



MEETING HIGHLIGHTS

October 26, 2023

Economic and Community Development Month COMMUNITY CITATER

Sergeant-at-Arms: Paul Perreault

Greeter: Michelle Webb

RotaryMaster: Tom Lindsey, "The Star Fish Story"

AV & Hospitality: Isabelle Roethe, Sandy Davis

Food & Beverage: SIPPS Eatery, Jerry Holtzman, Director

Today at our Action Packed meeting:

JAY SCHLUM WINS RAFFLE JACKPOT \$365, SPEND WISELY!

- ✓ Community Service Projects and Socials Get-Togethers!
 - Oct. 21st: Make-A-Difference Day SUCCESS! Great work by Jeff and Rotarians!
 - Nov. 4th: Friday Breakfast, hosted by Past-President Scott Sommer, Georgies!
 - Nov. 7th: Chamber of Commerce 3rd Turkey Drive. Extended Hands Food Bank
 - Nov. 9th: Pre-Trashy Kick-Off HH, 4:30-6:30, Euro Pizza Cafe, Sandy Davis
 - Nov. 10-12th: Art Festival Trash Days! Jack Reynolds sending assigments
 - Nov. 17 or 18: Community Center Holiday Tree set-up DECORATORS NEEDED!
 - Nov. 23rd: Thanksgiving Rotary Float "THE WEST KEPT SECRET"
 Sofarita's Patio to watch the Trotters & Parade!
 - Dec. 14th: Holiday Party, Save the Date, Eagle Mountain 5:30-8:00pm

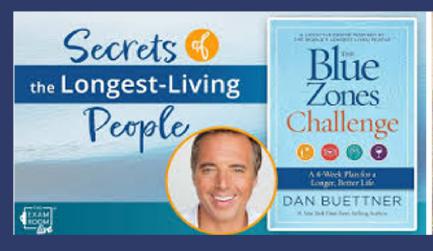
Four Peaks Rotary BLUE ZONE 4-WEEK PROJECT Underway!

A 4-week Lifestyle Plan for a Longer and Better Life! BBP1% Rotarians, Spouses, Partners, Family, Community all welcome to participate!! Challenge Books still available, contact Julie, 708-267-5266

Speakers: Debbie Romano, Fountain Hills Healthy Heartbeats

Personal Health Stories by: Dr. Chris Condon, Isabelle Roethe & Debbie Clason Topic: Four Peaks Rotary Blue Zone Project, a 4-Way Test P.A.R.T.Y. with the Power 9!

Weekly ZOOM Check-in, Guidance, Q&A Sessions during the 1st 4 weeks COMING!!!!





The Blue Zones Project is built on the foundation of the Power 9*. These nine healthy lifestyle habits are share

1 Move Naturally

Know Your Purpose

Down Shift
80% Rule

Plant Slan

6 Wine @ Five

Family First

8 Belong
9 Right Tribe

Foundation Grant Presentation

\$5,000 Presented to Ginny Paulsen

Foster Your Future

- Funds financial & educational needs for young adults aged out of foster care to become self supportive.
- Champion Jay Schlum
- Join in the UPCOMING Party's!

Spooky Halloween Fun at Jay Schlum's Home

Saturday, 10/28 7:00pm - Midnight

Arizona Diamondbacks World Series Game

Monday, 10/30 4:30pm - over!

Saddle Bronc