

# Assisted Living Locators

Your local senior living advisor™

# To Move or Not to Move

#### What We Know...

On average, people over the age of 65 have 2 or more chronic illnesses.

Diabetes
High Blood Pressure
High Cholesterol
Arthritis
Heart Disease
Kidney Disease
Pulmonary Disease
Dementia

#### What We Know...

The higher the skilled level of care a person needs, the more vulnerable they are to viruses/infections.

#### **Skilled Care**

**Independent Living** 

**Assisted Living** 

**Memory Care** 

**Skilled Nursing Facility** 

**Little/No Care** 

**Highest Level of Care** 

#### **Skilled Care**

A large portion of Covid-19 cases/deaths are in nursing homes and attribute to about ½ of the deaths in AZ.

#### If the Risk is High, Why Move?

#### Safety

Falls, nutrition, memory loss, socialization.\*

#### Care

Lack of people to care for you.

#### Cost

Home care = \$25/hour Skilled care = \$1,600 to \$5,000+/mo.

## What is Being Done to Protect Residents?

#### Following State & CDC Guidelines

- \* 14-day quarantine in apartment
- \* Temperature checks for employees
- \* Testing residents for Covid-19
- \* Only allowing essential workers into the building

## What is Being Done to Protect Residents?

- \* No admittance to memory care (select places)
- \* Strict cleaning & sterilization protocols
- \* Plenty of PPE for residents and employees
- \* Dedicated medical equipment
- \* Hallway activities/meals in room
- \* Virtual tours

#### The Future

Communities are working on re-opening plans now

Visitations will resume during Phase 3

Move-ins are beginning to open up.

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**Additional Questions?** 

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