



Good Morning!

Welcome to Chandler Horizon Rotary



Opening Exercises

Pledge: Chandra Toy
 Prayer: Candace Lansberry
 Songs: Larry Gardner
 Sgt.-at-Arms: James Caskey

Program

Greg Podd, Past District Governor and currently Vice-Chairman of The Rotary Foundation, will join us today to bring us up-to-date on TRF.

Last Week

Visiting Rotarian

The only visiting Rotarian who made up with us last week was A G Jon Lyons from Sun Lakes.

Missing in Action

Eleven members were absent: Courtney Banach, Joseph Caskey, Theresa Clemmons, James DeVary, Jonathan Downs, Joel Moorhead, Sanjay Patel, Marques Reischl, Soo Stevens-Clarke, Chandra Toy and Kimberly Williams-Branch.

No Make-Ups

Mo make-ups were reported.

Songs, Fines & Such

President Chuck Ertl conducted the meeting, Larry Gardner led us in song and James Caskey conducted the fine session.

Roger Morsch won the Exempt badge, paying \$30 for it. He then he told us about a trip to Canyon Lake and his granddaughter's wedding December 17 when 110 people will crowd into his backyard.

Candace Lansberry paid \$3 for the Rotary Mexico-America conference, and for a family event at her church. James Caskey paid \$5 for Candace Lansberry and for a Halloween party.

Ron Stevens paid for his birthday (and Chris's, too, if she were still with us). We sang "Happy Birthday" to him.

Will Coakley paid \$10 for Mike Churan's presentation and for Chris and Ron Stevens.

Tim Gibson paid \$2 for winning the 50-50 drawing the previous week and for Chris and Ron Stevens.

Jim Hoenig paid \$3 for Mike's presentation, some timely roof repair and for Chris and Ron Stevens.

President Chuck Ertl paid \$10 for Mike's presentation and a quick trip to New Jersey.

Larry Gardner paid \$5 for Mike Churan and the work he does.

Marty Herder paid \$2 for a four-day weekend and for Mike's presentation.

Lori Pierce paid \$10 for Mike's presentation
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Program

Mike Churan told us about "Rest Recovery Chandler," a business he and his wife, Debbie, opened last February at Alma School and Galveston. The program was arranged by James DeVary.



President Chuck Ertl (right) thanks Mike Churan.

Mike and Debbie were high school sweethearts at Chandler High and decided they wanted to open a business that would help others. "We're a luxury wellness boutique dedicated to affordable anti-aging and holistic health solutions," Mike explained. "We have built a One-Stop Shop for all Wellness Anti-Aging."

They offer treatment in a variety of areas.

Hyperbaric Chamber: Hyperbaric oxygen therapy involves breathing pure oxygen in a pressurized chamber, which can accelerate healing, improve circulation and enhance overall wellness by increasing oxygen delivery to tissues.

Float Spa: A float spa involves floating in a sensory deprivation tank filled with Epsom salt-infused water, which helps to reduce stress, promote relaxation and alleviate physical pain by allowing the body to enter a meditative state.

Cold Plunge: Cold plunge therapy involves immersing the body in cold water, which can help reduce muscle soreness, decrease inflammation, improve circulation and enhance recovery and mental clarity.

Infrared Sauna: Infrared saunas use infrared light to heat the body directly, providing a deep and detoxifying sweat at a lower temperature than traditional saunas, which can improve circulation,
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Next Week

Opening Exercises

Pledge: Candace Lansberry
 Prayer: Loren Philpot
 Songs: Larry Gardner
 Sgt. at Arms: James Caskey

Program

District 5495 Governor Jim Schmidt will make his official visit to Chandler Horizon Rotary when he will tell us his plans for District 5495 and learn more about ours for the remainder of the 2025-2026 Rotary year.

DG Jim will meet with the club board immediately following our regular club meeting.

Looking Ahead

November 26

No meeting. We will not meet on this date so we can spend more time with our families, preparing for the Thanksgiving holiday.

December 3

Local author John Wolfe will join us to tell us about his book, "Around the World in Sixty Years," that features profiles of 101 gentlemen born in 1964 from 65 countries across the globe.

December 10

The Treblemakers from Chandler High School will make their annual visit to Chandler Horizon Rotary, bringing cheer to us with their songs for the holiday season.

