

Advancements in the Treatment of OSA: Inspire Therapy

April 6, 2023 – Rotary Club Mesa

Mike Roembke/Chantelle Lentini – Inspire Sleep



What is Inspire?

Inspire is a safe and effective FDA approved treatment for obstructive sleep apnea. An alternative to CPAP, Oral appliances and anatomy altering surgeries. Inspire does not require a mask or hose. After a simple outpatient surgery, your Inspire remote is all you will need



Consequences Untreated OSA

**Fatigue, Diminished
Productivity**



Snoring – Bed Partner



**Accident Risk – Community
Safety**



Heart and Brain Health

CPAP – Front Line Treatment for OSA

Great Results When Used Regularly However...Some patient's can't acclimate



Inspire – How It Works



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Is Inspire Right For You?

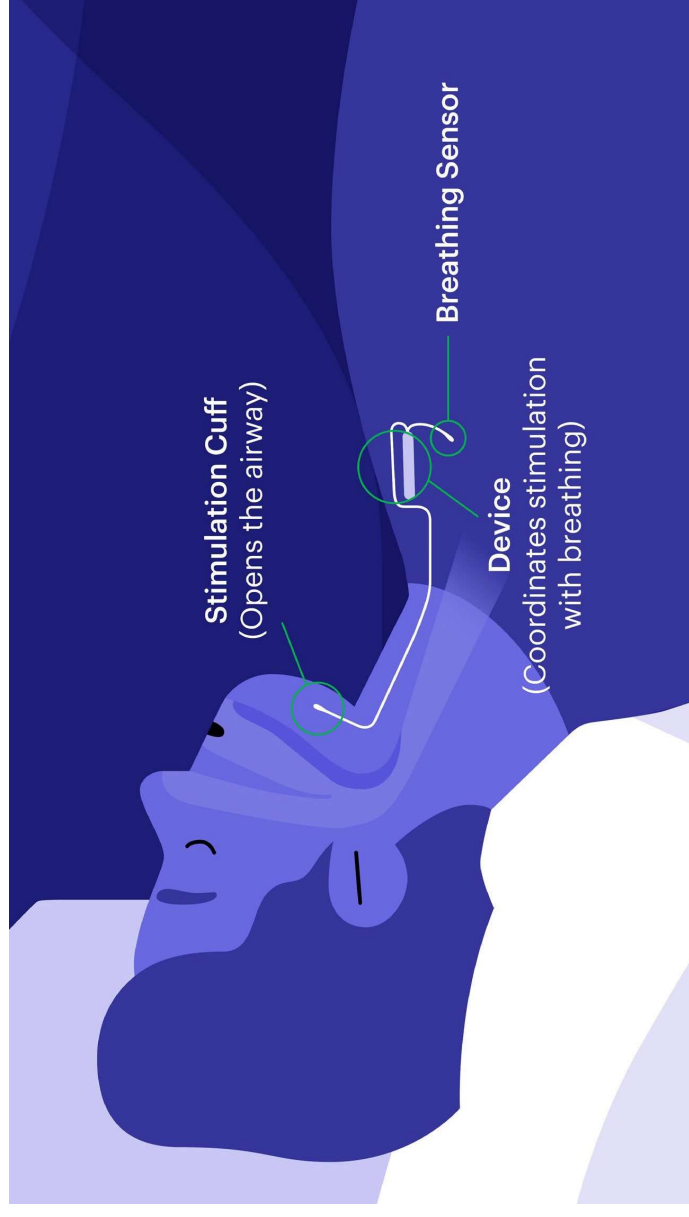


- Diagnosed with moderate to severe obstructive sleep apnea
- Struggle with or can't get consistent benefit from CPAP
- Not significantly obese
- Age 18+ (13+ for pediatric patients with Down Syndrome)

If you have not had a recent sleep study, you may need a new one.

Inspire – A Safe Outpatient Procedure

- Inserted through 2 small incisions
- Fast recovery
 - Typically, OTC meds for post-op pain
 - Return to non-strenuous activities within a few days
- ~11 year battery
- MRIs and other medical imaging can be performed with Inspire

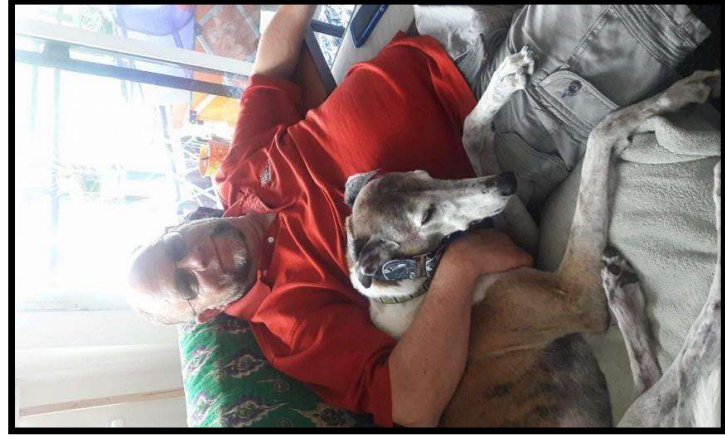


More Information

- Please fill out the circulating form with your contact information. We will email you sign up instructions to get you connected with a sleep provider, and a home sleep test. 😊

Inspire Patient – Randy Livingston

PRE-Inspire AHI – 28.1



POST-Inspire AHI – 4.1




Questions?

[Inspiresleep.com](https://www.inspiresleep.com)

- **Review Full List of Benefits and Important Safety Information**
- **Patient Ambassador Program**
 - Patient Stories
- **Frequently Asked Questions**
- **Insurance Coverage**





Inspire

Sleep Apnea Innovation