





Speakers

Jun 06, 2018 <u>Ira Wilsker, Business Professor, LIT</u>

Jun 13, 2018

Dr. John Frossard, BISD

Superintendent

Students, Schools and Successes!

Jun 20, 2018

<u>Dr. Ken Evans, President, Lamar University</u>

Think Lamar University!

Jun 26, 2018

<u>Replaces the meeting on June 27</u>

A Toast to President Tim Sudela &

Presentation of Awards

ROTARYGRAMS

June 6, 2018 Vol. 105, No. 49

MCM Elegante' Hotel 2355 IH-10 South Suite 213 Beaumont, TX 77705

Phone: <u>409-842-1913</u> Fax: <u>409-842-5613</u>



PROGRAM PREVIEW June 6, 2018

"Are We Under Cyber Attack?"



Ira L. Wilsker
Instructor IV
Management Development Program
Lamar Institute of Technology

Nearly every newscast and newspaper contains a story about a new threat to America's cyber security. As timely as this past week, we were advised by the FBI to reboot computer routers to

Rotarygrams for June 6, 2018 (Jun 04, 2018)

Jun 27, 2018 NO MEETING AT THE ELEGANTE

Jul 04, 2018

NO MEETING AT THE ELEGANTE

Independence Day Holiday (after "Show Your Colors" Flag Project)

Jul 11, 2018

Installation of President Lynn Castle

Passing of the Gavel and Installation of Club Leadership

Jul 18, 2018

Karen Chapman, District Assistant Governor

"Where Do You Fit and Why Should You Care?" followed by Club Assembly

View entire list

Upcoming Events

Rotary After Hours

Beaumont Children's Museum Jun 07, 2018 5:30 PM – 7:00 PM

Show Your Colors Flag Project-Flag Day

Jun 14, 2018 5:00 AM

Rotary International Convention 2018

Air Canada Centre and Metor Convention Centre Jun 23, 2018 – Jun 27, 2018

A Toast to Tim (More Toast/Less Roast!)

Jun 26, 2018 5:00 AM – 6:00 PM

Board of Directors Meeting

Art Museum of Southeast Texas Jun 26, 2018 11:45 AM

Show Your Colors Flag Project-Independence Day

Jul 04, 2018 5:00 AM

Sponsors

protect against the very real threat of someone reaching into our personal space, stealing and violating us in ways we cannot understand. It is frightening how vulnerable we are to cyber attack. In his presentation, Ira Wilsker will discuss how to harden society to mitigate the threats and damage from such attacks.

Ira L. Wilsker is well-known for his knowledge of and expertise in the area of cyber security. He has taught at the Lamar Institute of Technology for forty-one years, and has traveled nationally and internationally presenting on cyber security and cyber threats.

You need to hear this presentation. Oh, and the FBI is instructing you to re-boot your modem - now!

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Head Table for June 6

Invocation:



Sheree Pierce
Director of Neighborhood Ministries
Wesley United Methodist Church

Pledges to USA & Texas Flags:



Elaine Shellenberger
President/CEO
Nutrition & Services for Senors

Introduction of Guests:



Mary Poole Marketing Director Baptist Hospitals Southeast Texas

Introduction of Speaker:



Pat Calhoun
Executive Director of Workforce
Education
Lamar Institute of Technology

Would you like to take part in the weekly meetings in a more active role? Don't wait to be asked. Volunteer for one of the weekly assignments! Choose your role and a

date that is convenient. Contact Barry Bryant at 409-656-4108 or bbryant@billclarkbugsperts.com.

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CALENDAR OF ROTARY EVENTS

(Club events & opportunities for meeting makeups)

JUNE		
7	Rotary After Hours, 5:30-7:00 p.m.; Beaumont Children's Museum	
14	"Show Your Colors" Flag project for Flag Day	
18	Strategic Planning Committee; 4:30 p.m.; MCM Elegante	
26	Board of Directors Meeting; 11:45 a.m.; Art Museum of Southeast Texas	
26	Toast to Tim & Club Leadership; 5:00 - 6:30 p.m.; Art Museum of Southeast Texas	
27	NO MEETING AT THE ELEGANTE; Toast on June 26 counts as meeting for the week.	

