

Rotary Club of Arlington



Hubcap

The Official Weekly Publication of the Rotary Club of Arlington

January 14, 2021

In this edition: [Zoom meeting link](#), coming programs, Board meeting Friday, and more...

President's Message

By *Susie Wine McAlister*



This week's meeting is the most popular and best-attended program of the year. Rob Matwick, Executive Vice President Business Operations, and Matt Hicks, Radio Play By Play Announcer for the Texas Rangers. This exciting program always brings out our members to hear updates about the team, the players, and now this year, we'll probably hear more about Globe Life Field since they got to play games there, even though we didn't get to attend.

Special congratulations to member **Jim Quick!** Jim has been selected by John Germ, Chair-Elect of The Rotary Foundation, and approved by the Board of Trustees, to serve as Member of the Peace Major Gifts Initiative. The term of this appointment is effective July 1, 2021 and continuing through June 30, 2024. He was selected based on his experience and knowledge of Rotary, its Foundation, and its programs. This is a wonderful honor for Jim, and our club, to have a member serve at the International level.

I'd like to give a special welcome to our three newest members. Isn't that a great way to start the New Year! **Emmett Rodriguez**, sponsored by Hal Thurow, became active even before his induction. Emmett rang the bell for the Red Kettle Campaign at Hobby Lobby before Christmas, as well as adopting a couple of angels from our Angel Tree. **Malcom Chakery**, sponsored by Clete McAlister, is

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THIS WEEK AT ROTARY

**Rob Matwick &
Matt Hicks**

TEXAS
RANGERS

COMING SOON

- | | | |
|---------|--|---|
| Jan. 21 | Hon. Brent Carr,
Judge, CCC #9 | Mental Health
and the Criminal
Justice System |
| Jan. 28 | Dawud Mabon
Mabon Leadership
Group | Law of
Intentionality |

IT HAPPENED LAST THURSDAY

By *Dan Blumberg*

The first meeting of the Rotary Club of Arlington, Texas of 2021 began at noon on January 7, 2021. It took place via Zoom, an online meeting platform, because the Covid-19 pandemic made it inadvisable for the club to meet in person. Club President Susie McAlister called the meeting to order. Dan Blumberg led the club in prayer and in the recitation of the Pledge of Allegiance. Walter Virden led the club in singing "God Bless America". Well, it was sort of like singing. In any event, Walter sounded good. Guests at the meeting included Audra Rodriguez, wife of Emmett Rodriguez, who was inducted into the club during the meeting.

Rotarian Deb Coppola thanked the club for its recent contribution to Arlington Charities, which she serves as Executive Director. Deb noted that before the pandemic

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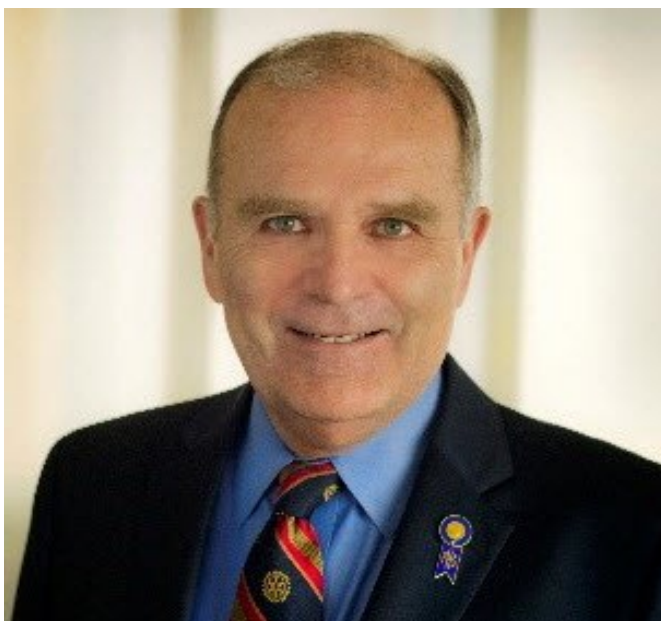
The Rotary Club of Arlington
PO Box 121045 Arlington, Texas 76012 – www.ArlingtonRotary.com
Founded May 29, 1923 – Charter Number 1493 – Issued June 11, 1923 – District 5790 – Club 1763

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a Rotary transfer from another club who is looking forward to getting involved in our club. He has a successful web design business, a busy talented family, and is very active in community activities. We look forward to putting his knowledge to good use. **LeeAnne Chenoweth Lawson**, sponsored by Peter Scott, is another great addition. She is a very talented musician and vocalist. We look forward to learning more about her, her talents, and her being a part of our service to the community. Let's welcome these quality members to our club and hopefully soon, we'll get to meet in person.