We also will hold our annual Holiday Party that evening at Floridino's. You are invited to bring family and friends as we celebrate the holidays. If you haven't reserved your spot, please do so today with Jim Patmos. Each person attending is expected to bring a wrapped gift of no more than \$15 in value.

Board Meeting

The Chandler Horizon Rotary Club board of directors held its regular monthly meeting Monday. The board heard a report from Candace Lansberry and Soo Stevens-Clarke who attended the Rotary Mexico-America Conference in Yuma a week ago. There were 148 Rotarians in attendance and 26 projects were presented.

One project they found interesting was presented by the Nogales Universale club involving the refurbishment of desks with the Rotary logo in schools at a cost of about \$15 per desk. It was suggested we might put a team of CHRC Rotarians together to make a trip there to work on the project.

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Rotary Club
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85246

Visit our website:
chandlerhorizonrotary.org

Francesco Arrezo, President
Rotary International
Ragusa, Italy
Jim Schmidt, Governor
Rotary District 5495
Mesa West
Jon Lyons
Assistant District Governor
Sun Lakes

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THE FOUR WAY TEST
of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

OFFICERS & AT-LARGE BOARD MEMBERS

President
Chuck Ertl

Secretary
Soo-San Stevens-Clarke

Treasurer
Brad Raymond

At-Large Board Members
Will Coakley
Lori Pierce
Marty Herder

President Elect
Candace Lansberry

FOUNDATION BOARD
Jim Hoenig, Chair

Ron Stevens, Treasurer
Chuck Ertl
James Caskey
Roger Morsch
Tim Gibson

MIKE CHURAN

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reduce muscle pain and promote relaxation.

PEMF Therapy: PEMF therapy uses electromagnetic fields to stimulate cellular repair and improve overall wellness, aiding in pain relief, inflammation reduction and enhanced recovery.

Salt Room: Salt therapy, or halotherapy, involves relaxing in a room filled with dry salt particles, which can help to improve respiratory conditions, enhance skin health and boost the immune system.

Red Light & NIR: Red light and near-infrared therapy involve exposure to low-level wavelengths of light, which can stimulate cellular function, promote healing, reduce inflammation and improve skin health.

Compression: Compression therapy uses specialized garments to apply pressure to the limbs, promoting blood flow, reducing swelling, and aiding in muscle recovery and lymphatic drainage.

Prices are membership-based. A member can purchase the complete package or select only those treatments of interest to them.

We thank Mark for making us aware of all the wellness treatments.

SONGS, FINES & SUCH

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and a successful deer hunting trip.

Loren Philpot paid \$15 for Chris and Ron Stevens and for a plug for the upcoming Salvation Army fund raiser.

Chuy Ortiz told us about a fishing trip with his grandson when they had a blowout and Chuy attempted (unsuccessfully) to show his grandson how to change a flat tire.

Jim Patmos paid a buck for reminding members to make their reservations for the Holiday party December 10.

Brad Raymond paid \$10 for an adventurous week when he came close to retiring and for winning a lengthy battle with the IRS.

Jon Lyons paid \$6 because he was happy to be here.

And Roger Morsch won \$23 in the 50-50 drawing.

BOARD MEETING

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The board discussed upcoming events over the next few months in which we might participate, including: the annual Turkey Drive with American Legion post 91, our

Thought for the Day
Freedom is never free.

