Support Partner: Individual volunteers or volunteer teams develop a special relationship with a particular family and provide them with support and comradery. Volunteers provide rides to the grocery store, food pantry and medical appointments, provide English conversation/tutoring and provide food, cleaning supplies, toiletries, quarters for laundry, and bus passes.

Food Distribution: Family Promise operates a monthly culturally appropriate food distribution, typically on the last Wednesday of the month from 11:00 to 1:00 PM. Volunteers help to pack the family's individual food orders and deliver the food to families living in our transitional housing and their own apartments.

Interested in Volunteering?

Volunteers interested in helping out at the family shelter, being part of the moving team, adopting a family, or helping out with food distribution, should reach out to Michelle Lamm at (207) 200-7327 or by email at michelle@gpfamilypromise.org