Susie Wine McAllister
President, 2020-21



Congratulate Col. Jim Quick when you see him on his appointment by Rotary Foundation Chair-elect, John Germ, to serve as Member of the Peace Major Gifts Initiative.

MISS THE LAST MEETING?

The recording of the last Zoom meeting can be viewed for a limited time by clicking [HERE](#).

Passcode: X^ZHG9XD

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began Arlington Charities had served about sixty families a day. Since the pandemic began, however, that number has grown to more than two hundred families a day. Deb also mentioned that this situation was not improved by the tornado that tore the roof off the building in which Arlington Charities' offices and warehouse are located the day before Thanksgiving. However, with the contributions of seven of Arlington's Rotary clubs, Arlington Charities endured and continued serving Arlington's neediest citizens during Thanksgiving and beyond.

Vampiress Kay King announced that Rotary's next blood drive will take place on January 21, 2021 from 11:00 a.m. to 4:00 p.m. outside Create Arlington, a local business, at 306 West Main Street in Arlington. Carter BloodCare will park its scrupulously clean and disinfected bloodmobile there for that period. Kay noted that Carter's store of blood is critically low and that there is not enough blood for elective surgery by reason of the pandemic. Accordingly, all Rotarians, their friends and family members are encouraged to donate.

Assistant Membership Chair Randy Hendricks inducted three new Rotarians into the club: Emmett Rodriguez (sponsored by Hal Thurow); Malcom Chakery (sponsored by Clete McAllister); and LeeAnne Chenowith Lawson (sponsored by Peter Scott). The Rotarians present indicated their collective commitment to welcoming each new Rotarian into the club and to bring them along as good and active Rotarians.

Rotary Foundation Chair Sally Hopper announced that Rotarians Joe Way and Derek Carter recently celebrated birthdays and that Sergeant-at-Arms Steve Brooks made an online contribution to the Rotary Foundation on the occasion of his recent birthday. Sally also presented a Paul Harris Fellowship to Rotarian Esteban Blanco. Although Esteban has been a member of our club for only a short period of time this was his third such fellowship. A more deserving Rotarian would be difficult to imagine.

Rotarian Kurt Bartley introduced our club's program for the week: Kirk King, Chief Operating Officer at Texas Health Resources, a nonprofit health care company that owns and operates a number of local hospitals. Kirk King himself introduced Sunita Koshy-Nesbitt, M.D., a cardiologist specializing in Cardiac Electrophysiology. Kirk explained that he had brought Dr. Nesbitt with him to answer questions he could not.

Kirk indicated that we are at a critical stage in the treatment of Covid in North Texas and that the number of active Covid cases has recently grown exponentially. He observed that

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BLOOD DRIVE

January 21, 2021

11:00 am to 4:00 pm

at **CREATE ARLINGTON,**
306 W Main Street

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about 1,500 Covid patients were occupying hospital rooms in North Texas at the time of our meeting, more than three times the number that occupied area hospital rooms in February 2020. Area hospitals expect between 200,000 and 220,000 more Covid patients during the next two weeks. All the area's hospitals are at capacity and new patients are "surging" into other facilities. As there are too few full-time nurses employed locally to help treat this exploding patient population it has become necessary for local hospitals to contract with "contract nurses" and with "traveling nurses" from other areas to meet the demand for treatment here.

Kirk indicated that local hospitals have received funds from the government to help manage their large and growing patient populations. He encouraged club members to wear masks, to social distance and to wash their hands frequently. Mr. King also noted that Covid is more deadly than more common viruses modern physicians have dealt with in volume. He also mentioned that we still do not know what long-term effects Covid sufferers will face in the future.