MEMBERSHIP

Name of Rotarian (Spouse).....	Classification
Courtney Banach	Engineer - Construction
* ¶§ James Caskey	Mortgage Banker
¶§ Joseph Caskey	Mortgage Broker
* ¶§ Theresa Clemmons (Jeff)	Wealth Management
§ Will Coakley (Wendy)	Banking - Underwriting
¶ Azita Dehkordi (Sam).....	Honorary Member
§ James DeVary (Analaura).....	Caregiving Services
Jonathan Downs	Financial Advisor
¶§ Chuck Ertl (Paula)	Banking - Commercial
* ¶§ * Larry Gardner (Teddi)	Senior Active
* ¶§ Tim Gibson (Susan).....	Landscape Maintenance
* ¶§ † Marty Herder (Ann)	Court Reporter
* ¶§ ♦ Jim Hoenig	Editor
¶§ ♦ Candace Lansberry (Mark).....	Clergy - Methodist
Joel Moorhead (Laura)	Repair Services
* ¶§ † Roger Morsch (Mitsi).....	Property/Casualty Insurance
Precious Proscovia Namazzi	Honorary Member
* ¶§ Jesus Ortiz (Deirdre).....	Senior Active
SanJay Patel.....	Solar Energy - Residential
* ¶§ ♦ * * Jim Patmos (Mary Kay)	Education - Public
Loren Philpot (Stephanie).....	Clergy - Salvation Army
¶§ Lori Pierce (Travis)	Printing - Commercial
* § Brad Raymond (Sandra).....	Banking - Small Business
Marques Reischl (Meredith).....	Education - Secondary
¶§ Ron Stevens (Chris).....	Stocks & Bonds
¶§ ♦ * Soo-San Stevens-Clarke (Jolyon).....	Multicultural Education
† Chandra Toy	U.S. Army (retired)
* ¶§ Kimberly Williams Branch (Eric)	Manufacturing - CPG

• = Charter Member * = Past President # = Past District Governor
¶ = Paul Harris Fellow § = Paul Harris Sustaining Member * = Major Donor
♦ = Paul Harris Society ♦ = Rotary Benefactor † = Bequest Society
* = Arch Klump Society

Additional Paul Harris Fellows: Sanders Achen, Judith Anick, Lee Barnes*, Christine Bonngard, Collin Bonngard, Doug Bonngard, Jordyn Bonngard, Nancy Bonngard, Patti Bonngard, Roger Bonngard*, Jensen Brent, Barb Cadle, Stephanie Caskey, Jeff Clemmons, Marti Jo Clouse, Bob Coombs*, Dede Coombs*, Gail Coombs, John Coombs, Rob Coombs, Leah Cottingham*, William Cottingham*, Anbar Dorothy Cotton, Zaynab Martha Cotton, Todd DeGain*, Don Eklund, Joy Fitzpatrick, Patrick Foley, Donald Forsythe*, Vera Forsythe, Carl Gardner*, Florence Gardner*, Kaye Gardner*, Teddi Gardner, Edward Gerrow*, Susan Gerrow, Susan Gibson, Stephanie Hagstrom, Kylene Hathaway, Jennifer Hazelwood, Ann Herder, Amy Lynne Hinchman, Timothy Hinchman, Janis Hoenig*, Hannah Holbert, Julie Howard, Agnes Hyde*, Emory James Hyde*, Tiffany Jones, Randy Kiesel, Richard Lackie*, Cindy Lewis, Phil Lewis, Kristin Lindsey, Richard Malcolm*, Jaslyn McGraw, John McVey*, Leanne Miller, Kathy Morenc, Nick Morenc, Ana Ortiz, Cristina Ortiz, Dede Ortiz, Alyssa Patmos, Dr. Bernard Patmos*, Brent Patmos, Frances Hyde Patmos*, Joseph Patmos*, Kristine Patmos, Lucy Patmos*, Mary Kay Patmos, Trudy Patmos, Kristel Patton, Betsy Powell, Kristen Powell, Juliet Adelaide Rice, Pam Rienke and Hope, Kenny Rogers, Bill Ryan, Jared Ryan, Sharon Ryan*, Teresa Schyberg, John Simonson, Elizabeth Jane Smith*, Chris Stevens, Patsy Thomas*, Bridget Valenciano, Donna Weaver, Ken Weaver*, Lisa Ryan Whyte, Jack Williams, Teri Williams, Krystal Wilkinson, David Willigrod, Pat Willigrod, Amber Wills.
* - Deceased.

annual Golf Classic, Operation Santa, Wreaths Across America, bell ringing for the Salvation Army and the Rotary Third Grade Dictionary project. In the latter case, it is hoped the dictionaries might be delivered soon, hopefully before Thanksgiving, so that becomes a more urgent project timewise.

We'll be hearing more about these projects in the very near future, so be prepared to respond and help where and when you can.

Board members were reminded of the official visit by District Governor Jim Schmidt next Wednesday, November 19. He would like to meet with the board at 8 a.m., immediately following our regular club meeting.

The next monthly meeting of the board is scheduled December 8 at 6:50 a.m.