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The Rotary Fountain, Downtown Beaumont

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Galen Wixson - 50th Anniversary of The Symphony of Southeast Texas



Galen Wixson is the Executive Director of the Symphony of Southeast Texas. The Symphony is celebrating its 50th Anniversary Season this year. He will speak about business aspects of the Symphony, how the current economic climate is affecting symphony orchestras and arts organizations generally, and how the Symphony of Southeast Texas is responding to the current challenges it is facing.

Galen was appointed Executive Director of the Symphony of Southeast Texas in

June of 2002. Prior to arriving in Beaumont, he was the Executive Director of the Reno Philharmonic in Reno, Nevada. In Reno, he expanded the orchestra's season to include concert pairs, and effectively doubled the ticket sales of the orchestra in just two seasons. He also expanded the educational programs that focused on continuing education for adult music lovers.

He has also held Executive Director positions at the American String Teachers Association in Washington,

(Continued on page 2)

Head Table



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GUEST INTRODUCTION
CAMILLE MOUTON
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From the chef: London Broil

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Future Programs

April
2nd Alberto Garbari, Youth Exchange Student from Italy
9th Joe Domino - Entergy
16th The Roping Cowboy
23rd Fort Anahuac-Steve Rowland

Makeups

Monday:
No. Port ArthurHoliday Inn Hwy 69
Vidor.....Hibernia National Bank
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Spindletop.....Holiday Inn 11th St.
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Port Arthur.....Holiday Inn Hwy 69
Friday:
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Program Review

Couch potatoes beware! This past week's speaker and fellow Rotarian from California, 82-year old Perot "Bud" Nevin, developed a physical fitness program for NASA in the mid-1960's that provides all the exercise you body needs in just a few minutes each day. The best part is that you don't need bar bells or other weights that cost a lot of money and can't be taken on trips.

Mr. Nevin started the program by saying that everyone is aware of the importance of exercising. Unfortunately, because of time constraints and bad habits, most of us are physical fitness dropouts. Today, 98% of the working public have jobs that involve no manual labor at all. Bud's point is that if the most strenuous exercise we do all day is typing, then we are not going to be as healthy as we could be.

The exercise system that Bud developed uses a rope with a simple mechanism that adds friction to a pulley, which causes resistance. These static exercises are perfect for people

on the run that don't have much time to devote to keeping in shape. A complete exercise program that used to take an hour and a half can now be accomplished in 10 to 15 minutes.

Bud currently works with many large nationally recognized companies across the country that are concerned for their highly paid, but out of shape, executives. Keeping in shape can prevent heart attacks and strokes. More and more companies are seeing the wisdom of keeping their key employees healthy.

As a Rotary member aware of the sanctity of the 1:00 meeting dismissal, Bud invited interested Rotarians to stay after the meeting for further discussion instead of taking questions from the floor at the end of his presentation. Thirty to forty members stayed, some until almost 2:00!

Bud has come up with a fast, easy and effective way to exercise. And our thanks to **Dennis Moncla** for bravely and ably assisting in the presentation. Dennis said it really worked!

(Continued from page 1)

DC and the Manhattan, Kansas Center for the Arts, as well as the Assistant Director for Administration at the Missouri State Council for the Arts in St. Louis.

He holds both Bachelor and Master degrees in Music Performance from Wichita State University, and a Master of Arts Management degree from the Heinz School of Public Policy and Management at Carnegie Mellon University.

A professional cellist, Galen continues to enjoy performing as a soloist, chamber performer, and even occasionally in the Symphony of Southeast Texas when called upon. He has played in numerous orchestras throughout the country including the Fairfax, Virginia Symphony, the Wichita Symphony, and the North Carolina Symphony.

Board Action

Your Board of Directors met Tuesday, March 18th, and approved the following:

New Member:

Jodi Hilton,
Corporate Sales Manager, Hilton Hotel
"Hotel Management - Sales"
Proposed by Alexine Boutin

Unless written objections to the Board of Directors are received by Friday, April 4th, the candidate listed above will be considered elected to membership.

