



## Speakers

Oct 12, 2016

[Joe W. Haralson, Texas Ranger](#)

[MEETING WILL BE IN THE  
FOUNTAINVIEW ROOM]

Oct 19, 2016

[Mark Adkins, Publisher, Beaumont  
Enterprise](#)

TBA

Oct 26, 2016

[Senator Brandon Creighton](#)

TBA

Nov 02, 2016

[Jim Baxter, Youth Lane Co-Chair](#)

World Interact Week

Nov 09, 2016

[Brian Babin, US Representative](#)

Serving Texas' 36th District

Nov 16, 2016

[Mike Boone, Game Warden](#)

Television Personality on Lone Star Law

Nov 23, 2016

[NO MEETING](#)

Happy Thanksgiving!

Nov 30, 2016

[Bridget Johnson, Chair](#)

Vocational Excellence Awards: "Thankful for  
Exemplary Performance in the Workplace"

Dec 07, 2016

[West Brook High School Choir,  
Jimmy Robertson, Dir](#)

Catch the Holiday Spirit! [MEETING WILL  
BE IN THE FOUNTAINVIEW ROOM]

## ROTARYGRAMS

**October 5, 2016**  
**Vol. 104, No. 14**

MCM Elegante' Hotel  
2355 IH-10 South  
Suite 213  
Beaumont, TX 77705

Phone: [409-842-1913](tel:409-842-1913)  
Fax: [409-842-5613](tel:409-842-5613)



**PLEASE NOTE: THE WEEKLY MEETING  
SCHEDULED FOR OCTOBER 5 HAS BEEN  
CHANGED.**

**"WINE DOWN WITH ROTARY" WILL REPLACE  
THE WEEKLY MEETING.  
SEE YOU ON OCTOBER 6, 5:30-7:30pm  
AT THE BEAUMONT EVENT CENTRE.**

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## PROGRAM PREVIEW

**October 6, 2016**

**Wine Down With Rotary**

Dec 07, 2016  
[ANNUAL ELECTIONS OF BOARD MEMBERS](#)

[View entire list](#)

## Upcoming Events

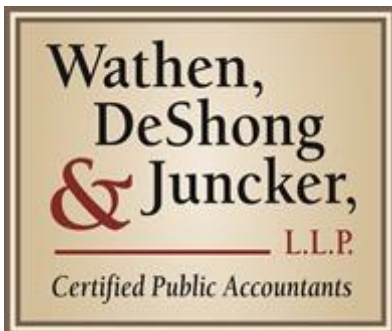
[Rotary After Hours: Renovated Courtyard/Fairfield](#)  
 Courtyard & Marriott  
 Oct 27, 2016  
 5:30 PM – 7:00 PM

## Sponsors

We never stop moving:



Southern Homes



Interested in being a sponsor?  
[Download the website sponsorship](#)



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### CALENDAR OF EVENTS (and opportunities for meeting makeups)

<b>October 5</b>	<b>NO MEETING AT THE ELEGANTE; see you Thursday evening at the Beaumont Event Centre for Wine Down With Rotary</b>
<b>October 6</b>	<b>Wine Down With Rotary, 5:30 - 7:30 p.m., Beaumont Event Centre</b>
<b>October 19</b>	<b>Project Selection Committee Meeting, following Club meeting, Ballroom D</b>
<b>October 22</b>	<b>District Foundation and Membership Seminar, Cleveland High School, 8:00-Noon, \$20</b>
<b>October 25</b>	<b>Board of Directors meeting, 11:45 a.m., the Beaumont Club</b>

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**LOOK  
 WHAT'S  
 AHEAD!**



On **October 12**, come learn about the Texas Rangers and what they do on a regular basis for the safety and security of our state.

You've heard about it!  
 You've read about it -  
 in the *Beaumont Enterprise!*

[guide](#)

## Subscribe to Bulletin

Subscribe to our eBulletin and stay up to date on the latest news and events.

[Click here to sign up!](#)

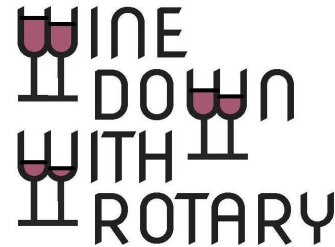


Mark Adkins, publisher of the Beaumont Enterprise, will be the guest speaker on **October 19.**



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**Just Days to Wait  
Until the Big Event!**



The second annual **"Wine Down With Rotary"** fundraiser will be on Thursday, October 6. **There will NOT be a Rotary meeting on October 5 so this event will substitute for the meeting of the week.**

You will taste six wonderful wines as selected for your enjoyment by a panel of wine experts, an appetizer pairing for each of the wines selected, jazz music by Toby Castro and his combo, an opportunity to take a chance on winning some fabulous raffle items and some of the best fellowship in town! It will be an awesome, not-to-be-missed event!