Kirk noted that remdesivir, an anti-inflammatory drug, has proven useful in treating Covid patients with lung damage. He also noted that inflammation of the lungs is the leading cause of death among Covid sufferers. Pneumonia is a major problem for Covid sufferers. However, remdesivir is not useful in treating Covid patients without lung problems. He also noted that remdesivir is useful in treating patients outside the hospital. With so many Covid sufferers in area hospitals, Kirk mentioned, it is useful for patients who can leave the hospital as soon as possible so as to avoid further exposure to the illness.

Kirk also observed that Covid survivors should continue to wear masks, social distance and engage in frequent hand-washing after their recovery because no one knows how long the antibodies our bodies develop to combat the virus will remain in the bloodstream after recovery. Moreover, even those still immune from the virus can infect others. Kirk commented that Covid is at least ten times more transmittable than the flu. He recommends that Covid survivors wait at least ninety days after recovering before returning to work and to exposing themselves to others in the community.

Kirk also mentioned that in the future there will be a new Covid vaccine every year that attempts to inoculate for the strains of Covid expected during the coming year, as with the annual flu vaccine.

One reason the pandemic grew so fast once it reached

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BOARD MEETING

OF THE ROTARY CLUB OF ARLINGTON

BY **ZOOM**

This Friday, January 15 at 11:30 am

Any club member may attend.

To join the Zoom meeting, just [click this link](#):



We may have all come on different ships, but we're in the same boat now."

Martin Luther King, Jr.



Rotary
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NEW MEMBER
Emmett Rodriquez

Rotary Club of Arlington



NEW MEMBER
Malcom Chakery

Rotary Club of Arlington



NEW MEMBER
LeeAnn Chenoweth Lawson

Rotary Club of Arlington

ZOOM LINK FOR OUR NEXT MEETING

Click This Link to Join Our Zoom Meeting

<https://us02web.zoom.us/j/88294278772?pwd=QytrelQ3bitINVFEed2xKVFlaNjNtQT09>

Meeting ID: 882 9427 8772

Passcode: 1923

One tap mobile

+13462487799,,88294278772#,,,,,0#,,1923# US (Houston)

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America, Kirk noted, is that the public health sector was not prepared for Covid-19. The situation was worsened by people relaxing the restrictions they had observed after the initial surge, resulting in community spread. In the future, he suggested, we should be prepared for mass vaccination of our citizens as soon as possible in hopes of establishing "herd immunity" as soon as possible after a virus is detected.

Dr. Nesbitt observed that there are health consequences to economic shut-downs as well as to reopening our economy. In this connection she pointed out that job loss greatly affects mental health. She also noted that when jobs are lost health insurance is lost as well. Loss of insurance, in turn, reduces the likelihood of people visiting their doctors when they experience symptoms until they feel that they have no choice. By that time the patients are sicker and the likelihood of effective treatment diminished.

Dr. Nesbitt mentioned that the first shot of the available Covid vaccines is not enough to create immunity. However, the second vaccination is enough to create the required immunity in most people a few weeks after it is administered. Significantly, some patients have acquired Covid after receiving the first vaccination. It generally takes ten to twelve days after the second vaccination before the vaccine has any effect. Dr. Nesbitt emphasized that it is necessary for each person to continue masking, social distancing and hand washing after the first shot.

Kirk complimented Arlington Fire Chief Don Crowson and the Arlington Fire Department for the great job they did planning to vaccinate the public and executing their plan. He noted that we are presently focused on vaccinating caregivers and first responders. He suggested that we pray for our physicians, nurses and respiratory therapists as they are most at risk of contracting the virus. It is because we need our first responders and healthcare workers to care for our Covid patients that we are vaccinating them first.

These comments were met with the enthusiastic approval of those present for the meeting. President Susie thanked both Mr. King and Dr. Nesbitt for their presentation and announced that the club will donate a book to the John Webb Elementary School Library in their honor with their names inscribed on the inside front cover.

Following this announcement Rotarian and Comedian Kris Landrith offered a Covid-appropriate joke. President Susie noted Rob Matwick and Matt Hicks of the Texas Rangers baseball team will speak to the club about the Rangers' prospects during the upcoming season that at our upcoming January 14, 2021 meeting. Be sure to invite a friend!

After leading the club in the recitation of The Four-Way Test, President Susie formally adjourned the meeting at 12:59 p.m. 🍷

