



Invoices for January - June 2014 dues were sent in mid-December. Please check your email for a copy or phone the office for another to be sent. Please submit prompt payment as we have paid Rotary International dues for you.

ROTARYGRAMS
January 22, 2014
Vol. 101, No. 30

MCM Elegante' Hotel
 2355 IH-10 South, Suite 213
 Beaumont, TX 77705

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Stories

[This Week's Meeting](#)

PROGRAM PREVIEW

January 22, 2014

"RYLA: Don't Stop Believing"



Cindy Cherry
Tim Sudela
Michael Perez
and RYLA Students

Speakers

Jan 22, 2014
Tim Sudela, Cindy Cherry, & Michael Perez
It's All About RYLA!"

Jan 29, 2014
Jeff Branick, County Judge
An Update on Jefferson County

Jan 29, 2014
MEETING WILL BE IN THE FOUNTAINVIEW ROOM

Feb 05, 2014
Jane Burns, Chairman
Vocational Excellence Awards Presentation

Feb 12, 2014

Andy Smallwood, Rotary International
Director

Feb 19, 2014
Nick Lampson
"The Village" Project

Feb 26, 2014
Floyd McSpadden, Jr.
T. Kelsey Lamb Award for Business Ethics Presentation

Mar 05, 2014
Kyle Hayes, City Manager
Update on City Plans and Projects

Mar 12, 2014
Michael Hoke, retired Director -
Shangri La
Neches River Adventures Environmental Education Outdoor Classrooms

Mar 19, 2014
ROTARY GOES TO SCHOOL
Delivering "I Like Me" books to First Graders

[View entire list](#)

Upcoming Events

Board of Directors Meeting
The Beaumont Club
Jan 28, 2014 at 11:45 AM

Rotary After Hours Visits the Art Museum
Museum of Southeast Texas
Jan 28, 2014 at 05:30 PM

Show Your Colors Flag Project
Feb 17, 2014 at 05:00 AM

Board of Directors Meeting
The Beaumont Club
Feb 25, 2014 at 11:45 AM

Layette Project for Nicaragua & Rotary After Hours
Broussard's Event Centre
Feb 27, 2014 at 05:30 PM

Sponsors

RYLA 2014 is now history! Each year, the impact this program has on students from across District 5910 is epic. We will get to hear about the event and vicariously share in some of the experiences. They have some great photos and a video to show you. It will be great fun; don't miss it!

Head Table & Menu

Head Table and Menu for January 22



Invocation:

Lum Edwards, III
Partner/Vice President
J. S. Edwards & Sherlock Insurance Agency



Pledges to the USA and Texas Flags:

Glenn McWherter
Wealth Management
J. P. Morgan Chase Bank



Introduction of Guests:

Mary Poole
Marketing Director
Baptist Hospitals Southeast Texas

Menu: salad bar, tomato soup, pot roast, grilled chicken, parsley butter potatoes, peas with onions, assorted desserts and pastries, iced tea & coffee

President's Initiative

President's Initiative: RING MY BELL!

Ever wish YOU had the opportunity to ring the opening bell at the meeting?

For a donation of \$25 to the Beaumont Rotary Foundation, you will be allowed to do just that. You will be called up to ring the bell to start the meeting.

When he rings the bell to conclude the meeting, President Chad Blanchard will

Bell Ringer
on January 22



Tim Sudela
recognizing successful



We never stop moving:



Southern Homes



Interested in being a sponsor?
[Download the website sponsorship guide](#)

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[Click here to sign up!](#)

match your donation with another \$25 donation to the Beaumont Rotary Foundation!

RYLA, committee and participants

Would you like to be the Bell Ringer at a meeting and support the Beaumont Rotary Foundation at the same time? Please volunteer by contacting President Chad Blanchard or the Rotary Office today.

Calendar of Events

**CALENDAR OF ROTARY EVENTS
 (and make-up opportunities)**

NOW	January - June 2014 dues payment due.
January 26-29	Large Club Conference in Memphis
January 28	Board of Directors' Meeting, 11:45 a.m.
January 28	Rotary After Hours at the Art Museum
February 5	New Member Orientation, 10:45 a.m.

VOCATIONAL EXCELLENCE AWARDS

VOCATIONAL EXCELLENCE AWARDS

In recognition of "Service Above Self," the Rotary Club of Beaumont will recognize and honor individuals who exemplify a "service above self" attitude in their vocation on Wednesday, February 5, 2014. These coveted awards are given annually to community citizens who demonstrate exceptional service, honesty, and friendliness in performing their jobs.

Please nominate a person who you believe meets these standards [by completing the form](#) and returning it to Jane Burns by 5:00 p.m. on Friday, January 24, 2014.



Strategic Planning

DEADLINE APPROACHING Your Input is Requested

A successful organization or business will find itself actively involved in the process of strategic planning. With a committee and the Board of Directors in the lead, the Rotary Club of Beaumont is in that process and it is imperative that the general membership take part as well.



As Strategic Planning Chair Craig Escamilla explained, a brainstorming session with a group the size of the Rotary Club of Beaumont would not be productive, so a survey has been developed to garner input from members.

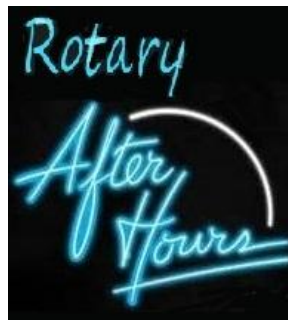
We are calling on everyone to take part, whether you are a new member or one with the longest affiliation, a member who has never served on a committee or someone who is in the elite group of Past Presidents, we need your input.