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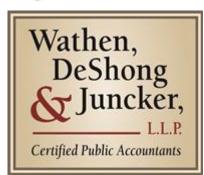
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DUES INVOICING AND THE BILLING CYCLE



Rotary operates financially at the club, district, and international levels. Dues, along with contributions to the Beaumont Rotary Foundation, support the work done at each level. Dues are billed to the individual at the club level, and the club pays District and

International dues on behalf of every member who is on the membership roster on January 1 and July 1.

In order for the club to pay dues to Rotary International on July 1, each member must be up to date on his/her dues to the Club no later than June 30, in advance of the July 1 assessment by Rotary International.

If your January 1 dues are still unpaid on Thursday, July 28, you will be terminated in bad-standing, meaning you are ineligible for membership in this or any other Rotary Club until your past due amount has been paid.

In order to make it as convenient as possible for you to submit a timely payment, the Board of Directors has requested that the invoices be sent to members 30-45 days in advance so that each member has adequate time to budget for the expense, process payment, and assure that the invoice is paid by July 1, *2018.*



Interested in being a sponsor?

<u>Download the website sponsorship</u>
<u>guide</u>

Subscribe to Bulletin

Subscribe to our eBulletin and stay up to date on the latest news and events. Click here to sign up!

Rotarygrams for June 6, 2018 (Jun 04, 2018)

Electronic invoices will be sent Tuesday, June 5. If you requested to have a printed invoice mailed to you, it should be received within the week. Please phone the office or email admin@beaumontrotaryclub.org to request a different method of billing or payment. Members with a credit card on file will receive a receipt by email when your card has been charged or will be contacted if your credit card information needs to be updated.

If you wish, you can submit your credit card information to be kept on file so that payments are processed for you in advance of the deadline each time.

If you wish, you can make arrangements with the Executive Director to have your charge card processed for your dues in installments until the account is paid in full.

If you don't receive your invoice this week, have questions or need to change your membership status, call <u>409-842-1913</u>. Thank you.

Join us for a unique Rotary After Hours at the Beaumont Children's Museum on Thursday, June 7 from 5:30 - 7:00 p.m. Bring your children and grandchildren because there will be fun for all!



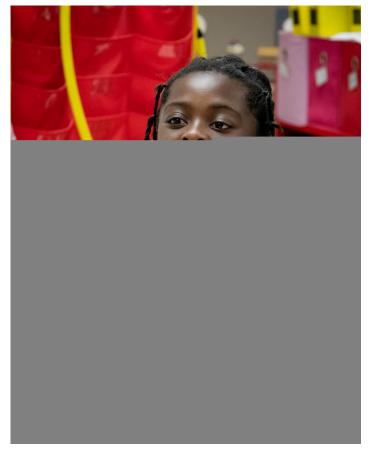
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Rotary Goes to School to Stop the Summer Slide at Martin Elementary!

The final part of the puzzle fell into place today when a dozen or more Rotarians, and Rotary family member Patti Calhoun, went to Martin Elementary and had the wonderful experience of giving each first grader a bag of books to bring home so they can continue reading and learning better skills throughout the summer months.



Rotarians were able to witness the children's pure joy as each one opened his/her book bag and found 10 books that they chose last April. The students were eager to share with one another and show off their new collection. Rotarians mingled with them and let the children share their excitement.

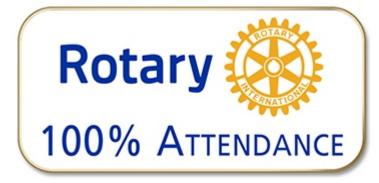


Chair Matt McCallon instructed Rotarians to tell them to read and remember which book was their favorite. We hope to have a "return to Martin" party with these same students in early fall so the new second grade students can read their favorites to Rotarians!

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Did You Earn Perfect Attendance?



It is always a very special day when we have the opportunity to recognize club members for contributions to the successes of the year. President Tim will present awards and recognition on June 26. He will also recognize those who have earned Perfect Attendance for the year either through meeting attendance, an eClub makeup, serving on and attending committee meetings, or attending a makeup event.