Classification Change:

Richard Bothel - from "Education - University - University Development" to "Education - University - University Continuing Education"

Termination accepted with regret:

Marion Rienstra - deceased

News from Chaplain Merriam



"Thank you for your concern for all of those in uniform these days and for me personally. I miss being in Beaumont and all of you in Rotary, yet am quite confident I am in the right place now on Active Duty as the Division Chaplain for the 75th Division.

"Our mission is mobilization support for all the Guard and Reserve Units which have and will be called up for the current world events. Our unit members assist the alerted and mobilized units, seeing they have all their personnel, equipment and training for their assigned tasks. We cover six major military training centers over a nine state area.

"As Division Chaplain, I work with the installation chaplains and our own brigade chaplains taking care of soldiers and their families through these stressful times. I also advise our command and work with others on our staff. I work for MG Perry Dalby, our Division Commander and travel throughout our region throughout the week.

"This week I am at Fort Bliss. Last week at Fort Sill. The week before that at Fort Riley and Fort Leonard Wood, with a trip to good old Fort Hood in between.

"Periodically I get a pass to come home. I hope to find a Wednesday soon to join you at Rotary. Thanks for maintaining the homefront."

Editor's Notes

Vesta Brandt reports that you can hear **President/Chaplain Harland's** "Good News Minute" on KLVI 560AM every weekday morning immediately following the 7:30 Paul Harvey broadcast.

Rosters

Those of you at last week's meeting were able to pick up your copy of the

Birthdays

26th Vesta Brandt (02)

General Manager,
Clear Channel Communications



Born in Okmulgee, Oklahoma, she is a graduate of Del Mar College. She and her husband Marvin are the parents of Darlene, Danny and Suzy.

Vesta enjoys gardening and reading.

26th Mary Wickland (02)

Owner, Mary Wickland PC



A Beaumont native, she is a graduate of Lamar University. She and her husband Kevin are the parents of Kevin Jr., Heather and Tara, and are members of St. Jude Catholic Church.

Mary enjoys the beach, reading, playing golf and spending time with her grandson.

27th Ed Edson III (79)

Owner, The Edson Realty Company



A Beaumont native, he is a graduate of Oklahoma University. He is the father of Ed IV and Ashley, and is a member of St. Marks Episcopal Church. Ed enjoys hunting and fishing.

new Rotary Roster. If you missed the meeting, we will be distributing the Rosters at the meetings until the end of April.

Youth Service Award

Paula O'Neal addressed the March 12th meeting about nominations for this award which is presented to Beaumont high school seniors who have exemplified the Rotary ideal of Service Above Self with outstanding records of volunteer service during the past year. Students who are recognized will have provided significant impact on our community through volunteer service to an agency or community issue.

Please call the Rotary office (842-1913) for a form if you know a student you would like to nominate. Submission deadline is Tuesday, April 8th.

27th Billy Kinney (93)

President, A-1 Acoustics



Born in Texarkana, he and his wife Connie are the parents of Douglas and Bryan, and are members of Wesley United Methodist Church. Billy enjoys playing golf, fishing, hunting and horses.

28th Robert Hambricht (86)

Partner, Orgain, Bell & Tucker



A Beaumont native, he is a graduate of Southern Methodist University. He and his wife Kathleen are members of Trinity United Methodist Church. Robert enjoys carpentry, hunting and fishing.

29th John Aikin (02)

Montagne Center Director,
Lamar University



Born in Kansas City, Missouri, he and his wife Debbie moved here from Mississippi. John enjoys marathon running and has run the Boston Marathon the last five years.

29th Gary Rothenberger, Jr. (93)

Partner, Wathen DeShong & Juncker



A Beaumont native, he is a graduate of Lamar University. He and his wife Jan are the parents of Reagan, and are members of Calvary Baptist Church. Gary enjoys

playing golf, fishing, church, collecting antique clocks and the Civil War.

Apr 1st Floyd McSpadden (83)

Partner,
Benckenstein, Norvell & Nathan



Born in Houston, he is a graduate of Southwestern University and Southern Methodist University. He and his wife Patti are the parents of Jenni Rebecca

and Fuller, and are members of First Methodist Church. He enjoys traveling and snorkeling. Floyd is a Paul Harris Fellow.

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