[Click here to access the online version which can be completed and submitted electronically](#) (and you can go back and add to it or submit an entirely new form at a later time). Printed paper copies will be available at the meetings. Responses are requested by close of business on January 22.

[Rotary After Hours](#)

Posted by Barry Bryant

Plan Now to Attend!



Save the date for this special evening of fun and fellowship at the Art Museum of Southeast Texas with Lynn Castle as the Host.

January 28, 2014
5:30 p.m.

Change of Project Date**SERVICE ABOVE SELF: Layettes**

Please mark your calendar indicating a change of date for the Layette Service project. Doubling as a Rotary After Hours event, the date was changed from February 20 **to February 27** in order to accomodate members who would like to attend the Spindletop Club's Celebrity Roast (on the 20th) to do so without conflict. Thank you for supporting both events.

Birthdays**HAPPY BIRTHDAY!**

Diane Bass
January 21



Kate Carroll
January 21



**Mary Ellen
Robertson**
January 21



Cindy Bloodsworth
January 23



Scott Mann
January 26

Best Wishes

WISHES FOR A SPEEDY RECOVERY



We send wishes for a quick recovery to friends and fellow Rotarians who have recently had surgery. We miss you and hope you are feeling better soon!

**Paula Bothe
Fred Kristiansen
Roger McCabe
Connie Szuch**

Thank You

THANKS EXPRESSED

Maret Montanari, President of West Brook Interact Club, was a RYLA participant and sent a lovely note, expressing her thanks for the experience. Click on the image to open a readable copy.

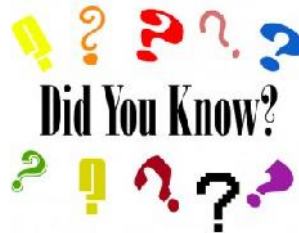
Dear Rotary Club of Beaumont,

Wow! I don't think there's a word to even begin to explain how amazing my time at RYLA 2014 was! Thank you to each and every one of you for giving me the wonderful opportunity to experience RYLA. I loved every minute of my time spent at Pinewood. I not only enjoyed the nonstop chants & songs & the endless ice cream but the team and leadership activities as well. I learned so many great ideas to bring back to West Brook's Interact Club and am hoping our members will like them as much as I do. Also, RYLA gave me the chance to step out of my comfort zone and focus on my leadership skills which I feel will allow me to grow and better myself in everything I do. If I had the chance to wish for anything I wanted, I would definitely wish to go back to RYLA.

I will never forget my time spent there. Thank you again! District 8910-Hoorah!

Most Sincerely,
Maret Montandri,
President of West
Brook High School's
Interact Club

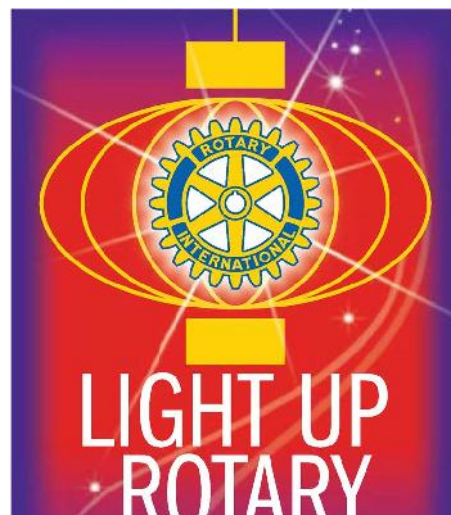
Did You Know?



RI President-elect Gary C.K. Huang chose Light Up Rotary as his theme for 2014-15.

"There are so many problems in the world, so many people who need help. Many people say, 'There's nothing I can do.' So they sit there

doing nothing. Meanwhile everything stays dark," Huang told the 537 district governors and their spouses and partners who are attending the 2014 International Assembly in San Diego, California. "The Rotary way is the Confucius way.



The Rotary way is to light a candle. I light one, you light one, 1.2 million Rotarians light one. Together, we light up the world," said Huang, who is a member of the Rotary Club of Taipei in Taiwan.



[Read more.](#)

[Watch a video of the theme speech.](#)

[Program Review](#)

PROGRAM REVIEW

January 15, 2014

"What is Your Plan for Fitness?"



Ogie Shaw
Ogie Shaw Fitness
Owner

by Rotarian Chris Ayers

Ogie Shaw is a fitness enthusiast from Beaverton, Oregon who earned two undergraduate degrees and a masters degree from University of North Carolina at Chapel Hill. In addition, he is a state champion in basketball, a second degree black belt, a fitness consultant to the Seattle Seahawks, public speaker and owner of Ogie Shaw Fitness.

Ogie described the epidemic of obesity in children and how it has changed over the years. Ultimately, immediate family members including parents, grandparents, and teachers are the reason that

children are 'in-shape' or 'out of shape.' Giving children a foundation of fitness through exercise and nutrition should be exemplified for them by the adults in their lives. Ogie taught that excuses like "I don't have time" are not legitimate and have severe repercussions on our children.

Ogie has traveled the country to talk to doctors, business professionals, university professors and scientists about fitness and exercise. What he has learned and now professes is that exercise has to be a way of life and a lifestyle. A simple way to make this happen is to start every day with a 5 minute test: stretch in a sit and stretch method for 1 minute, do continuous elevated step ups for 3 minutes and 1 minute tracking results like body fat percentage. Also, he recommends people to NOT diet but eat for nutrition only.

A quick synopsis – exercise every day, early in the morning, and workout every body part. (You can meet Tim Sudela at the Wellness Center on weekdays at 5:00 a.m. to accomplish this.)

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