

From: Jotform <noreply@jotform.com>
Sent: Tuesday, October 28, 2025 12:48 PM
To: nhawes1@maine.rr.com
Subject: The Family Restored



SPCE Rotary Community Grant Application (2025-2026)

Contact Person	Eric Girard
Phone Number	(207) 387-0015
E-Mail Address	eric@thefamilyrestored.org
Requesting Organization Name	The Family Restored
Organization Website (if applicable)	www.thefamilyrestored.org
Address	Street Address: 631 Stevens Avenue Suite 205 City: Portland State / Province: Maine Postal / Zip Code: 04103
Is your organization a 501(c)(3). If not, do you have a fiscal sponsor?	Yes
Year Established	2014
Type of Request	Mental / Behavioral Health
Program / Project Name	The Family Restored - Family Support Program
Requested Amount	5000
Program / Project Description	<p>The Family Restored (TFR) is a Maine-based nonprofit dedicated to strengthening and supporting families affected by addiction. Founded in 2011 by people in recovery, TFR began as a single support group and has since grown into a regional leader providing education, peer support, and access to recovery resources for families throughout Maine and beyond. Our mission is simple: to help families heal, find hope, and learn healthy ways to support their loved ones.</p> <p>Families impacted by addiction often experience isolation, confusion, and emotional exhaustion. Many focus entirely on their loved one's crisis while neglecting their own</p>

wellbeing. Affordable, family-centered recovery resources remain scarce—especially those rooted in 12-Step principles and lived experience. TFR fills this critical gap by providing no-cost, peer-led programs that empower families to recover together.

Current Services

TFR currently offers:

- Weekly Family Support Groups (in-person and virtual) that provide education, connection, and recovery-focused guidance – including a group in South Portland.
- Family Peer Coaching, offering one-on-one goal-setting and support from trained peers with lived experience.
- Workshops and Retreats that explore topics such as boundaries, enabling vs. supporting, and self-care.
- Treatment Scholarships and Recovery Housing to help individuals overcome the financial barrier of accessing treatment for SUD.

Program Expansion Goals

With grant support, TFR will expand and strengthen family services by:

1. Increasing the number of weekly family support groups, including new in-person meetings across Maine.
2. Scaling the Family Peer Coaching program through recruitment and training of new peer coaches.
3. Hosting monthly educational workshops and at least one annual retreat focused on family recovery and wellbeing.
4. Enhancing accessibility for underserved and rural families throughout Maine through outreach, community partnerships, and utilizing virtual platforms.

Expected Outcomes

Over the next year, TFR anticipates a 20% increase in family participation, 50-75 families completing coaching programs, and measurable improvements in self-reported hope, understanding of addiction, and boundary-setting skills.

Sustainability

TFR has demonstrated consistent growth—serving hundreds of families and awarding over \$120,000 in treatment scholarships annually. Grant funding will also help strengthen infrastructure, expand staff and training, and create long-term sustainability through diversified revenue and community partnerships.



Conclusion

Addiction affects entire families, not just individuals. The Family Restored offers a compassionate, evidence-informed, and peer-driven approach to family recovery. With expanded resources, we can reach more families, restore hope, and help entire communities heal.

We thank SPCE Rotary for all of their support over the years. Your partnership in serving those affected by SUD is such a crucial component of supporting the work that we do in the community. Thank you!

Is this a time-sensitive request?	No
If the request is time sensitive, by what date are the funds needed?	01-01-2026
For Grant Requests over \$500 - Describe how you will define program/project success and what type of reporting or metrics you can provide to back to Rotary.	The Family Restored uses a combination of quantitative and qualitative methods to track program effectiveness and guide continuous improvement. Attendance and participation are documented for all support groups, workshops, and coaching sessions. Facilitators report group themes, participant engagement, and emerging needs. Family members are invited to complete brief surveys that assess satisfaction, perceived impact, and changes in knowledge, self-care, and boundary-setting skills. This data allows TFR to measure outcomes, identify trends, and refine programming to better meet the evolving needs of families affected by addiction.
Are there other ways that Rotarians can be of service to your organization/project/program (such a volunteering, mentoring, professional services)?	TFR offers a weekly support group in South Portland at The Point Community Center, which meets every Wednesday evening from 6:00pm-7:30pm. We know there a many family members out there struggling and not knowing where to turn for help, so anything the club would be willing to do to help spread awareness of this meeting would be extremely helpful! We also hold several fundraising and recovery-based events throughout the year and would love to have SPCE Rotary involved in any way possible. Thank you so much for all of your support and consideration of this grant proposal.

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