Did you submit a makeup for every meeting you missed? Do you know you can see your attendance report on the ClubRunner app? If you have not downloaded the CR app, do it now and/or get assistance at the next Rotary meeting.

As we assure that no one is omitted in the recognition process, please help us by reflecting on the year (July 2017-June 2018). If you deserve recognition, please call the Rotary office (409-842-1913) or send an email

(admin@beaumontrotaryclub.org) saying you earned and deserve Perfect Attendance recognition.

Reminder: while we are proud of new members who have had Perfect attendance since joining, the award is only for members of the club with at least one full year of membership. That means you had to have joined BEFORE July 1 of 2017 to earn the award this year.

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Michael Ireland June 5



Derina HoltzhausenJune 8

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is on some of our Lamar Rotarians

Several members of our Club were recognized in the Lamar Cardinal Cadence magazine, Spring 2018 issue.

Mahdi Safa was recognized with the 2017 University Merit Award for superior teaching, scholarship and service to the University. Mahdi is Assistant Professor of Construction Management.

Henry Venta honored as "Dean of the Year."

Becky and Chuck Mason, both Lamar graduates, were named Distinguished Alumni for 2017.

If you learn of other Rotarians earning professional recognition or special achievements, please let us know so we can turn the spotlight on them and share the good news with others.



We send wishes for a quick recovery to our friends and fellow Rotarians who are ill, are anticipating or recovering from surgery, or just in need of encouragement and support.

> Bobbie Applegate Sheri Arnold Michele Cobb Jay Johnson Roger McCabe Alicia McKibbin Michael Wolf

If you know of others who should be added to this list, please advise the office staff at 409-842-1913.

PROGRAM REVIEW May 30, 2018

"Moral Injury: The Hidden Wound of the Soldier's Soul"

Chaplain (Colonel) Anthony Clark Rector St. Mark's Episcopal Church

by John Neely

Today's speaker was Colonel Anthony Clark, Rector at St. Mark's Episcopal Church in Beaumont. Colonel Clark is the Senior Chaplain for the Florida Army and Air National Guard. Colonel Clark was introduced by Dana Timaeus.

Col. Clark's presentation was "Moral Injury: the Hidden Wound of the Soldier's Soul," During his presentation, Colonel Clark used several clips from the movie "American Sniper," a film about Chris Kyle's military journey which became a bestselling autobiography.

Col. Clark contrasted emotions expressed in Post-Traumatic

Stress and Moral Injury, such as:

Post-Traumatic Stress Issues	Both	Moral Injury Issues
Primary Issue: SAFETY		Primary Issue: GUILT
	Anger	
Startled response or reflex	Depression	Sorrow
Fear	Anxiety	Regret
Flashbacks	Insomnia	Shame
Hyper-vigilance	Nightmares	Alienation

The core elements/beliefs of the Moral Injury Issue are:

- Betrayal of trust, responsibility
- Deep sense of shame, grief, and guilt
- Perpetrating or failing to prevent damage, and loss of life
- Action and/or behavior transgresses one's belief of right and wrong
- Bruises the soul

The cause of Moral Injury and Post-Trauma include but is not limited to the following:

Betrayal

- Loss of trust in leadership
- Letting others down

Abusive Violence

Atrocities

Collateral Damage

• Women, children, non-combatants

In-Ranks Violence

- Hazing
- Friendly-fire
- · Sexual assaults

Use of deadly force

Healing a Soul Wound requires some, if not all, of the following:

- Do Not Medicate -> NO DRUGS! Drugs only address the symptoms, not the causes.
- Utilization of a path of forgiveness
- Recovery is a journey and is best achieved when accompanied with a trusted advisor or a faithful companion which could include equestrian and canine.
- Serving others, "A purpose beyond self"

Successful approaches include:

Letter writing Utilization of the "empty chair" in counseling

Re-integration back to civilian life and civility is not an easy transition for our veterans.



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Office: 409-842-1913 <u>admin@beaumontrotaryclub.org</u> Fax: 409-842-5613