As Cindy Jeanis says, *"Drink wine and help the world!"*



**Plan to be a part of this very special event!**

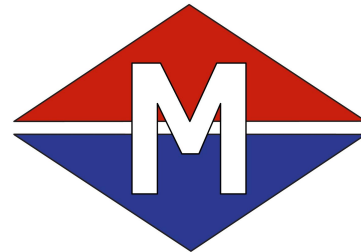
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**Thanks to the Wine Down with Rotary Sponsors!**

**New Sponsor this week: Germer PLLC**



**PINOT NOIR**  
\$2,000 LEVEL



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BEAUMONT, TEXAS  
WWW.MASONCONSTRUCTION.NET

**CHARDONNAY**  
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**MERLOT**  
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**American Valve & Hydrant**  
**Germer PLLC**

**PINOT GRIGIO**  
\$500 LEVEL

**Roberta Applegate, PC**  
**Chambers House Museum**

**REISLING**  
\$300 LEVEL

**Kathleen and Mark Alsup**  
**Scot Babineaux Insurance**  
**Cindy and Butch Cherry**  
**David Locke**  
**Sharon and Roger McCabe**  
**Tyrrell Historical Library**  
**Association, Inc.**  
**Wathen, DeShong & Juncker, LLP**

**Thank you for your generous support.**  
**We appreciate you.**

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**Members Welcomed to the Club!**

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Again last meeting, we welcomed 2 new members to the club.



Twice this month, we welcomed two new members into the club! President Ted Moor (center) was smiling broadly as he posed with Patricia Woolridge and Shawn Molina.

Patricia is Executive Director with Junior Achievement of the Golden Triangle. If you frequented Hobby Lobby, you might recognize her as formerly the general manager there before joining JA in their mission. A former student of Texas A & M (whoop!), Patricia is obviously a fan of Aggie football but enjoys all sports, including running.

Shawn is Senior Account Executive with iHeart Media and teaches as an Adjunct at Lamar in the History Department. He earned both a Bachelors and Masters Degree in History from LU. Shawn's very active with the Freemason's and serves as District Deputy Grandmaster. He enjoys scuba diving, acting and bartending.

We extend a warm welcome to these two new members!

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### **Interact Clubs Need Donations**



The Interact Clubs are again collecting supplies to create gifts for others. They request toilet paper rolls to fill with goodies, trinkets, and treats for local nursing homes and hospitals. They can also use left over gift wrapping paper, ribbons and yarn to tie the ends of these treats. Sheree Pierce, sponsor of the West Brook Club, asks that you bring items to the club meetings and/or the Rotary Office before November 10 so she can make a delivery to the Interact Mixer.

\* \* \* \* \*





**Patricia Woolridge**  
October 3



**Lane Olson**  
October 4



**Lum Edwards, III**  
October 6



**Tim Satre**  
October 8



**Robert J. Robertson**  
October 10

\* \* \* \* \*

### **FAMILY OF ROTARY**



We send wishes for a quick recovery to our friends and fellow Rotarians who have been ill, had or are facing surgery, or just need our thoughts and prayers. We hope you are better soon!

Lee Freeland  
Jay Johnson

Cheryl Williams

*Please let us know if you or another Rotarian should be included in our weekly good wishes article!*

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## PROGRAM REVIEW

September 28, 2016

"Healthy and Loving It!"



**Dr. Msonthi B. Levine**

**Golden Triangle Internal Medicine**

by Chris Ayers

photo by Jim Baxter

Msonthi Levine is a Beaumont native who graduated from West Brook High School and then went to play collegiate football at Rice University. After medical school, he practiced in Tyler, TX, and he now practices internal medicine in Beaumont.

Dr. Levine gave 5 great ways to live to age 90. We would all be better off if we practiced these 5 things:

1. Diet – Stop eating cheeseburgers and fries every day at lunch and instead opt for fresh fruits, vegetables and lean meats.
2. Exercise – 30 minutes of aerobic exercise 5 times per week is paramount to a long and healthy life. This can include running, walking, cycling, etc. Regardless of what you choose, exercise 5 times per week.
3. Know your numbers – during your annual physical, you should receive your cholesterol, blood pressure, A1C, and BMI numbers. Know them and how they affect your body and overall health.
4. Stop smoking – smoking is deadly, disgusting and is a horrible habit. Stop now!
5. Sleep – 6-8 hours of sleep per night is required for your body to operate at its highest level and to recover and rejuvenate. Go to bed earlier!

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