

From: Jottorm <noreply@jottorm.com>
Sent: Friday, October 2, 2026 10:31 AM
To: nhawes1@maine.rr.com
Subject: Re: SPCE Rotary Community Grant Application (2026-2027) -



\$2,000

SPCE Rotary Community Grant Application (2026-2027)

Contact Person	Eric Girard
Phone Number	(207) 387-0015
E-Mail Address	eric@thefamilyrestored.org
Requesting Organization Name	The Family Restored
Organization Website (if applicable)	www.thefamilyrestored.org
Address	Street Address: 631 Stevens Ave Street Address Line 2: Suite 205 City: Portland State / Province: ME Postal / Zip Code: 04103
Is your organization a 501(c)(3). If not, do you have a fiscal sponsor?	Yes
Year Established	2011
Type of Request	Mental / Behavioral Health
Program / Project Name	South Portland Support Meetings
Requested Amount	3,000
Program / Project Description - how would the grant money be used?	The Family Restored (TFR) has a mission to strengthen and support families affected by addiction. We accomplish this mission by offering family support groups, 12-step workshops, and scholarships to help pay for treatment and recovery housing for those who cannot afford it. TFR began in 2011 with one family support group in Portland, Maine, founded by people in long-term recovery who wanted to support families affected by a loved one's addiction. Early on, they saw how community and education brought hope and direction.

TFR's core strength is an integrated model few organizations in Maine offer: peer support, one-on-one coaching, and professionally led education workshops, all intended to complement one another in helping families learn, heal, and cope together. Because our facilitators, coaches, and leadership are themselves in long-term recovery or have personally navigated a loved one's addiction, we build trust with families and their loved ones in a way clinical settings alone are often unable to replicate.

The Foundation's support would allow us to continue running regular meetings—held weekly at our in-person meeting spaces located in South Portland, ME, on Wednesdays, 6:00 – 7:30 pm.

Our Family Support Programming provides a parent-to-parent connection for families to connect and help one another through the process, and fellowship to those in need of a community of people who truly understand. We also offer information on additional recovery resources and access to our other program resources, including financial assistance for individuals seeking treatment and safe, supportive housing.

Family Support Meetings provide firsthand experiences about Substance Use Disorder (SUD), allowing families to connect and navigate challenges together, transforming feelings of hopelessness and isolation. These meetings provide a space for families to connect with others facing similar challenges and hear directly from facilitators and guest speakers about addiction and recovery. Family Support Group meetings help participants better understand the realities of addiction—what it looks like, how it shows up in everyday situations, and how you can respond in healthy, effective ways.

Our meetings often include guest speakers in long-term recovery who share how addiction impacted their lives and families. Their stories offer a deeper understanding of the complexities of this disease—which can be both educational and insightful.

Please see our Family Support Meetings Welcome Packet here: <https://thefamilyrestored.org/wp-content/uploads/2026/05/Welcome-Packet-2026.pdf>.

Is this a time-sensitive request?

Yes

If the request is time sensitive, by what date are the funds needed?

12-01-2026

For Grant Requests over \$500 - Describe how you will define program/project success and what type of

In 2025, TFR achieved the following accomplishments and outcomes, which we expect to increase by 10% in the next year:

reporting or metrics you can provide to back to Rotary.

Family Support Meetings

We held 500 meetings across 11 groups, reaching 135+ family members and friends weekly. Participants surveyed said that:

- 95% would recommend our meetings
- 92% found a community who understands
- 78% reported improved health and wellness

We track attendees and topics covered at meetings and by guest speakers. We request their town of residence. We conduct a full survey that includes several additional questions.

Participant Quotes from 2025 Survey:

1. "This meeting saved me and my family. I can't tell you how grateful I am to this organization."
2. "When I went to my first Family Restored meeting I was broken, lost, scared, and afraid my son was going to die."
3. "I was taught about the disease, the boundaries I needed to set, and most importantly how to keep myself healthy."
4. "Although I don't regularly attend anymore, I am still connected to the people I met there. I will always recommend this group."
5. "Family Restored was there for me when I needed them. They helped save my family."

Are there other ways that Rotarians can be of service to your organization/project/program (such a volunteering, mentoring, professional services)?

We are always happy to learn of additional volunteers and new potential Board/committee members.

You can [edit this submission](#) and [view all your submissions](#) easily.